



2020-2021 District 6930  
Club of the Year

# The Eco Friendly Rotary Club Newsletter

[www.EcoFriendlyRotary.org](http://www.EcoFriendlyRotary.org)



July 23, 2024

The Official Newsletter of the Eco Friendly Rotary Club

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## Service Above Self

### Eco Friendly Rotary Club

Established in 2020

Dist. 6930 Governor: **Douglas S. Heizer**

DG Elect: **Julia Babbitt (HOORAY!)**

President: **Sam Bourgeois**

President Elect: **TBD**

Secretary: **Connie Hagglund**

Treasurer: **Suzie DeBusk**

Past President: **Denise de Prouw**

President Elect Nominee: **Jen Reed**

Director at Large: **TBD**

Fellowship Chair: **Kimberly Carroll**

Foundation: **Suzie DeBusk**

Sgt. At Arms: **Suzie DeBusk**

Charities: **Connie Hagglund**

Club Newsletter: **Suzie DeBusk, Ailish Nic**

**Phaidin, Linda Seals**

Technology: **Sam Bourgeois**

Membership: **Ailish Nic Phaidin**

Nominating: **Michael Holliday, Suzie De-**

**Busk, Alannah Nic Phaidin**

Socializing: **Suzie DeBusk**

### Get Involved!

Lots of opportunities and committee jobs to help you get engaged and involved.

Reach out to [Julia Babbitt](#) or [Suzie DeBusk](#) to discuss how you can best use your skills!

## SPEAKERS

July 23—PP Denise de Prouw—Scotland

July 30—Marcy Ullom—Kiss the Ground Documentary

Aug 6—Kayla Manning: The Magic of Rotary

**WE NEED SPEAKERS! Help us find folks to present to us!**

## Solar energy expands access to health care

By **Etelka Lehoczky**

From Rotary Magazine July 2024 Edition

A lot of babies are born at the Alokpatsha Community-Based Health Planning and Services compound, a health center in eastern Ghana. And for years, a lot of those babies were born in the dark.

“We didn’t have any power. What we had were lamps and candles,” says Nelson Addy, a former facility team leader at the center in the Oti region. “When the woman delivering had a tear and we wanted to suture, we found it very difficult. We had to strain our eyes with our phone [flashlights] to do the suturing.”

That changed when the Rotary Club of Accra-Spintex, of the Greater Accra region of Ghana, installed a new solar power system at the center. The project included a complete rewiring and, crucially, plenty of lights.

“In the surgical ward, we made sure there would be no need for them to use [phone] lights,” says Nortse Amarteifio, the president of the Accra-Spintex club, whose solar company donated labor and some materials for the \$21,000 installation. “We also put in solar streetlights all around the compound and on the street in front of the hospital.”

One of the first mothers to give birth after the installation was so delighted with the upgrades, Addy says, she used “Solar” as the name for one of her children. “It felt like it was all planned by nature for the child to see the first light installed in Alokpatsha,” he says.

### Solar solutions

Solar energy previously had powered the Alokpatsha health center, but that system was no longer working. Clinic staff members were excited for the return of a solar system. The Alokpatsha installation is one of numerous Rotary projects using solar power to improve access to health care around the world. In the past dozen years, Rotary clubs have installed solar power systems in health centers in Nepal, Haiti, Pakistan, Mexico, Armenia, India, and many African countries — and there’s much more to do. An estimated 1 billion people in lower-income countries are served by health facilities that lack reliable electricity or have no electricity at all, according to a 2023 report by the World Health Organization. In sub-Saharan Africa, only half of hospitals have reliable electricity. Extreme weather, often connected to climate change, is exacerbating the problem, increasing energy costs and damaging power grids.

*Continued on Page 2*

## WATCH FOR July 30 Meeting—Kiss the Ground Documentary

Our speaker on July 30 will be Marcy Ullom, who is very involved at high levels in Rotary. She is a member of a virtual club in the district south of ours (Miami area) and has some ideas about collaborating and helping grow our club and involvement. Meanwhile, she will be facilitating a discussion of a documentary called Kiss the Ground. It’s from 2020 and about reversing Climate Change. You can watch it on Netflix free if you have a subscription or AppleTV/Amazon Prime/Google Play for \$3.99.

**Contact us at:**

**Eco Friendly Rotary Club**  
**365 Gus Hipp Blvd.**  
**Rockledge, FL 32955**

**VIRTUAL ZOOM MEETINGS**

The recording of the meeting from last week is here:

[Last week's meeting video](#)

To attend this week's meeting, go here:

[Weekly Meeting Zoom Link – Eco Friendly Rotary](#)

Meeting ID: 812 6839 5230

Passcode: 6930

**Meet with Other Rotary Clubs****Cocoa – Tue. 12:15 PM**

Brevard Community College, Cocoa

**Cocoa Beach – Wed. 12:15 PM**

International Palms, Cocoa Beach

**Cocoa Beach Day Break – Tue. 7:15 PM**

Roberto's Little Havana, Cocoa Beach

**Eau Gallie – Tue. 12:15 PM**

Cuizine, Satellite Beach

**Eco Friendly Rotary Club – Tue. 12 PM**

Via Zoom

**Indianalantic – Wed. 12 PM**

Eau Gallie Yacht Club, Indian Harbour Beach

**Melbourne – Thu. 6:30 PM**

Island Pasta, Melbourne

**Melbourne Beach – Tue. 7:30 PM**

Ocean Side Pizza, 300 Ocean Ave., #6

**Merritt Island – Thu. 5:15 PM**

Island Lincoln Mercury Jaguar Land Rover

1850 E. Merritt Island Cswy., Upstairs

**Merritt Island Breakfast – Wed. 7:15 AM**

Victoria's Restaurant

**Palm Bay – Thu. 12 PM**

Broken Barrel Tavern

**Rockledge – Thu. 7:15 AM**

Twisted Birch at Turtle Creek Golf

**Suntree – Fri. 7:30 AM**

Suntree Country Club

**Titusville Sunrise – Tue. 7:15 AM**

River Lanes, 800 Cheney Hwy.

**Titusville – Thu. 12 PM**

LaCita Country Club

**Viera Club – Wed. 12 PM**

Amici's – The Chef's Table, Suntree

**Other ways to help!**

- ⇒ **Don't forget to join Treetly**—Let's turn our footsteps into forests. Download the Treetly app and join our group 'Eco Friendly Rotary'. <https://bit.ly/treetly> Group code: T-YQZXV
- ⇒ **Join ESRAG—Environmental Sustainability Rotary Action Group—It's FREE!!**
- ESRAG Info: <https://esrag.org/>
  - ESRAG Oceania: <https://esragoceania.org/>
  - Membership: <https://esrag.org/membership/>
- ⇒ **#IFixThePlanet**

*Come Sail Away*

**2024/2025 District Conference**

**November 7-10, 2024**  
**Port Canaveral**



**Rotary**  
 District 6930

**Rotary Web Sites**

- ◆ [Eco Friendly Rotary Club](#)
- ◆ [Rotary Leadership Institute](#)
- ◆ [District 6930 Web Site](#)
- ◆ [Rotary International](#)
- ◆ [Rotary E-Club One](#)
- ◆ [Rotary Shirt/other items](#)
- ◆ [Rotary Fellowships](#)
- ◆ [Eco Friendly Rotary Shirts](#)
- ◆ [Eco Friendly Rotary Facebook](#)

**Continued from Page 1—Solar Energy**

"Off-grid health facilities need to have access to clean, reliable energy solutions," says Luciana Mermet, who works for the [United Nations Development Programme](#) as the manager of the Global Fund Partnership and Health Systems Team, HIV and Health Group. "And we're not talking only about solutions in rural areas. Urban areas can also have unreliable power grids. If you don't have affordable and sustained energy access, you will have situations where you're delivering [babies] in candlelight or where you're unable to refrigerate the health commodities you need to provide care."

Women giving birth in rural areas are among the most affected by such inadequacies, according to the WHO report. It was this problem that galvanized Annie Ninyesiga, president of the Rotary Club of Bwebajja, Uganda, to get a solar system installed at a rural health center in her country. Her club secured a [Rotary Foundation](#) global grant in partnership with the Rotary Club of Aarau, Switzerland, to pay for the \$76,000 maternal and child health project, which also provided medical equipment, an ambulance, and training for health workers, village health team members, and traditional birth attendants.

"This center serves a very big population in hard-to-reach areas," Ninyesiga says. "We thought it was important that the people have access to, at least, the basic maternal and child health support." She adds that solar is superior to the area's hydroelectric power grid. "The hydroelectric power is not reliable. It's on and off," she says. [Read more here >>>>](#)



It was a shitty cruise, rained a lot. But they had a great buffet, I had two of everything.



I need a new minion...



WHEN YOU HIT YOUR  
PINKY TOE ON THE LEG  
OF THE COUCH



There can only be one good boy



Red Ranger Came Calling—Bike in tree in 1939—Michael Holliday went to Vashon Island and found the tree with the bike last week. The tree is engulfing the little boy's, The Red Ranger, bike. In a few more years, it will be completely gone! Sad! Thanks,





American Pika - @hilarybralove



Mountain goat with baby - @hilarybralove



Newly fledged Great Horned Owl - @hilarybralove



Morning Prairie dog prayer ritual! - @hilarybralove

The photos below are from a deepsea expedition in a Pacific Mining Zone. [Read more about it here:](#)



A transparent deep-sea creature called a unicumber  
Photo: NHMDeepSea Group/Natural History Museum, UK



A Barbie-pink sea pig saunters along the seafloor  
Photo: SMARTEX Project/NERC



AA



🔒 [ithf.org](https://ithf.org)

[HOME](#)

## FAQS

JOIN ITHF

## OVERVIEW

## EVENTS & TOURS

## VIRTUAL TRAVELS

## CONNECTIONS

## NEWSLETTER

## CONTACT

## OFFICERS

## 6 Day Alberta and Rockies Unique Tour

This is a 6 day tour. DAY 1 Arrive Calgary - Transfer to Hotel  
Hotel: Sheraton Suites Calgary Eau Claire or Similar DAY 2 Head-  
Smashed-In Buffalo Jump (Optional) - Prince Wales Hotel - Waterton  
Town - Cameron Falls- Redrock Canyon Hotel: Sheraton Suites Calgary  
Eau Claire or Similar DAY 3 Banff - Johnstons Canyon - Bow Falls -  
Surprise Corner - Gondola (Optional) - Townsite visit Hotel: Banff Aspen  
Lodge or Similar DAY 4 Columbia Icefields: Glacier Skywalk and Ice  
Explorer Tour on Snowcoach & Skywalk (Optional) - Peyto Lake  
Hotel: Banff Aspen Lodge or Similar DAY 5 Lake Louise with lunch at  
Chateau Lake Louise (Optional) - Yoho Park - Emerald Lake - Spiral  
Tunnels - Natural Bridge Hotel: Sheraton Suites Calgary Eau Claire or  
Similar DAY 6 Drumheller - Royal Tyrell Museum - Horseshoe Canyon -  
Hoodoos - Return to Calgary Hotel accommodation is not included for  
Day 6 and should be booked by each participant Itinerary - Calgary  
Tours will try its best to reduce the impact on customers due to data  
errors (such as the website itself) and any other reasons but does not  
assume any losses or legal liability. If there is any discrepancy between  
the content of the website and the notices, regulations, contracts,  
instructions, itineraries, and other documents issued by the company,  
the final confirmation document sent by the company shall prevail. -  
Calgary Tours has the right to change the order of the tour or cancel any  
tour items and accommodation locations in the itinerary and has the  
right to extend or shorten the itinerary. Group members may not object  
for any reason. - Any losses or additional expenses incurred during the  
trip will be borne by the guest. - Calgary Tours shall not be liable for  
failure in the performance of its obligations for any loss or damage  
resulting from any delay, cancellations, loss of personal belongings,  
illness, bodily injury, accident, death, deterioration of services,  
inconvenience, loss of enjoyment, disappointment, or frustration (either  
mental or physical), attributable to a fault, negligent act or omission by a  
provider or any employee thereof. Each agency has various regulations; it  
is responsible for passengers, and in case of accidental casualties or  
property damage, it should be resolved in accordance with the safety  
regulations established by various agencies.



# Day Alberta & Rockies Unleash Your

June 14 – June 19, 2025

00068-250314-THE



## EXCLUSIVE FOR THE

Room Type	Single	Double	Child (0-15YR)
/ Per Person			
\$58 GST	CAS2,550	CAS1,654	CAS1,654
	Parks/Attractions, Rail Service, Hotel Breakfast & Transportation		

## Features

**Shield Northern Mountain Guided**  
Visit the Banff Canadian Elk site where the towners, or elk, live in a wild, unmanaged area. This is the only place in the world where you can see elk in the wild.

**Bike Leased**  
One of the best ways to see the Rockies is on a bike. We'll provide you with a bike and a helmet, and you'll be riding through the most beautiful scenery in the Rockies.

**Costa Rica Inland**  
Visit the most beautiful and beautiful area of Costa Rica. It's a beautiful area with a beautiful view of the mountains and the ocean. It's a beautiful area with a beautiful view of the mountains and the ocean.

**Shawano**  
Experience the world and the beauty of the Shawano. It's a beautiful area with a beautiful view of the mountains and the ocean. It's a beautiful area with a beautiful view of the mountains and the ocean.

**Discretion National Park**  
Visit the beautiful and beautiful area of Discretion National Park. It's a beautiful area with a beautiful view of the mountains and the ocean. It's a beautiful area with a beautiful view of the mountains and the ocean.

**Rockies National Park**  
Visit the beautiful and beautiful area of Rockies National Park. It's a beautiful area with a beautiful view of the mountains and the ocean. It's a beautiful area with a beautiful view of the mountains and the ocean.

## Itinerary

**DAY 1**  
Arrive Calgary - Transfer to Hotel  
Rocky Mountains National College City Center or similar

**DAY 2**  
Rocky Mountain National College City Center or similar  
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**DAY 3**  
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**DAY 19**  
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Rocky Mountain National College City Center or similar

CONTACT US  
1-800-855-2503  
info@rockymountaincollege.com  
www.rockymountaincollege.com



🕒 Tour Start Date **June 14, 2025** And Tour End Date **June 19, 2025**

Interested





canada.calgarytours.ca

CALGARY TOURS

WONDERFUL EXPERIENCES

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Destination - **Canada**

Home

Guided Tour


Customized Tour

Tour Themes

Independent Travel

Flight Dea

Home > Canada > 6-Day Rockies Tour | Banff & Columbia Icefield & Yoho & Waterton National Park & Drumheller



1 - 5

Print Itinerary

Add To Favorites(0)

### 6-Day Rockies Tour | Banff & Columbia Icefield & Yoho & Waterton National Park & Drumheller

C\$ **1654.00** CAD/Up

Product No. : 2030      Tour Code : **IRO06R-250614-ITHF**

Departure City : Calgary Airport (Include PU/DO)

End City : Calgary Airport (Include PU/DO)

Duration : 6 Day

Local Or Airport Pick-up : Airport Pick-up Tours

Service Language : English

Overall Score : ★★★★★      Service Rating : ★★★★★

Features And Introduction

- **Stay Calgary Downtown, Banff Town Centres - Easy access for shopping & restaurants**
- Visit 4 stunning national parks - Banff/YOHO/Jasper/Waterton Lakes National Park
- Visit Bad Land & Royal Tyrrell Museum (Optional)
- Stop at Lake Louise for 2 hours--Enjoy Deluxe Lunch at Chateau Lake Louise (Optional)
- Special arrangement to Johnston Canyon walk & Icefield Parkway (Optional)

[f](#)[t](#)[i](#)[o](#)

2025-06

< June 2025 >

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14 C\$ 1654.00
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

⚠ If Sold Out. Please Call Us: 403-276-7816 \*[low]-might Need

Choose Date And The Number Of Guests

Departure Date : 

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TOP