



Club Meeting

Stuart-Sunrise
Meets at Banyan Creek
Country Club
1701 SW Crane Creek Ave
Palm City, FL 34990
Time: Thursday at 07:30
AM

Speakers

May 30, 2024

Rob Steele
What's Next at the
Elliott?

June 13, 2024

Jennifer Fee, Community
Outreach Representative
Mission and Services,
Treasure Coast Hospice

Birthdays

Matthew L.
Straub
June 2nd



Rex A. Sentell
June 14th



Jason Davis
June 24th

Club Member Anniversaries



Volney Bayley
06-08-2006
18 Years

Weekly Meeting - May 23, 2024

By Susan Dawson Whittington

President John called the meeting to order and Sue led the prayer.

Lots of Rotarians were missing today so we hope, if you were one of them, that you got an early start to the Memorial Day weekend!

Many thanks again to Sue Whittington and Morgan Stanley for their commitment to our club. Sue presented Morgan Stanley's check for \$2000 to club president John Robitaille today!

Announcements:

· This day in history: The Shining was released in 1980; Bonnie and Clyde were killed by police in 1934.

· Moisture wicking golf shirts with the Rotary logo will be ordered soon - each one is \$30. Watch for an email from Sue Whittington to place your order.

· We collected 234 pounds of rice and beans for House of Hope in April.

· Our club has donated \$1,300 to Polio Plus this year

· John Robitaille set up the TV all by himself AND IT WORKED, even the video!

· Lots of happy dollars

Guests:

Cindy Hough (Hap) who just put in her membership application!

50/50

Linda Weiksner won the 50/50!

Make it a great day!



Project Lift Update

By Susan Dawson Whittington

Speakers today were Lauren Adrian and Tracey Maccia from Project Lift.

Highlights:

· May is mental health awareness month

· Project Lift is a mental health and substance abuse program that was created because of a lack of access to mental health services and a lack of skills trade training for youth and young adults

· When Project Lift started, they called it "mental health therapy under the hood of a car" because the first clients were getting mental health counseling while working on auto engines.

· The goal of Project Lift is to form students and young adults who are struggling with substance abuse and/or mental health issues into hard-working, productive, tax-



hard working, productive, tax paying citizens.

- Locations in Palm City and Ft. Pierce and Belle Glade

- 16-week initial program then students are assessed

- Every student has an individual treatment plan

- Some stay much longer - the goal is to get them to the next level - whether workforce or college or advanced trades school.

- One program is from 9 am -2 pm daily called "Career Rising," services young men and women who are 17-24 years old.

- Training programs are offered in HVAC, welding, marine mechanics, and construction while engaging in individual and group therapy

- Second program: Pathway Academy of Innovation targeted at high school students who are dropouts or ready to drop out because they are not successful in the traditional high school setting

- One on one counseling, group therapy and trades training helps make the students understand that there is dignity in a skilled trade - you don't have to go to college; but if you want to go to college, there is a way to graduate from high school in a non-traditional setting

- About 30% of clients go to college but those who don't have dignity in a skilled trades career

- Men and Women working at Project Lift are being paid for their work - they are valued as productive workers. If they don't test clean from alcohol and drugs every week, they don't get their paycheck

- As far as anyone knows, this is the only substance abuse and mental health counseling service where clients actually refer their friends demonstrating the success clients feel from attending

- Project Lift provides transportation for kids after school - they don't pick them up in a bus with the Project Life logo on the side they preserve the student's dignity by picking them up in regular cars.

- After-school program runs on the same schedule as the morning but for ages 14-18

- Kids come from the juvenile justice system or when parents are at the end of the rope, and they hear about Project Lift. Juvenile drug court has been a big referral source, but with the decriminalization of marijuana there are fewer referrals

- New initiative: New partnership with the Chapman School of Seamanship and Marine industries for Yamaha engine certification- 6 students have completed. They just hired a Marine technology instructor.

Tracey oversees the new mentor program

- 3:30-6:30 need mentors for high school at-risk program (1.5 hours once a week - starting out in Palm City will expand to other locations



- Mentors provide an extra set of eyes, ears, hands in classroom- lots of tools in shop that can be dangerous, sometimes students just want someone who will listen to them

- The goal is 40 mentors

- Volunteer prerequisite for being a mentor is to be able to listen and be a friend to students

- You do not have to come from a trade background to be a mentor

Other Facts:

- All trades training currently takes place on 34th Street in Pam City

- Certified registered apprenticeship program has been established in Electric - 11 have competed

- Certification for HVAC has been established in Belle Glade

- Coming in January, CAIS CERTIFIED automotive program

- Next is Yamaha certified through partnership with Chapman

- June OSHA 10 certification Training



District Conference June 6 - 9

Registration is now available on DACdb for the District Conference. This is a wonderful way to meet and socialize with Rotarians from up and down the district.

Remember - the DACdb registration is for conference only - you will need to reserve your room at the Marriott separately.

