

Rotary



Club of Stuart-Sunrise

Club Meeting

Stuart-Sunrise
Meets at Monarch Country
Club
1801 SW Monarch Club Dr,
Palm City, FL
Palm City, FL 34990
Time: Thursday at 07:30
AM

Speakers

August 29, 2019

[Congressman Brian Mast](#)

Birthdays



Robert J Wesch
September 9th



Jane M. Mills
September 14th



Susan Dawson
Whittington
September 16th

Club Member Anniversaries



Jason Davis
09-05-2017
2 Years

Weekly Meeting ♦ August 22, 2019

Brian opened the meeting at 7:30 am. Mike Costopoulos led the Pledge of Allegiance and Jane Mills offered the original prayer.

Announcements

Our September 12 meeting will not take place at Monarch; it will be a joint meeting with the Stuart Rotary Club at the Dolphin Bar on Wednesday, September 11 at 11:45am.

Elmira Gainey reported that she had spoken with Commission President Ed Ciampi and County Administrator George Stokus. Plans are moving forward on Rotary Park, with a formal announcement expected before the end of the year.

Keith Charlton reported on our Golf Tournament and possible Silent Auction at Monarch which is scheduled for Friday, October 4. The golf ball drop is up in the air. Our Rotary Water Forum, headed by Larry Lavargna and Elmira Gainey will follow on Saturday, October 5 from 9am till noon on the Riverwalk Stage with a dynamic cast of expert panelists

President Brian reintroduced a re-formatted Guess the Rotarian game. Can you name the Rotarian who broke his arm jumping out of a tree house, had a pet alligator in the 2nd grade., can play the Impossible Dream on the piano, and won a football scholarship to the U. of Minnesota but attended a different school? Many guessed Hap Mills, Jane Mills, Tom Davies, and others. The mystery Rotarian was not H.B. Barrett, but actually Keith Charlton!

Happy Bucks

Sue and John collected Happy Bucks; with many happy for the start of the new football season with Hurricanes and Gators leading the 150th anniversary celebration; Rex Sentell welcomed a new granddaughter, born to his daughter in New York.

Speaker - Dr. Julia Nemiroff, Retinal Specialist

By Harry W. Lerch

Our Speaker was Doctor Julia Nemiroff a Retinal Specialist and Ophthalmic Surgeon.

Julia was introduced by our own Dr. Jason Davis, who described Dr. Nemiroff's advanced training in some of the best programs in the country. She heads the Retina and Eye Clinic of Palm Beach Gardens. Dr. Nemiroff gave a comprehensive review of the major eye diseases which her clinic diagnoses and treats. She warned that

most eye diseases come on so slowly that they may not be noticed until they become most serious. She explained the parts of the eye, and discussed various problems and their treatment. Dry Eyes is a condition frequently confused with pink eye, and for which many treatments are available if promptly and properly diagnosed. Uveitis is inflammation of the eye, or red eye, characterized with blurred vision and requires immediate treatment. Cataracts come on slowly, usually characterized by glare, mostly at night. Floaters by themselves are not usually a problem, but can be a symptom of a torn retina which requires immediate treatment, usually surgery. Diabetic eye disease is associated with diabetes and is a leading cause of blindness. She discussed intravitreal injections, which allow direct injections into the eye which are painless and literally miracle drugs. Macular degeneration involves the buildup of pressure in the retina. She said that glaucoma also involves pressure in the eye, and with early diagnosis has numerous treatment options. She said she does numerous surgeries for droopy eye lids, which have a high success rate and virtually no visible scarring. She recommended the Mediterranean Diet (fish and green leafy veggies) as best for eye care.

The Retina and Eye Clinic can be reached by phone on 561-331-1797 and by email at JNemiroffMD@gmail.com. The Clinic's web page is at www.RetEyeClinic.com

50-50

50-50 tickets were sold by Hap Mills, and the winning ticket was held by Rick Zurich. Rick pulled the King of Spades so the jackpot holds over till next week.

