

Rotary



Club of Stuart-Sunrise

Club Meeting

Stuart-Sunrise
Meets at Monarch Country
Club
1801 SW Monarch Club Dr,
Palm City, FL
Palm City, FL 34990
Time: Thursday at 07:30
AM

Speakers

Birthdays



Thomas Davies
August 15th



Robert J Wesch
September 9th

Club Member Anniversaries



David Shoaf
08-01-1997
23 Years



Mary Jo Horton
07-29-2004
16 Years



Kathy Durrell
Lockhart
08-01-2013
7 Years



Carrie Lavargna
07-27-2017
3 Years



HB Barrett
07-27-2017
3 Years

Weekly Meeting - August 8, 2019

President Brian Moriarty called the meeting to order at 7:30 a.m.

The Pledge was led by Ellen Peitz and the prayer was offered by Kathy Lockhart.

President Brian welcomed the Rotarians and passed out ballots for members to select the July Rotarian of the Month. next he asked Larry Lavargna to report on the 2nd Annual Water Forum.

Larry reported that the forum will be held on October 5th from 9:00 a.m. to noon. The location will be at the Riverwalk Stage in Downtown Stuart. The community will be invited to this public event. Congressman Brian Mast and Jacqui Thurlow-Lippisch have committed to be two of six presenters. Larry explained this event will be a great opportunity to expose the good work Rotarians do as well as be a recruiting tool for new members.

Kathy Lockhart distributed six brochure holders with specially designed brochures featuring ♦Alzheimer♦s Disease Answers & Avenues for Help♦ that she asked each Rotarian to distribute to physician♦s offices, churches, restaurants, dentist offices, etc.; places we frequent or do business with. This effort is in cooperation with Alzheimer♦s Community Care (alzcare.org) to educate the community about Alzheimer♦s disease and available local resources for those dealing with the disease. Printing the brochures is courtesy of the Stuart-Sunrise Rotary Club. Kathy asked Rotarians keep track of where they are distributed and please have the task accomplished in the next two weeks.

Rock Fiore reported on the very successful Rotary Lahia (Love and Hope in Action) picnic table project held this past weekend. Since 2007 Lahia has endeavored to feed the hungry and help the homeless by offering many resources. Ten tables were donated by the Club. Rotarians worked Friday and Saturday to assemble and stain the tables. Rock recognized the volunteers who worked on the project.

Dr. Brian reported that Congressman Brian Mast will be Rotary♦s very special guest on August 29th. He asked Rotarians to bring guests and potential members for this important program.

Dr. Brian awarded Ellen Peitz a new Paul Harris pin. Congratulations Ellen!

There will be NO MEETING on September 12th.



Sargeant At Arms

President Brian called Sargeant at Arms Sue Whittington to the microphone. Sue regaled the group with historical sports trivia and stumped most. She collected happy dollars for Jim Taylor who is making progress in rehab, Rock's very successful Lahlia project, Kathy Lockhart's Alzheimer's project, and for our speaker this a.m. In addition, Elmira is looking for an inexpensive rental for a friend and asks that if anyone knows of one, please contact her. Visiting from the Stuart Noon Club, Christine Moreno is recruiting volunteers to teach Constitutional Law to elementary school students. There will be a training session offered. If interested contact Christine at 772-288-1020.

Speaker Rob Ranieri, House of Hope

By Ellen M. Peitz

Dr. Jason Davis introduced Rob Ranieri, Chief Executive Officer of the House of Hope. House of Hope has served the community for the past 35 years. The organization started very humbly with a couple serving food from their trunk. Empowering Martin County residents to overcome hunger and hardship, House of Hope is a nonprofit agency that provides food, clothing, furniture, financial assistance, information & referral, and life-changing case management services to Martin County residents in need.

Rob explained that for years the HOH provided for basic needs such as shelter, support, food and rental assistance. They have expanded their mission by now providing life skills assistance through case management to help fill gaps to



overcome life's challenges for the less fortunate. Through their programs they are focusing on job skills and health and nutrition.

The new Hope for Health and Nutrition initiative is designed to raise awareness about the high levels of obesity, diabetes, hypertension and heart disease in our community while helping to provide new solutions, enhance current solutions and improve the general understanding of the benefits of a healthier lifestyle. Rob stated, "We know that for many individuals and families, the health of the household is an obstacle to success. Better health makes for better students and better employees and increases the likelihood for positive results."

House of Hope currently has three nutrition gardens where they grow fresh vegetables and provide nutrition classes. In East Stuart the newest initiative is a Community Garden where the residents work together and share the harvest.

Rob recognized the Dawson Family owners of Palm City Farms Produce & Market for donating a 15. Acres and a small greenhouse on their farm to HOH as well as Martin County Commissioner Ed Campi who made a grant to expand the greenhouse on the farm. Additionally, he recognized Tom and Sue Whittington for their generosity of time and resources as well as Dr. Brian for his participation in "Top Chef!"

Rob talked about HOH collaboration between LAHIA, the Martin County Health Department and Cleveland Clinic/Martin. They are providing "Produce Prescription Plan" referrals to help improve the health of the community.

Rob also proudly reported that the Golden Gate Center for Enrichment has touched over 800 lives by providing a variety of empowering life skills education provided by numerous agency partners at no cost to the individual. They focus on the unemployed, under-employed and families struggling to make ends meet. The Center offers financial literacy classes, Pass the GED programs, career coaching, homework helpers, English and foreign languages and more.

Lastly Rob invited the Club to be a part of the good work of House of Hope by volunteering. More information about House of Hope can be found at www.hohmartin.org.

50-50

50/50 was won by prospective new member Judson Epperly. Judson did not pull the ace of spades but will be at Rotary next week to sell 50/50 tickets!
