



Rotary Opens Opportunities



# THE ROTARY CLUB OF MACON THROBS

*Published Weekly Since 1914*

April 12, 2021

Guardian Centers of Georgia (Perry)  
Doug Lang

**FUTURE MONDAY PROGRAMS approved by the Board of Directors**

**April**

19	Update from NewTown Macon	Josh Rogers
26	Blue Bird	Felix Lin

**May**

3	Macon Music Club Performance	
10	US Energy Policy and National Security	David Gattie
17	GA Tech Smart Cities	Debra Lam
24	US Congressman Austin Scott	Austin Scott
31	No Meeting Memorial Day Holiday	

**June**

7	Night Sounds: Monitoring Nocturnal Migration of Birds	Jim Ferrarri
14	Mayor Lester Miller	
21	TBD	
28	Changing of Guard – Manley to McQueen	

**July**

5	No Meeting July 4 <sup>th</sup> Holiday	
12	TBD	

## CART Challenge Match

We have a terrific, anonymous CART challenge from a member coming up April 12<sup>th</sup>. Please bring dollars or checks on these two dates.

April 12<sup>th</sup> is a double match up to a maximum of \$1000. Members can bring cash dollars or checks to put in the CART buckets on the tables.

Checks are to be made payable to Macon Rotary Club with CART on memo line. If you wish to mail a check, send to Macon Rotary Club P.O. Box 4521 Macon GA 31208. If you wish to make it online with your credit card, go to: <http://maconrotary.com/> and select CART.

## Macon Rotary - Club Project

Use the RSVP link that was emailed to members 4-5-2021 to register to assist with this project. You can come anytime during the morning to help this needy family.

Please save the date for **Saturday, April 24, 2021 at 8am** for the Rebuilding Macon workday. Rebuilding Macon is assigning a house specifically to Rotary, and I need your help to get it finished. Many hands make light work, so the more folks we have the faster and easier it will be. There will be tasks for every physical ability and skill. You will just need to show up in work clothes. We will have all the tools and equipment needed. I don't know what house we have been assigned to yet, but the work is generally cleaning and painting.

### **Josh Rogers**

President & CEO

<mailto:josh@newtownmacon.com>

(478) 722-9909, 102

555 Poplar St.

Macon, GA 31201

## MEETING April 5, 2021

Attendance In Person and Zoom 69%  
CART Collection \$24

President Jim Manley rang the bell to open the meeting. Cathy Cox offered the Prayer and led members in Pledge to the flag.

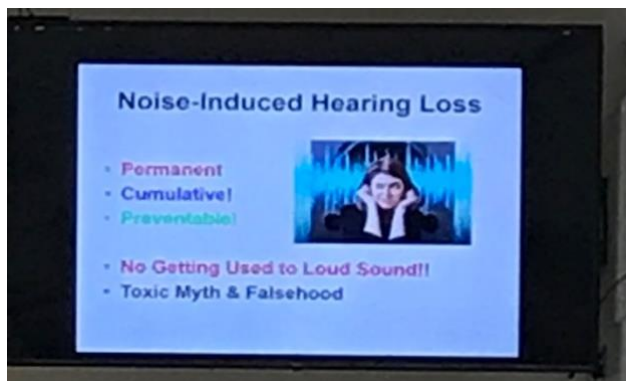


President Jim reviewed member birthdays and anniversaries and called for CART Brags.

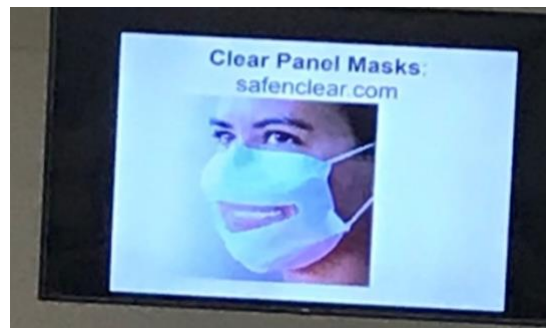


President Jim called on John O'Shaughnessey III to introduce today's speaker, Monique Hammond. Hearing loss is a condition we will all face at some point in our life. Monique is a registered pharmacist who had to leave her profession after hearing loss in her left ear ten years ago. She has written a book on hearing loss and presents programs to Rotary clubs across the United States on hearing loss.

Monique Hammond started by telling members that hearing loss is an epidemic that changes people's lives.



Her mission is to keep people hearing longer and better thru educational training. It affects 1 in 5 children and adults 12 years and older. They are affected socially, emotionally, professionally, and financially.



Monique had a slide in her power point of a face mask that has been developed with a clear mouth to aid in persons with hearing loss seeing a person's mouth movements when communicating.

Hearing loss is heavily tied to dementia. Cause of hearing loss are: aging, excess noise, auto immune reaction, cardio vascular issue, diabetes, earwax plugs, genetics, head trauma, infections, strokes-tumors.

Damage to hearing can be caused by damage to the inner ear or nerves by noise. Monique reviewed some prevention strategies including a free smartphone app that measures sound using the phone for a meter. Ears need rest from sound. Hearing is a precious sense.

Monique's website has more information. <https://hearing-loss-talk.com/>

President Jim close meeting with members reciting the 4 Way Test.

## Donations to Rotary Foundation and CART

Club members can make donations to The Rotary Foundation or the CART Fund online line using credit cards or EFT. These can be made in memory of, honor of, or personal donations. They can be setup as recurring or one time. Follow these easy steps:

**The Rotary Foundation:** Go to <http://rotary.org/> If you have never signed in you will need to register so it credits your Paul Harris Fellow account and our Club. You may need our District number 6920 and club number 4202. Once registered you can SIGN IN to MY ROTARY then click DONATE button in upper right. Check the area ANNUAL FUND or POLIO PLUS to donate, then just follow easy steps to make payment.

**CART FUND:** First you will need your club member database sign in for <http://dacdb.com/>, if you do not have this Cecil Coke can send to you. Your username and password are the same for DACdb or CART. Go to <https://mycartfund.org/Login.cfm> use your DACdb log in as a CURRENT USER. Menu on left MAKE CONTRIBUTION and follow steps.

## Vocational Spotlight

See <http://maconrotary.com/vocational-spotlight.php> to read more information on Rotarians featured monthly on our website <http://maconrotary.com> If you would like to be included in a Vocational Spotlight, please contact Mike Austin.

## Dates to Remember

### April

20 Board Meeting 6pm Idle Hour Club  
24 Club Project Rebuilding Macon

## Approved Makeups-Family of Rotary Events

### Reminder - Makeups can only be used 2 weeks before or after a missed meeting

When requested	Viewing of Monday meeting recorded on Zoom	Request from Jim Manley or Steve Allen
Anytime	Rotary Project or Rotary Committee Meeting	
Anytime	Volunteer at Volunteer Clinic	
	Warming Center	
	Backpack Budies	

## Club Membership Applications

Our club is using a new online (no paper) membership application. Contact Membership Chair Lynn Murphey <mailto:murphey@kf.org> or any board member or officer or the Club Administrator. All we need is the potential members name and email address to send an application to them for the potential member to complete and submit online.

All members of our club need to think about who would make good Rotarians. There are many classifications that could be filled. If you know of someone check with Kathryn Dennis, Classification Chair first to make sure there are no conflicts with other members. The process is easy and rewarding to bring in new members.

## [www.maconrotary.com](http://www.maconrotary.com)

### Excused Absence

Members have the opportunity to receive a board approved Excused Absence during a long-term family, health, or business crisis. When a member realizes they have a situation that will keep them from attending Monday meetings for an extended period they can contact the Club Administrator or President with the reason. This contact needs to be immediate and not after the crisis. The board can approve a beginning and ending date and attendance is excused on club and district level. Short term absences are best made up online as indicated below.

## HOW TO MAKE UP MISSED MEETINGS

Please make up missed meetings to help our club's attendance percentage rank with District 6920 and Rotary International. Our attendance is reported each month to the district and is required to be reported before the 15<sup>th</sup> of the following month. **Members are required to maintain an attendance average of 60%.**

Missed meetings must be made up **14 days before or after the meeting you miss**, it is in our club's Constitution!

You can make up from the comfort of your home or office online at <http://rotaryclubone.org> They will email a notice of the makeup to the Club Administrator and you will be credited.

When you make up at another club please send an email immediately afterwards to the Club Administrator, [cecilcoke210@gmail.com](mailto:cecilcoke210@gmail.com) so your makeup can be recorded. Do not expect the club where you make up to report to our club.