## **Rotary**



# Club of Tampa

Wednesday, May 15, 2024

#### **Upcoming Events**

May 18th

Mr. Bubblez at Dawning's

Community Day - Service

Event

May 21st <u>Club Luncheon Meeting</u> **Speaker:** Carrie Zeisse, President & CEO of Tampa Bay Thrives

**Subject:** It's OK not to be OK - Getting Comfortable with Mental Health

June 4th
Club Luncheon Meeting
Speaker: Christina Unkel,
President & General Council
Subject: Tampa Bay Sun
brings pro women's soccer to
Tampa!

June 11th
Offsite Lunches at 3 Partner
Nonprofits

June 18th
<u>Club Luncheon Meeting</u>
Speaker: Joshua Fogelson
Subject: The Beatles are
coming to Ybor City!

June 25th
Club Luncheon Meeting
Speaker: RCT President
Kathleen Bogolea
Subject: The end of a Rotary
Year! Club awards and
celebration

### **Happy Birthday!**

No Birthdays Found

### **Your Leaders**



<u>Kathleen Luzier</u> <u>Bogolea</u> President



<u>Paige Niehaus</u> Secretary



<u>Charles V. Williams</u> Treasurer



Asif Khan Hakeem Sergeant-at-Arms

### It's OK not to be OK - Getting Comfortable with Mental Health



It is Mental Health Awareness month, and our commitment to supporting those facing these challenges is front of mind. That is why we are welcoming a community leader who has built her career around a passion for collaborating with local leaders and providers to improve the lives of those impacted by mental illness. Join us on May 21 to



better understand what the data shows about the state of mental health in Tampa Bay, the warning signs for individuals experiencing mental health issues, and what we, as leaders and employers, can do to help support our teams and community.

<u>Guests are welcome! Click here to register so we are expecting you.</u> Members attend at no charge, and guests pay \$25 to join us. Members do not need to preregister any longer. PLEASE arrive by 11:45 so we can start on time.

Carrie Zeisse, the founder and CEO of Tampa Bay Thrives, is a passionate leader who uses her personal experiences with mental health to transform Tampa Bayâ∈™s approach to it. Her willingness to be vulnerable plays a significant role in reducing stigma and encouraging open discussions about mental health and wellness. Zeisseâ∈™s unwavering dedication has been instrumental in developing a multi-county approach to addressing mental health challenges in the region. Carrie's story truly celebrates the importance of the work being done by Tampa Bay Thrives.

### Mr. Bubblez Service Day is Saturday - shifts still available!



Be inspired and serve our community with Mr. Bubblez at their Community Service Day, coming up on May 18 from 8 AM - noon at Dawning Family Services. 2023-4 RCTF grant recipient Mr. Bubblez and 2022-23 grant recipient Dawning Family Services, with Rotarian Jamie Witehurst, invite us to volunteer in various roles. This event includes hot showers, hygiene, children's clothing, meals, and more. A morning that makes a difference to our neighbors in need!

Click this image or use the QR code to choose your shift!

### Click the image and join us! District Conference is family fun



The annual District 6890 Conference is a family affair!

Saturday, June 8 from 9:00 AM to 3:00 PM \$25 to attend and includes lunch Children under 12 years are free

A one day conference for the whole family! Immerse yourself in nature at the beautiful Rotary's Camp Florida, a 20+ acre destination in Brandon for children with disabilities, unique challenges or illnesses.

Grow in Rotary with speakers and annual club awards
 Learn more about Camp Florida and its critical mission
 Enjoy food, music, swimming, and games
 Children's activities supervised by Rotaractors



Rotary's Camp Florida 1915 Camp Florida Road, Brandon 33510

Register at https://tinyurl.com/D6890Conference

Want to make a weekend of it?

Fellowship event is Friday, June 7 at 6 PM at the Embassy Suites Tampa Brandon on Palm River Road

Special room rate for June 7 too! 813-653-1905 by May 13, 2024 Double Suite is \$159.00 | King Suite is \$149.00 taxes



### No Club Luncheon May 27 - celebrate Memorial Day!



With Memorial Day weekend here, we take an extra day to honor our heroes and to kick off the summer. **There is NO Rotary luncheon on May 28th.** 

On June 4, we welcome the newest professional sports team to Tampa Bay when we meet the President of the Tampa Bay Sun, a women's pro soccer team and part of the new USL Super League. We will see you then!

### June 11 Lunch & Learns introduce great causes

In the last "Lunch-Around" of this club year, this is your opportunity to experience one of the three powerful nonprofits that our club supports with time and treasure. Meals on Wheels, Joshua House, and Metropolitan Ministries each impacts lives every single day in our community in countless ways, and they are opening their doors to host us for Lunch and Learns that will deepen our connections and understanding of their mission. Don't miss this chance to appreciate our funding partners in a whole new way!



**Joshua House** is a safe haven for these abused, abandoned, and neglected children, offering a therapeutic residential group care program that provides a protected, nurturing, family-like environment for children six  $\hat{\mathbf{a}} \in \mathbb{C}$  seventeen. These children have been removed from their homes due to crisis and many have been through multiple foster homes. Rotarian Dannielle Roque is their Development Coordinator.



**Metropolitan Ministries** helps homeless and at-risk children and families, no matter how serious their needs. With meals, housing, family support services, education, a homeless street team, social enterprises, and so much more, both their residential and community programs touch thousands every day. Rotarian Connie Gage is one of their community amhaesardors



**Meals on Wheels** is about daily meal delivery, and so much more. They provide the support our seniors and homebound neighbors need to extend their independence and health as they age. Daily meals delivered by volunteers provide well checks and a personal touch. They also have "Animeals," produce and water delivery, special holiday meals, hurricane prep, and more. Rotarian Kevin Franzese serves on their board of directors.

RSVP so we are expecting you and know where you plan to be!