

Rotary



Club of Tampa

Friday, February 17, 2023

Upcoming Events

February 21st

Club Luncheon Meeting

Speaker: Annie Okerlin

Subject: Yoga and Meditation for PTSD and Stress Management

February 24th

Service Event with Goodwill

Bookreads

February 28th

Giving Day - We Celebrate our Partners!

March 7th

Club Luncheon Meeting

Speaker: Judge Tom Palermo

Subject: The Fentanyl Crisis and its impact on our communities

March 21st

Club Luncheon Meeting

Speaker: Brian Auld -

President, Tampa Bay Rays

Subject: Celebrating 25 years of Rays Baseball!

April 4th

Club Luncheon Meeting

Speaker: Major General (ret.)

Jay Hood

Subject: Putin's War in Ukraine

Happy Birthday!



Ajay K. Desai
February 24th



Jonathan Moore
February 24th



Joseph D. Hunt
February 25th

Your Leaders



Christine L. Derr
President

Kathleen Luzier
Bogolea

Yoga and Meditation Serve our Veterans



Annie Okerlin is known to many in Tampa as the face of yoga. Her studio, Yogani, was the premier yoga studio on south Tampa for 17 years, and she has continued her mission to bring the benefits of this practice to her community in many ways. In 2006 Annie began the **Exalted Warrior Foundation**, to support the seen and unseen injuries & stresses of war using adaptive yoga and trauma sensitive meditation. Her focus began working with amputees which deepened her understanding of the truly adaptive nature of this practice. She supports military and veterans' hospitals as well as join with community yoga studios to offer instruction to the entire family, trains adaptive yoga instructors, and finds veterans' retreats and trainings throughout the country.

Learn about this inspiring mission, and how yoga changes lives every day, at Tuesday's program!

If you are a guest, click here to register so we are expecting you! Members attend at no charge, and guests pay \$25 to join us. Members do not need to preregister any longer. PLEASE arrive by 11:45 so we can start on time.

Can't attend live? Join Zoom to catch it on screen!

<https://us02web.zoom.us/j/81309740896?pwd=USUpMG82ZGtRNUxSZCtJZE1UcEdwUT09>

Meeting ID: 813 0974 0896

Passcode: RCT2022

One tap mobile

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Giving Day is February 28 - Let's Celebrate our Partners!

THE ROTARY CLUB OF TAMPA PROUDLY PRESENTS

Giving Day

HAPPY HOUR EVENT!



TUESDAY
FEBRUARY 28, 2023
6 PM - 8 PM
 (No Rotary Meeting on this date)
Chester Ferguson Law Center
 1610 N Tampa St.
 Tampa, FL
 33602

MUSIC BY
BOB FRIERSON

Join us at the **Chester Ferguson Law Center** as the Rotary Club of Tampa Foundation honors our community partners with grants totaling nearly \$80,000 that benefit the community in which we live, work and play. You'll also get the rare opportunity to hear the heart-warming stories of how the grants will enhance each organization as led by the wit and humor of **Steve Overton, Rotary District Governor Elect**.

This celebration event is free and open to the community. You'll enjoy music by Bob Frierson, networking and more while seeing the work of the Rotary Club of Tampa in action. Feel free to invite everyone to share in this inspiring and festive evening!

For more information,
 visit RotaryClubofTampa.org



GRANT RECIPIENTS:

- Academy Prep of Tampa
- Big Brothers Big Sisters of Tampa
- Boys and Girls Clubs of Tampa Bay
- Bullard Family Foundation
- Camaraderie Foundation
- Dawning Family Services
- Girl Scouts of West Central Florida
- Jackson in Action 83 Foundation
- Meals on Wheels of Tampa
- Metropolitan Ministries
- Outreach Free Clinic
- Peter J. Mulry Foundation
- Quest Inc. / Life Concepts
- Sing Out and Read
- Sounding Joy
- Starting Right Now
- Tampa Hope / Catholic Charities



President -Elect
Community Service
Chair



Larry S. Marfise
Secretary



Charles V. Williams
Treasurer



Connie E Gage
Sergeant -at -Arms
Membership Chair

It's a party with a purpose! Join us on **February 28 from 6 - 8 p.m.** to celebrate our grant recipients, and enjoy food, live music, and inspiring stories from the 17 local charities our club is supporting this year. No luncheon on the 28th - this is your Rotary event for the week!

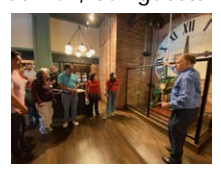
Say thank you to our sponsors, and mix and mingle with Rotarians and other local professionals. This networking opportunity is open to the community, and we hope to see you there! Space is limited, [so click the image to RSVP.](#)

Rotary Friendship Exchange connects Tampa and Peru



For 9 days this month, our district hosted nine Rotarians from Peru as part of a Rotary Friendship Exchange. And what a visit they had! From a JC Newman cigar factory tour, to Busch Gardens, the beach, the Florida Aquarium, and even line dancing at the Dallas Bull, our guests have great memories and many new friends.

Our own Eric Newman personally hosted the cigar factory tour - in Spanish no less! - and all visited our club for lunch on Tuesday with district Rotarians who served as hosts and guides. Special



thanks to new members Tim Driver and Sara Ferrari, who welcomed guests into their homes, and to Linda Devine, part of the team that made it all happen.

Donate instruments for kids in Cozumel!

District Rotarians are collecting useable used or new musical instruments to bring to Cozumel when they sail in March for our District Conference. In conjunction with the Rotary Club of Cozumel, the group will be touring a green school and helping them to plant trees, and the school is in need of musical instruments for their students.

If you have a small instrument you would like to donate, please bring it to an upcoming luncheon, and we will get it where it needs to be!



Read to the kids on February 24



BookWorks is designed to instill a love of books and encourage self-sufficiency with an ultimate goal to promote literacy, help children succeed in tomorrow's workforce, and support Goodwill-Suncoast's mission of transforming lives through lifelong learning and the power of work.

The aim of Goodwill's BookWorks program is to get books into the hands and homes of children who otherwise may not have the opportunity to have them. Dedicated volunteers read to children at Head Start centers and other locations and present each child with a personalized book to take home.

This is one of our favorite service events, and we hope you can participate! There are 15 spaces on **February 24 from 9:00 - 11:00 a.m. at the McCloud Headstart** on Rome Ave. [Click here to sign up today!](#)
