

# THE FLAGSHIP



October 2, 2022

Tom King, Editor

## *Coming Up!!!*

Oct. 5: Board of Directors, 11 a.m.

Oct. 5: Club Assembly, Julie Tryukhan & Kids

Oct. 12: Mark Grenier, Top Golf GM

Oct. 12: Purple Pinkie Donut Day for Polio

Oct. 19: Tom Mattingly, Historian

Oct. 20: Third Thursday @ Chuy's Tex-Mex, 5:30 p.m.

(All meetings begin at 12:15 unless noted otherwise)

## On Wednesday We'll Celebrate & Welcome Julie Tryukhan

October's Club Assembly Wednesday will be unlike any other. We will welcome, greet, meet and hear from **Julie Tryukhan** for the first time since she arrived in August from her war-torn home in Ukraine. You'll also meet her two little ones — Mark and Polly. Julie also will give us an update on husband Dimi, still in the Ukrainian military fighting for his country.



*Julie showing off her new Tennessee license tag with Jeff Mynatt on Tuesday*

Bill Nichols is driving Julie and the kids to the meeting and as fitting, Bill will be introducing Julie. She is living now with Dinah and Bill Vogel, her host parents

during her 2007-2008 year as a Rotary Youth Exchange student and sponsored by our club. The Vogel are out of town and will miss our meeting.

This past Tuesday was special for Julie as well when she was presented with her car — a 2007 Toyota. Jeff Mynatt of Byrds Automotive, who also is with the nonprofit Knoxville Rides, was instrumental in getting Julie the car. Also involved were two members of the Volunteer Rotary Club — Rob Schutt and Earl Kear. They helped offset some of the repair and paint costs and King Collision did the repairs, thanks to its owner, Cindy King.



*Julie and her Toyota with Cindy King at King Collision who did repairs and Jeff Mynatt of Knoxville Rides*

Tom Marsh has spent a lot of time helping prepare Julie for the driving license tests and she is to get her license on Thursday. She needed car insurance and our Val Privett, who owns Beacon Insurance Advisers, solved that problem.

On Friday October 14 Julie will be moving into her new apartment at Fox Lake Apartments. The apartment is on the third floor and Nichols was dreading helping her move. In stepped Vicki Cope Williams, who was able to sign up Junk Galaxy Movers and the owners are Aaron and Amy Crecy. Get this — they are donating this move 100% for Julie.

“This has really been a collaborative effort involving a lot of people,” Bill said.

And this started last March in Ukraine when Julie and the kids fled Kiev and were taken in and cared for by Rotarians in Slovakia.

Let's celebrate Julie Wednesday!

## *World Polio Day Fundraiser* **It's Time To Order Purple Pinkie Donuts**

Rotary International's **2022 World Polio Day** is on Monday October 24, but we're having an early celebration of World Polio Day on Wednesday October 12 as once again we partner with our friends at Dunkin' Donuts on the **Dunkin' Purple Pinkie Day Polio Fundraiser**. The goal again this year is to raise \$1 million.



This annual event allows you to make a significant contribution to End Polio Now! at a very reasonable cost, and be a hero in your office, club, or favorite hangout. This year we are joined by Rotary districts across Tennessee and in

Alabama, Mississippi, Missouri and Kansas as the project continues to grow.

As of this past Wednesday President Megan Belcher said we've sold only 12 boxes and that means we need to step it up Farragut Rotarians! There is an order form at the front sign-in desk for you or you can place your orders on line or at the links below. If you do want to buy donuts, Treasurer Steve Krempasky will add them to your club account for billing.

Here are the links to buy online:

- You can place your order today at this [LINK](#) and see your \$25 donation become \$187.50 in the fight against polio. **But you must pre-order by Wednesday October 5th (three days away) to earn Paul Harris Foundation and Eradicator Club credits.**
- There are other ways to participate (including some without donuts) so be sure to visit the same link above.
- Details and bulk order forms are available at this [LINK](#) or at the D-6780 Facebook page [LINK](#)

“With your help and support, we can make this year's World Polio Day Fundraiser the most successful ever,” says John Downs, Dist. 6780's End Polio Now! chair.

## Noah + Visitors & Guests

38-33! Tennessee beats Florida.

No doubt **Noah Myers** and a few more Farragut Rotarians were hoping to see a certain member at Fox Den on Wednesday. When Greeter Noah walked to the lectern his first words were “Where is **Doug Powell**?”

Our one-and-only (that we know of) fan of the Chomp Chomp Florida Gators has, for the last 16 of 17 years, come to our meetings enjoying the dominance of the Lizards over the Vols. Now, when Coach Josh Hupel’s Vols end that madness, PP Powell is no where to be found. Absent. AWOL. No doubt his reason for missing will be a doozy!!!!



Then we got to the humor (reviewed below this article) and our guests. And we had only two guests:

- **Jimmy Matlock** was the guest of Ralph Henry.
- Past member **Dr. Joseph Hicks** is a Prospective Member and is sponsored by PP Tom King.

## Humor, For Real??????

Unfortunately, **PP Ron Lawrence** got our RFH (Request For Humor) going. Surely it had to get better than this joke — and it did!

- **Ron’s humor:** “What’s the difference between outlaws and in-laws? One is welcome.”
- Then **Scott Bertini** chimed in: “When I’m hiking I have my earbuds and my music going from “Peanuts” and ‘The Cranberries’ and ‘M&M’s for Eninem.’ I call it my trail mix.”

## *Four-Way Test*

Rotary's Four-Way Test of the things we think, say or do:

- 1) Is it the **TRUTH**?
- 2) Is it **FAIR** to all concerned?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4) Will it be **BENEFICIAL** to all concerned?

## *Find Us On Facebook*

If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also **LIKE** the page!

Here is a [LINK](#) to our page.



- **Tom Marsh** ended it all. “I was sitting at the breakfast bar with my grandson Connor (who was 4 at the time) and he was drinking apple juice. I pointed to an apple in the fruit bowl on the counter and asked him where does the apple juice come from? Without hesitating he said ‘Walmart.’”

## Van Dyke Tells Us About the Work of the Tennessee Innocence Project

**Jessica Van Dyke** is the founder, chief executive officer and lead counsel of the **Tennessee Innocence Project** in Nashville. Its goal is to free wrongfully convicted individuals from prison. Today Tennessee has approximately 30,000 inmates in state prisons and since 1989 there have been 3,191 exonerated and set free, but only 30 in the last 17 years.



*Bill Nichols and Tom Woodbery talk to Jessica Van Dyke after our meeting*

But it is not a quick or easy process and is dependent on a bevy of factors. Only 30 have been freed in the last 10 years. Tennessee ranks 18th in the country of the number of people incarcerated.

Van Dyke, a graduate of the University of Tennessee College of Law, left a lucrative job at a Nashville firm to begin this organization in 2019. Her interest in this field dates back to her law school days in Knoxville. While at UT she cut her teeth on post-conviction work in the school's Wrongful Convictions Clinic and has remained passionate about wrongful convictions. This non-profit is the first full-time innocence organization in the state

representing men and women making claims of actual innocence.

One person from Campbell County was jailed for 12 years when she began working on their release. It took her three years and she was paid a total of \$1,000 for her hours of work.

She told us about one woman named Joyce Watkins, convicted of a murder in 1988, a murder it turns out she did not commit. She spent 27 years in prison and her husband died before she was freed. “She is the sweetest person you’ll ever meet,” Van Dyke said. You can watch her four-minute video on the project’s Home page at this [LINK](#)

Van Dyke says “this is a long investigative process” to get someone exonerated out of the prison. “But it’s so worth it and it does work,” she added. “We just have to keep working and be patient.”

“Joyce gave us some advice for everyone — she said ‘Just don’t ever give up.’”

## ***Our Family of Rotary Report***

## **Good News About Benji Bash & Judith**

Here’s some great news from **Denise Bash**! Son **Benji**, the Marine Lance Corporal at Camp Lejuene, is planning to be at our November 9 meeting to thank everyone for our support although his medical ordeal has not ended. Denise says: “He’s seeing the orthopedic surgeon and urologist this coming week so prayers for that please. And he’s staying busy in physical therapy plus volunteering at a homeless shelter.” This young man has something magical inside! What a fighter!

The news from **Judith Bradbury** is all good this week! “I am slowly progressing and feeling better every day. Physical therapy is really helpful. I have begun learning to walk with a cane indoors. And, the great, great news is that I will have plenty of time to travel for another five to 10 years before I will need my other knee fixed (which I definitely will NOT be doing). So I am planning my future trips!!!!” Judith says she is covered for transportation help back and forth to PT through Oct. 10. Tomorrow she will find out the rest of her October schedule and maybe into November.



## *News & Notes About A Few Things*

### **‘Miles for Miracles’ Video in Production**



We'll soon be able to enjoy the “**Miles for Miracles**” video starring **Sonya Ford** and **Ron Lawrence** to help promote this project to raise money for East Tennessee Children's



***Sonya enjoyed driving Ron's tractor!!!***

Hospital. Earlier this week they met at Ron's farm in Loudon County with Service Projects Co-Chair Scott Bertini and videographer Austin Bradford for the filming session. The video will be sent to all Rotarians in Dist. 6780 once it's ready. Scott says after a meeting this week it looks like Ron's ride on his green John Deere tractor will begin in Crossville and end with a celebration at the hospital at the end of the ride. We still do not have a firm date for this event to benefit ETCH — maybe early November. Stay tuned for more details.

More on **PP Ron Lawrence** ..... he passes along that his championship horse — In Ted's Image — won his third consecutive World Grand Championship (WGC) on Sept. 2 and on Aug. 29th won his 9th World Championship (WC) at the 2022 Tennessee Walking Horse Celebration in Shelbyville. Congrats to Ron.

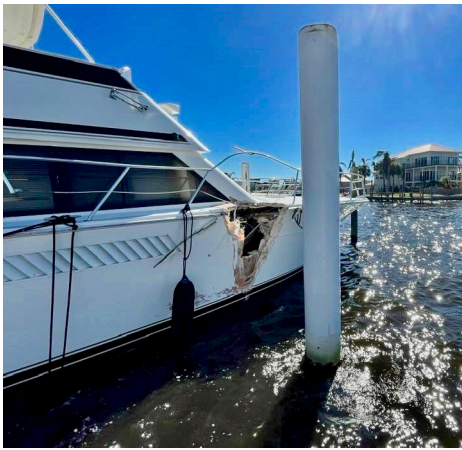


**Tory Kinson** and his daughter **Valerie** were featured this past week in the Farragut Press about her plans to be a Rotary Youth Exchange student in 2023 as her father was many years ago in Ecuador. Her first choice for a country is South Korea but also in play are spots in Thailand, Japan, Italy and Taiwan. Valerie is a senior at Bearden High School and visited us two weeks ago. Our club will be her sponsor. Here is a [LINK](#) to the full story.



## Linda Bellich OK & Safe, But Ian Destroys Their Boat/Home

Our old friend and former member **Linda Bellich** and her husband John lost their home on the water courtesy of Hurricane Ian earlier this week when the Category 4 storm made a sharp right turn in the Gulf of Mexico and came on land at Fort Myers, FL . Their boat at Fort Myers Beach is a total loss.



“We made it. We had a Plan A, B, C.....we are in Plan D. We are currently safe, have dry beds, water, food, and electricity. So compared to many we are in great shape,” she wrote. "The boat is a loss. We can still get on board and recover most of our stuff but it is beyond repair. Plan E coming up!”

They were able to walk across the bridge into Fort Myers Beach, after showing proof that they lived there. “We got to our boat and climbed over a mangled dock, a small refrigerator type thing and finally got to the boat. The boat was lifted over 10 feet and literally dropped on to a post. Incredible. The entire shrimp fleet was destroyed and is now in a jumbled pile. One of my friends and her dog had to be rescued from the third floor of their neighbor’s house in Sanibel. The bridge (causeway) is unusable and will need to be rebuilt, the electrical grid for Sanibel and Fort Myers Beach needs to be rebuilt and neither place has water or any sewerage. Just very sad to see such devastation. So many lives have been changed forever.”

Along with the 30 or so pictures on her Facebook page she wrote this:

“Boats in trees. Boats vs. truck. 4 boats roadside. Boat trying to get a seat at our favorite bar!”

Here is a [LINK](#) to her Facebook post to see her pictures.





## *Today's Medical Moment*

### Accuracy of Blood Tests for Multiple Cancers

**Dr. Charlie Barnett** tells us about a new \$950 test offered by Grail that is able to screen for 50 different cancer types in one blood sample. A recent report detailed its accuracy in a study of 6,600 patients over the age of 50 with no known cancer. The test was positive in 1.4% of patients. Of those positive patients, further evaluation revealed cancer in 40% with a false positive rate of 60%.

Numerous problems exist with this test — including inducing anxiety in those with a false positive test, trying to find a cancer that may not be large enough to be discovered by our current imaging technology and excessive testing, including radiation exposure and unnecessary biopsies, which can cause complications. Bottom line: not ready for prime time!

### Nichols Solves September's Mystery



**September's Mystery Rotarian** was rolling along unmasked until we used a clue about her father and the state of Alabama. The clue was: "Our Rotarian's grandfather was the sheriff who stood on the field with Coach Bear Bryant and walked with him everywhere providing security for the late legendary Alabama football coach."

Bingo for Bill Nichols. Nichols, somehow, recalled that when **Vicki Cope Williams** was inducted this past January she mentioned she was from Alabama. "That's what did it....Alabama," Bill said. Bill also said he'd like a bottle of white wine. And when presented with the wine Nichols in turn presented the wine to Vicki. "This will be perfect for a party I'm having," she said, thanking Nichols.

### A Good Tip & Thought for Us

"When things feel overwhelming, remember .... one thought at a time, one task at a time, one day at a time." — Anon