
THE FLAGSHIP



October 16, 2022

Tom King, Editor

Coming Up!!!

Oct. 19: Tom Mattingly,
Sportswriter/Historian/
Author

Oct. 20: Third Thursday
@ Chuy's Tex-Mex, 5:30
p.m.

Oct. 26: David Crocker,
Founder, Operation In
As Much

Nov. 2: Board of
Directors, 11 a.m.

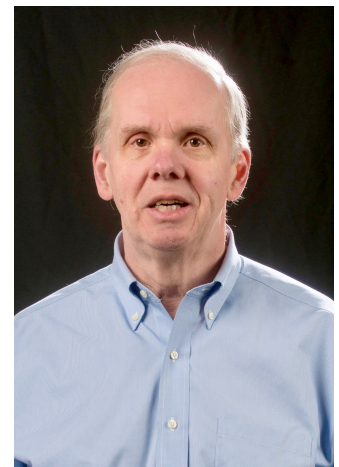
Nov. 2: Club Assembly

(All meetings begin at
12:15 unless noted
otherwise)

Veteran Sportswriter, Historian Tom Mattingly Speaks on Wednesday

Tom Mattingly has seen plenty of Tennessee vs. Alabama games and yesterday's was well ... we'll find out what he has to say on Wednesday about the Vols' 52-49 victory. Mattingly, a retired sportswriter, historian, author, lecturer and who knows what else will be our speaker.

He is the author of "Tennessee Football: The Peyton Manning Years"; "The University of Tennessee Football Vault: The Story of the Tennessee Volunteers, 1891-2006"; "The University of Tennessee All-Access Football Vault" and "The University of Tennessee Trivia Book."



He is currently a sports history columnist for the Knoxville Focus. Before joining the Focus, he was a sports history columnist, blogger, and book reviewer for the Knoxville News Sentinel. Since 2009, he has written the biographies for the Greater Knoxville Sports Hall of Fame honors banquet program.

In 2012, The University of Tennessee Press published “Smokey: The True Stories behind the University of Tennessee’s Beloved Mascot,” with co-author Dr. Earl C. Hudson. In 2018, he and co-author Celina Summers wrote “Empowered: The Fan Revolution That Changed College Football.”

While on staff at the Oak Ridge National Laboratory (ORNL) from 1974-76, he joined co-author Lois A. Martin in penning “Politics, Technology, and the Public Interest” for the 1976 Bimonthly Technical Progress Review, Volume 17-5, published by the Nuclear Safety Information Center at ORNL. He was also a co-author of six monographs resulting from a longitudinal study of citizen views toward the proposed Hartsville Nuclear Power Plant in Hartsville and Trousdale County, TN. He was field director for two such attitude surveys in 1975.

Tom served the University of Tennessee Sports Information Office from 1987-2005 as editor of “Volunteers Magazine.” In 2006, he spent six months as interim house manager for the university’s president’s residence.

He earned a “Best in the Nation” from the College Sports Information Directors of America (CoSida) for his coverage of the 1999 Tostitos Fiesta Bowl in the Event Review Category and a “Third in the Nation” award in the Opinion/Editorial category for his tribute to broadcaster (and U.T. alum) Lindsey Nelson in August 1995. The organization also named “Volunteers Magazine” “Best in the Nation” in 1990, 1991, 1993, and 2000, and “Second in the Nation” in 1992, 1994, 1996, and 1999. Overall, he has been honored more than 20 times by CoSida for his writing and publications.

He and his wife, Susan, have two adult children and two grandsons.

Topgolf's a 'Big Hit' in Farragut

The Rotary Club of Farragut went to **Topgolf** in September for Third Thursday and this past Wednesday Topgolf came to Farragut Rotary. Our speaker was **Mark Grenier**, Topgolf Director of Operations.

“We’ve been open two months since August 12 and we have exceeded all of our expectations and outperforming them,” he said. “We’ve had more than 70,000 people come in so far.”



Jerry Schwallier talks with Mark Grenier after our meeting

It's more than just golf, though. The new facility on Outlet Drive has a big sports bar, a 28-foot video wall for watching sporting events, more than 200 HD TVs, a full-service restaurant, a rooftop terrace with fire pits and spaces and rooms for private events and parties.

There are 72 climate-controlled hitting bays complete with accommodations for six people and service for ordering food and drinks.

A few quick facts about Topgolf:

- The first facility was built in London and the company was founded there by the two Jolliffe brothers in 2000.
- It is now owned by Calloway Golf but the new brand name is Topgolf Calloway Brands Golf Corp. The company also owns the Top Tracer.
- The company will have 79 locations in the U.S. by the end of 2022 and have venues in seven countries overseas and will be going to Asia soon.
- Golfers can virtually play 8 different courses.
- The fence enclosing the facility is 155 feet tall.

Here is a [LINK](#) to their website to learn all you want to know about what Topgolf offers.

A Good Day for Guests

- PP Tom King had a pair of guests. One was inducted Wednesday — **Dr. Joseph Hicks**, a former member who is an Orthodontist. The other is Prospective Member **Harker Weiss**, who turned in his membership application (see story below). He's the Warehouse Manager of Costco.
- President Megan Belcher had her two kiddos with her due to fall break — **Piper Grace and Preston.**
- Sonya Ford had two guests — **Holly McMullen**, left here, with EcoRoof and her friend **Sarah Mack**, left, of Ft. Myers, FL who is a member of the Rotary Club of Ft. Myers. She is a Vice President Commercial Lender at Charlotte State Bank & Trust.
- **Tammy Cheek** of the Farragut Press was with us this week.



Thanks for joining us!



**IMAGINE
ROTARY**

Four-Way Test

Rotary's Four-Way Test
of the things we think,
say or do:

- 1) Is it the **TRUTH**?
- 2) Is it **FAIR** to all concerned?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4) Will it be **BENEFICIAL** to all concerned?

Find Us On Facebook

If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also **LIKE** the page!

Here is a [LINK](#) to our page.

Costco's Harker Weiss, Former Member John Myers Proposed for Membership

We have a pair of Prospective Members approved by the Board of Directors to present to the membership today — **Harker Weiss**, who is sponsored by PP Tom King, and **John Myers** proposed by PP Jim O'Brien. Here is information about both.



Harker, 50, assumed his Costco job here in July. He has been with Costco for more than 30 years and has worked at nine Costco locations, the latest in Danville, CA for the past five years. He is a California native from the Bay Area. He has three children, two adult sons from his first marriage who live in California. He and wife Kimberly live in Maryville and have a daughter, Lacy, 11. She is a sixth grader at Maryville Christian school. They love the outdoors and traveling. Harker enjoys mountain biking.

"I have already been converted to a Tennessee football fan (go Vols!). Growing up I was an avid athlete. I played baseball, basketball, soccer and ran cross country in high school." he said. "I'm a little bit of a wine connoisseur since I worked in Danville (#3 in fine sales in the entire U.S. for Costco) but I'm more of a guy who just loves a good bottle of vino."

John is returning to our club after being gone for a long time. He is a Past President from 1995-96. Professionally he is a Senior Vice President with a global financial services firm. In his "free time" he serves as president of the board of directors of Remote Area Medical (RAM) and was an original board member in 1985. His early volunteer duties involved flying aircraft on survey missions, fundraising, and general administrative guidance. He also chairs RAM's Finance Committee and



serves on the Development Committee and Executive Committee. He lives in Knoxville with his wife, Lisa, and their two dogs. They have two daughters and three grandchildren.

According to Article 13, Section 5 of the club's Bylaws, any member who would like to comment about or object to Harker's and John's membership has one week (7 days) from the date of this publication to make in writing any objections to the Board of Directors. If there are no objections, we will proceed with the process to accept them for membership.

Dec. 2 Sock Hop/CorkPop Goal: Every Member To Buy 2 Tickets

Our two hard-working co-chairs of our Fundraising Committee are asking that **EVERY** member of our club by at least two (2) tickets to our only major event this year to raise money — the Dec. 2 Friday evening first-ever “**50's Era Sock Hop Cork Pop & Wine Tasting Party**” at the Farragut Community Center.

Sponsorships opportunities for the Sock Hop & Cork Pop

Sock Hop & Cork Pop

Gold Level Sponsor: (2 allowed) \$2000 donation

- 10 Tickets to the Sock Hop & Cork Pop
- Logo on all marketing material to include event fliers, social media posts, event signage and any other digital or printed material.
- 1 Table topper centerpiece
- Easy Pass ticket to the bar (allows you to skip the line for refills)

Silver Level Sponsor: (4 allowed) \$1000 donation

- 5 Tickets to the Sock Hop & Cork Pop
- Logo on all marketing material to include event fliers, social media posts, event signage and any other digital or printed material.
- 1 Table topper centerpiece
- Easy Pass ticket to the bar (allows you to skip the line for refills)

Bronze Level Sponsor: (as many as we can get) \$500 donation

- 2 Tickets to the Sock Hop & Cork Pop
- Logo on all marketing material to include event fliers, social media posts, event signage and any other digital or printed material.
- 1 Table topper centerpiece

Tickets are \$100 each

Live Music / Food / Fellowship

Contact: Scott Brockamp 865-441-0420 scott@hisssecurity.net
Jerry Schwallier 480-313-5969 jlschwallier@gmail.com

Register Now

This will be our club's mega fundraiser for 2022-23 to support our projects and initiatives. The music and dancing will begin at 6 p.m. We're having a delicious catered dinner and music from the 1950's. We will have some seeing how low they can go under the limbo stick and it'll be fun to see who wins the dance contest!

Tickets are \$100 each. "This is the big fundraiser for us this year and we want it to be a huge success," said Jerry Schwallier on Wednesday. He and Scott Brockamp are putting this event together, which will feature live and silent auctions

too. “If every member can buy two tickets that will make a big difference.”

They are also beating lots of bushes for sponsorships. So far we have \$21,000 in sponsorships — \$11,000 from club members and a matching \$10,000 donation once we reached \$10,000 in sponsorships, which we did last week. We have three levels of sponsorships available: \$2,000 and above; Silver - \$1,000; and Bronze - \$500. If you are interested in a sponsorship please talk with either Scott or Jerry as soon as possible!

Here is the [LINK](#) to sign up for the wine tasting/sock hop/cork pop.

News & Notes

‘Spooktacular’ Third Thursday Makes 1st Visit to Chuy’s

Third Thursday October style is coming up — only four days away — on October 20 at **Chuy’s Mexican Restaurant** on 9235 Kingston Pike in Cedar Bluff. Family of Rotary Chair Cindy Kraus says we have about 20 people signed up so far. The more the merrier, it is said. We have a room reserved at Chuy’s too. Here is the [LINK](#) to the sign-up page for RSVPs. Bring your spouse, a friend or someone who may be interested in joining!



No idea yet to know how many **Purple Pinkie Donuts** from Dunkin we sold for PolioPlus. On Wednesday President Megan and Secretary Sonya Ford were busy distributing boxes to the Rural Metro Fire Station on Campbell Station Road, to the Knox County Sheriff’s office and to Concord Christian Preschool/Kidz Connect staff.

The sign is up and the Farragut West Knox Chamber of Commerce will have a ribbon cutting ceremony for Teri Jo Fox’s **The Knox Fox Real Estate Group** on Wednesday, Oct. 26, from 3:30-4:30 p.m. Teri Jo’s new office is at 11553 Kingston Pike, 37934, across from Kohl’s. Everyone is invited!

The Mission of Hope will have a “Thank You Gathering” on Sunday, November 6, to honor its longtime leader, **Emmette Thompson**, who has retired after 23 years at the Mission. Emmette has spoken to our club on many Wednesdays and was one of the best friends of our late Rotarian, Ray Fisher. The party is a drop-in affair between 2 and 5 p.m. at the Rothchild Conference Center at 8807 Kingston Pike. Desserts and ice cream will be served. They would like RSVPs — call the office at (865) 584-7571 or click on this [LINK](#)

CART Returns To RCF For Alzheimer’s Research

The CART Fund is back for the Rotary Club of Farragut (RCF), thanks to a strong push from our Tom Woodbery. CART – Coins for Alzheimer’s Trust – is dedicated to raising funds to provide “seed” money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer’s.



Holding the CART bucket at the left is Tom along with fellow Rotarian Stephanie Markowitz.

The bucket pictured above is how we collect the coins, and greenbacks of course, during or weekly meetings and Tom and his sidekick Larry Sheumaker will be collecting the donations each week. This past week we collected only \$7. Bring your coins from home.

Started in one South Carolina Rotary club in District 7770 in 1995 by a Rotarian named Roger Ackerman (Sumter, SC), CART has been adopted to date by 23 Rotary districts in the United States, including ur D6780.

CART Fund by-laws require that 100% of all donated funds must go to Alzheimer's research and all contributions are tax deductible. CART is a 501(c)(3) organization. Its tax ID # is 31-1466051.

CART is currently supported by Rotarians in North Carolina, South Carolina, Georgia, Virginia and Florida.

As of May 2022, CART has awarded \$11.2 million in 64 grants to recognized U.S. research institutions. All administrative expenses of the Fund are paid from interest earned from invested contributions.

Foundation Asking for Specificity For Your Foundation Donations

When we are making donations or contributions through **the Rotary Club of Farragut Foundation** we need to always include a notification to specify exactly which project you are supporting.

Foundation President Jim O'Brien says,

"As you would expect, Staci Wilkerson has been receiving a series of notifications regarding donations to the RCF Foundation. The problem is that many of the donors are failing to note for which of our ongoing projects their donation applies (e.g., support for Julie Tryukhan and her children or the Sock Hop & Cork Pop Wine Tasting on Dec. 2, etc.). This requires Staci to send out an e-mail to the donors asking for clarification."



So, we need one and all to clearly note the purpose of their donation when they make it using PayPal or when they write a check.

‘Miles for Miracles’ for ETCH Begins Nov. 5

PP Ron Lawrence is about to begin a unique fundraiser to benefit **East Tennessee Children's Hospital (ETCH)** when he fires up his green John Deere tractor on Saturday Nov. 5 and will drive for seven days throughout East Tennessee.

He will be logging "miles" for "miracles" to raise money to support all the critical and life-saving medical equipment provided by ETCH to children and families across the area. Here is short video about the project: <https://youtu.be/XFBFSPFQ5bQ>

Scott Bertini, Service Projects co-chair, asks that if you feel led to do so, please support Ron's efforts and make a donation in ANY amount. ALL money donated will go through our non-profit Rotary Club of Farragut Foundation, and 100% of funds will be given to the hospital. Tax-deductible receipts will be provided. The donation options are as follows:

Option 1 - Mail Check To The Following Address - Rotary Club of Farragut Foundation, 10805 Kingston Pike, Suite 200 Knoxville, TN 37934

* Checks Made Payable To - Rotary Club of Farragut Foundation

* "For/Subject" Line - Miles For Miracles

Option 2 - Donation online @ <https://miles-for-miracles.cheddarup.com>

“Please join us in praying for Ron during his travels and if you should find yourself along Ron's route and would like to share a meal with him or even perhaps a place to stay, feel free to reach out to him via EMAIL,” Bertini said.

Here is Ron's schedule: Saturday, Nov. 5th — Crossville to Dayton; Sunday, Nov. 6th — Dayton to Cleveland; Monday, Nov. 7th — Cleveland to Lenoir City; Tuesday, Nov. 8th — Lenoir City to Sevierville; Wednesday, Nov 9th — Sevierville to Greeneville; Thursday, Nov. 10th — Greeneville to Jefferson City; Friday, Nov 11th — Jefferson City to Knoxville (end at ETCH)

It's Java Time for Your Health

Coffee....It's good for you says **Dr. Charlie Barnett** in today's Medical Moment!!

A huge study of nearly a half million individuals from the UK Biobank with 12 years of followup showed that consumption of coffee resulted in:

- A reduction of significant arrhythmias
- A reduction of development of coronary artery disease
- A reduction in risk for congestive heart failure
- A reduction in stroke

These benefits were generally seen for all coffee types (ground, instant or decaf) and amount drunk but was greatest for drinkers of 2-3 cups per day.

These benefits were thought to be due to:

- Inhibition of arrhythmogenic receptors in the heart
- Vasodilatory effects of blood vessels
- Presence of antioxidants like polyphenol
- Improved insulin sensitivity
- Weight loss via inhibition of gut fatty acid absorption and increase in basal metabolic rate
- Lower incidence of type 2 diabetes.



Here is the [LINK](#) to the study.

So.....drink up but as always, only in moderation.

Week 2 Clues: El Misterio de Octubre

Lots of guesses came in for our **October Mystery Rotarian** after only four clues. Lots of wrong guesses, that is! The major sleuths so far have been silent. Perhaps our next four clues will do the trick!

- Once hitch-hiked across a foreign country with some friends and sang American TV show songs to entertain our drivers.
- Almost drowned when white water rafting — literally fell out at the base of a small waterfall and couldn't find any gaps between all of the rafts floating downriver.
- Teaches Sunday school to kids.
- Played keyboards in their high school band.



Easy, eh? The first correct guess emailed to TOM KING will receive a bottle of great wine from the Taylor family at **Dixie Lee Wines & Liquors**. If no one can put the clues together correctly, our very interesting member wins the wine.

An October Thought

“I cannot endure to waste anything so precious as autumnal sunshine by staying in the house.” — **Nathaniel Hawthorne**