

# THE FLAGSHIP



November 20, 2022

Tom King, Editor

## *Coming Up!!!*

Nov. 23:  
NO MEETING !  
THANKSGIVING  
HOLIDAY

Nov. 30: Howard Fass,  
The Costs of Drugs

Dec. 2: '50s Sock Hop/  
Cork Pop Wine Tasting,  
6 p.m., Farragut  
Community Center

Dec. 7: Board of  
Directors, 11 a.m.

Dec. 7: Club Assembly,  
Webb Madrigals, 12  
Noon

(All meetings begin at  
12:15 unless noted  
otherwise)



***We Will Not Meet This Week!  
Enjoy Your Thanksgiving  
Holidays, Everyone!***



\*\$75 is tax deductible. The Sock Hop Cork Pop event is a Fundraiser of the Rotary Club of Farragut with proceeds to benefit the Rotary Club of Farragut Foundation

## **12 Days to '50s Sock Hop/Cork Pop! Buy Tickets! Auction Items Needed! And Sponsorships!**

We are only 12 days away from our major fundraiser of the 2022-23 Rotary year — **the '50s Sock Hop & Cork Pop Wine Tasting** — on Friday, Dec. 2, at the Farragut Community Center. Tickets are \$100 each and we are expecting every member to buy two tickets, even if you are not attending.

Our Fundraising Committee Co-Chairs Scott Brockamp and Jerry Schwallier are working their tails off to raise \$50,000. VP Teri Jo Fox and Julie Blaylock are working just as hard on our Silent and Live actions. They need items for both from our members. We also still need some sponsors as we want to raise as much money as we can for the organizations and projects we support!

You can click on this [LINK](#) to buy your tickets. Once you click submit, you will see a message with a link that will take you to our Rotary Club of Knoxville Foundation's PayPal page to make your payment for your tickets. Also if you would like to do a sponsorship, you still have the opportunity to do this as well.

We will not review all of the details today about the event that we have been sharing, but you need to know that we will have live music from The School of Rock, wines from Dixie Lee Wines & Liquor, and our dinner catered by Classy Caterer.

Dress for 1950s please!

Scott and Jerry will be at this week's meeting near the sign-in desk at 11:30 a.m. to help you get signed up, so bring your checkbook or credit card, and we will get you registered!

## **What's Up, Farragut Rotarians????!!**

The holidays of 2022 are here and we have a busy and exciting few weeks before Christmas. Here's our schedule through the end of 2022 as we get closer and closer to 2023!

Wednesday, Nov. 23: No meeting. This is our Thanksgiving holiday.

Wednesday, Nov. 30: Howard Fass — "The Cost of Our Drugs."

Friday, Dec. 2: '50s Sock Hop & Cork Pop Wine Tasting fundraiser

Wednesday, Dec. 7: Webb School Madrigals/Club Assembly (12 noon)

Wednesday, Dec. 14: To Be Announced

Thursday, Dec. 15: No Third Thursday

Saturday, Dec. 17: Salvation Army Bell Ringing

Sunday, Dec. 18: Fostering Hope service project, 2 p.m.

Wednesday, Dec. 21: Christmas Holiday, no meeting

Saturday, Dec. 24: Salvation Army Bell Ringing

Wednesday, Dec. 28: New Year's Holiday, no meeting



***L-R, Wreaths Across America Ambassador Chris Albrecht, Wayne Davis, Snapper Morgan of the Vietnam Veterans of America and Bill Nichols***

## **Wreaths Across America: Remember, Honor, Teach**

The keywords are: Remember....Honor.....Teach!

“REMEMBER” the Fallen. . .“HONOR” those who serve. . . “TEACH” our children the value of freedom.

That is the message you will see on the website for Knoxville and East Tennessee’s Wreaths Across America and on other websites across the country as we approach December 17, the day when wreaths are placed on every veteran’s grave

### ***Four-Way Test***

Rotary's Four-Way Test of the things we think, say or do:

- 1) Is it the **TRUTH**?
- 2) Is it **FAIR** to all concerned?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4) Will it be **BENEFICIAL** to all concerned?

### ***Find Us On Facebook***

If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also **LIKE** the page!

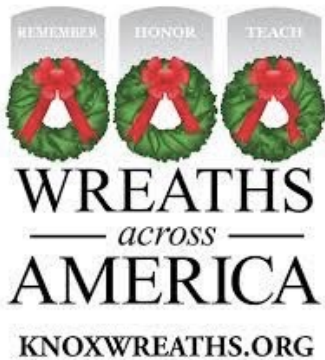
Here is a [LINK](#) to our page.



at approximately 257 cemeteries across the country and abroad. Locally more than 19,000 graves await their holiday wreaths.

In 2020 some 1.7 million wreaths were placed by a million volunteers.

“And one third of those volunteers are children and young people,” said Chris Albrecht, an ambassador for Wreaths Across America who spoke to the Rotary Club of Farragut at Fox Den Country Club Wednesday. “Our goal is simple – that no hero will ever be forgotten.”



In Knoxville and Knox County, the Vietnam Veterans Council of East Tennessee sponsors and coordinates Wreaths Across America here. Here is a [LINK](#) to their website. The website has buttons for donating, volunteering or helping sponsor the events.

Ceremonies will begin at noon on Friday December 17 at Knoxville’s three cemeteries that are home to graves for 19,000 fallen heroes. Those cemeteries are:

- Knoxville National Cemetery at 939 Tyson St., Knoxville, TN 37917: Veteran Graves -- more than 9,000
- Old East Tennessee State Veterans Cemetery, Lyons View Pike: 5,200 graves and it is full.
- New East Tennessee State Veterans Cemetery, Gov. John Sevier Highway East: 4,000 graves with room for more.



Albrecht also noted that the legendary University of Tennessee football Coach General Robert R. Neyland is buried at the National Cemetery and has a wreath with a red ribbon placed on his grave each year. "And every year someone sneaks in and takes off the red ribbon and replaces it with an orange one," Albrecht said.

## Finally....Some Solid Humor!!!!

**PP Jim O'Brien** shared a great piece of humor with us Wednesday. Here it is:

A distraught senior citizen phoned her doctor's office.

"Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?"

"Yes, I'm afraid so," the doctor told her.

There was a moment of silence before the senior lady replied: "I'm wondering, then, just how serious is my condition because this prescription is marked NO REFILLS."

## 22 Cold Workers Spruce Up VMC

Yesterday's project at the **Volunteer Ministry Center (VMC)** on a very cold Saturday morning was a huge success. We had 22 there, a combination of 14 Rotarians and kids and seven members of the Pellissippi State Community College Rotaract Club.



*The Rotary work gang at VMC*

"We had a really great event and





***Megan Belcher  
working??????***

us being there was a tremendous help to VMC. Zan Schriver with VMC was incredibly appreciative of everyone's hard work,” said **Scott Bertini**, our Service Projects Co-Chair. “We had some left over funds and bought them a string trimmer. We also left them with some weed killer concentrate and a pump sprayer. In addition, we had some left over hand warmers and they are going to distribute them to some of the homeless population they serve.”



***Tom Woodbery  
working hard!***

It was definitely cold, he added, but everyone got to work quickly and didn't let the cold bother them too much.

President Megan Belcher commented to Scott “that it was really great for us to be able to do something like this before the holidays and it was great that that so many people showed up.”

We have a lot of pictures from the event and we'll share a few here and more on our Facebook page.



***Pellissippi State's Rotaract team***



***Greg Tilley conquers the bush!***

## Helping Stephanie & Benji's Coming Home!

**Stephanie Markowitz** is home and not on bed rest, but is taking it real easy as she approaches the birth of their little girl, Madi. Doctors have told her she could deliver as early as 34 weeks and she will 31 weeks along on Tuesday. Our Family of Rotary committee is giving our members the link to the **Door Dash** meal ordering and delivery service. All you need to do is click on this [LINK](#), read it carefully and select an amount you'd like to put on the gift card. This allows them to order the food they prefer. Please use the text selection on the website and text it to Stephanie at this number: (865) 207-2990. Please do not send it by U.S. Mail. Also, services for her grandmother, Lois Shipley, will be held on Monday. If you would like to send her a sympathy card or thinking of you card, her address is 7847 Train Station Way, Knoxville, TN 37931.



**Marine Cpl. Benji Bash**, a member of the Wounded Warrior Battalion at Camp Lejuene, arrives home Wednesday for the Thanksgiving holidays and he'll have three other Marines with him. The four Marines will run in the Thanksgiving Day Turkey Trot at 7 a.m. along with Denise, Chloe and Alex. Denise is cooking for seven on Thursday and on Friday other family and friends are coming over to eat — around 20 she says. "We like a busy house," she said. And they'll love having Benji home too!

Great report on **Judith Bradbury**. She said she's "feeling really good" and off the pain pills, which means she can now drive again and she's hoping to do that tomorrow or Tuesday. We may see her again at our Nov. 30th meeting, she said. Her physical therapy has ended but she's still doing exercises at home daily. And her family is coming over for Thanksgiving! Cheers!



## Fostering Hope Project on Dec. 18

With everything else we have going on, let's not forget about the upcoming service project we have with **"Fostering Hope."** This organization will have its annual Christmas Dinner party for the 200 families and foster children it supports. The dinner will be at 3 p.m. on Sunday Dec. 18 at First Baptist Church Concord.

Our volunteers need to arrive by 2 p.m. to assist them with the setup process and then we will help serve the meals and hang around for the cleanup duties. Service Projects Co-Chair Scott Bertini will be posting and send out a sign-up link for this even after Thanksgiving.

### News and Notes

## PP Ron Raises \$6,000 Plus for ETCH

**PP Ron Lawrence** on Wednesday presented to President Megan Belcher and the club the banner for the **"Miles for Miracles"** project that he concluded recently by riding his tractor in from PP David Bluford's home in Jefferson City to East Tennessee Children's Hospital (ETCH). Ron spent seven days in the saddle, driving from Crossville to Knoxville through Dayton, Cleveland, Lenoir City, Sevierville, Greeneville, Bulls Gap and Jefferson City. "My rear end felt every pebble in the road too, but it was a wonderful experience and so many people stopped to talk and thank me," he said. "It was an incredible experience." Ron raised more than \$6,000 for ETCH. He also thanked fellow Rotarians Scott Bertini, Wayne Davis, Sonya Ford, PP Jim O'Brien, PP David, President Megan and Julie Blaylock for their help.





**Third Thursday**  
at **S m o k y**  
**Mountain Brewery**  
this past Thursday  
attracted only a  
pair of Rotarians  
and a pair of  
spouses — Cindy  
and Paul Kraus  
(left) and Mike  
and Anita



Singletary. “There were only four of us but we had a great time,” Cindy said.

’Tis that time of the season when our **Salvation Army Red Kettle Bell Ringing** team assembles to work the two-hour shifts at Kroger in Farragut. This year we will work on Dec. 17 and Dec. 24. Mike Singletary again is coordinating this holiday tradition. Mike still needs these slots filled: Dec. 17: 1 ringer to join Howard F. at 4 p.m.; 2 at 6 p.m.; Dec. 24: 1 ringer to join Steve K. at 2 p.m. and 2 to ring at 4 p.m.

With **Stephanie Markowitz** at home and on the bench because of her pregnancy issues, she’s taking a break from handling our club’s Facebook page. We asked **Vicki Williams** if she would step up and take on that job and her quick answer was “Yes!” Thanks Vicki!!!!

## *Today's Medical Moment*

### **Dr. Barnett's Take: Respiratory Viruses**

Dr. Charlie Barnett's messages today deal with a timely topic weather-wise — the latest on respiratory viruses

There are many viruses that can cause respiratory illness, but we will limit discussion to the lethal viruses: RSV, influenza, and COVID. Unfortunately, there is no easy way to differentiate between viruses other than laboratory testing. All three cause a runny nose, sore throat, cough, fever and difficulty breathing.



**RSV:** We all probably have RSV multiple times in our lives. Immunity rapidly fades; one can even have it twice in a season. There is no known treatment. There is no vaccine for prevention. The very young and those greater than 65 are at risk for severe disease or death.

**Influenza:** Similar symptoms to RSV but typically more muscle pain and usually has an abrupt onset such that the patient may say “I was hit by a truck at 3 o'clock yesterday.” There is an effective treatment (Tamiflu) but must be started within 48 hours of symptom onset. This year's vaccine seems to be effective for the circulating influenza subtypes.

**COVID:** The greatest risks for death are those older than 65 but even younger folks die when immune suppressed or with chronic disease or in particular, when obese (the COVID virus replicates very well in the fat cell). The treatment for COVID, Paxlovid, is effective in the elderly but minimally so in younger individuals. The vaccine is effective but seems to rapidly wane. The bivalent vaccine made by both Pfizer and Moderna (which would be booster number four for most of us) is 70% to 80% effective for preventing hospitalization. It is also shown to be effective against the Mmicron variants — BA.4 and BA.5 and the BA.5 sub-variants.

## It's Still a Big Mystery Folks!

And here we are in Week 3 of the **November Mystery Rotarian** mystery. We've passed along eight great clues so far and, so sad to say, no one has correctly put forth a correct guess. They're not missing the bullseye. They're missing the whole target! So today we dig down and give the sleuths four more clues.

- The spouse surprised them with a sky-diving adventure for their 30th birthday — and it was not an enjoyable experience.
- Returned to college and earned a Masters degree in Christian Psychology to become a counselor but changed their mind.
- Was skiing in the Swiss Alps and skied off the course and ended up in a cow pasture.
- Was arrested for toilet papering trees in someone's front yard.



The first correct guess emailed to TOM KING will be presented with a fine wine from Dixie Lee Wines & Liquor. Our Mystery Rotarian wins the wine when the game is up.

## A Thanksgiving Thought for Us

"When asked if my cup is half-full or half-empty, my only response is that I am thankful I have a cup." — **Sam Lefkowitz**, author