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# THE FLAGSHIP



June 12, 2022

Tom King, Editor

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## *Coming Up!!!*

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June 15: Sarah Pass,  
Executive Director,  
CADES (Concord Adult  
Day Enrichment  
Services)

June 16: Third  
Thursday, 5:30 p.m.,  
Connors

June 22: Kat Jones,  
University of Tennessee  
Director of NIL (Name,  
Image & Likeness)

June 29: The Changing  
of The Guard — Bluford  
to Belcher!

(All meetings begin at  
12:15 unless noted  
otherwise)

## CADES Sarah Pass To Discuss Adult Care Program Wednesday

**Sarah Pass** will be our guest speaker on Wednesday and will tell us all about **CADES — Concord Adult Day Enrichment Services**. She is the Executive Director of this special program at Concord United



Methodist Church that began in 2006 as a community service to area elderly regardless of religious affiliation.

The program runs Monday-Friday from 8:30 a.m. to 4:30 p.m. at the church at 11020 Roane Drive.

This structured program of services and activities is for senior adults in need of care, social contact, and supervision because of either physical or mental functioning impairments. CADES provides a safe, nurturing and caring home-like atmosphere for participants, and also provides support, education and respite for caregivers. CADES is licensed by the State

of Tennessee Department of Human Services to conduct and maintain an adult day care center.

Staff are trained in dementia specific interventions, including exercise, active and passive games, discussion groups, reminiscent therapy, current events, music therapy, pet visits, arts and crafts, intergenerational contact, gardening, travelogues, guest speakers, educational programs, catered lunch by CUMC, snacks and nutritional support.

Sarah has a Master's degree in Social Work from the University of Tennessee and has an undergraduate degree in Counseling Psychology from Maryville College. She is a native of Maryville and lives there with husband Michael and their young son.

## John Hoffman 'Volunteers' for His Boss

**John Hoffman** invited his “boss” at the University of Tennessee Medical Center (UTMC) to speak to us this past Wednesday. But COVID had other ideas. Amy Perkins is in isolation at home. So, what now?

So, Hoffman stepped up and “volunteered” to stand in and be our speaker. Perkins is the director of Volunteer and Visitor Services at UTMC and Hoffman's boss. He is one of the 300-plus volunteers -- known as “Patient Ambassadors” -- who make a big difference for patients, their families, nurses and administrators on a daily basis.

“I'm going to tell you my story,” he began. “I've been volunteering for a year and a half and I will tell you that the people there – the nurses, the aides, the doctors, all of them -- are all angels of mercy filled with passion. I see it every day I'm there.”



Hoffman is retired from the UT Haslam College of Business as a Senior Lecturer who taught International Business Strategy and Leading Innovation and Change. He began teaching at UT in 2004. He also is a Leadership Coach and a mentor in the Leadership

Development Program for MBA students and a member of the Chancellor's Associates.

He volunteers at the UTMC Infusion Center, a schedule-based, nine-chair outpatient center serving patients across the medical center's 21-county region. He's a "runner" and is on his feet a lot and says he walks between six and 10 miles during each four-hour shift. He's constantly carrying blood, medications and other items back and forth from the pharmacy to the center.

If you are interested in volunteering, call (865) 305-9515.

## News From Our Family of Rotary

**Linda Nichols**, the way better half of the **Bill Nichols** marriage, is having out-patient surgery at UT Medical Center on Tuesday for kidney stones. Keep Linda and Bill in your prayers.

**Benji Bash** continues to heal at the Naval Hospital at Camp Lejeune. **Denise** shares that he had to have emergency surgery earlier this week for an abscess. "It is healing well. Physical therapy is working with him every day on how to be fairly independent once he is finally released from the hospital," she said. "This week he may finally get transferred to the Wounded Warrior Battalion. Once that happens we will have a better idea of what the future will hold."



**Bettye Sisco** is doing better this week. "I'm still waiting for the danged FDA to approve this new drug I'm taking," she said. Her leukemia number is down to 60 and she says it has been in the 80s, 90s and even 100 in past weeks. She returns to Duke Medical Center during the last week of this month.

**Teri Jo Fox** shares that her mother-in-law, **Jane Whitener**, is moving in with them for the next month to two months. She recently had triple bypass heart surgery in Asheville and Eric drove there today.

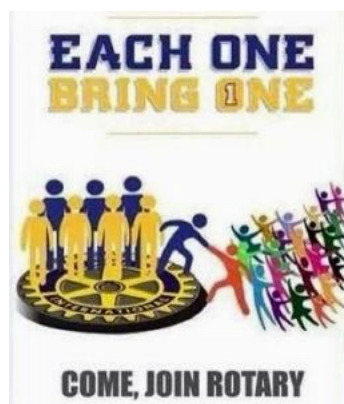
Let's keep our Family of Rotary members and their family members in our thoughts and prayers.



## Wednesday's G&V Report

- We met another of Brian Elton's sons this week — **Brady Elton**. His older brother Bennett was with us the previous week. Brian and Brady are pictured here.
- Scott Bertini's guest was **Victor Dennis**, a Technology Partner with Victory Technology Solutions. They provide an array of services for small businesses and are pictured here.
- **PM Tom Woodbery** was PP Tom King's guest. He has been accepted for membership and will be inducted soon.
- And also with us from the Farragut Press was Tammy Cheek.

Glad you all joined us!



## *Four-Way Test*

Rotary's Four-Way Test of the things we think, say or do:

- 1) Is it the **TRUTH**?
- 2) Is it **FAIR** to all concerned?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4) Will it be **BENEFICIAL** to all concerned?

## *Find Us*

### *On Facebook*

If you have not visited our Facebook page, give it a try!

Denise Bash does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also **LIKE** the page!

Here is a [LINK](#) to our page.

## FYI: A Little Member News

**Liam Devlin**, the son of Jeff and Joanne, on Thursday night was honored as the 2022 Knox News Sports Awards Lacrosse Player of the Year in East Tennessee. Liam, 18, graduated in May from Webb School and will be entering UT-Knoxville in the fall and playing on the lacrosse club team. One of Liam's coaches at Webb was Jonathan Johnson. Liam and Jeff are pictured here after the ceremony at the Tennessee Theater.



**Cindy Kraus** will have the Grand Opening for her new real estate firm — **Engel & Volkers Knoxville** — on Friday June 15 from 3:30 to 5:30 p.m. at their new offices at 11347 Parkside Drive. She asks that you RSVP to (865) 776-0577.



**Teri Jo Fox** and hubby **Eric Whitener** have spent the last three days moving into their offices — **Knox Fox Real Estate** — at 11553 Kingston Pike, which is just across the Pike from the Kohl's Shopping Center.

Congratulations to everyone!



## **‘Iron Butt’ Bluford Home From 2022 RI Convention; Ukraine Flag Applauded**

Old “Iron Butt” — aka **President David Bluford** — gave us a rundown of the 2022 Rotary International Convention in Houston, TX last weekend. David is a proud and active member of the International Fellowship of Motorcycling Rotarians (IFMR) and was our only member to attend the convention.

The picture here shows the IFMR group outside of the convention center. David is the third rider from the left.

Bluford passed along the rules for the Iron Butt Award and this is serious stuff:

1. Choose a safe route that will cover at least 1,000 miles as confirmed by either Microsoft Streets and Trips or Google maps as vehicle odometers are usually not accurate unless they have been calibrated.
2. Obtain start witnesses to confirm your date/time of beginning and are willing to be contacted by the Iron Butt Association to verify such.
3. Collect and track fuel receipts with a time stamp to verify one did not take any shortcuts along the route. Log fuel and any other long stops for food, rest, traffic delays and should one have a fuel capacity for long ride, one must stop at least once every 350 miles to document the ride.
4. Obtain end witnesses to sign/verify your arrival time at the conclusion destination.
5. Prepare, copy, and submit documentation to include map of route, copies of receipts, trip log.

He said that more than 22,000 were pre-registered for the convention but only 11,000 actually attended. When the convention was originally planned for Houston, he said, they were expecting a crowd of 40,000.



Bluford said that one of the most special events at the convention is the annual Flag Ceremony and this year the flag of Ukraine was loudly applauded by the conference goers with a standing ovation. Here's a [LINK](#) to the Presentation of the Flags ceremony.

"This was the 113th year of the Rotary convention but the first since 2019 due to the pandemic and even this year anyone attending had to be vetted in having received COVID vaccinations to be allowed to enter," he said.

Rotary International President Shekhar Mehta applauded our continued Service Above Self as evident during a year of giving and also acknowledging that thanks to the efforts of all Rotarians we stopped a decline in membership with a net growth of over 40,000 new Rotary members."

"As a first time to attend this gathering, I was impressed, pleased and grateful for the opportunity to meet, learn, and increase my knowledge of this community of individuals who gather under the umbrella of Rotary to make a difference in our lives and the lives of others," Bluford added. "Thank you Rotary Club of Farragut for allowing me to serve as your president and to provide me this honor of representing our club in attending this gathering."

David also said the 2023 RI Convention will be held on May 27-31 in Melbourne, Australia.

## **Zachary Inducted As Our Newest Member**

President David Bluford did the honors in inducting **Jason Zachary** on Wednesday as our newest member. We now have 92 members in the club. Zachary's sponsor is Mansour Hasan, who missed the induction ceremony in favor of a Garth Brooks concert in Las Vegas. Mansour did say he was at a State Farm meeting too.

Zachary, 44 and his wife Holly live in Farragut and have one son, Tyson. Jason and his family are members at First Baptist Church Concord in Farragut where he serves as a deacon and a steward on the finance committee.



He is president of Americomm, based in Farragut. It is one of the southeast's leading technology solutions providers and a Telecom Master Agency for over 20 years.

His Farragut roots run deep. He is a Farragut High School graduate and later completed an Associate's degree in Marketing during 1996 from Pellissippi State Community College. Zachary briefly attended the University of Tennessee's sports management program.

## June's Board Meeting Leftovers

**SEED, Wesley House, Mission of Hope, Sacred Ground Hospice and Smokey Mountain Blues.** Five organizations in our community that do wonderful work in a variety of ways and locations, five organizations our club appreciates and supports.

Here is what we will be giving each organization:

Wesley House — \$1,000

Sacred Ground Hospice — \$1,000

Mission of Hope — \$500

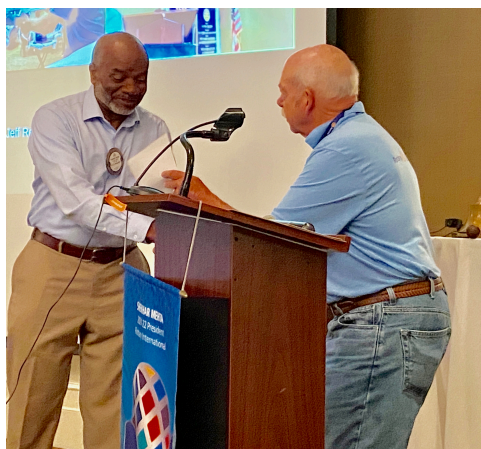
Smokey Mountain Blues — \$500

SEED — \$1,000

Here are two more actions taken by the board:

- Accepted the resignation of Bryan Harper. He works at Regions Bank in Bearden and has been unable to attend our Wednesday meetings.
- Due to the July 4th holiday being on Monday, our club to honor July 4th will not meet on July 6. That bumps our monthly Club Assembly and Board of Directors meetings to July 13.

## A Few News & Notes of Note



President David Bluford had the honor to present **PP Ed Jones** his graduation certificate from the Rotary District Leadership Academy. Graduation culminates a year-long educational process that requires a lot of hard work and commitment. Our congratulations to Ed!

A few numbers from Rotary International and the Rotary Foundation jumped out and deserve

mentioning. To date in this 2021-22 Rotary year, 480 District Grants have been approved, 1,030 Global Grants and 180 Disaster Response Grants. That's a total of 1,690 grants from clubs and districts and that is one big number. Does Rotary make a difference in the world? You bet it does!

Don't forget about the **Remote Area Medical (RAM)** Services pop-up clinic at Central Baptist Church Bearden on June 24-26. They are in need of volunteers to help set up and tear down this event. Knoxville Rotarians are asked to serve either on Friday, June 24, beginning at 10 a.m. and/or on Sunday, June 26, beginning at 11a.m. You can click on this [LINK](#) to register. Volunteers must fill out the online registration form, and follow the steps below:

- Fill out the requested information under Contact Information, Demographics and Background, and Emergency Contact sections
- For Profession or Volunteer Classification select "General Support" from both dropdown menus
- Under Events & Assignments select "USA Tennessee" and then "Knoxville, TN (Central Bearden) 2022: Knoxville, Tennessee"

Fundraising Committee **Co-Chair Scott Brockamp** wants to raise \$2,000 for our club (and we need the money) by selling raffle tickets from the Knoxville Volunteer Rotary Club. If our club sells 200 tickets we will make \$2,000 for our projects. Our club will retain \$10 for every ticket sold. The Grand Prize is a \$3,750 Cub Cadet ZTI 50" cut Kawasaki Twin grass mower. Second prize is a one-week vacation worth \$2,625 in a small motor home courtesy of Berkshire Hathaway. Third place is \$200 and fourth place \$100. The date for the drawing is on August 20. Tickets are \$25 each with a \$15 cost to your club. Knoxville Volunteer Rotary members are selling 20 tickets each for a total of 500.



*Jim O'Brien and Bill Nichols were two of our members at the Operation Inasmuch food packing project for Ukraine yesterday*

## The COVID Issue Is Looking Better

Today **Dr. Charlie Barnett's Medical Moment** is about the most recent information on the current status of COVID infections. Below is the weekly broadcast this week from Knoxville-based TeamHealth to its 20,000 physicians and health providers:



***"The percentage of emergency visits with diagnosed COVID-19 has plateaued at 2.5%, down from a high of 14% during Omicron and 7.2% during Delta. Hospitalizations remain at the lowest levels since the beginning of the pandemic with a seven-day moving average of just over 20,000 hospitalized patients. This is 25% of the Delta peak and 15% of the Omicron peak.***

***"Patients hospitalized with COVID-19 are less likely to require ICU admission and much less likely to require mechanical ventilation and have a mortality that is 50% lower than any other point in the pandemic. These are all reassuring signs that the virus is lessening in severity, that vaccines are positively impacting patient outcomes and that clinicians are more capable than ever before of treating patients with COVID-19 infection. Supporting this statement is the fact that daily deaths have continued to decline. Even through the recent BA.2 outbreak, daily deaths hit the lowest seven-day moving average since the pandemic began."***

"We're not completely out of the woods yet, but things are looking better," Charlie says.

## **A Story With a Message**

A professor gave a balloon to every student who had to inflate it, write their name on it and throw it in the hallway. The professor then mixed all the balloons. The students were then given 5 minutes to find their own balloon. Despite a hectic search, no one found their balloon.

At that point, the professor told the students to take the first balloon that they found and hand it to the person whose name was written on it. Within 5 minutes, everyone had their own balloon.

The professor said to the students: "These balloons are like happiness. We will never find it if everyone is looking for their own. But if we care about other people's happiness, we'll find ours too."