THE FLAGSHIP



January 21, 2024

<u>Tom King</u>, Editor

Coming Up!!!

Jan. 24: Howard Fass, A Few Observations From A Pharmacist

Jan. 31: @Top Golf, Program TBA

Feb. 7: Board of Directors, 11 a.m.

Feb. 7: Club Assembly

Feb. 14: Marianne Wanamaker, Dean of the UT's Howard Baker School of Public Policy and Public Affairs

(All meetings begin at 12:15 unless noted otherwise)

Top Golf Fundraiser Shifted to March 6th Due to Weather Issues

We've decided to cancel our **Top Golf fundraising** fun that was scheduled for Jan. 31 and moved the date to March 6th at Top Golf.

President Val Privett explains this decision: "This weather is impacting us all. Organizations, businesses and individuals are having to juggle their schedules and events and this has made it difficult for people to make commitments right now," she said. "We want the club activities, especially our special events, to be successful and we feel this change maximizes the opportunity for success."

With all of the schedule changes due to the week's weather, many potential players and attendees are trying to juggle their schedules and are scared to make a commitment to play on Jan. 31.

"We'll still have our Jan. 31 meeting at Top Golf at our usual time since the Farragut Community Center is booked with an event that day," Val added.

Here are a few details for everyone:

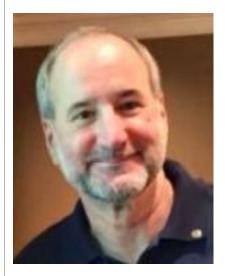
- Working to recruit 102 golfers to play in the tournament to hopefully raise \$18,000 with some of funds raised to help support Sleep In Heavenly Peace.
- If you'd like to sign up for a team of 6 or as individual, call Rotarian Vicki Williamson at (865) 742-4505 or email her at this LINK email her vicki. Williams@Movement.com
- Also, Hole in One tickets will be \$20 each for a chance at a \$10,000 cash prize! Each ticket is good for 3 swings (only 1 winner).
- Our Presenting Sponsor is The Knox Fox Real Estate Group (PE Teri Jo Fox) for \$5,000.
- We have other sponsorships available and here is the <u>LINK</u> to the form to sign up as a sponsor. Choose your sponsor level! Availability and invoicing will follow your registration.

We need sponsors and teams! Time to get busy! March 6th will here before you know!



Class With Fass: Drugs & More Drugs!

The drug business — legal and otherwise — seems to dominate the news at times and on Wednesday we'll hear from a speaker who knows a lot about this business. **Dr. Howard Fass,** our Sgt. at Arms, is a retired pharmacist whose program will be "A Few Observations From A Pharmacist."



We really enjoyed the last time Howard spoke and no one — even our Infamous Back Table crew — left early. After his presentation the Q&A session was fascinating.

Howard earned his doctorate in pharmacy from Mercer University in Atlanta in 1980. After 30 years in the business, in retirement, he works between one to two days a month at the Helen Ross McNabb Center.

Some of his comments will include thoughts on the prices of medicines, advice on meds, COVID, sinus eyes, UTIs, coughs, suntan lotions, opioids and do we really need vitamin supplements.

Howard worked for Cardinal Health for 15 years as a Senior Project Manager and seven years as a Clinical Pharmacist providing clinical support for hospitals.

He's also a lifelong dedicated fan of the New York Yankees and a pretty decent player on a tennis court. He also watches the pro tennis world and enjoys watching the TV tournaments.

This should be very interesting!

This Week's Family of Rotary Report

As far as we know, we have two Rotarians we need to update on how they are doing and news about a member's wife.

Dr. Jack Faber finally got back home from Tennova West Turkey Creek Medical Center yesterday thanks to Bill Nichols. Jack was treated



for pneumonia, a UTI, aspiration, and sepsis and was hospitalized for about a week. His wife Jeanne gives us a report today: "Jack is doing great! He

is enjoying sleeping in his own bed and not having to wake up every hour to have vital signs taken."

PP Ron Lawrence, after falling onto his driveway at home earlier this week, is back to being Ron Lawrence. He's doing fine save for a little blurred vision in his right eye. He says he will see us Wednesday.

PP Bruce Williamson is caring for wife Susan at home. She has been battling abdominal cancer for a while now. Here is what Bruce tells us: "There's nothing much new to report. Waiting, one day at a time. There are no answers, no drugs, no treatment that anyone is aware of. That's what makes it hard to be around friends because they ask, and there is no answer."

Prayers for everyone please!!!!

Four-Way Test

Rotary's Four-Way Test of the things we think, say or do:

1) Is it the TRUTH?
2) Is it FAIR to all concerned?
3) Will it build GOODWILL and BETTER FRIENDSHIPS?
4) Will it be BENEFICIAL to all concerned?

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Here is a <u>LINK</u> to our page.

A 'Weak' for Weather Humor

Q. What do you call a snowman that tells tall tales?

A: A snow-fake!

What do you call a ghost in the winter? Casp-brrr.

....And here's our last one of the day:



- Q. Did you hear about 007's snowman partner?
- A. He has a license to chill.

December's Report From KoreaValerie Kinson Is Clearly Enjoying Her RYE Experience & Experiences



Based on the news, pictures and her spirit reflected in her December report from Korea, it's safe to conclude that **Valerie Kinson** is truly relishing her year in Korea as our **Rotary Youth Exchange (RYE)** student. You need to read this one all the way to end.

Valerie, the daughter of Tory and Monica, shares what Christmas is like in Korea. It's interesting that the weather we're having here is how she describes the weather in Korea — "snow and bitter cold."

She was able to visit Incheon again and loved it.

Valerie also shared a pair of exciting experiences she had — riding the "Sea Train" and surviving an "infamous" amusement park ride that spins its

riders very fast — without any restraints. Here is an excerpt from her letter and a few pictures:

"...But this time my friend from Finland's host father took us and some of our other friends to ride the 'Sea Train' in their city which is a special railroad track that goes over the ocean and goes past many famous landmarks in that area. We also visited a small amusement park and rode an infamous ride there that spins riders around without any restraints while an operator controls the ride and makes funny



comments about riders as they struggle to hold on. We, of course, got plenty of attention being a group of foreigners, but also because of how hard it was for us to hold on in the freezing cold and not understanding the operator's comments as we tried to respond in broken Korean when he would occasionally stop the ride to make comments. We rode it more than once since it was such a fun experience.

Here is the **LINK** to her most enjoyable report!

Thought for the Week

"If people with kids want something fun and kindhearted to do, go to a nursing home (or assisted living facility) and build snowmen in front of the resident's windows. They would love to see the kids and would love the snowmen. Just a thought." — Anon