THE FLAGSHIP



August 28, 2022 <u>Tom King</u>, Editor

Coming Up!!!

Aug. 31: Hancen Sale, Knoxville Area Association of Realtors

Sept. 7: Board of Directors, 11 a.m.

Sept 7: Club Assembly

Sept. 14: Eddie Smith, Childhelp Tennessee

Sept. 15: Third Thursday, 5:30 p.m., location TBA

Sept. 21: Doug Lawyer, Knoxville Chamber

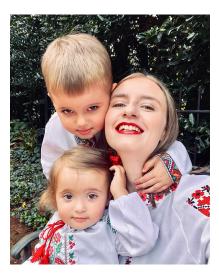
(All meetings begin at 12:15 unless noted otherwise)

Week 3 Update: Julie Says All Is Well As She's Very Busy!

Three weeks ago this past Friday **Julie Tryukhan** and her two young children arrived in Knoxville and the time has passed so quickly for her that Julie said: "I did not realize it has been three weeks already. But

yeah, it has. I am doing great. I have been busy. Everything is going well."

She says she will be getting a U.S. cell phone soon and a driver's license so she can take possession of the car that is ready for her. "My husband Dima did all of the driving in Ukraine and the last time I really



drove was during my Exchange year in 2008 when I helped drive across country to visit 21 states."

Her host father in 2007-2008 and today, Bill Vogel, is letting her practice her driving skills in abandoned parking lots. She is busy studying for the driving test.

She said that Dima is now working in a Ukrainian military administrative office and away from the front-line war against the Russians. "He's safe for now and that's good. But I still worry. We were worried Russia would do something like a major attack on our Independence Day (Wednesday Aug. 24) but nothing happened."

She says her kids – Mark and Polina -- are doing great and enjoying it here. "Mark really misses his Dad but they like it here a lot. Mark told me that he wants his Dad to come here and stay with us and not take us back home."

On Sept. 6 her kids will begin pre-school classes at Middlebrook Pike United Methodist Church two days a week. "I'm excited about that. I want them to make friends, to pick up English. And the church is close to our apartment," she said.

Julie says that Mark is adjusting well and rapidly learning English. "He knows quite a bit. He's always been shy, especially here, but I take them to Lakeshore Park to play and he's running up and saying hello to the other kids and that's wonderful to see. It's heart warming."

She says Mark can say these phrases ... "Good morning and good night, You're welcome...I'm sorry...Oh my gosh (his favorite)." He's also watching cartoons on TV and picking up words. Maybe too much TV."

Part of her being busy is thinking what she will need in their new apartment. Lynn McChristian is a Farragut resident (Sugarwood) who has plenty of furniture and everything needed for a kitchen setup and Julie has visited with her. "She has lots of stuff and we'll be going back," Julie said. She says they will need a washer and dryer and a coffeemaker for sure.

On Wednesday Sept. 7 she will be going to Morristown with Bill Nichols to speak to the noon meeting of the Rotary Club of Morristown. And we hope she will be coming to one of our meetings very soon.

Foundation Taking Project Julie Donations

"Project Julie" is real and in progress for our club now as we come together in varying ways to support this Ukrainian family who escaped Kiev, Ukraine and the war



to come to Knoxville and the United States — Julie Tryukhan and her two children, Mark, 4, and Polina, 18 months.

Left behind is her husband, Dima, now part of the Ukrainian military.

Please keep in mind that we continue to need and solicit donations for supporting them. You can make tax deductible donations to the Rotary Club of Farragut Foundation (RCFF). Here is a <u>LINK</u> to our RCFF donations page. You can donate using PayPal or a credit card/debit card and you also can write a check made out to the Foundation. Please write "Julie Tryukhan" in the memo line.

KAAR's Hancen Sale Speaks Wednesday

It seems safe to say that today's real estate market in Knoxville and Knox County has been in unchartered territory in the last year or so. An influx of people from California, New York and a few other places has helped drive housing and rental prices to levels where many people can't afford to buy or rent. On Wednesday our speaker will be **Hancen Sale**, the Government Affairs and Policy Director of the Knoxville Area Association of Realtors (KAAR). He has been in his position for two years.



In this role Sale serves as the chief policy advisor and consultant to the KAAR leadership and Board of Directors. Perhaps he can explain what has been going on and what the future holds.

He earned a Bachelor's degree in Business Administration from the University of Tennessee and worked at the Howard H. Baker Jr. Center for Public Policy, and attended the London School of Economics and Political Science. He is very active in the community, serving as a tnAchieves mentor, a member of the Haslam School of Business Young Alumni Council and is a member of the Knoxville Chamber of Commerce.

Jimmy Hyams Predicts 9-3 Record for the 2022 Vols

When **Jimmy Hyams** talks Southeastern Conference and UT football, it's not a bad idea to pay attention. This is his 37th year in Knoxville, and he remains the only journalist to be named as Tennessee's Sportswriter of the Year (five times) and Sportscaster of the Year (twice). His sports writing career began in 1972, making this his 50th year.

This past Thursday evening he may well have received his biggest honor when he was inducted into the Greater Knoxville Sports Hall of Fame.

Hyams, sports director for 99.1 FM The Sports Animal in Knoxville and co-host of Sports Talk five days a week, spoke to the Rotary Club of Farragut this week on the cusp of the 2022 UT football season. Tennessee opens its season against Ball State (7



p.m. on the SEC Network) Thursday and today the Vols are 33-point favorites.

Hyams is predicting this game will be the first of nine victories this year with losses to Alabama, Georgia and LSU in Baton Rouge. "I will add that I think Pittsburgh is going to be a tough game for UT, maybe Kentucky coming off back-to-back 10-win seasons and South Carolina will be improved with its new quarterback from Oklahoma (Spencer Rattler)."



Rotary's Four-Way Test of the things we think, say or do:

 Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

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If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also LIKE the page!

Here is a <u>LINK</u> to our page.

But losing to LSU this year? "It's hard to win down there, they have a really good quarterback, and Brian Kelley knows what he's doing. It'll be a real tough game."

He said this will be a "fun season" – quarterback Hendon Hooker will be better as will his favorite receiver, Cedric Tillman. Running back Jabari Small will add fireworks. As a sophomore last season, he ran for 796 yards and nine touchdowns on 141 carries while missing two games to injuries. And he's put on weight for this year's rugged life as an SEC running back.



Hyams mentioned the excitement by UT fans this year – more than 59,000 season tickets have been sold (the goal was 70,000) and 17,000 of those are new season ticket buyers. And people are still buying.

He also spoke briefly about the men's and women's basketball teams in 2022-23.

Coach Rick Barnes' team: "They have some really good players at guard and on the wings, but they are still missing on having a really

good, big man inside. Watch B.J. Edwards from Catholic High School. This freshman is a real player, and I'm very high on him." Edwards, 6-3, averaged 20 points a game last year for Catholic and 19.9 points a year over four years.

Coach Kellie Harper's team: "This is probably the best Lady Vols roster since 2008. They are loaded. They are probably going to be the second-best team in the SEC, just behind South Carolina. Kellie is getting better and better. This is going to be a great team to watch."



Wednesday's Lineup of Visitors



• Jessica's Mishu's guest was Alex Pauliodakis. They met and became friends when she was at a yoga retreat in Greece in 2019. He currently lives in London, and has been working at Goldman Sachs for the past four years. Prior to that he was finishing his PhD in mathematics in Canada. "Alex has a month in Knoxville with me during which I am forcing him to take daily yoga classes to help alleviate his back pain," Jessica said.

• Dr. Jack Faber's special guest was **John Wilder**. They were college roommates at Carleton College and

he now lives in Baton Rouge. This longtime friendship has endured and they have stayed in close contact through the years. "In fact, John calls Jack every Sunday night without fail. It was John's suggestion that he come and spend the week with Jack so I could go to Wisconsin and visit family and friends. He and his wife Susan have been wonderful, wonderful friends," says Jeanne Faber, Jack's delightful wife.

- Scott Brockamp had a special guest his obviously better half, wife **Cassie** (pictured here).
- Jared Greene had a pair of special guests from two special non-profit organizations. Allen McMichael is founder and president of Fostering Hope and Martin Smith is the Development Coordinator for the Tennessee Children's Home.
- Also with us was **Alan Sloan**, editor of the Farragut Press and a longtime friend of our club.

Glad you all joined us!



This Week's Updates on Our Family

Two weeks ago **Bruce Williamson** and **Susan** traveled to MD Anderson Cancer Center in Houston expecting a PET scan to confirm the location and approximate size of an area of a fast-growing tumor, and the following morning there would be surgery to remove it. The PET scan showed no tumor. It was gone. No surgery. "She still has several slower growing tumors, whose growth is slow enough that they don't show up

on the images. Our next visit in November will repeat the process, with greater focus on the slower growing areas," Bruce said. "Susan and I wonder if the intermittent fasting, changed eating habits, her immune system, and prayers of friends and family taken together are responsible for the reversal of that significant tumor, if only because there has been no medication, no radiation treatment, no chemo treatment. Thank you for the prayers!" Is this great news or what?



Judith Bradbury has had a rough week following right knee replacement surgery on Tuesday in Nashville, but arrived at NHC Farragut late last night to rest and begin the rehab process on the knee. Great news because she was so ready to be out of the hospital. "My BP numbers are higher than normal but not crazy any more and I'm sure I'll be fine after a few days of peace and quiet here," Judith said.

Great news from **Bettye Sisco**...she was back at Duke Medical Center earlier this week as part of her clinical trial for her leukemia. "Duke was good and everything is fine. There was no change in my numbers (white cell count) and they're going to let me continue the trial," she said. "There were 15 people in this trial and I'm the only one who made it through. The doctor said my cancer fits this pill. It's pretty amazing and I'm very pleased." Is this more great news or what?

Lance Cpl. Benji Bash has had a rough week at Camp LeJeune. He is back in the hospital with a bladder infection that has gone systemic and also tested positive for COVID, so Denise and Alex can't be there with him. He's in the Naval Hospital on post. "He has no COVID symptoms and the plan is for him to get discharged on Tuesday but we will see. We are going to try to go down on Friday to be with him next weekend," Denise said.

Please keep these family members in your thoughts and prayers!

Adkins, Sisco Need Rotary Rides

OK Farragut Rotarians, we need some transportation assistance to help two of our members attend our meetings. The RCF Transportation Team — chaired by our Family of Rotary Chair Cindy Kraus — needs members to pick up and return **Dr. Bill Adkins and Bettye Sisco** to the Sherrill Hills Retirement Resort Community off Kingston Pike at 271 Moss Grove Blvd. It's at the top of the hill behind Academy Sports.

Cindy has created a sign-up page for this and here is the <u>LINK</u> to that page. Hope you can help us out with this!

Interact News To Share HVA Has 3 Co-Presidents & 60 Attend First Meeting; We Need a FHS Advisor

School has started and so has the very active **Hardin Valley Academy (HVA) Interact Club**. And our new Interact Club at **Farragut High School (FHS)** is revving its engines to get off the ground and to help them we need someone from our club to be the Rotary advisor for the FHS Club.



PP Leah Berry, our advisor for the HVA club, passes along that their first meeting was on August 23 with more than 60 people in attendance.

The club this year will have three co-presidents who are all seniors. "They are super enthusiastic!!!" Leah says. They are pictured here, left to right, Kitely Sherman, Eleni Johnson and Madeline McColl. Leah shared quotes from all three.

Kitely: "In my spare time I participate in the Ethics Bowl at HVA, write, play cello, and hang out with my family and friends."

Eleni: "I spend most of my time at school in performance arts classes (theatre, ensemble, musical theatre), and I spend a lot of my time outside of

school doing the same! I also take voice lessons and occasionally attend acting workshops."

Madeline: "I spend a lot of my time at cross country/track practice! We are also all involved in our active minds club at HVA, promoting mental health and well being!!"

As for the FHS club, we have tried for several years to restart this club and this year it's happening. Beth Duncan at FHS will be the club's faculty advisor but it's key that we find one or two of our members to work with the club. If you are interested, please email <u>PRESIDENT MEGAN</u> and let her know ASAP.

We also sponsor an Interact Club at Christian Academy of Knoxville (CAK) but have not heard from our club adviser Noah Myers about this year's plans.

<u>3 News 'n 'Notes</u> Bob & Lynne Parker News & Raffle News



According to an article in the Farragut Press, **PP Bob Parker** has sold his business, Parker Business Consulting & Accounting, to Kerry Speth. But Bob is not retiring and walking away. He'll maintain his office, work with selected clients and his investments and be available to help Speth as needed. And just maybe we'll see him at a few Rotary meetings soon.

And in more news from Bob Parker's world we read that his wife, Lynne, is back home

and back at UT after working four years in Washington, D.C. helping lead our country's Artificial Intelligence initiatives. She has been the deputy United States chief technology officer and director of the National Artificial Intelligence Initiative Office within the White House. Starting September 6, Parker will serve as associate vice chancellor and director of the new AI Tennessee Initiative at UT, where she will lead the university's strategic vision and strategy for multidisciplinary artificial intelligence education and research. Here is a LINK to the complete story.



Remember that raffle we just completed? Scott Brockamp was selling the raffle tickets to win a prize and the money raised going to projects for the Volunteer Rotary Club. A portion of that money came to our club to be used to support Julie Tryukhan and her children. Scott says we sold 158 tickets for a total of \$1,580 that goes in the account to support them. "Please note that Ralph Henry helped sell over 30 tickets. He was the only member to take tickets to sell outside the club. He truly deserves an awesome mention," Scott said. And, **Mike Reynolds** won third place and \$200. He told us Wednesday he's donating that to our Foundation for Julie. Thanks much Mike!!!

The Medical Moment Polio Rears Its Ugly Head in the U.S.

Today Dr. Charlie Barnett says: "Polio is back in the U.S. Why? It's complicated."

So, here's his explanation.

Polio vaccine comes into formulations: OPV (oral polio vaccine) and IPV (inactivated polio vaccine). OPV is given by mouth and grows in the intestinal cells for six weeks

until antibodies are made against it. It is a weakened version and therefore will only rarely invade the brain or spinal cord. Because the rare case of polio did occur from this vaccine, it was discontinued in the United States in 2000.

IPV uses a virus that is completely inactivated. Therefore it will not cause any sort of polio. However, it is more expensive and must be given by injection. In this country, we are well immunized against polio. However, in much of the world the OPV is still used. Because the virus is still alive and can mutate in the six weeks it lives in the intestines of the billions of people using



this OPV, there is a good probability of it mutating and being able to invade the brain and spinal cord in neighboring unvaccinated people.

Recently the OPV virus was found in wastewater in the United Kingdom and Israel. This means there are many people in those communities replicating the virus. The case of polio in New York came from the OPV virus, which means it was imported. More concerning is that the wastewater in the two New York counties tested positive in 21 samples out of 260 — which means many people in those communities are shedding

the virus. This is occurring because only 32% of the population of those communities have been vaccinated.

The summary of all this is that in U.S. communities with low vaccination rates there is a high danger of contracting and spreading the poliovirus that can invade the brain and spinal cord. Overall, most of us are safe since we have a 95% vaccination rate, which is protective.

Last 4 Mystery Rotarian Clues Revealed

Today we pass along the final four clues about our elusive and very interesting **August Mystery Rotarian**. Lots of guesses were emailed in last week but no one was able to identify our club member. Maybe — just maybe — these clues will do the trick.

- Has had three well-known neighbors a past president of the University Tennessee and two former UT athletic directors. "Property values were not adversely affected," our Rotarian says.
- Oldest daughter worked for the Pilot Corporation for 11 years.
- Was a second baseman for his church softball team.
- Most embarrassing moment in life? "I'm too embarrassed to tell anyone."



That first correct guess emailed to <u>TOM KING</u> will enjoy a bottle of fine wine from the Taylor family at **Dixie Lee Wines & Liquor.** If everyone strikes out our Mystery Rotarian will win the wine!

A Thought for Your Week

"Don't worry about the world coming to an end today. It is already tomorrow in Australia." —Charles Schulz