

# THE FLAGSHIP



Aug. 14, 2022

Tom King, Editor

## *Coming Up!!!*

Aug. 17: Farragut Mayor  
Ron Williams

Aug. 18: Third  
Thursday, 5:30,  
Calhoun's @ Turkey  
Creek

Aug. 24: Jimmy Hyams,  
The Sports Animal

Aug. 31: Hancen Sale,  
Knoxville Area  
Association of Realtors

Sept. 6: Board of  
Directors, 11 a.m.

Sept 6: Club Assembly

(All meetings begin at  
12:15 unless noted  
otherwise)

## A Wednesday Celebration With Julie and Dimi Tryukhan and the Kids

We clapped. We cried. We smiled. We sang. And we welcomed back to Farragut and the Rotary Club of Farragut **Julie and Dimi Tryukhan** and their two cutie-pie kids — **Mark**, 4, and **Polina**, 17 months. It was on Zoom because of COVID — but it was still so very special.



Bill Nichols was our Emcee and he said our program title was “Julie’s Story.”

And indeed her words were powerful, emotional, full of love, relief, and appreciation. What she and Dimi have done for their family required courage, determination and grit. Moving 5,258 miles from home. And while Dimi is still fighting the Russian invaders of Ukraine.

Here are her words she shared to a packed house of members and guests at Fox Den Country Club:

“This is now our hometown and we have been dreaming about coming here for many years. I do not feel now like a stranger or a refugee. My kids are safe. No more sirens, no more hearing guns and bombs and having to hide in basements. I feel comfort here and it warms my heart.”



And Wednesday her son Mark turned 4 and both he and Polina enjoyed the icing on the Batman birthday cake taken to the Vogel's home by PP Jim O'Brien. Our members loudly sang Happy Birthday to Mark!



Five months ago in March our club and others began the process of helping Julie leave

her lifelong home in Kiev, Ukraine. To leave her husband, her parents and two brothers behind in Crimea. To trade her 32 years as a Ukrainian to move to the United States – to Farragut – to assure her young family a future.

Julie and her children along with two very special and important players in this story – Dinah and Bill Vogel – had planned to be at Wednesday's meeting in person. That changed Tuesday afternoon when Bill tested positive for COVID. So they were with us on Zoom from the Vogel's home. Dima joined the online call from somewhere in Ukraine.

“My family is safe and I thank all of you,” he said. “Thanks to the Vogel family for accepting my family, to the Rotarians in Slovakia. I have not seen my family in six months now. I am helping protect my country from the Russian oppression and after our Ukrainian victory I will come to join them there.”

Nine days ago she and her two children arrived at McGhee Tyson Airport. Julie entered our lives when she was a Rotary Youth Exchange (RYE) student in 2007-08 and she was 16 then. She spent the year studying at Webb School. And for most of that year the Vogels were her host parents. And today they are her sponsors and she is living with them -- again. Dinah worked with Julie a great deal, filling out applications and finally she and her children were cleared to come to the U.S. under the Uniting for Ukraine (U4U) process. That program allows them to remain in the U.S. for up to two years.

Julie says they will have to make decisions about what to do then. If Russia wins the war she says she will not live under Russian rule.

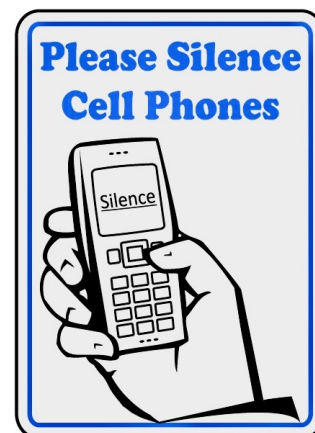
“I plan to be around here for quite a while now.....this is my Rotary family,” she said. “I thank all of the members of your Rotary club for their help and love and making us part of your family. It’s so heartwarming and wonderful. I want to thank three members for their help in this — Bill Nichols, Jim O’Brien and Tom King. We are so grateful for your help and love from everyone.”

## Wednesday From the Lectern: Rotarian/Mayor Ron Williams

Wednesday’s speaker joined the Rotary Club of Farragut 53 weeks ago on Aug. 11, 2021. He’s the mayor of the Town of Farragut and it should be fun to hear what **Mayor Ron Williams** has to say.



Ron is a Knoxville native who grew up in Powell and Fountain City and received his education at the Knoxville State Area Vocational Tech, SME and the University of Tennessee. He spent a number of years in Southern California managing a large manufacturing plant that produced aircraft and race engine parts before returning to East Tennessee to accept a position as a machine tool sales engineer for Sunnen Products.



After 28 years and 1.3 million miles of travel with over 800 successful projects, Ron was able to retire from the road in 2015. Currently, he does some part-time consulting from his home office. He stays current with today’s technology by helping race teams with special projects.

Ron was elected Farragut’s South Ward alderman in 2016 and mayor in 2018. He has also served two terms on the Farragut Board of Zoning Appeals and is a 2015 Introduction to Farragut graduate. A Sugarwood resident for more than 25 years, he has served five separate terms on the Sugarwood Homeowners Association Board and is a past president. In addition, he served on the Planning/Architectural Committee for

over 15 years and has worked diligently on all the neighborhood's improvement projects.

Ron and his wife, TC, have been married for more than 30 years. In his spare time, Ron is in the garage with friends restoring old cars and trucks.

And last week we incorrectly said Ron was celebrating his birthday on Aug. 11. His birthday was back on June 27th. Sorry about that. Clearly the work of a computer gremlin!

## Third Thursday's @ Calhoun's Turkey Creek

How 'bout an **August Third Thursday** at Calhoun's in Turkey Creek? Sounds like fun and that's where our monthly social will be held this coming Thursday (August 18). Let's have a big crowd and new members are especially welcomed so we can get to know you better.

We gather at 5:30 p.m. and usually end around 7. Bring your spouse or significant other. Bring a Prospective Member or a friend who may find Rotary interesting!

Family of Rotary Co-Chair Cindy Kraus has set up an RSVP online site for everyone and here is the [LINK](#) to sign up if you can attend — and she hopes you can. It also counts as a meeting makeup.



### ***Four-Way Test***

Rotary's Four-Way Test of the things we think, say or do:

- 1) Is it the **TRUTH**?
- 2) Is it **FAIR** to all concerned?
- 3) Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- 4) Will it be **BENEFICIAL** to all concerned?

### ***Find Us On Facebook***

If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also **LIKE** the page!

Here is a [LINK](#) to our page.



## The Day's Guest List



It was a fun and great day to welcome a number of very special guests! And here they are.

- Julie Blaylock introduced her guest, **Amy Shewmake**, who owns Simply Magical Vacations.

- Tory Kinson again had his bride for his guest - **Monica**.

- Stephanie Markowitz introduced the officers for the 2022-23 Rotaract Club at Pellissippi State Community College and they are pictured here, left to

right: **Cami Lloyd**,

**Treasurer; Vic Rutherford, Secretary; Stephanie; Emily Lorch, Vice President; Jonathan Kostamayer, Director of Service Projects; Fabrice Kanda, President. And with them is retired PSCC Vice President Peggy Wilson.**



- And **Tammy Cheek** of the farragut press joined us.

Hope you enjoyed our meeting!

## Our Family of Rotary News

**Bettye Sisco** says she feels good one day and not great the next. She said she had a wonderful birthday on Wednesday and dined out that evening. Bettye says she'll be returning to Duke Medical Center during the last week of this month.

**PP Bruce Williamson** and wife **Susan** headed for Houston's M.D. Anderson Cancer Center for Susan's chemo treatments. He says they will be there for about two weeks.

We told you on Wednesday that former member **Ben Harkins** was coming to our meeting until his wife **Julie** came down with COVID on Tuesday. Ben has the rest of the story: "I got very sick Wednesday night and tested positive



Thursday morning. I've been very sick since then but am feeling a little better this afternoon and Julie is better but still quarantined. We hope to travel Tuesday but nothing sure right now." They drove from their Florida home 10 days ago to see their new grandson and ended up with this danged COVID.



**Denise Bash** said: "Boy I have a pic for you" — and she did as you can see. "**Benji** got the catheter out on Monday. And his spirit has been high! So he had to go get some paperwork signed and decided to put his uniform on. He's walking around most of the time using a 7-iron rather than a cane. LOL," she said. Looking good there Lance Cpl. Bash!!!

Prayers for one and all from your Rotary family!

## This Week's News & Notes To Know

On Wednesday we presented \$2,000 in scholarship money to three deserving students at Pellissippi State Community College and they are all in the PSCC Rotaract Club. The recipients honored and pictured here, left to right, are **Cami Lloyd**, \$700; **Fabrice Kanda**, \$800; and **Jonathan Kostamayer**, \$500.



The word on the Farragut Rotary street is that a fall wine tasting fundraiser is in the works. **Fundraising Co-Chairs Scott Brockamp** and **Jerry Schwallier** have been dropping hints and soliciting a few volunteers to assist with a major project. Let the boys know ASAP if you can help out.

A planned bed-building fall project with our friends at "**Sleep in Heavenly Peace**" has been postponed. Hopefully it'll happen down the road.

Two pieces of news about our friends at the **Mission of Hope**:

- Tom Marsh on Wednesday reminded us that the Mission's 19th annual fundraising golf tournament will be on Thursday, Sept. 15, at Willow Creek Golf Club. This is four-person per team scramble with rounds beginning at 8 a.m. and 1:30 p.m. The entry fee is \$175 per player and the cause is a great one! You can register by going to this [LINK](#) or call the office (865) 584-7571 to enter your teams. They also need sponsors and the levels are \$1,000 for scoreboard, driving range and putting green and \$500 for hole sponsors.
- Longtime MOH Executive Director Emmette Thompson is retiring and his successor will be **David Heatherly**. "David has been a passionate supporter and volunteer and currently serves on the Mission of Hope board of directors," Thompson said. "He and his wife Charity have four children and his roots run deep in the Appalachian Mountains." He begins on Sept. 1.



## Today's Medical Moment: Strokes

Farragut Rotarian **Dr. Charlie Barnett** says that in his 47 years of signing his name with the suffix "M.D." two simple axioms have served him well:



- Common things are common
- An ounce of prevention is worth a pound of cure

This was brought out well in a recent article that showed two thirds of patients with a new ischemic stroke, i.e. clot, had three undiagnosed but common risk factors — hypertension, atrial fibrillation (AFib) and elevated lipids (cholesterol and/or triglycerides).

In my opinion, stroke is one of the worst conditions that can affect us. Yet, two thirds of strokes could be potentially prevented with proper lifestyle habits and regular checkups. I know I sound like a stuck record but proper diet, regular exercise and routinely checking with your doctor to detect silent problems is paramount for a long and healthy life.

## Next 4 Clues About August's Mystery

Well, only one guess came into the mailbox last week and it was from the Super Sleuth PP Ed Jones. So he's working on this one hard. Anyone else?? Maybe these next four clues will offer some assistance in unmasking our **August Mystery Rotarian**.

- Licensed race car driver for 9 years
- Business owner in Knoxville for 18 years
- Father was a professional photographer
- First career job was in Miami



Email TOM KING with your guess and the first correct guess wins the wine from the Taylor family at **Dixie Lee Wines & Liquor**.

## A Thought for the Week

“A nation that forgets its past can function no better than an individual with amnesia.”  
— **David McCullough**, late historian and author