
THE FLAGSHIP



August 20, 2023

Tom King, Editor

Coming Up!!!

August 23: Susie Cantrell, Governor, District 6780

August 26: Wesley House project, 8:30 a.m.

August 30: Terri Holder, Lady Vol BoostHer Club

Sept. 6: Board of Directors, 11 a.m.

Sept. 6: Club Assembly

Sept. 9: Rotary Leadership Institute LI I-II-III & Crossville

(All meetings begin at 12:15 unless noted otherwise)

District Governor Susie Cantrell Joins Us On Wednesday

We have a very special guest and speaker on Wednesday — **Susie Cantrell**, the **2023-2024 District Governor** for Dist. 6780. She is a



charter member of the Rotary Club of Cookeville Sunset, was the club's president in 2016-2017, and currently serves on multiple district committees. She served the district as Assistant Governor for the Cookeville, Cookeville Breakfast, Cookeville Sunset, Jamestown, and Livingston clubs from 2019-2021. Susie was

selected as the District Rotarian of the Year in 2020. She is a trained facilitator for the Rotary

Leadership Institute and Club Visioning and is a graduate of the District Leadership Academy.

She came to Cookeville at the age of 18 and attended Tennessee Tech University and graduated from the International Dermal Institute. She has attained many certifications and licenses to further her career as a local business owner. A lover of music, she has played the piano since the age of 8 and has a tremendous love for the arts, theatre, and Broadway.

Susie and her husband Nolan have a son, Chad, who will be married in October.

Let's give our DG a great welcome!!!!

Saturday's Wesley House Team Got It Done!

Our multi-faceted service project at **The Wesley House** continued yesterday with five Rotary Club of Farragut members and four other volunteers working hard to prepare its library for a major facelift. Next Saturday Phase 2 happens when we spiff up the library with a new coat of paint.

Leading the team was Service Projects Co-Chair Jerry Schwallier (high-fiving our young volunteers in the picture below). His team included four hard workers from the Kinson family — Tory, Valerie, Sebastian and Choi Junoo. He is our Rotary Youth Exchange student from South Korea who lives with the Kinson family. Also working were President Val Privett, PP Becky Duncan and her sister, Judy Tyson, and Adam Brock.





“Good work by all for our effort today at Wesley House. Thanks to Tory for bringing two of his kids and our Exchange student. Val, Becky and Becky’s sister and Adam all worked hard,” Jerry said.

The painting will begin at 8:30 a.m. next Saturday. Jerry says we will need a minimum of six to eight for the painting!! If you can help out, click on this [LINK](#) to sign up.

Mobile Meals & Val Privett Making A Big Difference for Knox County Seniors

Mobile Meals matters. So does **Val Privett**.

Sara Keel did not use these exact words this past Wednesday to describe this important program that feeds more than 1,100 Knox County seniors five days a week. But it became very clear how much this Community Action Committee (CAC) nutritional and caring safety net really means to its recipients.

Keel, the Community Engagement Manager for Mobile Meals, said the backbone of the program are the volunteers who deliver 3,000-plus meals each day Monday through Friday from 10 a.m. to around 1 or 2 p.m. — volunteers like our busy president, Val.



At the end of her presentation, Keel pivoted to surprise Val with a Certificate of Appreciation Award for her 20 years of delivering meals 45 weeks of the year. Doing the math, she has delivered more than 4,500 Mobile Meals. “I love volunteering for the charities and groups I love and I love Mobile Meals and those they serve,” Val said.

In addition to the meals, the volunteers provide social interaction with the seniors, safety checks about their living environments and noting any concerns they have about the seniors. It’s not just about the meals. There are three qualifying factors for seniors to be assisted — they must be 60 years old or above, living alone and unable to prepare meals for themselves. “Something we are very proud to share — we have no waiting list. When someone is added we take care of them,” she said.

The program is growing now. “We have more seniors, assisted living facilities have raised prices some 40%,” Keel said, “forcing many seniors to live at home alone. One in four suffer from isolation issues and 13.6% are malnourished.”

Mobile Meals also makes the most of every penny — each meal costs only \$3.60. But the numbers cited above means the program needs to increase its budget by \$75,000 in the next two years. And the seniors do not pay for the meals.

If you would like to become a Mobile Meals volunteer or contribute, call the agency at (865) 524-2786.

Four-Way Test

Rotary's Four-Way Test
of the things we think,
say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Find Us On Facebook

If you have not visited our Facebook page, give it a try!

Stephanie Markowitz does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also LIKE the page!

Here is a [LINK](#) to our page.



A Big Day for Guests & Visitors

We had a number of guests with us on Wednesday — seven to be exact. And those seven are in the picture above. They're all friends of President Val and were at our meeting to help honor her. Here's the report.

- PE Teri Jo Fox had a pair of guests, both from the Mortgage Investors Group — **Joan Moore**, Director of Branch Services, and **Kim Carman**, Loan Officer/Sales Manager.
- Vicki Williams introduced three guests: **Laura Slyman**, Broker/Owner/Auctioneer of Slyman Real Estate; **Janette Burgin**, VP/Mortgage Production Manager, Regions Mortgage; and **Terri Leland**, retired from the mortgage business.
- **Chris Massie**, a Visiting Rotarian from the Rotary Club of Pigeon Forge, was the guest of Emily Lamon Justice. He is the Executive Director of Business Development at TITANIC Museum Attractions.

- Sonya Ford's guest was **Ashley Finney**, a Realtor with Realty Executives.

Great to have met one and all!!!

Humor More or Less

We had a new comedian step up Wednesday — **Jerry Schwallier**. He shared a pair of one-liners he picked up from his 8-year-old granddaughter who was visiting them last week.

First: "What do you get when you throw a red rock into a blue lake? A WET rock!"

Second: "Why did the bear not eat his dessert? He was STUFFED!"

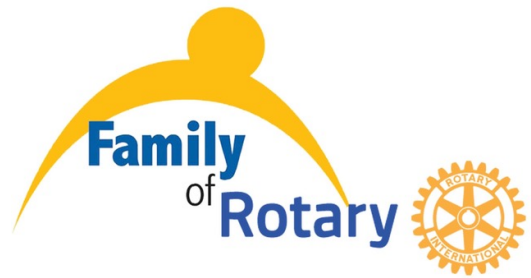
Our regular comedian, **Alex Barnwell**, did not have any one-liners for us but did share a joke: "My wife Laura and I went to the doctor the other day. We were having trouble remembering things. He told us to write things down. So later that day, Laura told me she wanted some ice cream and to write it down. No, that's OK, I can remember you want a bowl of ice cream. She said with whipped cream — write it down. You want ice cream with whipped cream, got it. She said with a cherry on top — write it down. I'll go get that for you now. About 20 minutes later I came out the kitchen with her eggs and bacon. She looked up at me and said, "Where is the toast?"



Another Rotarian tried to be a comedian with a clever Irish joke, but the room was devoid of any clever Irish. It bombed. Badly. "Never again will I try that," he said. Those at his table applauded.

Our Family of Rotary News Report

Stephanie Markowitz has been missing in action for a while and she explains why: “.....I miss y’all but I won’t be back for a few weeks. We’ve been plagued with the flu and pneumonia (Brent), Covid (me and Madi), a fancy ride to the emergency room for high BP and irregular heart arrhythmias and A-fib due to major dehydration and low potassium from Covid for me, and now hand-foot-mouth disease for Madi (she’s on the mend) and ME! I’m absolutely miserable in my own skin and feel flu-like. So please say some prayers for us, but I’ll be excited to get back soon-ish.” And we’ll be excited to have her back too!



Denise Bash has just posted an update on her son, **U.S. Marines Lance Cpl. Benji Bash** at Camp Lejeune, N.C. “It’s been a minute since we gave an update on Benji so I think this is a fitting way to start,” Denise said. “Yesterday he graduated from the Lance Corporal Seminar. He’s hoping that he can pick up Corporal now. What a difference that a year can make!?!” Benji has endured almost 30 surgeries so far after being thrown about 400 feet in a motorcycle crash. He was lucky to survive. Denise shares the answers to the most common questions she’s asked: **Where is he?** He’s still in the Marine Corps and is stationed at Wounded Warrior Battalion East at Camp Lejeune. **Does he pull duty?** Yes. He also takes classes, volunteers at a homeless shelter on weekends, works on cars (restoring an old truck) and has started to play golf again. **Any more surgeries?** Yes at least a couple more. Keep him in your prayers!



Dr. Jack Faber is feeling good, wife Jeanne tells us. “He’s getting around the house with a walker very well and riding the bike for 15 minutes every

day to strengthen his legs,” she said. “We leave Wednesday morning for Holland, MI for our grandson’s wedding. Exciting times!” Their son, David, is doing the driving.

Bill Nichols shared his great news that he and **Linda** this week celebrated their 55th anniversary. That is worthy of a standing ovation and our warmest and most sincere congratulations!

Third Thursday ‘RotarFun’ at W2W Draws a Crowd of 20!



A new word popped up as 20 of us enjoyed a wonderful **August Third Thursday** with Candace Viox at her Farragut bistro Water Into Wine, aka W2W. It was a late-afternoon event filled with “RotarFun.”

The food was delicious (especially the meatloaf from Chef Eric Rowland), the wine flowing aplenty along with martinis (no names here), cold brewskis, conversation, laughter and more RotarFun!

Let’s see if we can recreate the crowd: PE Teri Jo Fox; PP Tom King and Faye; Fred Adomat and his friend Paula Womack and her daughter, Michelle; Steve Krempasky and Mary; Ralph Henry; Cindy Kraus; Alex Barnwell; Denise Bash; President Val Privett; Sam Mishu; Candace (of course); Brian Walker and Jennifer; and Mike Singletary and Anita.

From one and all, thanks for a great get-together, Candace!!!

News & Notes

Bettye Sisco Celebration Is Tuesday At McGill Plaza; FHS Interact Is Official

Don't forget about the **Bettye Sisco Memorial Service** on Tuesday at 4:30 p.m. at the Ralph McGill Plaza near the intersection of Kingston Pike and Campbell Station Road. We will celebrate Bettye's dedication, energy and long leadership of the Farragut West Knox Chamber of Commerce and to her community of Farragut. The ceremony begins at 4:30 p.m. when a bench with her memorial plaque will be unveiled at the plaza and a tree in the plaza with a plaque. A second bench in her honor is along the walking trail facing the water at Anchor Park on Turkey Creek Road. Bettye's great friend Marianne Morse has pulled this service together and will emcee the event. Speaking will be either Farragut Mayor Ron Williams or Vice Mayor Louise, Julie Blaylock, Thierry Sommer, Bear Stephenson, and Tony Cox. "It's going to be hot, so dress comfortably and we will gather in the shade of the trees and have cold bottled water," Marianne said. "We're celebrating Bettye."



Great news from Youth Service Co-Chair Tom Woodbery — Rotary International has officially certified the new **Farragut High School Interact Club**. The club began meeting last January and has elected officers for this year. Tom is serving as our adviser to this reconstituted club. "Thank you for your encouragement and support in making this happen," Tom said. "I will arrange a date for the school advisor and some students to attend one of our Wednesday meetings so we can recognize them and present the certificate officially."

Coming soon — as in Friday — to Watts Bar Lake is the new **Rockwood Marina & RV Resort**, located an hour from Knoxville. Rockwood Marina

& RV Resort will feature 150 RV sites, 200 boat slips, a fuel dock, motorized and non-motorized water rentals, resort amenities, a cafe and bar, and swim beach. Phase 2 will include additional pull-thru RV sites and lodging options, as well as a large RV and boat storage operation. This huge lakefront project has a link to our club. It has been developed and will be managed by Blue Ridge Realty. **Dan Barnett** is Blue Ridge's Shareholder and Developer. Here is a [LINK](#) to their website for most everything you want to know and this [LINK](#) takes you to their Facebook page.



Farrell A. Levy has again been selected as one of “The Best Lawyers in America” in the area of Products Liability Litigation - Plaintiffs & Workers' Compensation - Claimants. In addition, he was selected as the Lawyer of the Year in Knoxville in these practice areas. These awards are solely based upon peer reviews. The selection process is designed to capture, as accurately as possible, the consensus opinion of leading lawyers about the professional abilities of their colleagues within the same geographical area and legal practice area. Major congratulations, Counselor!

Get this fun event on your calendars — **The Farragut West Knox Chamber of Commerce's The Auction: Charity Gala & Dinner Affair** at The Venue at Lenoir City on Friday, September 29, 2023 from 6 to 9 p.m. This



year the designated charity is Habitat for Humanity. This is the chamber's annual signature event. As a 501(c)(06) not-for-profit organization the chamber relies heavily on member investments. They need sponsors, contributors donating items \$50 and above for the auction (item donations are tax-deductible) and ticket sales. Tickets are \$75 each, \$600 for a member table of 10, or \$700 for a non-member table of 10. Call to reserve seats at 865-675-7057. You can click on this [LINK](#) for the information about

registration, sponsorships, auction donations and buying tickets....and most anything related to this event.

Interesting Thought for Your Week

“You can’t give away a used mattress, but somehow we’ll pay \$300 bucks a night to sleep on one in a hotel or motel.” — Unknown