THE FLAGSHIP



April 18, 2021 <u>Tom King</u>, Editor

Coming

Attractions!

April 21: Daniel Watson, The Restoration House

April 24: World Rotary Day Work Day, 8 a.m., Westview Elementary School

April 28: Francis Graffeo, Executive Director, Joy of Music School

May 5: Club Assembly, Fox Den, 12:15 p.m.

(All meetings begin at 12:15 online – unless noted otherwise)

The Restoration House Founder Daniel Watson Is Wednesday's Speaker

Daniel Watson grew up in a single-mother home with two siblings. His mother tried the best she could with what she had, but his family often lacked the support needed to

really succeed. As a result, Daniel's childhood was often chaotic and unstable. At the age of 10 he began attending a church in his community and was soon baptized into Christ.



Watson's

experiences led this young man and his wife, Mandy, to open The Restoration House of **East Tennessee**. On Wednesday we'll hear this story from Watson. It was their respective experiences as children of single mothers that prompted the vision for for The Restoration House, which they founded in 2006.

The Restoration House (TRH) helps restore single mothers and their children back to God's good intent for their lives. Through supportive transitional housing, ally teams, family advocacy, and youth development, TRH walks alongside low-income, single-parent families, helping them regain hope and a future.

In 2004 and 2005 Daniel and Mandy adopted two children locally from Knoxville. In May 2010 they adopted another child from Ethiopia.

In 2010, Daniel was honored as one of Knoxville's Top 40 Under 40 Business and Community Leaders by the Greater Knoxville Business Journal. Daniel is also an alumni of Introduction Knoxville – Class of 2011, Leadership Knoxville – Class of 2014, and UTK's Consortium for Social Enterprise Effectiveness – Class of 2014.

In 2020, Daniel was elected to the Knox County School Board where he is focused on making our local educational system more equitable for all students and families.

World Rotary Day Set on April 24

Here is a reminder about next Saturday's World Rotary Work Day on April 24 at Westview Elementary School. We have started a new list and if you signed up in March, please repeat that procedure. If you can be there, please email <u>TOM KING</u> right away. So far the list is blank. We have NO ONE signed up to work. The fun begins at 8 a.m. and should end at noon. The school is at 1714 Mingle St. NW.

Rev. Bluford Presents Superb Substitute Program About Health Care Decisions

Wednesday's meeting turned out to be very special. Our scheduled speaker had to cancel because of a family medical issue. So **President Elect Rev. David Bluford** stepped in and stepped up to present a superb program about **National Health Care Decision Day,** which was on Friday, April 16.

"This involves an emphasis on people to plan ahead in having a discussion with family/friends and providers regarding health care decision making," David said. "This is a program that was initiated in Richmond, VA by an attorney who experienced the devastation of family members in times of dealing with being confronted by medical persons requesting they provide direction for decision making when an individual who is a patient cannot make choices for themselves.



"The question to answer is what level of care do you want if you find yourself in a situation where you can't personally make that decision," David said. "It is a conversation you need to have with your family and friends. If you have no family members, and that does happen, you need to designate someone to step up for you. And these are not easy choices to make."

He said that legally you can have a Living Will, an Advance Directive and Durable Power of Attorney for Health in one document. One of his main points he made clear is to have these document(s) with you every time you come to the hospital to be admitted or to the ER. David said you can visit this excellent website at this <u>LINK</u> to learn more about this important subject.

Thanks for a great program at the last minute David!

Four-Way Test

Rotary's Four-Way Test of the things we think, say or do:

 Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

Find Us On Facebook If you have not visited our Facebook page, give it a try!

Denise Bash does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also LIKE the page!

Here is a <u>LINK</u> to our page.

Our Family of Rotary News

PP Peggy Wilson passes along her update on husband Joe, still recovering from recent openheart surgery: " The cardiologist changed meds again but said he is doing great. Another echocardiogram will be scheduled in two months. In the meantime, he will wear what they call a life-vest defibrillator. A nurse from Park West spent an hour and half showing us how it works. If in two months, the EF doesn't get to at least 35%, they will install a permanent defibrillator and maybe a pacemaker. He received approval to return to Children's Hospital to cuddle babies. He was also approved to return to work 24 hours a week beginning April 26 and full time starting May 31. He needs to exercise at least 30 minutes a day six days per week. Through this I became anemic and have a stomach ulcer. Surprise, surprise."

An unnamed Rotarian saw **Bettye Sisco** at church Sunday morning and said "she looked great!" We tried to contact Bettye for more info but didn't connect.

Judith Bradbury says it was a challenging week for her and husband **Phill.** "We have survived, thanks to my increased wine consumption," Judith said. "Poor Phill has so much medication that he is not allowed wine, so he just has to suffer through."

Cartoon Humor From A Friend

Let's all take a moment to appreciate the time and effort this guy spent putting a strap on his dirt so it wouldn't fall off.



Tip of the day: blow on the wine in your coffee mug to convince the rest of the zoom meeting that it is tea.



HVA's Abbi Wildi Wins Brown Award

Abbi Wildi, president of the Interact Club at Hardin Valley Academy (HVA), has been awarded the \$2,000 Fred Brown Interact Award of Merit Scholarship from Dist. 6780. Our club sponsors the HVA club and a few of us know Abbi.

The award brings with it \$500 for the Interact Club to use on its projects.

There are normally four Bomar scholarships, but an anonymous Rotarian donated \$4,000 to the Bomar Foundation specifically to fund two additional awards for 2021.



"The Brown award is based on Interact service, the time the student put in for Interact, their success and devotion to the program," said Cleveland Rotarian Jim Buckner, Chair of the Bomar-Brown Interact Scholarship Committee for the district. "Abbi was head and shoulders the clear winner. She has a heart for Interact and she stood out."

Abbi says after high school she plans to pursue a career in nursing. Her GPA is 4.28. Abbi says her most rewarding moment in Interact was helping with our club's work at the Summit Medical Group's series of Saturday COVID vaccinations.

Our congratulations to this impressive young lady! PP Leah Berry, our HVA Interact adviser, says we will honor Abbi during an upcoming in-person meeting.

4 More Clues About Our April Mystery

The guesses are rolling in this week after the first eight clues of **April's Mystery Rotarian** have been revealed. Today we pass along the next four clues.

- Worked in wildlife removal and successfully removed bats, hornets, raccoons, skunks, and more from homes
- Played middle school and high school soccer
- Served food at the Knoxville Zoo
- Ran a 5k and placed 2nd in age bracket



The first correct guess emailed to <u>TOM KING</u> will win the wine from the Taylor family's Dixie Lee Wine & Liquors.

A Thought for Our Week

"Great things are done by a series of small things brought together." — Vincent Van Gogh