

Rotary
District 6780



Club of Cleveland

Martial Arts Demonstration from Rick Pope

By Haley Longwith on Thursday, August 4, 2022



**IMAGINE
ROTARY**

Speakers

August 09, 2022

[Emily Mason, Tennessee Achieves](#)

August 16, 2022

[Congressman Chuck Fleischmann](#)

Happenings in the 3rd
congressional district

August 23, 2022

[Margot Still- Cleveland Public](#)

[Library History Branch](#)

the history of local politics
including controversy

Club Leaders



[Michael J Griffin](#)

Club Trainer
Past President



[Bethany McCoy](#)

President



[Kevin D. Brooks](#)

President-Elect



[Timothy Joseph Poteet](#)

President-Nominee
Club Programs Chair

[Matt Wiseman](#)

Secretary



The Rotary Club of Cleveland enjoyed a demonstration by Grandmaster Rick Pope and others from Pope's Martial Academy. The academy opened in 1992 with the idea of "teaching kids how to be a part of society" by teaching them life skills and personal development. Children can start training at the age of four and many train just once a week. This academy is not only for children, but adults as well. Ta Kwon Do and Ju Jitsu were once viewed as learning self-defense, but have since been seen as a way to stay physically fit and toned.

Pope believes clubs are beneficial to the community. There was a surprising statistic he shared about the children he serves at the academy. When he first started in 1992, it was rare for a child to be raised by a grandparent. He currently has 200 students in his academy and 40% of those children are being raised by grandparents.



[Tanya E. Mazzolini](#)
Treasurer



[Andrea Boddeker](#)
Technology Committee
Chair



[Paul Dellinger](#)
Club Director



[Kim Gunter](#)
Public Image Chair



[Kathi Lynne Jensen](#)
Care & Concern
Committee Co-Chair



[Brittany Katz](#)
Care & Concern
Committee Chair



James Bently Thomas III
Club Director



Zachary T Brooks
Sergeant-at-Arms



David Curtis Chaffin
Rotary Foundation Chair
District Foundation Chair



James Harper
Service Projects Chair



Brandi King
Sergeant-at-Arms



Jamie Kyle
Club Membership Chair



Peggy Ann Pesterfield
Club Service Chair



Donald Leon Shahan Jr.
Club Programs Chair



Nicholas Lillios
Club Youth Services Chair



Vaughn J Berger
iPast President



Andy B. Anderson
Assistant District Governor



During the demonstration we learned a lot about the basics. Pope first explained that bowing at the beginning is a way to greet another. He then demonstrated how a Squat Position is to teach balance, Front Stance teaches weight distribution, and the Back Stance is more practical for defending and kicking. After getting down these basics, students then learn techniques and forms by memorizing a series of movements.



After they learn the techniques, they will begin learning how to control those movements by learning self-defense. They do not actually spar with their partner at this point but learn control and target points. Once they have control, they will advance to free spar. It is not choreographed and allows them to use those techniques and control to learn how to aim.

Once you know how to aim, it is time to see if they have power. Pope explained they use plastic boards instead of real wood. "Boards do not teach true accuracy", he stated. The club was then given a demonstration on breaking boards. Pope even called up our fellow Rotarian, Leon Sheehan, to break some as well, which he did masterfully!

Adam Osborne
August 10th

James Bently Thomas III
August 16th

Philip Cason Conn
August 17th

Elizabeth Harting
August 17th

Victor Boltnew
August 20th

Phil Jacobs
August 21st

Jamie Kyle
August 26th

Mica Stephens Carlton
September 1st

Terry Buckner
September 3rd

Drew Gilliland
September 4th



Interactive Member Survey: Everybody was kung-fu fighting

Friday, August 5, 2022

Can you chop a board in half with just your hands like Leon Shahan?

Yes

No

Having trouble with the survey link image? Click here: <https://www.surveymonkey.com/r/WRG7M76>

August 9th Program: Emily Mason, TnAchieves

Friday, August 5, 2022



A 2015 high school graduate of Knox County, Emily Mason was a TN Promise student the year the scholarship first expanded statewide. Emily is a graduate of Pellissippi State Community College and the University of Tennessee, Knoxville, earning a Bachelor of Arts in English. She joined the tnAchieves team professionally in 2019 as a COMPLETE Coach, proactively coaching students toward a college credential. She now serves as a Human Resources and Grants Manager in onboarding, student grant disbursement and finance for the organization.

Rotary Foundation Grant Returns \$7,500 to Club Rotary Foundation

Friday, August 5, 2022



David Carroll and Paul Dillenger presented a check for \$7,500 for our Club Rotary Foundation from the Rotary Foundation, provided through a grant that funded the Zimmerman Wellness Facility at the Tucker Boys & Girls Club of Cleveland. The facility is designed to encourage participation by girls and includes a sand volleyball court. Our club's foundation donation, along with the grant funds from the district, written by Paul Dellinger, funds the first of multiple phases of the project.

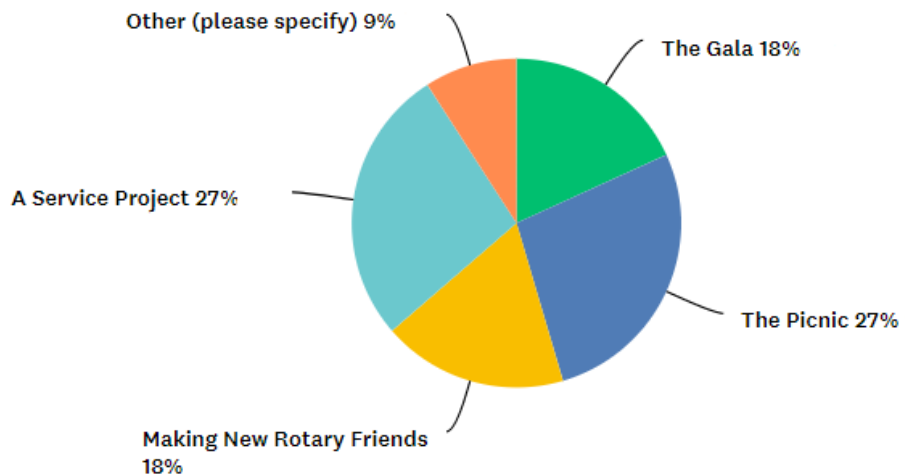
Thank you Paul & David for working with our District Grants to ensure our club donations go farther in our community!

Results from last week's poll: What are you looking forward to most this Rotary year?

Friday, August 5, 2022

The new Rotary year has begun!

We asked: What are you MOST excited about?



Other answer included:

- Service Projects AND Rotary family outings

Please note the results here do not reflect the opinion of our entire club. These polls are unscientific and not statistically validated.

Don't forget to answer this week's quiz: [Can you chop a board in half with your hands?](#)

Zoom Info for 2022

Friday, January 7, 2022

The Rotary Club of Cleveland continues to meet IN PERSON every Tuesday at the Museum Center at Five Points. In the event that you cannot attend in person, please use this information to attend by Zoom:

Join Zoom Meeting

<https://us06web.zoom.us/j/82186185421>

Meeting ID: 821 8618 5421

One tap mobile

+19292056099,,82186185421# US (New York)

+13017158592,,82186185421# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 821 8618 5421

Find your local number: <https://us06web.zoom.us/u/kd2G423g4i>

Presidents-Elect Training Seminar Orientation (PETS-O)



Rotarians who will become Club Presidents on July 1, 2023, should plan to attend the Presidents-Elect Training Seminar - Orientation (PETS-O), where they will begin their journey together for the upcoming 2023-2024 Rotary year.

The awesome responsibility of serving as your Club President requires that we find common ground on what Rotary is and does and how we go about leading our organization.

On Saturday, October 08, 2022, future Presidents will meet together at Stone Memorial High School in Crossville to consider the WHO, WHAT, WHEN, WHERE, WHY, and HOW of the journey to the Club Presidency and prepare for the Mid-South President-Elect Training Seminar (PETS) in March of 2023.

All presidents-elect are required to attend this training. All COVID requirements will be observed.

Note that this in-person training does include the Grants Training this year. Registration begins at 8:00 AM Central time, and the seminar goes from 8:30 AM to 12:30 PM. Grants training will take place in the morning and in the afternoon.

The Stone Memorial High School is located at 2800 Cook Road, Crossville, Tennessee. Register for PETS-O on DACdb.

Club Meeting

Cleveland
Meets at Museum Center at Five Points
200 Inman St E
Cleveland, TN 37311
Time: Tuesday at 12:00 PM