

# Lawrenceburg Rotary

Club 3819, District 6760



## August 25, 2023

Tiffany Cope, President	Dr. John M. Beasley, Treasurer	Tad Keaton, Director 3
John Johnstone, President Elect	Maria Santini, Secretary	Tina Holt, Director 2
Maria Santini, Vice President		Scott Beasley, Director 1
Jason Armbruster, Past President		Paul Wayne, Sergeant at Arms

### THIS WEEK'S PROGRAM Lawrenceburg Rotarian Perfect Attendance Awards



**LAST MEETING (Aug 18, 2023)**  
Fran Gray of Tennessee Alzheimer's



Pictured above Rotarian Scott Beasley, Fran Gray Tennessee Alzheimer's, President Tiffany Cope. Fran Gray from the Tennessee Alzheimer's manages the Tullahoma office which serves southern Middle Tennessee from Marion to Wayne Counties. Tennessee Alzheimer's has offices across the state and is not affiliated with the national organization. The group works with state and local agencies to create awareness of the condition and was instrumental in creating the Silver Alert System in Tennessee. MS Gray described the association's Silver Alert Kit which provides useful information for caregivers and family members of Alzheimer's patients.

Alzheimer's disease is a neurological issue that causes the human brain to contract (decay) and the brain cells to pass on. Early indications of the sickness include failing to remember recent occasions or discussions. As the sickness advances, an individual with Alzheimer's infection will have extreme memory failure and lose the ability to complete daily tasks. Alzheimer's is the third highest cause of death in Lawrence County. MS Gray discussed five ways we can prevent or at least slow the onset of Alzheimer's, namely eating well, exercising regularly, exercising the brain by learning a new skill, getting good restorative sleep, and socializing with friends and neighbors.

The group will be holding an Alzheimer's Awareness Day at the Farmers Market on September 16, and has a support group that meets at the Lawrenceburg Public Library at 6:00 pm on the fourth Tuesday of each month.

## ANNOUNCEMENTS

**FAIR STEERING WED AUG, 30 5:30 PM**  
**SOCIAL HR THUR, AUG 31, NOBLE FOX 6:30 PM**  
**NO MEETING SEP 1**

**PLEASE KEEP JAMES JOHNSTON, AND  
DON CRANE IN YOUR THOUGHTS  
AND PRAYERS**

### August 18<sup>th</sup> Meeting

Singing	Bob Augustin
Prayer	Ed Trimmer
Pledge	Jon Guthrie
4-Way Test	Jason Armbruster

**Visitors-** Irene Ogburn- guest of David Ogburn; Judy Phillips- guest of Bill Phillips

**Absent** — Russ Brackett, Emma Brown, Shawn Chapman, Cory Cowheard, Molly Dauer, Kody Doss, Ryan Egly, Laura Fisher, Sissy Garner, Ben Gobble, Jason Grayson, Sam Hickman, Heath Hill, Kristina Hill, Mike Hinson, Tina Holt, Mike Howard, Pam Hyde, Chris Inman, Greg Kelso, Rachel Lee, Casey Long, Jason Luffman, Ben Luna, Jerrod Menz, Chad Moore, Jay Moore, Will Nichols, Brad Nielsen, Mary Prukop, Teresa Purcell, Coty Ricketts, Cade Rohling, Landon Saunders, Mark Short, Jason Weaver, Ben White, Olivia White, Christa Williams

**Make Ups – Board Meeting 08/14-** Jason Armbruster, John Beasley, Scott Beasley, Russ Brackett, Tiffany Cope, Heath Hill, Tina Holt, John Johnstone, Tad Keaton Maria Santini, Paul Wayne; **Fair Steering 08/16-** Jason Armbruster, Bob Augustin, John Beasley, Scott Beasley, Charlie Brewer, Shawn Chapman, Tiffany Cope, Sid Garner, Heath Hill Kristina Hill, Pat Hollman, Phil Hood, Pam Hyde, John Johnstone, Tad Keaton, Rachel Lee, Bill Phillips, Maria Santini, Paul Wayne, Jason Weaver;

### Upcoming Rotary Events

- Fair Steering Comm on Wed, August 30<sup>th</sup>, Sept 13<sup>th</sup> @ 5:30pm in the upstairs meeting room
- After-Hours Social on Thursday, August 31<sup>st</sup> @ 6:30p at Noble Fox (*Change from Family of Rotary Cookout*)
- No Meeting on Friday, Sept 1<sup>st</sup>

*If you find an error in attendance – Absent list, Make-Ups, or would like to know how you stand on attendance. – Please email [rclburgsec@charter.net](mailto:rclburgsec@charter.net) and I'll make the correction promptly. Thanks, Maria*

*If bringing guest(s) to a Friday Rotary Meeting, please notify Donna Pack at (931) 201-1531 by Wednesday so that the appropriate number of lunches can be ordered.*

