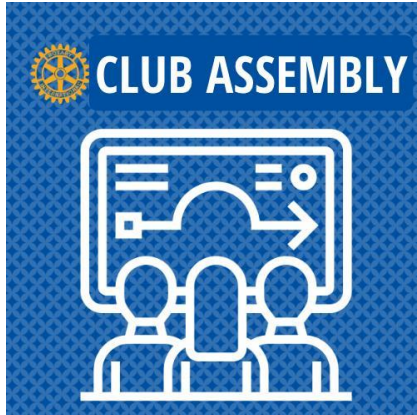


Roundabout April 16, 2024



Next week's program will be the club assembly. Our committee chairs will discuss their plans and upcoming goals. This meeting will be a good opportunity to find out about our club's service. There will be a review of our goals and an examination of the committees' results.

The club assembly will be held at St. Mark's United Methodist Church at 100 North State Road 46. There will not be a Zoom option.

This Week's News

Congratulations to **Alain Barker**, who won the bidding in the auctioning of the bottle of Riesling presented to us last week by our guests from a Rotary club in Germany. The auction proceeds will be donated to Teachers Warehouse. [Alain presented the bottle to Natalie Blais, the club's executive secretary, after the meeting.]



Rotary Leadership Institute, May 4

The Rotary Leadership Institute session is coming up on May 4 from 9 a.m. to 4 p.m. It is a dynamic and interactive program designed to enhance your leadership skills and deepen your understanding of Rotary's values and principles. Whether you're a seasoned Rotarian or new to the organization, the Rotary Leadership Institute offers valuable insights and practical strategies that can benefit you in your Rotary journey. Contact **Lance Eberle** at lance.district6580@gmail.com for more information. [Registration is available here.](#)

April 16 program – Carrie Stillions

Link to the [recording](#)



Jimmie Torry introduced our speaker, Carrie Stillions, Middle Way House’s executive director. Middle Way House is a nonprofit that serves survivors of domestic violence, sexual violence, and human trafficking. Based in Bloomington, it also serves several surrounding counties. Middle Way House’s programs include emergency shelter, transitional housing, a 24/7 help and crisis line, advocacy, and programming for youth as well as adults. Its goal is to support survivors in every step of their journey.

Middle Way House uses an empowerment model that provides survivors with access to pertinent and specialized information while ensuring that they are active participants in their own decision making. Carrie noted that it can be challenging to see clients make choices with which she does not agree, but it is important to respect survivors and to understand that they know their situation better than anyone else. Middle Way House also uses trauma-informed care. Trauma impacts people’s coping mechanisms and development, so Carrie’s staff considers that factor while providing appropriate support when helping survivors cope. Staff consider survivors’ strengths, build their skills, and identify resources to empower them.

Carrie emphasized that we must recognize that each survivor is a valuable individual who has a place in our society. When considering why people begin using substances or are experiencing homelessness, we must understand that they could be coping with or fleeing domestic violence and abuse. In fact, domestic violence is one of the primary causes of homelessness for women with children. Different survivors face different situations. Men who are survivors of domestic violence can feel that they do not fit societal gender norms and are often less likely to seek emergency shelter. Survivors living in the rural areas surrounding Bloomington have more transportation challenges than those living in the city. They also face difficulties brought about

by the environment of small communities, where many people know each other. Human trafficking survivors may come from outside of Indiana or the United States and face immigration barriers. Middle Way House strives to meet all survivors where they are and to support each individually.

If you know someone who is experiencing domestic violence, sexual violence, or human trafficking, show your support by telling them that you believe them and that you are there for them, ask them what they want and need, give them the 24/7 help and crisis line phone number, and honor their wishes. Do not assume that you know what is right for them, and understand that sometimes people simply want to be heard and to not be alone.

To get involved with Middle Way House, you can volunteer, invite a Middle Way House representative to speak to groups to which you belong, and attend fundraising and awareness-raising events. For more information about volunteering, you can call the 24/7 help and crisis line at 812-336-0846 or email volunteer@middlewayhouse.org. For more information about Middle Way House, visit www.middlewayhouse.org.

Meeting Updates

Club president **Ron Barnes** welcomed everyone to the meeting. He shared the following thought for the day from Mark Twain: “The secret of getting ahead is getting started.”

Judy Schroeder gave the reflection, sharing points from Richard Haass’s book *The Bill of Obligations: The Ten Habits of Good Citizens*.

1. Be informed
2. Get involved
3. Stay open to compromise
4. Remain civil
5. Reject violence
6. Value norms
7. Promote the common good
8. Respect government service
9. Support the teaching of civics
10. Put country first

These ten principles encourage us to be respectful, avoid hurting others, tell the truth, and to honor our media, legal system, political system, government, and country. These obligations are essential in being part of something bigger than ourselves.

Steve Ingle introduced our in-person **guests**: Yehya Kader, Ahmad Aljamal, and Jun Wan, from Rotaract. **Joy Harter** introduced our online guests, Cassaundra Huskey, from the Sunrise Club, and Beverly Calendar-Anderson, guest of **Jim Bright**.

Member birthdays include **Sara Cochran** on April 14; **Kay Leach** on April 15; **Mark Peterson** on April 17; **Whitney Cordoba** on April 19; and **Peggy Frisbie** on April 21.

Marilyn Wood is celebrating her nine-year **membership anniversary**.

Acknowledgments

Meeting Greeter: **Sara Cochran**

Introductions: **Steve Ingle**

Zoom Host: **Joy Harter**

Reflection: **Judy Schroeder**

Camera/Mic Operator: **Michael Shermis**

Zoom and Audio Producer: **Tylar Martin-Nichols**

Amy Kendall, reporter