

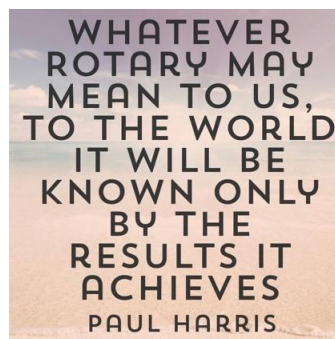


THE DAYBREAKER

June 13th, 2024



Today we had 22 in person attendees and 4 ZOOM attendees.



Service Opportunities:

1. John Polles needs help with supporting our efforts at LUM – please contact him if you are interested in helping with this important Rotary project.
2. After another successful Toast to Mental Health fundraiser, the Gifts and Requests Committee would like to announce we are now accepting grant requests from 501(c)(3) tax exempt organizations. Daybreak Rotary grants normally range from \$250- \$1,000 and to be considered, the non-profit organization needs to complete the included grant request form. The submission deadline for the grant requests in this cycle is **June 14, 2024**. We generally give priority to local non-profit organizations so please forward the attached form to those local agencies who could use additional funding for their programs. If you have any questions, then please let me know. Thanks for your help with distribution of the grant request form. Sincerely **David S. McGaughey** If you would like to have a form for this, please contact John Adams

3. Committee Assignment Time

John Polles and Bill Lapcheska want to offer each member an opportunity to sign up for a committee for 2024-25. This is an opportunity to volunteer for a committee that interests you!

Committee Assignment Time

Where do you see yourself? Prepare yourself to have a first and second choice.

(I would hate to have Polles pick a committee for me!)

Committee Current Chair	Service Projects Peters	Speaker Shively	Gifts & Requests McGaughey	Toast Salsbery
Committee Current Chair	Membership Gilliom	New Member Polles	District Grants Lapcheska	Foundation Wagner
Committee Current Chair	Fellowship Johnson	Website Adams	RYLA Robinson	Interact Fletcher

Talk to a Committee Chair to see if their committee is just right for you! Do it now!

4. Food Finders Food Bank – July 2 - Contact Rebecca Peters if you would like to volunteer.

5. MHA has opportunities to serve youth in a teaching or support role. If interested in obtaining the training for this, please contact Brandi Christiansen.

6. Joyful Journey Classic – August 25 – they will need volunteers to cook hot dogs, but also to work at the Home Run Derby and Celebrity Softball game – save the date



GUESTS: Pushpa Toppo – guest of Chris Campbell and Brandi Christiansen

VISITING ROTARIANS: Sven Roemg – Stockholm, Sweeden

INVOCATION: Jan Dowell

PROGRAM: Bess Witcosky – Joyful Journey

Gerard introduced Bess, who has been the Executive Director at Joyful Journey for the last 6 years. Bess began by noting that Joyful Journey (JJ), located at Salisbury and Lindberg and will be celebrating its 10th anniversary next year. It was established by Cathy and Gerard Benner from a need for supporting caregivers and people with chronic medical needs and particularly dementia. Last year the statistics nationally were that there were 37.1 million unpaid caregivers in the US, 41% of whom are ages 45-64 and 61% of that group are still employed. This puts the caregivers at risk for depression, burnout, medical issues and isolation.



The goal of JJ is to provide continuing affordable care for people with disabilities that limit their ability to care for themselves. This includes people with dementia, but also other neurologic conditions, orthopedic conditions and recovery from surgery.

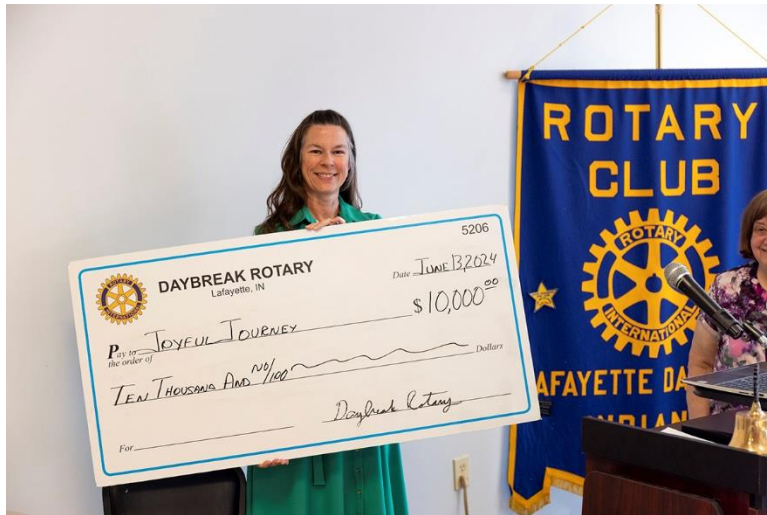
Their goal with their friends who are in their care is to provide activities that are not easily done at their homes and thus they counted 2,070 activities offered last year. These include live music weekly, visits to Columbian Zoo monthly, personal

trainers, flower arranging as well as many other activities. They also provide a 3-course meal each noon, hoping that the friends will get a more balanced diet than their usual snacking would provide. They also provide gross motor activities twice daily and assistance with cleaning and toileting, although they do not provide any medical care or medicines. They also provide themed activities, such as those at Halloween, etc.

A good part of their day includes cleaning up after activities, and this is costly with the increased costs of cleaning supplies.

They have many opportunities for volunteers to serve the organization, some of which require training to deal directly with their friends. They will be having their major fund raiser of the year on August 25th when they have their Joyful Journey Classic with a Home Run Derby, a Celebrity Softball game and free hot dogs.

In answers to questions they were serving 24 friends daily before COVID and have now worked back to 19. They charge \$92 for a full day, 8-5:30, but do accept some insurances and have programs to support those who cannot afford the full amount.



She expressed her thanks for the \$10,000 Daybreak Rotary was able to provide this year, including \$5K raised in contributions and a \$5K match from the District Rotary Foundation.

Thought of the Week: Let me say, as I sit here before

you today having walked on the moon, that I am myself still awed by that miracle. That awe, in me and in each of us... must be the engine of future achievement, not a slow dimming light from a time once bright.

– *Buzz Aldrin, NASA astronaut.*

Trivia Question for the week: In which U.S. state is it illegal for monkeys to smoke cigarettes?

The answer to last week's trivia question: What is the current value of the White House according to Zillow?

Obviously, the White House will never be for sale, and there are no true comparables for this historic structure. However according to Zillow, the White House Zestimate is \$466,166,000. Home to every American president except George Washington, the White House is rich in history and tradition. The complex sits on 18 meticulously landscaped acres and includes: six stories and 55,000 square feet of floor space, 132 rooms and 35 bathrooms, 28 fireplaces, 8 staircases, 3 elevators, a tennis court, a (single lane) bowling alley, a movie theater, a jogging track, a putting green, and a swimming pool.



UPCOMING PROGRAMS:

June 20th – Audrey Johnson – Musical History

June 27th – Transition Ceremony and Ken Clark from Trinity Mission

July 4th – No Meeting

July 11th – Steve Bultinck – Friends of Downtown – Mosey Down Main St.

July 18th - Pushpa Toppo – Ankit Foundation Corp

