



THE DAYBREAKER

April 27th, 2023



Today we had 21 in person attendees and 5 Zoom attendees.

Service Opportunities:

A Toast to Mental Health is coming!! Save the date for May 4 as we need all hands on deck!



1. LUM needs help each month with bulk mailings. The dates available are 5/30, 6/29 and 7/27 and the hours each month are from 11-2. The link that follows allows you to sign up for the shift of your choice.
https://www.lumserve.org/volunteer/volunteer-sign-up-sheets/?sheet_id=43
2. Mental Health America could use help with their cookout to kick off May 1st as Mental Health Month. They need help with set-up at 3pm, tear down at 6 and with serving hotdogs and drinks from 4-6. You can contact Brandi Christiansen @ MHA for further information.
3. David Strand was approached by Bee Scettrini with another service opportunity for April 29th:
"If you have any rotary volunteers that are interested in helping with set up and/or tear down at the roller derby game on 4/29 here is the info:
Volunteers should arrive at 5 for check-in. They get free entry to the game and pizza is provided. Set up before the game starting just after 5 involves putting chairs up, tables, signs, checking in skaters, etc. Tear down is usually 8:45-10:00 and involves taking down all chairs, tables, signs, tents, trash. Our biggest need is people who can stay after the game to help with tear down. If you have anyone interested, can you send me their names and emails?"

Thank you!!

Bethany "Bee" Scettrini

Volunteer Coordinator | Tippecanoe County CASA 101 Main Street, Lafayette, IN 47901
765.423.9109 ext. 2 then 1. www.tippecanoe.in.gov/casa"

4. Hello, Daybreak Rotarians!

You have been invited to sign up for "2023 'Round the Fountain Art Fair Volunteers." Please click on the button below to view the online sign-up sheet. There was a link with Sign-Up Genius sent to us, but in all the transfers it does not work so contact the The Arts Foundation for how to sign up.

Help kick off the summer by volunteering at this year's art fair! The fair will take place in downtown Lafayette on Saturday, May 27. Hope to see you there.

**5. Taste of Tippecanoe, the event that funds the arts in our communities
June 17 5:30p.m. - 8:30p.m. Work admittance Gate 3, take and sell admission tickets, stuff like that Pretty easy.**

You receive free admittance to the grounds & hear all the music you want as well as a free t-shirt

We 10 Rotarians & we need your names before May 19. Contact David Strand for more information.

Founders 1905 now has Decaf Coffee and Whole Beans - and brand-new pricing on our premium blend ground coffee! Through our partnership with our roaster, Copper Moon, we are now able to offer **Decaf Coffee in 12oz bags and single serve K-cups as well as 2lb bags of Whole Bean!** We have also reduced our premium blend of Founders 1905 to only \$10/bag while still giving ALL profits to charity! *Sales would be contactless on the internet. The club will make \$3 for each bag and \$5 for a box of 24 K-cups. Orders will be taken at <https://founders1905.com/ref/LafayetteDaybreak-29377>.*



GUESTS: Casey Mast – guest of Brandi Christiansen

INVOCATION: Brian Pohlar

REACQUAINTANCE MESSAGE: Carl Schwamberger



PROGRAM: Matt Salsbery – Toast Preview

Matt began his presentation by reviewing our signature fund-raising event – A Toast to Mental Health. He noted this was its 16th year and that we have raised over \$540,000 to support mental health services in the Lafayette community. He explained the changes that were necessary through the pandemic and noted that this is our second year of “back to normal” and our second year at the Fairgrounds. He reported that we netted \$59,500 last year, only slightly less than our record of \$60,000. He praised our efforts to obtain sponsorships, which account for 60% of our receipts, but also thanked us for doing such a great job getting auction items, noting that we presently have 136 items. Some of these are vacation trips, which we get from a firm called “Travel Pledge”, These are often high end trips and may not always be sold, but we are not penalized for this. If they do sell we receive 40-60% of the proceeds and this has been a major boost to our income on certain years. He thanked NCHS/River Bend Hospital for their major sponsorship, as well as Wabash and Westminster for their Platinum sponsorships, as well as Star City News for their help with advertising the event.



He asked the Club for their help next Thursday, when we will need help from 12-2 in bringing auction items to the Fairgrounds, and then help from 1:30-4 for table set-up.

He then introduced our own Brandi Christiansen from MHA. She explained that some of their focus has been on the renovation of their Crisis Center to allow for a better environment for their staff and volunteers, and in hiring a Development Director. She explained that they are working on improving their Navigation support services as well as their Peer Support.

Jenni Murtaugh then spoke on behalf of her agency, Willowstone Family Services. She noted that their agency is involved in both prevention and treatment for mental health disorders. Their prevention activities include in-hospital visits for all

families with newborns and then in home services for the first 3 years of life to support families in these challenging and formative years. These activities receive support from state government, while their counseling activities are supported by income from the clients. This can be Medicare, Medicaid, private insurance or self-pay and these are charged on a sliding scale basis. They have a large Medicaid population and the reimbursement from Medicaid covers less than 50% of the cost of providing the services. The money they receive from the Toast helps to fill all these gaps, as well as supporting their efforts to train new graduates in obtaining the 100 hours of supervised activities that allow them to become fully certified. Willowstone is proud that despite the increased demand for services they have been able to reduce their waiting list, but noted this only brings it down to the high 300's, so any support they receive is truly appreciated.

Thought of the Week: Leadership is a potent combination of strategy and character. But if you must be without one, be without strategy.
— Norman Schwarzkopf, United States Army general.

Trivia Question for the week: Which President created the first income Tax?

Answer from last week's trivia question: What vegetable did Babe Ruth use to keep cool during baseball games? Back in the 1930s, baseball uniforms were made out of wool — not exactly the best fabric to be wearing when you're running bases. To keep cool during the game, Babe Ruth would slip a cold cabbage leaf underneath his cap and change it every two innings.

Source: [Biography](#) | Date Updated: February 14, 2022

UPCOMING PROGRAMS:

May 4th – A Toast to Mental Health at the Tippecanoe County Fairgrounds

May 11 – Kathy Lozano – West Lafayette Wellness Center

**VACCINES WORK.
THE FIGHT TO END
POLIO IS PROOF.**

**WORLD IMMUNIZATION WEEK
24-30 APRIL 2023**

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