



THE DAYBREAKER

April 20th, 2023



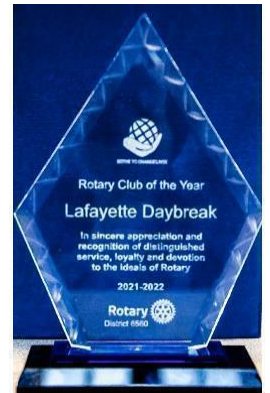
Today we had 18 in person attendees and 6 Zoom attendees.

Service Opportunities:

1. A Toast to Mental Health is coming!! Save the date for May 4 as we need all hands on deck!
2. As Rebecca mentioned at today's meeting LUM needs help each month with bulk mailings. The dates available are 4/27, 5/30/6/29 and 8/27 and the hours each month are from 11-2. The link that follows allows you to sign up for the shift of your choice.

https://www.lumserve.org/volunteer/volunteer-sign-up-sheets/?sheet_id=43

3. Mental Health America could use help with their cookout to kick off May as Mental Health Month. They need help with set-up at 3pm, tear down at 6 and with serving hotdogs and drinks from 4-6. A sign-up sheet will be available at next Thursday's meeting.



Rebecca and Allison helped with the Haan mansion clean-up on April 15th.

4. David Strand was approached by Bee Scettrini with another service opportunity for April 29th:
"If you have any rotary volunteers that are interested in helping with set up and/or tear down at the

roller derby game on 4/29 here is the info:

Volunteers should arrive at 5 for check-in. They get free entry to the game and pizza is provided. Set up before the game starting just after 5 involves putting chairs up, tables, signs, checking in skaters, etc. Tear down is usually 8:45-10:00 and involves taking down all chairs, tables, signs, tents, trash. Our biggest need is people who can stay after the game to help with tear down. If you have anyone interested, can you send me their names and emails?

Thank you!!

Bethany "Bee" Scettrini

Volunteer Coordinator | Tippecanoe County CASA

101 Main Street, Lafayette, IN 47901

765.423.9109 ext. 2 then 1 www.tippecanoe.in.gov/casa

5. A new Opportunity for later in May:



SignUpGenius

Group Organizing Made Easy

Hello, Daybreak Rotarians!

You have been invited to sign up for "2023

'Round the Fountain Art Fair Volunteers." Please click on the button below to view the online sign-up sheet.

Help kick off the summer by volunteering at this year's art fair! The fair will take place in downtown Lafayette on Saturday, May 27. Hope to see you there.

[Sign Up](#)

Founders 1905 now has Decaf Coffee and Whole Beans - and brand-new pricing on our premium blend ground coffee! Through our partnership with our roaster, Copper Moon, we are now able to offer **Decaf Coffee in 12oz bags and single serve K-cups as well as 2lb bags of Whole Bean!** We have also reduced our premium blend of Founders 1905 to only \$10/bag while still giving ALL profits to charity! *Sales would be contactless on the internet. The club will make \$3 for each bag and \$5 for a box of 24 K- cups. Orders will be taken at <https://founders1905.com/ref/LafayetteDaybreak-29377>.*



GUESTS: None today

INVOCATION: Rebecca Peters

REACQUAINTANCE MESSAGE: Matt Salsbery



PROGRAM: Naoma Ross – NAMI’s “The Living Room”

Naoma related her story of graduating from Ball State University and briefly working for DCS. Realizing that wasn’t a good fit she began working for Valley Oaks and found that her personal history of struggling with some chronic mental health issues made her appreciate working with the most vulnerable in society. Three months ago, she got the opportunity to work for NAMI and has been involved in setting up their The Living Room project.

She provided background that NAMI was stated in 1979 by two mothers discussing the challenges of working with children diagnosed with schizophrenia. Based on this they developed a peer support group that has now spread across the



country, using people who have a personal history of dealing with mental health challenges to support others.

NAMI had set up The Landing as a peer support program for clients who were completing hospitalizations for mental health issues, but realized there was a need to support

people whose problems were not serious enough to require hospitalization. They also realized that the police and the Emergency Departments were being overwhelmed dealing with these problems and often not adapted to supporting these people. And it was a big problem! In 2021 LPD had 799 calls for suicide related issues and 659 other mental health issues. In 2022 the suicide calls fortunately decreased to 744, but the mental health calls increased to 775. Often what was needed was an opportunity to deescalate these problems and this is where it is hoped that a calm 1-1 support system offered by someone with personal experience could really help move these back from a crisis situation.

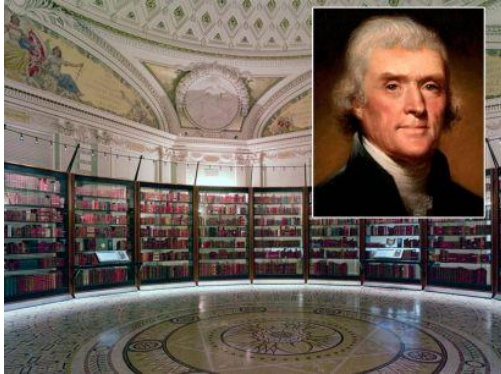
NAMI has partnered with LPD, WLPD, Purdue PD and the Tippecanoe County Sheriff's Dept to offer some assistance. On May 1st they will open The Living Room with a comfortable calm atmosphere where people who are not suicidal, homicidal or a threat to themselves or others may be brought to meet with a peer support specialist. They are partnering with Willowstone to provide some clinical assessments and hope to work with a faculty member from Purdue in the future to assist with medication issues such as medication refills, etc. The hope is that this can also be an entry point for people with mental health issues to obtain further clinical services. Initially it will be open from 3-8 PM and clients interacting with LPD may be their first opportunities to support these people.

Thought of the Week: To be a good leader you have to be a great listener... No one has a monopoly on good ideas or good advice.
— *Richard Branson*

Trivia Question for the week: What vegetable did Babe Ruth use to keep cool during baseball games?

Answer from last week's trivia question:

Whose library formed the basis of the Library of Congress?



During the War of 1812, British forces entered Washington, D.C., burning the Capitol building, which at the time housed the Library of Congress and its 3,000-volume collection of books. Recognizing it would be difficult for Congress to replace the library that had been lost, Thomas Jefferson offered up his large personal library to Congress to help rebuild the collection. Jefferson's library at the time was

considered to be one of the finest in the United States. Congress accepted Jefferson's offer and appropriated \$23,950 for his 6,487 volumes.

UPCOMING PROGRAMS:

April 27 – Matt Salsbery – Toast Preview

The Toast to Mental Health May 4th at the Tippecanoe County Fairground

Celebrating Paul Harris

In April, we're honoring Rotary founder Paul Harris, who was born in Racine, Wisconsin, USA, on 19 April 1868. His vision of finding fellowship and making community connections endures to this day. Join us in celebrating the anniversary of his birth by **learning about his legacy** or **making a special gift** to The Rotary Foundation. **Subscribe to the quarterly Paul Harris Society Resource** to receive updates and learn more about how society members are leaders in giving.

