

# Rotary



# Club of Mattoon

## 03.06.24 Meeting Notes and More!



### Call to Order

The meeting was called to order by President Janet Grove and all in attendance recited the **Pledge of Allegiance**. The **Inspiration** was provided by President-Elect Noah Olson.

### Guests

Our only guest this week was our program speaker, Cinnae Martin.

### Sergeant at Arms

Sergeant Noah Olson collected donations from Rotarians celebrating March birthdays and anniversaries and those who had other happy news to share!

### Business & Announcements

**Peace Meals** - Dean Willaredt sent a morning email and announced in the meeting that a couple of additional volunteers

are needed for Thursday and Friday, March 14 and 15. Those who can volunteer should contact Dean.

**Rotary Comedy Night** - Gary Swearingen reported that ticket sales are going well and the night will be sold out! Any tickets members have that they are not planning to sell or buy should be returned to Gary ASAP. Gary also shared that more than 100 high school students received heart scans for spring semester - a record-breaking number. It's planned that the program will be fully endowed following this year's Comedy Night but additional funds may be needed in the future if the number of students participating continues to increase.

**RYLA** - Two students from Neoga will be sponsored for participation in this year's event. Additional student recommendations are encouraged! Contact Noah or Kim Denton.

**Austrian Dinner** - President Janet shared that she is working with our RYE student Babette and her host family to hold a dinner featuring Austrian Cuisine at Janet's home. The goal is to raise \$1,000 for the Club's donation commitment to the Mattoon Sports Complex. 20 tickets will be sold at \$50 each. More details to follow once a date is established.

**Arthur Fireworks - June 29, 2024** - This is another opportunity for Club fund-raising - and a great way to support our Arthur Rotary Club friends. We need 10 Mattoon Rotary volunteers to assist with parking and other duties at the fireworks display. The Club will receive \$100 for each volunteer. That's another \$1,000 we can raise for service projects and our donation commitment to the Mattoon Sports Complex!

**Annual Report/Newspaper Insert** - It's that time again! We need members to sell ads for the Insert. Proceeds of the ads sales benefit Club service projects - and we use the "Insert" for publicity and membership recruitment all year long! More to come.

**Club Committees for Rotary Year 2024-2025** - President-Elect Noah asked members to review the committees to which they are assigned for this year and begin thinking about their preferences for assignments for next year. That information will be collected soon.

**Meet Stephanie Urchick, Rotary International President for 2024-2025** - All Rotarians are invited to register for lunch at PETS (President-Elect Training Seminar) to be held in Effingham on Sunday, March 17, to meet Stephanie and hear her speak. Register @ [lolpets.org](http://lolpets.org).

**Access Ramp Project Future Planning** - Steve Kite and Larry Niegowski recently presented a program about the Access Ramp Project at Charleston Rotary - and the result is that Charleston Rotarians are interested in engaging in this project, with specific interest in helping with both fundraising and building ramps in Charleston. Steve shared that the team is seeking to build 10 ramps this summer, beginning the process this month. There are already 4 requests, 3 of which are carried over from last year. The cost of an average sized ramp is about \$1,400. John Covington suggested that we add a 50/50 raffle to Comedy Night to raise funds for the ramps and further discussion led to a recommendation to sell 1 ticket for \$5 and an arms length for \$20. President Janet and Tina Stovall volunteered to sell raffle tickets the night of the event. If you can volunteer to help, please contact Janet or Tina.

**Donation from Coles/Cumberland Bar Association** - President Janet and Judy Baker shared that Billie Constant recently presented, and had approved, a motion by the Bar Association to donate \$1,000 for this year's Comedy Night.

**City of Mattoon Update** - Mayor Rick Hall was asked to give a brief update. Rick shared updates on the progress of the Sports Complex and adjacent retail store development. Both the indoor facility and the retail stores are on schedule to open in October 2024. Mayor Hall also shared a summary of the potential impact to the City of Mattoon if the state initiative to end the grocery tax is implemented.

### Today's Program: Cinnae Martin, BODi Partner and Life Coach

Cinnae introduced members to BODi, an at-home holistic personal development program that can help participants lose weight, build muscle, learn more about nutrition and exercise and develop "health esteem" through exploring mindfulness and meditation. As a BODi partner, Cinnae works to help others self-assess and engage with the BODi programs and products that will best fit their individual needs. She provided examples of programs for people of all ages and stages of life - and described how they can help us flex our mind, our muscles or both! In addition to individual support, Cinnae also teaches group dance and fitness classes. Cinnae sharing her own experiences with weight loss and personal development was inspiring! For more information, email Cinnae at [martincinnae719@gmail.com](mailto:martincinnae719@gmail.com) and check out BODi @ [beachbodyondemand.com](http://beachbodyondemand.com).

### Triple Treat

This week's winner of \$16 was Diana Hartbank. The larger pot of \$499 was rolled over to next week.

## Club Meeting

Mattoon  
Meets at Mattoon Golf & Country Club  
6700 N Country Club Rd  
Mattoon, IL 61938-8427  
Time: Wednesday at 12:00 PM

## Speakers

### April 03, 2024

Joleen Baker-Robinson - CASA of East Central Illinois

## Birthdays

John M Covington  
March 15th  
Heidi Larson  
March 15th  
Janet Grove  
March 20th  
Melissa McDaniel  
April 5th  
Robert D Becker  
April 6th  
James R. Livesay II  
April 6th  
Alex Hagen  
April 7th

## Club Leaders



Janet Grove  
President



Noah Olson  
President-Elect  
Sergeant-at-Arms



Laura Reichart  
Secretary  
Club Executive  
Secretary



Doug Jackson  
President-Nominee  
Treasurer



Tina Stovall  
Club Admin Chair  
iPast President  
Public Relations Chair



Judy Baker  
Membership Chair



Scott L Eggleston  
Service Projects Chair



Michael W. Martin  
Rotary Foundation  
Chair  
Past President

### Raffle Drawing

This week's winner was Kelly Villardo, Charleston.

The meeting closed with members reciting **The Four-Way Test of the things we think, say or do.**

### Upcoming Club Programs/Events

**March 13:** Club meeting @ MG&CC. Program: TBA. Recognize March Students of the Month.

**March 20:** Club meeting @ MG&CC. Program: TBA

**March 23: Comedy Night at Yost Convention Center - Get your tickets!**

**March 27:** Club meeting @MG&CC. Program: TBA

**Check the Club website at [mattoonrotary.org](http://mattoonrotary.org) or DACdb for more programs and events!**

### Program Committees

**March:** Chair: Kim Denton, Melissa McDaniel, Rodney Morris. Kim Uphoff

**April:** Chair: Doug Jackson, Samantha Barr, Lindsey Butler, Jason Donnelly, Amanda Honn

**May:** Chair: Chris Strohl, Larry Larvick, Laura Reichart, Susan Riggert

**June:** Chair: Jason Heuerman, Rick Hall, Matthew Froeschle, Gary Swearingen

**Reminder: Community Events** (*Represent Rotary; send us a selfie in your Rotary t-shirt; earn a make-up!*)



Rick Hall  
Club Director



Gary L. Swearingen  
Club Director



Kimberly A. Denton  
Past President  
Youth Exchange  
Office  
Youth Services Chair



Lindsey Butler  
Youth Exchange  
Counselor