

# Rotary



# Club of Mattoon

## 2.22.23 Meeting Notes

By Larry Nichols



After the meeting was called to order and an inspiration was shared by President Tina, Sgt. Rick Hall began collecting donations though fines and happy/sad dollars.

**Fines:** Rick offered Tina a choice of a \$1 fine or jumping jacks. \$8 was collected with help from others (no jumping jacks required!) Jason Donnelly was assessed a fine for a recent lunch with Rick. Rick agreed to pay the fine.

**Happy \$:** Dean Willaredt celebrated the 43<sup>rd</sup> anniversary of the Miracle on Ice and Steve Kite celebrated his 53<sup>rd</sup> wedding anniversary

### Announcements and Reminders...

**Comedy Night March 11** - A limited number of tickets are still available. Contact John Covington or Gary Swearingen

**Rural Urban Day March 15** at Lake Land College...registration available online @ <https://go.illinois.edu/luncheon> , by calling the Coles County extension office @ [217-345-7034](tel:217-345-7034) or contact President Tina. RSVP by March 11.

**Insert Sales** - President Elect Janet Grove will have sponsorship packets available at the next meeting. Goal this year: Each member sells two sponsorships. (Members could also buy a sponsorship.)

**Host Families Needed** - We will have an inbound youth exchange student next school year and need host families for a three to four month commitment. Contact Kim Morrison if you would like to host or know a community family who would like to host.

**Program:** Kim Lockart, Sarah Bush Lincoln Health System Foundation, and Lori Richardson, Sarah Bush Lincoln Heart Center provided an update on the Rotary Athletic Heart Screening for high school sophomores. Kim provided a Rotary Comedy Night sponsor brochure to attendees and shared some history of the program: First heart scan conducted in March, 1996; First Rotary Comedy Night for fundraising, 1997. Heart screening was not held in Spring 2020 or during the 20-21 and 21-22 school years due to COVID. The program began again in Fall 2022. Kim expressed appreciation for Rotary fundraising over the years. More than \$180,000 has been raised which includes building a \$116,000 endowment. The endowment goal for continuous funding is \$150,000. Since its inception, the program has served more than 4,000 students in a 10 county area (20 area schools). Kim also shared the process between SBL and local schools to encourage students to participate.

Lori shared the screening advancements the program has made through the years. A change from ECG to EKG allows for assessing additional conditions including: WPW, Marfan's Syndrome, Long QT syndrome, and LVH (Lori briefly described each). Along with providing the EKG, SBL conducts a health history/family history, blood pressure check and physical exam for each student. New in Spring 2023, a blood draw to check for iron deficiencies will also be included. Lori noted a surprising increase in detection of high blood pressure in recent screenings and how early detection can help youth begin to address potential future concerns.

Dr. Lakshmi, a SBL cardiologist, reviews each EKG on the day of the screening and further review is completed by a pediatric cardiologist through Children's Hospital of Illinois. Lori shared an overview of the number of students each year who are referred for further evaluation. The program is offered twice each school year: the first weekend in November and the first weekend in March. Questions from club members yielded suggestions for improving publicizing the services available.

Malcolm O'Neill, Mattoon Rotary President at the time, who conceived this program with Todd Lindsey, then Executive Director of the Sarah Bush Lincoln Health Foundation, noted that the full Rotary Club voted initial support for the program and continues to support it.

**Triple Treat:** Winner of today's \$23 drawing was Malcolm O'Neill. The big pot, now \$645 rolls over to next week.

**Raffle:** Winner: Paula Gullion. Ticket sold by Lindsey Butler, Mattoon Rotary

## Rural-Urban Luncheon to be Held March 15, 2023

## Club Meeting

Mattoon  
Meets at Mattoon Golf  
& Country Club  
6700 N Country Club  
Rd  
Mattoon, IL 61938-  
8427  
Time: Wednesday at  
12:00 PM

## Speakers

**March 01, 2023**

Mike Martin  
Heart to Heart: 2023  
Service Trip to  
Guadalajara, Mexico

**March 08, 2023**

Janet Rayfield, Head  
Coach, Illinois  
Women's Soccer  
Women's Soccer at  
the University of  
Illinois

**March 15, 2023**

Rural-Urban Luncheon

**March 22, 2023**

Kim Uphoff, President  
& CEO, Sarah Bush  
Lincoln  
Update on Sarah Bush  
Lincoln

## Birthdays

Ali Nichole Young  
February 26th

Lindsey Butler  
March 4th

Michael W. Martin  
March 4th

Heidi Larson  
March 15th

John M Covington  
March 15th

Janet Grove  
March 20th

## Club Leaders



Kimberly A.  
Morrison  
iPast  
President  
Youth  
Exchange  
Counselor



# Rural-Urban Luncheon

Wednesday,  
March 15, 2023

12pm

Lake Land College West Building  
5001 Lake Land Blvd. Mattoon, IL

Don't wait, make your reservations now  
@ [go.illinois.edu/luncheon](https://go.illinois.edu/luncheon) or by  
calling the Coles County Extension Office

217-345-7034

**Please RSVP by 3/11/2023**



**Paul Stoddard**



**"Future of Agriculture"**

We are excited to help bring this event back to our community! The Rural-Urban Luncheon brings together consumers with members of the Ag and Business Industries. Paul Stoddard, Senior Lecturer in the Department of Agricultural and Consumer Economics at the University of Illinois Urbana-Champaign, is the featured speaker. Join us on Wednesday, March 15, at Lake Land College. Register online @ <https://go.illinois.edu/luncheon> or by calling the Coles County Extension Office at [217-345-7034](tel:217-345-7034). Please RSVP by Saturday, March 11.

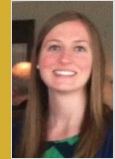
Youth Exchange Office  
Youth Services Chair



Tina Stovall  
President  
Public Relations Chair



Janet Grove  
President - Elect



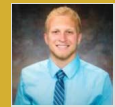
Laura Reichart  
Secretary  
Club Executive Secretary



Michael W. Martin  
Past President  
Treasurer  
Rotary Foundation Chair



Amanda Honn  
Club Admin Chair  
Club Director



Noah Olson  
Club Director  
Sergeant-at-Arms



Gary L. Swearingen  
Club Director



Judy Baker  
Membership Chair



Scott L. Eggleston  
Service Projects Chair



Rick Hall  
Sergeant-at-Arms



Jonathan R. McKenzie  
Assistant Governor