



# IMAGINE ROTARY

## The FIZZ

The Weekly Newsletter of The Rotary Club of  
Champaign  
Home of the World's Greatest Rotary Club  
"Service Above Self"

### Birthdays

Janice M. Bahr  
February 14th  
Charles C. Moore II  
February 17th  
Rich Brantley  
February 20th  
William D. Malone  
February 21st  
Rebecca Ries  
February 21st  
John M. Reed  
February 21st  
Matthew A Carr  
February 22nd  
Elizabeth Borman  
February 26th  
Zach Wetherell  
March 8th

### Wedding Anniversaries

Ashley Dye  
March 4th

### Events

February 20th  
[U.S. Ambulances for Ukraine](#)

February 27th  
[Fighting Illini Softball](#)

## The FIZZ - February 13, 2023

Volume 104, Number 33

### Program for February 13th 2023: The Heights of Healing Humor and Laughter

Over the years, many have heard about the healing power of humor. What does look like? What exactly is getting healed? This short program talks about the physiology and psychology of humor and laughter. Experience laughter as a preventative medicine, for the body and mind.

Debra Joy Hart is currently practicing as a registered Nurse, minister, clown and grief coach and grief educator. She has authored 1 book and several articles and chapters in books about humor and grief. Her TEDx talk, "That's Not Funny: 3-P Practice for Grief Resilience" is used in many death education classes. She has been featured in many podcasts, radio shows and TV. Debra truly radiates joy.

NOTE: This meeting is expected to take place in-person at the Holiday Inn Champaign. It will also be offered online, via [Zoom](#).



Debra Joy Hart (Source: Facebook)

### Cup Recipient for February: First Followers of CU

By Shandra Summerville on Thursday, February 2, 2023



"FirstFollowers is a reentry program based in Champaign, Illinois. We provide services and guidance to those impacted by the criminal justice system. Our advocacy and outreach initiatives aim to build healthy relationships that positively impact communities." Source: <https://www.firstfollowersreentry.com/>

## Paul Harris Fellow

**Scott Anderson, Jr.** recognized **Harry Baxter** for achieving the Paul Harris Fellow +4 designation (\$5,000 in cumulative donations to the Rotary Foundation.) Congratulations Harry and thank you for your generosity!



## February Social Double Feature

February 25: "That's What She Said" at the Virginia Theater, featuring our own **Shandra Summerville**

February 28: Trivia Night

# THAT'S WHAT SHE SAID

That's What She Said is a one-night live event that raises women's voices through the power of storytelling.

Support Champaign Rotary's own Shandra Summerville by attending this event at the Virginia Theatre Saturday February 25 at 7:30 p.m.



SHANDRA SUMMERVILLE

Buy tickets online by scanning the QR code. Tickets are \$40/each + fees.



**FEBRUARY 28, 2023**  
**EL TORRO BRAVO**  
 6:30 PM • 2561 SPRINGFIELD AVENUE



**Hey smarty pants! Grab your drinks, test your smarts and win some prizes!**

Put your trivia skills to the test at this upcoming fundraiser for the Champaign County History Museum.

Doors open at 6:30 p.m., the trivia contest begins at 7 p.m.  
**\*\*Up to 8 team members on any one team\*\***

Let [gina.scarpetta@gmail.com](mailto:gina.scarpetta@gmail.com) know if you are interested in participating. Tickets are \$25/each and do not include food.

Visit [champaigncountyhistory.org/](http://champaigncountyhistory.org/) for more info. Rotarians are responsible for purchasing their own tickets. Buy your ticket today!

## Rotary Youth Exchange: Host Families Needed!

[Rotary Youth Exchange](#) advances Rotary International's mission of world peace through understanding. The Rotary Club of Champaign needs three host families for the next inbound student. The first of these will must be available beginning in late March. Host families should live in the Champaign Unit 4 school district. Please contact **Sheryl Palmer** ([sheryl@champaignfaith.org](mailto:sheryl@champaignfaith.org)) for more information.

## In-Person Lunch Reservations



If you plan to attend a Rotary meeting in person, please keep in mind **ALL** reservations must be made by **11:59 p.m.** on Wednesdays as Holiday Inn now requires our order on Thursdays.

You can register through Square at: <https://checkout.square.site/buy/N5BEIKXMYFLHSIVAYXBQ6OFV>.

The fee for lunch is \$15.00.

## Duty Roster

	February 13, 2023	February 20, 2023
<b>Greeters</b>	Nathan Montgomery Michael Gunderson	TBD
<b>Reflection</b>	Sheryl Palmer	Nathan Montgomery
<b>Introducer</b>	Scott Dahman	Scott Burge
<b>Zoom Greeter</b>	Shandra Summerville	TBD
<b>Room Setup</b>	Marlys Scarbrough	TBD
<b>Virtual Meeting Coordinator</b>	Jared White	Jared White