

Porta-Rota-Call

by Jen Maynard

February 28, 2023

President Josh Goodlock called the meeting to order at 12:00 p.m.

Rotarians and guests recited The Pledge of Allegiance.

Rotarians and guests recited The Four Way Test.

Chris Buckley gave our invocation.

Our greeter Bill Kaufman introduced our visitor Brad DeBoer, Donald Swank, Bo Snyder, Steve Rodia, and Matt Cupp.

Pass the hat today to help fund our therapy dog for Portage Community High School.



President Josh introduced our speakers Lorraine Zorbo, BA and Tonya Johnson, RN, BSN from AdvisaCare Home Health Hospice. Lorraine graduated from Bucknell University with a BA in Psychology and began working in the home health care field in 2002. She has been a Director at AdvisaCare Home Health since 2016 where she has direct contact with patients, their family, caregivers, and health care professionals in our industry on a regular basis and therefore, has a clear understanding of the challenges and triumphs of those who have survived a catastrophic injury or are dealing with health issues.

Lorraine is active with many organizations including the Michigan Brain Injury Provider's Council (MBIPC) serving on the Board for nine years. During that tenure she chaired the Ethics Committee, served as West Michigan Representative for Professional Development, was Vice President, Professional Development Committee Chair and was the MBIPC representative to the BIA Board. She participates in Capital Day and is the Professional Development Committee Chair which coordinates the Learn Over Lunch and Wednesday Webinar events.

In the past, she has served as a volunteer for Bronson Methodist Hospital in Kalamazoo and has served on the Patient & Family Advisory Council that seeks to improve service delivery throughout the hospital system. She is serving her sixth term on the Greater Grand Rapids/Kalamazoo CMSA Board where she has been Secretary, Vice President, President, and now Treasurer. She is enthusiastic about ensuring we have influence in the lives of those we serve by maximizing their quality of life every day.

Tonya Johnson BSN RN - Clinical Manager for Kalamazoo AdvisaCare, has been in the health care field for about 20 years. Her inspiration to become a nurse occurred after her father had a massive stroke in 2004 at 39. Observing how those nurses cared for her dad and her family inspired her to become one of them! She started at the bottom and worked her way up. Tonya first started as a direct care professional working with individuals who had mental and physical disabilities. She then became a CNA at Friendship Village the same year her son, who is now 14 years old, was born. She then went to Bronson and worked as PCA while obtaining her prerequisites for the nursing program. Tonya was accepted into the nursing program the same year her second son was born. After obtaining her LPN license, she worked in a nursing home while obtaining her RN.

Tonya's first RN job was administering Chemotherapy in the hospital outpatient setting at Borgess-Lee. This clinic was affiliated with West Michigan Cancer Center where she became the lead Infusion nurse/Manager for the clinic. She then became the physician practice nurse for an Oncologist who focused on breast cancer at West Michigan Cancer Center which transitioned into the Bronson Cancer Center. She worked in Hospice Case Management right before her father was put on hospice. It was a blessing in disguise that prepared her to go through that process. She moved from Case Manager to the Hospice on-call position right after having her third son.

She now serves as the Clinical Manager for AdvisaCare Home Health in Portage. She loves being able to train and direct clinicians in providing quality care to the patients they serve. Tonya enjoys working as a nurse to fulfill her passion to care for others.

Together, they presented Understanding your Medicare home care benefits and private duty services. They shared home health lingo and the process required to receive home care benefits and private services. They stressed the importance of meeting with a Medicare professional to understand your benefits and help guide you to the right decisions.

Handouts described what Medicare covers, eligibility, coverage, and what is not covered by Medicare nor private health care insurance. A list of potential indicators for home care services was also provided. Thank you for our pens and post-it pads.

The advantage of home health care is that you can age in place in familiar surroundings, with flexible, individualized care, keep your independence, and enjoy family/friend involvement. It is

very personalized to your situation and needs at the time. Disadvantages include cost of care (\$30-40/hour with a minimum of 4 hours/day is common), lack of regulation, and staffing inconsistencies.

Announcements

- Send your 2024 Rotary Hero for Rotary Club of Portage nominations to Josh by March 22 (josh@skillquestntl.com/517-605-1925!
- Blood drive signup for Thursday, April 18
- Memorial Day parade for Monday, May 27
- Marathon volunteer signups for Sunday, May 5
- **Thank you** to the Portage Education Foundation for their \$2,500 grant for our therapy dog at Portage Community High School.
- Saturday, April 20, Earth Day volunteer opportunity for Kalamazoo River cleanup from 11 am – 2 pm. Several groups will be assisting to clean the river from Jackson to Douglass.
- Do not forget our Miller Auditorium fundraiser. Our next show is My Fair Lady on March 10 (3 pm moved to 6 pm). We must sell ten tickets to each show to make \$10 per ticket. Be sure to use the QR code on the flyer.
- Check your Rotary email to register for the 2024 District Conference at the Radisson in downtown Kalamazoo on May 3-4. Register by March 15 for the chance to win \$100. All registrations include a free Rotary t-shirt. The deadline for registration is April 19. All District 6360 Rotarians are invited to attend. Highlights include:
 - o Interact conference on Friday morning
 - o Edison neighborhood urban garden fruit tree planting Friday afternoon
 - o Taco bar party and art hop presentation, art hop, and pub crawl Friday night
 - o Yoga on Saturday morning
 - o Mental health awareness walk on Saturday morning
 - o Lunch and sessions, including Rotaract, Youth services – community impact and membership growth, DEI education, and strategic doing on Saturday afternoon
 - o Dinner with Rotary Club Heroes and club awards on Saturday night
 - o Register today!

No birthdays and anniversaries today.

Happy bucks from Dick Hewitt, Bill Kauffman, Bill Crown, Nicki, Bonnie Granado (she leaves March 15 to visit Casa Amparo and is accepting Sam's Club gift card donations for food), and Chris Buckley. Members paid trivia fines for not answering president-themed questions incorrectly.

50/50 drawing: Bill Crown won \$32!

Ace of spades drawing: Pat McGinnis did not draw the ace of spades for \$400. The pot grows!

Our next meeting is March 6 featuring President elect Randy Orwig – "The Magic of Rotary."

Meeting adjourned at 12:50 pm by President Josh Goodlock.