



The Bath Tub

Hot Springs National Park Newsletter



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www.facebook.com/hsnrotary

Week of September 2, 2024

Upcoming Programs:

September 4, 2024	Conductor – Empowering Entrepreneurs Jeff Standridge, Managing Director
September 11, 2024	Special Patriot Day Presentation Hot Springs Police Chief Billy Hrvatin
September 18, 2024	Rock Steady Boxing Amy Johnson

What Failing as a Golf Pro Taught Me about Business



What a pleasure to hear from Christina Lecuyer â€” Confidence Coach and former pro golfer. Her mission in life is to help people have the confidence to do the things they really want to do in life. She shared with us the 4 things that she believes prevent people from doing the thing they most want to do and why we lack the confidence to accomplish what we want in life.

First is the fear of failure and the inability to have the courage to try. If we all think back on life, we realize that we learned more from our failures than from our success. **Second** is that most people feel inadequate or unworthy of success. Many suffer from impostor syndrome. Adequacy and confidence are built by taking action. **Third** is the lack of resiliency. When we get knocked down in life, we need to stand back up and go again. If you get knocked down again, keep standing back up. Do hard things and build the resiliency you need to succeed. **Lastly**, many of us donâ€™t have a strong enough â€œwhy.â€ How many people do things in life for all the wrong reasons? Figure out your why and this will help lead you to accomplishing the thing you most want to accomplish in life.

For more information on Christina, her podcasts, coaching and much more, visit <https://christinalecuyer.com/>

Big thanks to **Sarah Richardson** for introducing today's guest speaker.



Club Leaders



[Sara Brown](#)
President



[Tim Metcalf](#)
President-Elect



[Justin Nicklas](#)
Vice President



[Gary McQuin](#)
Secretary



[Courtney W. Moore](#)
Treasurer



[Renee Bartholomae](#)
Club Director



[Nicole Herndon](#)
Club Director



[David Trice](#)
Club Director



[Mary E Zunick](#)
Club Director



[Arthur D. Floyd](#)
Sergeant-at-Arms



[Chris Franklin](#)
iPast President

Birthdays

Chuck E. Launius
August 31st
Richard Gladden
September 2nd
James A Carney
September 6th
Nicole Herndon
September 10th
Richard W. McGrew
September 12th

Douglas A. Arnold
September 14th

Whitnev C. Moore

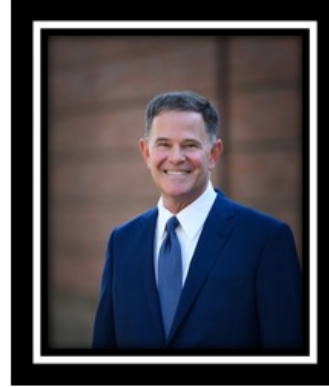
4 Way Test



James Frierson – Invocation



Richard Poole – Pledge



Justin Hickman – 4-Way Test

The Rotary Scholarship Trust Drawing



Rotarians Dennis Smith & Alan Floyd had their number drawn for a chance to win half the money in the pot, but not today guys! The Ace of Diamonds is still in the deck and the pot continues to increase! Make plans to purchase your tickets next week and maybe you will be the lucky winner.

Here's where we are:
\$545.00 in the pot and
34 cards in the deck.



Guests



Rotarian Brian Canales introduced our guests today.

Joyce Craft introduced Linda Langan with the Hot Springs Housing Authority.

Bill Burrough introduced his guest, Jeff Goff.

Justin Nicklas introduced Brandon Sessions with New Hope Therapy.

Neal Harrington introduced Libby Harrington with Levi Hospital.

Bill Solleder introduced Adam Webb with the Garland County Library.

Visiting Rotarian from Stuttgart David Leach was introduced by Larry Levi & it's always great to have visiting Rotarian from Magnolia, Larry Gay. So wonderful to have all of these guests with us today as we work to grow our membership. Big thanks to Brian for stepping up to introduce guests at the last minute.

Student Guests



Mary Zupick introduced Emma Stormont



Mary Zunker introduced Emma Starnett, a student at Jessieville High School, for her second visit. We look forward to hearing from Emma next week.

If you would like to host a student guest, please contact Sarah Richardson.

Announcements

STUDENT GUEST PROGRAM

If you have a child or grandchild that will be a senior this year at one of our local schools, please see Sarah Richardson about our Student Guest Program.

SATELLITE CLUB

Our Satellite Club is recruiting members. If you know someone who might like to be a part, they meet on the 2nd & 4th Thursday each month at the Courtyard Marriott. Also, a great club to visit if you want to see what it's all about, or you are working on your Red to Blue Badge.

NEXT BOARD MEETING

Tuesday, September 10 at noon at the Hot Springs Country Club. All members are welcome - if you are working on your Red to Blue Badge, this is your opportunity to check this off your list.

GARLAND COUNTY HISTORICAL SOCIETY FUNDRAISER

Sunday, September 29, 2 pm - 4 pm - Tour of 2 Park Avenue Area Homes on Circle Drive. Tickets are \$75 per person and all proceeds benefit GCHS. Visit [Garland County Historical Society](#) to purchase your tickets.

Prospective Members

The Board and Membership Committee have approved the following prospective members. If there are no written objections sent to the secretary within 3 days of this second publication, they will become members at our September 4 meeting.

Adam Webb

Executive Director
Garland County Library
Sponsored by Bill Solleder

Libby Harrington

Marketing Director
Levi Hospital
Sponsored by **Neal Harrington**

Captain Jason Perdieu

Corp Officer & Minister
Salvation Army
Sponsored by **Ira Kleinman**

Thought for the Week

This year's Rotary International Motto is "The Magic of Rotary". Besides Labor Day, September 2 is also National Live Fearless Day, so let's acknowledge an area in our lives where we feel fear and do something about it. Andy Rooney once said, "Everyone wants to live on top of the mountain, but all the happiness & growth occurs while you're climbing it." (closing comments from President Sara Brown)





Absence

Alderdice, Corey Alderdice, Stephanie Barrett, Matt Bartholomae, Blake O. Bennett, Ashley Blackmon, Kelsey B Bornhoft, James Bradford, Jay Britton, Beau Carney, James A Crawford, Roger Dante, Charles H. Jr. Dews, John Scott Disney, Daniel E. Dodd, Nick Galloway, Johnna Gladden, Richard	Harper, Susan Allen Harris, William T IV Jarmon, Nadine Kerst, William L. Kleinman, Ira M. Koller, Rob LaFollette, Diane Launius, Chuck E. Lee, Liberty Lipton, Michael J. Martinez, Rafael McGrew, Richard W. McNary, Mechele Moore, Courtney W. Moore, Whitney C Mouton, Alex Patel, Parth	Phillips-Jolly, Jane Porter, Lance A. Praetzel, Daron C. Pratt, John A. Ragsdale, Linda L. Rogers, Kala Ross, Doug Sample, William H. Smith, Janet E. Spraggins, Alan Stepka, Jordan Stobaugh, John S Tucker, Tiffany Wagstaff, Cindy Warren, Les A. Warren, Will Wright, Raymond Zeiser, Jared	R85 Aldridge-May, Susan G. Bailey, Larry Brunner, John H. Cupp III, Cecil W. Endicott, Lynn E Fleischner, H. Mark Hudgens, E. Brad Payton, Richard LOA Bartholomae, Blake Chapmond, Chris Helm, Michael Rogers, Kala
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