



# The Bath Tub

## Hot Springs National Park Newsletter



www.hsnrotary.org  
hsnrotaryclub@gmail.com  
www.facebook.com/hsnrotary

### Week of May 22, 2023

### Upcoming Programs:

May 24, 2023

*Kermit Channel,  
AR State Crime Lab*

May 31, 2023

*Billy Hvartin,  
New HSPD Chief*

June 7, 2023

*Rotarian Diane LaFollette  
Mid America Science Museum*

### Kateryna Pitchford; War in Ukraine



**Conway Rotarian Kateryna Pitchford, speaker, and HSNP Rotarian Michelle Ratcliff Assistant District Governor Michelle Ratcliff** introduced our speaker this week, Conway Rotarian Dr. Kateryna Pitchford, who was born and raised in Ukraine and still has family living there. Pitchford moved to Conway to attend Hendrix College for her MBA degree and is currently a professor of business at Central Baptist College. She is also a member of Noon Conway Rotary Club. Pitchford began by sharing audio representing the first 365 days of war, with the frightening sounds of bombing and sirens. It was on February 24, 2022 that the Russian Armed Forces moved in from Russia, Belarus and Crimea with 200,000 soldiers and began bombing airports across Ukraine. At the height of Russia's success, its troops controlled about 25% of Ukraine. In May, Mariupol's fall cut Ukraine off from the Azov coast and secured a land corridor from the Russian border to Crimea. On June 23, Ukraine received a status of a candidate of EU membership. Then in September, Putin announced the annexation of four occupied territories: Luhansk, Donetsk, Kherson and Zaporizhzhia. By September 21, Russian mobilization began: more than 300,000 left Russia crossing to neighboring countries, some fled to Alaska across the Bering Strait and some hid within the country. Ukraine has liberated 54% of the territories that Russia has seized since February 24, 2022. At least 46 countries or territories have imposed sanctions on Russia, or pledged to adopt a combination of US and EU sanctions. Since the beginning of the war, more than 10,901 sanctions have been imposed on Russia, making it the most sanctioned country in the world. The United States has provided more than 10,000 anti-aircraft and anti-armor systems, more than 200

### Club Leaders



[Neal C. Gladner](#)  
President



[Chris Franklin](#)  
President-Elect



[Sara Brown](#)  
Vice President



[Gary McKuinn](#)  
Secretary



[Courtney W. Moore](#)  
Treasurer



[Diane LaFollette](#)  
Club Director  
ADM



[Tim Metcalf](#)  
Club Director  
Meetings & Activities



[William Solleder](#)  
Club Director  
Service Projects  
Chair  
Community Service  
Chair



[Cheryl Lynn Stafford](#)  
Club Director  
Youth

helicopters and tanks, and more than 1.5 million artillery and ammunition rounds. The first year of this war cost the United States over \$91.5 billion in security assistance.

The violence has cost over 5,000 civilian deaths and over 6,000 civilian injuries, has internally displaced nearly 7 million people and forced over 6 million to flee. Ukrainian officials claim that nearly 8,000 children were illegally taken to Russia to be raised as Russians. According to the U. S. Department of Homeland Security, more than 271,000 Ukrainian refugees have been admitted to the United States, some of them making their new homes in Arkansas.

How can we help? We can make donations to The Rotary Club of Dnipro City.



[Donna K. Smith](#)  
Club Executive Secretary



[Tiffany Tucker](#)  
iPast President



[Michelle Ratcliff](#)  
Assistant Governor

## The 4-Way Test

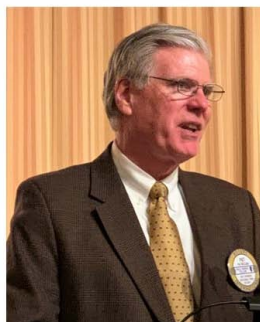
### INVOCATION

J. J. Galloway



### PLEDGE

Pat McCabe



### 4 WAY TEST

Roger Crawford



## Birthdays

Mary E Zunick  
May 29th

Elizabeth L. Robbins  
May 29th

Michael J. Lipton  
May 30th

Richard Poole  
May 31st

Bill G. Creason  
May 31st

Rafael Martinez  
June 1st

William T Harris IV  
June 2nd

Darla Thurber  
June 5th

Tiffany Tucker  
June 8th

Donna K Smith  
June 10th

H. W. Davenport  
June 11th

James R. Mazzanti  
June 13th

Jimmy M. Pate  
June 16th

James Bornhoft  
June 16th

David Trice  
June 23rd

Charles H. Dante Jr.  
June 23rd

Gary A. Troutman  
June 28th

## The Rotary Scholarship Trust Drawing



Look at how happy **Gary Troutman is**, having both ticket numbers drawn. But then look at the two tickets he drew.....not the Ace of Diamonds! Next week, if someone draws the Ace of Diamonds next week, they will win half of the pot:

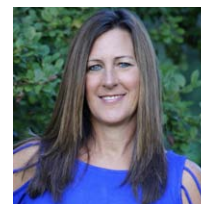
**\$700 in the pot**

**32 cards in the deck**

## Guests

**Rotarian Karol Bailes** introduced our guests this week:

**Lori Erickson** introduced Carvin Brown and **Roxanne Butterfield** introduced Gefer Sims.



## Rotary Minute



**Rotarian Dick Gladden** provided the following Rotary Minute this week:

Polio Plus is still in the news for Rotary International in Tuscon, Arizona. Every November, nearly 8,000 cyclists ride to raise money for various causes.

The ride for Polio Plus began with Michael Harris of the Tuscon club. He saw that forming a cyclist group could help raise money, so in 2009, a small group started and raised \$25,000. This has continued for the past 14 years and more than 1,000 Rotarian cyclists have helped raise over \$61 million! This includes matching funds from the Bill and Melinda Gates Foundation. Other supporters have also supercharged these efforts, including Rotary International President, Jennifer

Jones.

Another Rotary Club in Conway, Arkansas has a charitable project delivering birthday cards to every child and young adult in the state's foster care system.

This project was started by Mike Altland of that club, who said, "These children have had a lot of disappointments in their lives and to be remembered on their birthdays may give them hope to go on, knowing that someone cares". The club plans to send 3,700 cards per year, with American Greeting Card Company donating cards for the last two years.

Both of these projects rank with Rotary's motto: "**Service Above Self.**"

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## Board Notes

The next Board meeting will be held at the Hot Springs Country Club on **Tuesday, June 13 at 11:45.**

As always, all membership is invited to join us, especially new members who are trying to earn that coveted Blue Badge! Please let Donna K know if you plan to attend.

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## Announcements

### COMMITTEE PREFERENCE FORMS

You should have received an email from Donna K with an opportunity for you to select which committee(s) you'd like to serve on next Rotary year (July 1, 2023 through June 30, 2024). Please respond to that email, as we will be filling committees soon! Like President Neal said, if you don't respond, you WILL be assigned to a committee! There is also a copy of the committee descriptions attached to this email.

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#### MARK YOUR CALENDARS!

#### HSNP ROTARY CLUB'S INSTALLATION BANQUET

The annual Installation Banquet will be held on **Tuesday, June 27** at 6pm in the Lake Hamilton Ballroom (7th floor) of the DoubleTree Hotel. Members and a "plus one" are invited to attend. Evites were sent out this week. Please let Donna K know if you will be coming by Tuesday, June 20. Reply to [hsnprotaryclub@gmail.com](mailto:hsnprotaryclub@gmail.com)

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## President Neal Gladner



Let me start by saying congratulations to Matt Bell and his Origami Sake Company. You may recall he spoke to our club earlier this year about his plans, and yesterday was the official ribbon cutting for the opening of his Sake brewery. If you are curious about a tour or a tasting, they are available, but you need an appointment. And remember, he told us that if your only experience with Sake is something you had at a restaurant, your experience was limited, and maybe not even all that pleasant. Origami Sake is on Grand, not far from Cutter Morning Star schools. The most common phrase about this new business seems to be: This can make Hot Springs the Napa Valley of Sake. And you'll recall they use Hot Springs water from a well dug on the property – and Arkansas rice.

And – speaking of growing in Arkansas – a reminder that Arkansas strawberry season is winding down. Generally, expect the last of the picking to be in early June. Arkansas grown strawberries are, for the most part, consumed here in Arkansas. The University of Arkansas Cooperative Extension Service has a few

tips if you are a berry fan:

- Let your nose be your guide when choosing. They should smell sweet, be bright red and have fresh green caps. Watch for mold. A little mold can spoil a bunch of berries.
- Make them near the last thing you buy so you can get them home and the refrigerator quickly. They should not be at room temperature for more than a couple of hours, max.
- Don't wash them until just before you are ready to eat them. Taking the cap off early can reduce the flavor, texture and nutrient quality.
- And how long can you keep them in the fridge – U of A says only a few days, then look for mold

to set in.

Please remember to Imagine the Change Maker you can be as we all "Imagine Rotary".

And I leave you with the words of Entrepreneur Catherine Cook, who said "If you're not making mistakes, then you're not making decisions."

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## Absence

Barrett, Matt Bartholomae, Renee Bennett, Delores C. Blackmon, Kelsey B Bornhoft, James Bradford, Jay Brinlee, Bryan Britton, Beau Brown, Sara Burrough, Billy J Jr. Chapmond, Chris Couch, Mary Anne Crawford, Roger Dante, Charles H. Jr. Dews, John Scott Dingler, Brett Disney, Daniel E. Dodd, Nick Echols, Taryn E. Gooch, Lloyd (Don) Gronwaldt, Robert C Harrington, Neal	Harris, William T IV Herndon, Nicole Hinz, Ernie D. Hoefl, John P. Hogan, John A. Kelly, Judith Heikes Kerst, William L. Koller, Rob LaFollette, Diane Launius, Chuck E. Lipton, Michael J. Martinez, Rafael McGrew, Richard W. Metcalf, Tim Mitchell, Tanya Moore, Courtney W. Mouton, Alex Naveran, Garrett Nicklas, Justin Northern, Martin Patel, Parth Peine, Brett	Phillips-Jolly, Jane Porter, Lance A. Praetzel, Daron C. Pratt, John A. Ragsdale, Linda L. Richardson, Sarah Roberts, Thomas W Ross, Doug Simmons, Svetlana Spicher, Forrest L. II Stafford, Cheryl Lynn Stepka, Jordan Stobaugh, John S Taylor, Kathy H. Thurber, Darla Wagstaff, Cindy Warren, Les A. Warren, Will Wright, Raymond Zeiser, Jared Zunick, Mary E Zunick, S. Robert	<b>Active-R85</b> Aldridge, Susan G. Brunner, John H. Bush, David M. Craft, Joyce L. Cupp III, Cecil W. Davenport, H. W. Endicott, Lynn E. Fleischner, H. Mark Fleischner, Stuart Allen McKuin, Gary Porter, Jack C. Smith, Dennis C.
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## Thought for the Week

When you can't control what is happening,  
challenge yourself to control the way you respond to what is happening.  
THAT'S where your power is!

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