



The Bath Tub

Hot Springs National Park Newsletter



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 www.facebook.com/hsnrotary

Week of March 13, 2023

Upcoming Programs:

March 15, 2023

Rotarian Bill Solleder
Upcoming Visit Hot Springs Events

March 22, 2023

TBD

March 29, 2023

Attorney General Tim Griffen

Dr. Joe Thompson, Director ACHI



L-R Rotarian Gene Shelby, Dr. Joe Thompson, President Neal Gladner

Rotarian Gene Shelby introduced our speaker, Dr. Joe Thompson, who is the President and CEO of Arkansas Center for Health Improvement (ACHI). Dr. Thompson has spoken to our club many times, most recently about the Covid-19 pandemic. He came to us this week to look back at Covid-19 to see what we have learned from this virus.

3 years ago, when "the world shut down", we had no idea what was to come and how or when it would end. One of the main concerns was that our hospitals and health care systems would be overwhelmed. Many different efforts were made to keep this from happening - some of them worked; some didn't. But this was a new virus that we basically knew little about, only that it was a respiratory infection that spread quickly and had potentially deadly consequences.

Using logic to keep the virus from spreading too quickly, efforts were made to keep people distanced to prevent exposure. Leaders in some states completely shut everything down, but Arkansas Governor Asa Hutchinson implemented a phased effort as the risks presented themselves. We ended up in our state with about one third of our population being infected at some time. Many others were likely infected but showed no symptoms. Studies are being done on the few people who have not tested positive during the pandemic to try to understand why or how they were able to keep from getting the virus, as they were very likely to have been exposed at some time.

The pharmaceutical companies teamed with the federal government to mount an incredibly important response, but there was basically nothing to prevent one from getting ill. Antibody transfusions didn't seem to work, then the monoclonal antibody therapy seemed to work with the parent virus, but not with the different variants. Plaxlovid is now being used, but it will not keep you from getting sick, yet it may

Club Leaders



[Neal C. Gladner](#)
President



[Chris Franklin](#)
President-Elect



[Sara Brown](#)
Vice President



[Gary McKuinn](#)
Secretary



[Courtney W. Moore](#)
Treasurer



[Diane LaFollette](#)
Club Director ADM



[Tim Metcalf](#)
Club Director Meetings & Activities



[William Solleder](#)
Club Director Service Projects Chair



[Cheryl Lynn Stafford](#)
Club Director Service Chair



[Cheryl Lynn Stafford](#)
Club Director Youth

keep you out of the hospital.

There was also vaccine development. Again, the vaccines have not proven to prevent the virus, but they seem to help keep patients out of the hospital. Dr. Thompson says that we will continue to have mutations/variants of Covid and they change very quickly, but the main concerns are if they are more infectious, more deadly and do they escape the protections we now have. So far, the variants have not been more harmful, yet they still continue to kill people each day.

It is not yet clear how many vaccines we will need to have, but it is being looked at very similarly to the flu, with different "strains" each season.

Another big concern that has resulted from Covid is the hit that the healthcare industry has taken, both financially and emotionally. There is also another issue called "Long Covid". There are about 10% of those who had the virus and continue to have symptoms. We don't yet know why or what has caused this.

Dr. Thompson says another big challenge is misinformation. He encouraged us to seek authoritative sources for information and to double check information on fact-checking sites including Snopes.com, FactCheck.org, PolitiFact.com and NewsGuardTech.com

For more information from Dr. Thompson and ACHI, you can subscribe for free updates at www.achi.net/newsletter.



[Donna K. Smith](#)
Club Executive Secretary



[Tiffany Tucker](#)
iPast President



[Michelle Ratcliff](#)
Assistant Governor

The 4-Way Test

INVOCATION
J. J. Galloway



PLEDGE
Bill Creason



4 WAY TEST
Mary Metcalf



The Rotary Scholarship Trust Drawing



Past District Governor Susan Aldridge had both lucky numbers, but was not able to find the Ace of Diamonds. We'll try again next week when we have

\$129 in the pot
48 cards left in the deck

Student Guest Speaker



Rotarian Nicole Herndon introduced our Student Guest Speaker, Madison Dengel, a senior at Arkansas School for Math, Science and the Arts, where she serves as the President of the Interact Club.

After graduation, Madison is going to attend the University of Pennsylvania, where she plans to major in Psychology and Cognitive Science, with plans to become a Cognitive Psychological Researcher, specifically in the field of positive psychology, to assist in shaping future mental health treatment technology.

Her father is in the Air Force and has recently been assigned to a base in Japan, so she will likely not be returning to the Hot Springs area after graduation, but she has loved living here and says that Hot Springs will always be her home.

Birthdays

Billy J Burrough Jr.
March 11th
Robert C Gronwaldt
March 15th
John S Stobaugh
March 16th
Justin Nicklas
March 21st
E. Brad Hudgens
March 25th
S. Robert Zunick
March 30th
Mary Metcalf
April 2nd
Jane Phillips-Jolly
April 5th
Diane LaFollette
April 6th
Lawrence W. Levi
April 7th
Ralf Bailes
April 9th
Judith Heikes Kelly
April 12th
Stephanie Alderdice
April 14th

Rotary Foundation Matching Points Opportunity

The Rotary Board recently approved a proposal by the TRF Fundraising Committee, chaired by **Mark Fleischner**, to have a matching points opportunity for members **during the month of March, 2023** as described below:

This will be a 1:1 match of donated dollars to The Rotary Foundation for an equal amount of points to be matched by the club. There is a minimum of \$100 donation per club member, at which the club will match the \$100 in points.

For example: If a member currently has a total of \$800 in donations to the Rotary Foundation, and makes a \$100 contribution, then the club would match the 100 in points to give the member a total of \$1,000 so they would receive their Paul Harris Fellowship Award. Another example: If a member only has \$200 in their donations, they can then make a \$400 donation to the Rotary Foundation and the Club would match the 400 in points, to give the member \$1,000 for their PHF. Or if a member has \$2,500 in contributions and makes a \$250 donation, the club will match with 250 in points and the member will reach their PHF +2 level.

Again, **the minimum amount is \$100 donation from the club member and the total amount must get the member to either the initial Paul Harris Fellowship amount (\$1,000) or a "plus" level (\$1,000 increments).**

The Club has been authorized to use a total of 10,000 points during the month of March and they will be on a first come, first served basis. Once we reach 10,000 matched points, this opportunity will be over. This will only be available to members from March 1 through March 31 (or whenever the 10,000 points allotment is reached, whichever is first).

You can check your current contribution amount at www.rotary.org OR reach out to **Donna K, Club Secretary Gary McQuin or Assistant District Governor Michelle Ratcliff**. Your donation checks should be made out to the **HSNP Rotary Club** with "**matching TRF points**" in the memo line. You can bring them to Donna K's table at the weekly meeting beginning March 1 or mail them to our PO Box 909, HS, AR 71902, with receipt no later than March 31 . Sorry, we cannot process credit card payments for this special opportunity.

Any questions, see **Donna K, Gary or Michelle**.

Guests

Rotarian Kelsey Blackmon introduced our guests this week:

Loren Benedict hosted Garrett Naveran; **Mark Graham** introduced prospective member, Sarah Richardson; **Svetlana Simmons** hosted her husband, Jon Simmons; **Gene Shelby** hosted Becky Tate; and **Robert Zunick** introduced Chris Manley.



Prospective Members

The Board and Membership Committee have approved the following prospective member. If there are no written objections sent to the secretary within 3 days of this second publication, he will become a member at our March 15 meeting.

Saddiq Mir

Owner: J&S Italian Villa, Copper Penny Pub and The Ohio Club
Sponsored by **Gary Troutman**

The Board and Membership Committee have approved the following prospective members. If there are no written objections sent to the secretary within 10 days of this first publication, they will become members at our March 22 meeting.

Christie Dawson

Sponsored by **J. J. Galloway**

Jordan Stepka

Sarah Richardson

Executive Director, The Literacy Council of Garland County
Sponsored by **Mark Graham**

Congratulations to these Rotarians!

Congratulations to **Past President Gary Troutman** on his recent appointment to the Board of Regents of the Institute for Organization Management. This is the professional development division of the National Chamber of Commerce.
Congratulations, Gary!



Rotary Minute



Rotarian Dick Gladden provided the following Rotary Minute this week:

In his "Rotary Minute", he likes to search out other Rotary clubs to see what they are doing to help people in need - emphasizing our motto of "Service Above Self".

Gladden served over 15 months with the U. S. Army in Seoul, South Korea from 1957-58. So an article in a recent Rotary magazine about a club in Seoul caught his eye. The article described that, ironically, the day after Rotary celebrated it's 117th founding, Russia invaded Ukraine.

This crisis reminded Rotarian Young Jung, a past District Governor, about the Korean War in the early 1950's, when around 3 million people were killed or

wounded.

The war left Korea in rubble and was still that way when Gladden was there 4 years later. But many countries came to South Korea's aid, bringing in money to rebuild railways, schools, highways and buildings. It has taken several decades, but today Seoul resembles New York City.

Upon reading this recent article about the invasion of Ukraine, Young felt that it was time to give back. So he left for Poland to help the Ukrainian refugees. He was joined by many fellow Rotarians from his district in South Korea. They raised in excess of \$20,000 to aid the 1.5 million Ukrainians who had escaped out of Ukraine.

He said that several from his club met with Polish Rotarians and together, they offered help for the refugees to settle and live in Poland.

Another club in Seoul has established a social program for disabled people to live independently. These activities are held at the Welfare Center in Seoul. They include sporting events, barbecues, movies, small trips and a big Christmas party in December. The president of the Club said, "We hope these special events will continue to create beautiful memories".

Another example of "**Service Above Self**".

Board Notes

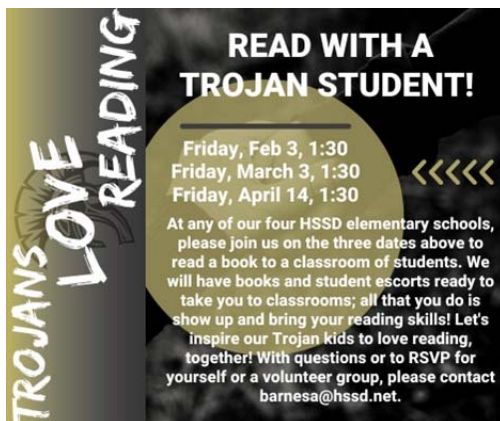
The next Board meeting will be held at the Hot Springs Country Club on **Tuesday, March at 11:45**. As always, all membership is invited to join us, especially new members who are trying to earn that coveted Blue Badge! Please let Donna K know if you plan to attend.

Announcements

ROXANNE BUTTERFIELD SIGHTING!

Our club was thrilled to hear that President Neal had seen our fellow **Rotarian Roxanne Butterfield** dining out last week with her husband. This was her first outing since her first surgery back in December. This is very exciting news and the entire club wishes her the best for a complete recovery and return to our club meetings. We miss you, Roxanne!

TROJANS LOVE READING PROGRAM



Trojans Love Reading is an initiative to build community support and excitement around reading! When elementary students feel this village approach from Trojan families and individuals/partners/leaders from the Hot Springs community, they are more likely to maintain and grow their own interest in reading and developing literacy skills. On the two dates above, in March - April of 2023, we are inviting anyone in the Hot Springs community to support students in grades 1-6 at all four of our [#HSSD](#) elementary school campuses by committing to read a book to two or more Trojan classes.

---HSSD Elementary Schools and Locations:

Langston Elementary Leadership Academy (300 Silver Street)
Main Street Visual & Performing Arts Magnet School (701 Main Street)
Oaklawn STEM Magnet School (301 Oaklawn Boulevard)
Park Magnet, an IB World School (617 Main Street)

RSVP as an individual or group to barnesa@hssd.net if you would like to be assigned to a #HSSD school; OR if you have a connection with a Trojan student or staff member, feel free to attend that school as a reader and request to be assigned to that classroom.

MARK YOUR CALENDARS!

DISTRICT CONFERENCE AND ASSEMBLY

May 19-20, 2023 at the DOUBLETREE BY HILTON - HOT SPRINGS

We are in need of host family/families for **Enrique Garcia**, a Rotarian from Guadalajara, Mexico, who works with Rotary International through the **Heart 2 Heart** and other programs. He is planning on coming to the District Conference/Assembly, and hopefully will speak at the Foundation Banquet on Friday evening. He would like to spend a week, more or less, visiting clubs in our district. Please let **Donna K or Neal** know if you are interested in hosting Enrique for a night or two, which would include meals in addition to accommodations.

President Neal Gladner



Past President Don Gooch used to open his meetings by declaring "Good News" – so to tear a page out of the Gooch Playbook – GOOD NEWS. I am pleased to report that I ran into our fellow **Rotarian Roxanne Butterfield** at lunch this past Friday. She has been joining us on Zoom. She and husband Mike told me Friday was her first venture out of the house to enjoy a meal – and it was great to see her. By the way, she has been with us on Zoom. My "Google Alert" for Hot Springs turned up another good story about our city yesterday, and just this morning, our fellow **Rotarian Bill Solleder** sent me a copy of that article as well. It's from Thrillist Travel website - The article is headlined the "Coolest Small Cities in the US" – It listed 16 small towns, among them, Gulf Shores, Alabama; Juneau, Alaska; Bend, Oregon; and Flagstaff, Arizona --- and Hot Springs Arkansas! Of course, our geothermal water leads the story, followed by "gangster history", with name checks for Capone and Madden. And the start of Spring Training with a name check for Babe Ruth. While it's a short article, also mentioned are Superior Bathhouse Brewery; our two operating bath houses, the

Buckstaff and Quapaw, the Gangster Museum and even the "running of the tubs". So once again, travel writers are telling America why they should visit a place that we're lucky to call home. Please continue to think about ways to "Imagine the Change Maker you can be" as we all "Imagine Rotary".

And on the topic of Imagine Rotary and being of service, this week's closing thought comes from Mahatma Gandhi – who said ***"The best way to find yourself is to lose yourself in the service of others"***.

Absence

Alderdice, Corey Bartholomae, Blake O. Bennett, Delores C. Bradford, Jay Brinlee, Bryan Britton, Beau Brown, Jeremy W Canales, Brian Chapmond, Chris Couch, Mary Anne Dante, Charles H. Jr. Dews, John Scott Disney, Daniel E. Dodd, Nick Echols, Taryn E. Giddings, Roger	Gooch, Lloyd (Don) Harrington, Neal Harris, William T IV Hogan, John A. Kerst, William L. Koller, Rob LaFollette, Diane Launius, Chuck E. Martinez, Rafael McGrew, Richard W. Mouton, Alex Northern, Martin Patel, Parth Peine, Brett Phillips-Jolly, Jane Poole, Richard Porter, Lance A.	Praetzel, Daron C. Ragsdale, Linda L. Robbins, Elizabeth L. Roberts, Thomas W Ross, Doug Smith, Janet E. Spraggins, Alan Stobaugh, John S Taylor, Kathy H. Terry, Tiffany P. Thompson, Ashley Troutman, Gary A. Tuohey, James Michael Wagstaff, Cindy Warren, Les A. Warren, Will Zeiser, Jared	<p>Active-R85 Arnold, Douglas A. Craft, Joyce L. Cupp III, Cecil W. Davenport, H. W. Endicott, Lynn E. Mazzanti, James R. Porter, Jack C.</p> <p>Active-LOA Brown, Daniel Burleson - Popp, Brad</p>
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Thought for the Week

**Greatness isn't achieved by worrying about what everyone thinks of you.
Don't look outside.
The praise, criticisms, expectations; it's all just noise.
Look inside your heart and soul and do your thing.
Do it with love and create greatness from the inside out.**