

Rotary Club 99: Tuesday, January 30, 2024

Join us Tuesday, Jan. 30 as we celebrate all other successes of Fifty for the Future over the past 60 years. Current Fifty for the Future President **Sharon Tallach Vogelpohl** will moderate a panel of board members including Lisa Ferrell, William Clark and John Riggs as they discuss the economic growth the group of CEOs has contributed to the Little Rock area and plans for future years.













Launching her agency career as an intern at Mangan Holcomb Partners in 1994, **Sharon Tallach Vogelpohl** became a principal in the firm in 2005 and was named president in 2010. Along the way, she nurtured many advertising and public relations campaigns, from strategic development to award-winning recognition. Her 20-year career spans the spectrum from copywriting to crisis communications for clients in every imaginable category. Sharon's experience includes award-winning work for nameplates such as Verizon Wireless, J.B. Hunt, Walmart, Simmons Foods, Stephens Inc., Le Bonheur Children's Hospital, Delta Dental of Arkansas and RiceTec, Inc. Sharon leads business development and strategic planning efforts to integrate the full spectrum of MHP/Team SI services into award-winning campaigns that get results and is the current president of Fifty for the Future.

Lisa Ferrell is the founder and CEO of Rockwater Village, a regionally-recognized real estate development corporation. Lisa is a practicing corporate attorney and a former state legislator and advisor to foreign governments. She leads the revitalization of a 50-acre downtown North Little Rock riverfront tract, driving more than \$300 million in investment to the project and resulting in more than 1,000 new residential units and infrastructure, a marina and the creation of 500+ new jobs. Lisa also leads teams of architects, engineers, contractors and others to achieve regionally recognized results. Her expertise in financing includes Opportunity Zones, New Markets Tax Credits, Improvement Districts and other funding mechanisms. She serves on the Federal Reserve Board of St. Louis Real Estate Industry Council and is the immediate past president of Fifty for the Future.

William Clark is the founder and CEO of Clark Contractors, LLC and is corporate director of Simmons First National Corporation. He is a board member for Central Arkansas Radiation Institute (CARTI), St. Vincent Foundation, as well as Fifty for the Future and the Arkansas Executive Forum. He is also a member of the dean's executive advisory board for the Sam M. Walton College of Business. William has served the community through many other nonprofit boards through the years, including the University of Arkansas for Medical Science (UAMS) Fund, Winthrop P. Rockefeller Cancer Institute Foundation, Arkansas Children's Hospital Foundation, Big Brothers Big Sisters of Central Arkansas and several others. He is a member of Leadership Greater Little Rock Class XVI and Leadership Arkansas Class I.

John Riggs IV is the retired former President and CEO of J. A. Riggs Tractor Co. Over the last 30 years, John has served as state senator, school board member and board member on several nonprofit boards, including Arkansas Advocates, EAST, Arkansas Virtual Academy and Little Rock Regional Chamber of Commerce.

Zoom Login for January 30, 2024

Join Zoom Meeting https://us02web.zoom.us/j/81152812103?pwd=dzhDais5MVZmZU5PYjZ4RmRTcUxqUT09

Meeting ID: 811 5281 2103 Passcode: 058340

One tap mobile

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- +13092053325,,81152812103#,,,,*058340# US

This Week at Club 99

Little Rock's Real Time Crime Center Mayor Frank Scott, Police Chief Heath Helton, LRPD Sergeant Christina Bewly and Little Rock Chamber of Commerce President & CEO Jay Chesshir

Club 99 members learned more about the City of Little Rock's Real Time Crime Center this week, with an emphasis on how businesses and individuals can be part of the new center focused on using real-time data to solve crimes throughout the city.

The panel - made up of city heavy hitters - drew media attention this week to learn more about the success the center has already had and is looking to build on in 2024. Chief Helton asked members to consider giving the Real Time Crime Center access to their business security cameras to allow LRPD officers to better serve the community and fight crime as it happens.

If you missed this week's meeting, you can watch the full meeting here. Click here to read the *Arkansas Democrat-Gazette* story covering this week's meeting.









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\$104,000 OK'd to pay Profiri

Panel's vote sends Sanders' request to Legislative Council



folice Sgl., Courtney Bowley (right) talks about the LRPD's Real-Time Crime Center with (from left) medicator Jay tile Rock Mayor Frank Scott Jr. and Little Rock Police Chief Heath Helton at the The Rotary Club of Little Rock's meeting at the Cinten Predictorial Litterary in Little Rock.

LRPD chief: Center a 'game-changer'

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Cash approved for 2 LR parks hit by tornado More than \$400,000 going

to rebuild ruined structures

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State gets low grades Wallsh for tobacco control

Financial filings in for judicial campaigns

Who's Having Fun This Week?

This week, Club 99er Coach Larry Clark, founder of Life Skills for Youth, shares about his love of pickleball and how he came to find his newest passion. Watch Coach Larry's video here.

Welcome New Members!

We welcomed two new members to Club 99, **Jeremy Hill** and **John Covrig**! Jeremy is chief of staff for City Year, and John owns Guardian Roofing. We look forward to getting to know you more!









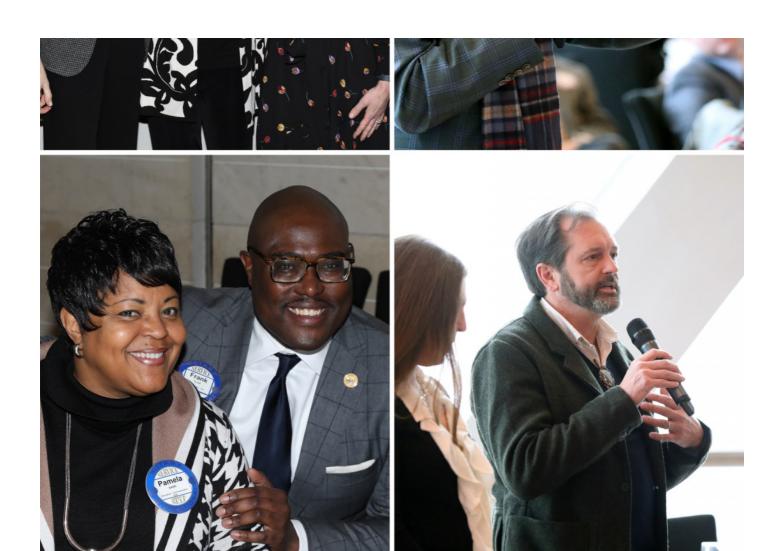












The 5th Test: Is It Fun?

President Ghidotti's Power of Fun Tip of the Week

Let's talk about the concept of a "digital sabbath†... it's exactly what it sounds like – borrowing a religious tradition of taking a day off work for rest. The digital sabbath is taking a day (probably easier to do on the weekend) from your phone. As we've discussed, Catherine Price, the author of "The Power of Fun," came to this book from her journey of writing her first book, "How to Break up with Your Phone.â€

As part of that research, she and her husband took a digital sabbath each week – 24 hours from Friday night to Saturday night away from their screens. What she learned from that is the sheer amount of time that opened up in their lives by avoiding screens, along with their perception of time slowing down. Instead of allowing their time to BE filled, they were now in charge of how THEY wanted to fill it.

Without apps and texts and scrolling, they found themselves with more hours in the day â€" hours that they were free to use on things they truly enjoyed.

And that is definitely part of the formula of mastering "The Power of Fun," right? Opening up hours in our lives to experience True Fun and work to make those opportunities a reality.

In her book, Catherine tells the story of Tiffany Shlain, a filmmaker and founder of the Webby Awards. Clearly, this woman is no technology hater, but for 10 years she and her family have been practicing a digital sabbath. She even wrote a book about how she does it, "24/6: Giving Up Screens One Day a Week to Get More Time, Creativity and Connection â€

Tiffany and her family have made it a tradition and do the same thing every Friday night. They put the phones away, make homemade bread and have an informal dinner party with friends. And on Saturday, they engage in leisure activities that they don't have time for during the week, like gardening, art projects, playing games or hiking. By the time they plug back in, they are refreshed and newly grateful for the positive aspects of technology.

You've all heard of FOMO â€" the Fear of Missing Out. Now there is a new term â€" JOMO: The Joy of Missing Out, which refers to unplugging from online life and reconnecting to simple pleasures in the present moment. Google it; there are some great articles out there about JOMO.

So my ask of you today is to replace FOMO in your life with more JOMO!

Participation Opportunities

Two Important Opportunities

Nominations Now Open!

It's time for our annual **Business & Professional Leader Award** nomination period. All nominations are due back to Karen Fetzer (kfetzer@littlerockrotary.org) by **THURSDAY, FEB. 1**. We hope you will consider nominating a worthy honoree. The nomination form and a list of past honorees are available here.

Help Sponsor the Police & Fire Awards

Our police and fire departments are so very important to the growth and success of Little Rock. Help us honor these men and women by sponsoring this year's **Police & Fire Awards**. We have several sponsorship levels that provide a variety of benefits to companies and individuals. New this year will be professionally produced videos highlighting our honorees, plus free tickets for our honorees' family members to be able to attend.

To make this an extra special event that these city servants deserve, we need your help! Please contact Club 99ers **Ed Owens** (edm.owens@gmail.com) or **Becky Finney** (becky@beckyfinney.com), who are chairing this year's event, or Karen Fetzer (kfetzer@littlerockrotary.org) if you'd like to support this annual recognition. A copy of sponsorship levels can be found here.

Special Events and Meetings

New Member Orientation Luncheon

NewDate: Monday, January 29, 2024

11:30 a.m. - 12:30 p.m. (make plans to stay a bit longer for some FUN!)

Little Rock Zoo

Club 99 Social

Wednesday, January 31, 2024

5-7 p.m

Happy Hour at one of Little Rock's newest and hottest locations

The Xperience

Club 99 Book Club Affinity Group

JANUARY (Hosted by Mitch Bettis)

RESCHEDULED - DATE TBA

Location: Arkansas Business Publishing, 114 Scott St., Little Rock, AR 72201

"Lincoln on Leadership: Executive Strategies for Tough Times†by Donald Phillips

FEBRUARY (hosted by Kristina Bolhouse)

Thursday, Feb. 22

5-7 p.m.

Location: Bolhouse Residence, 10 Northwest Court, Little Rock

"The 12 Week Year†by Brian Moran and Michael Lennington

MARCH (hosted by Maha Witherington)

Friday, March 8

Noon - 1 p.m.

Location: The Witherington Residence, 1122 Hilltop Road, Alexandar

"The Loudest Duck†by Laura Liswood, Senior Advisor, Goldman Sach

Upcoming Programs

January 2024

30 Fifty for the Future Anniversary

February 2024

6 All things Oscars: Predictions, Thoughts, Snubs

13 Arkansas' Lithium Rush

20 Downtown Little Rock's Strategic Plan with Sasaki

2023-2024 Club Leadership













Tanya James
Club Director
tjames@arvest.com







