

The Big Wheel

Club 2520, District 6150
 September 30, 2024
 Volume 107, Issue 14
 Rotary Club of Jonesboro
 P.O. Box 654
 Jonesboro, AR 72403
 Chartered August 1, 1919

Club Leaders



[Jennifer Hannah](#)
President



[Chad Chadwick](#)
President-Elect



[Alicia Dyer / Benson](#)
Secretary



[Jeremy Todd Watson](#)
Treasurer

Events

October 1st
Jonesboro Club Meeting Oct. 1- Mayor's Youth Advancement Council
Speaker: Bentley Burris & Gage Smith, Mayor's Youth Advancement Council
Subject: Empowering Future Leaders

Birthdays



[Shaila C Creekmore](#)
October 1st



[Berl A. Smith](#)
October 5th



[John P. Miles II](#)
October 10th



[Darpan Hemant Bhanushali](#)
October 18th



[Kenna S. Harrelson](#)
October 18th

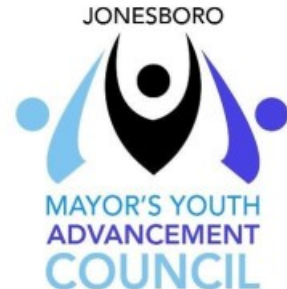


[Donald Cooper](#)
October 22nd

This Week's Program -- October 1, 2024

Empowering Future Leaders

The primary mission of the Mayor's Youth Advancement Council of Jonesboro is to involve youth in community issues and decisions, to advise the Mayor of the youth's perspective, and to empower future leaders to become engaged within their community. The council is made up of local 9th, 10th, 11th, and 12th-grade students from Jonesboro schools, including Jonesboro High, Nettleton High, Valley View High, Westside High, private, and homeschooled students. The council currently has five Task Force Departments, which include City Beautification, Communications and Outreach, Diversity and Inclusion, Health and Safety, and Planning and Engineering.



Gage Smith is the current Deputy Secretary on the Executive Board and Bentley Burris serves on the Communications and Outreach Task Force. Bentley is a junior at Valley View and Gage is a junior at Jonesboro High School.

Good News -- September 24, 2024

Hatton Weeks carried the mic for Good News.

Gregory Hansen announced the dedication of the Johnny Cash statue, which was among the most famous politicians, trailblazers and activists of American history, as he became the first professional musician to be honored with a statue in the U.S. Capitol.

Jeff Purinton welcomed his guests, Caroline Woods and Brandon Cunningham. Both are with A-State Athletics.

Aaron Bell has been out for a couple of weeks because he was welcoming his new baby, Betty.

Danny Rainwater announced that his youngest granddaughter just turned one.

Guy Patteson said he used to get his flu shots free from the County Health Department, and now he still gets them free at the Health Department. He urged everyone to get a flu shot.

Sam Hummelstein congratulated **Hatton Weeks** and K8's Aaron Castleberry. Castleberry was recently named K8 Assistant News Director.



[John M. White III](#)
October 24th



[Dana L. Kennedy](#)
October 25th



[Alicia Dyer / Benson](#)
October 25th



[Brett A Kohl](#)
October 26th



[Brenda S. Fasulo](#)
October 28th



[Christie Matthews Mink](#)
October 28th

Last Week's Program -- September 24, 2024

September Is Prostate Cancer Awareness Month

Last week, Dr. Emma Jacobs presented the program on prostate cancer. The week before St. Bernards held a prostate cancer screening. Dr. Jacobs said there were 93 participants. Out of this number, several cases of prostate cancer were discovered.

The prostate is a reproductive gland, about the size of a walnut, that sits between the bladder and the penis. It makes a fluid that nourishes and protects sperm. Prostate cancer occurs when the DNA in the cells of the prostate become damaged and start to grow uncontrollably and may eventually spread to the rest of the body.

1 in 8 men will be diagnosed with prostate cancer in their lifetime. 1 in 44 men will die from prostate cancer. It is the second most common cancer in men. It is 1.6 times more common in African American men. In early stages, there are no symptoms. If the cancer grows but does not spread, symptoms are the same as prostate enlargement, such as difficulty urinating and trouble with erections. Once the cancer has spread, there can be symptoms from the cancer spread, such as bone pain, swelling, and weakness.

We should screen for prostate cancer at age 50 for men who are at average risk of prostate cancer and are expected to live at least 10 more years, at age 45 for men at high risk of developing prostate cancer. This includes African Americans and men who have a first-degree relative (father, brother, or son) diagnosed with prostate cancer at an early age (younger than age 65), and at age 40 for men at even higher risk (those with more than one first-degree relative who had prostate cancer at an early age).

To screen for prostate, doctors do a Digital Rectal Exam (DRE), where the doctor feels for any abnormal hardness or lumps. Prostate specific antigen (PSA) is done with a blood test. PSA is a protein that only the prostate makes and can be elevated in men with prostate cancer. It can also be elevated when there are other prostate issues such as infection, recent problems with the urinary tract, and an enlarged prostate. There are other additional advanced tests that help determine cancer risk such as free PSA, PCA3, PHI, 4K, and apifyny.

With a biopsy, the cancer is given a Gleason grade (or grade group) for aggressiveness. Treatment for a confined prostate cancer is active surveillance, surgery – open vs robotic prostatectomy, radiation, brachytherapy,,external beam radiation, other forms such as proton beam and cyberknife, and ablation treatments.

Early detection is the best.



Report Card -- September 24, 2024

108 Members

Active=68
Active-Modern=3
Active-Partner=3
Active-R85=15
Active-Service=17

Staff Position=2
Active-Service: 8
Active-Modern: 2
Active-R85: 8
Active: 22
Guest: 5
[Read More](#)