

The Big Wheel

Club 2520, District 6150
April 15, 2024
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Rotary Club of Jonesboro
P.O. Box 654
Jonesboro, AR 72403
Chartered August 1, 1919

Club Leaders



[Erika Krennerich Chudy](#)
President



[Jennifer Hannah](#)
President-Elect
Public Image Chair



[Dana L. Kennedy](#)
Secretary



[Jeremy Todd Watson](#)
Treasurer

Events

April 16th

[Jonesboro Club Meeting April 16, 2024 - Mallory Mounce](#)

April 23rd

[Jonesboro Club Meeting April 23, 2024 - Jeff Molby, Chemo Riders](#)

Birthdays



[Cheryl L. Primm](#)
April 15th



[Brant Perkins](#)
April 16th



[Jill Clogston](#)
April 21st



[Ernesto Saucedo](#)
April 23rd



[David L. Leonard](#)
April 24th



[Heather D. Coats](#)
April 28th



[Jon David Carmack](#)
May 1st

This Week's Program -- April 16, 2024

Clinton School of Public Service

Mallory Mounce, Director of Development and Alumni Services at the Clinton School of Public Service will be our "virtual" speaker to give us an update on the school.

The Clinton School of Public Service was officially established by the University of Arkansas System Board of Trustees on January 29, 2004. Just eight days later, the school was approved to operate the nation's first Master of Public Service degree by the Arkansas Department of Higher Education.



A defining characteristic of the Clinton School and its MPS degree was a heavy focus on field service learning. From the beginning, each Clinton School student was required to complete three distinct projects: the team-based Practicum, an International Public Service Project (IPSP), and a final Capstone project. The school wanted to utilize a style of learning that would integrate theory and practice in a process of action and reflection. The Clinton School officially opened its doors in the Fall of 2004 and enrolled its first class of students in Fall 2005. Students can earn a Master of Public Service concurrently with a Juris Doctor (JD), Master of Public Health (MPH), Master of Business Administration (MBA), or Master of Social Work (MSW) with our University of Arkansas partner schools. Each degree program offers the potential to simultaneously achieve overlapping credits for your separate degrees.



[Hatton Weeks](#)
May 12th



[Erika Krennerich Chudy](#)
May 12th

In the News

New Member

On April 9, **Danny Rainwater** was introduced as our newest member. Please welcome Danny to the club.



Rotary Scholarship

Our first Rotary scholarship was awarded to Lily Meeks of Jonesboro High School. Lily plans to attend University of Central Arkansas and major in psychology.

Service Project

On Saturday, April 6, our club worked with Keep Jonesboro Beautiful, picking up trash on the roadways. We had several people come into town for the Eclipse, and we wanted to make a good first impression. Members met at Big Lots from 9 - 11 a.m. to pick up trash near the Woodsprings Road exit. Here are some pictures.



Good News -- April 9, 2024

James Gramling carried the mic for Good News.

Gregory Hansen celebrated his birthday yesterday, April 8, and thanked everyone for the great light show (aka the eclipse).

Jeff Purinton announced that today was a day of giving at A-State. He also praised the A-State bowling team for being in the final four.

DGE Brian Rega celebrated the 104th birthday of a St. Bernards resident and honored visiting Rotarian James McDaniel.

Carolyn Hudgins had a wonderful time viewing the eclipse yesterday.

PN Chad Chadwick reminded everyone to scan the QR code to register for the blood drive sponsored by the Valley View Interact Club.

John Deacon told everyone that the eclipse was predicted over 1,000 years ago by mathematicians.

President Erika Chudy announced that we were collecting eclipse glasses this month to send to South America. They are having an eclipse in a few years.

Last Week's Program -- April 9, 2024

Rock Steady Boxing for Parkinson's Disease

Leslie Wester, Rock Steady Boxing Coordinator for St. Bernards Health and Wellness, presented the program last week. She and Barbara Armstrong are certified instructors. Rock Steady Boxing is a unique exercise program based on training and used by boxing pros and adapted to people with Parkinson's disease. The program involves regular exercises, such as stretching, running, jump-roping, push-ups, balancing and lots of non-contact boxing, led by experienced trainers and coaches. It serves both men and women of all ages and levels of ability.

The program has two classes, one for milder cases of Parkinson's and one for more severe cases. Leslie told the story of Richard, an electrician who had been diagnosed with Parkinson's. She played a film clip where Richard spoke of how the program has helped him and showed people with Parkinson's in class. Symptoms manifest themselves differently in patients. Regular Rock Steady Boxing (RSB) training sessions help people with Parkinson's to experience less muscle stiffness and pain while generally improving their balance and capacity for motion. It also helps patients gain confidence.



Symptoms usually begin gradually and worsen over time. As the disease progresses, people may have difficulty walking and talking. They may also have mental and behavioral changes, sleep problems, depression, memory difficulties, and fatigue.

Parkinson's is a progressive disease but Rock Steady Boxing can slow the progression.

Report Card -- April 9, 2024

Total Active Members - 110
Active members - 65
Active-Service - 16
Active-Partner - 4
Active-Modern - 3
Active-LOA - 1
Active Rule of 85 members - 18
Honorary members - 6

Total Attendance - 46
Active Members - 42
Friends of Rotary - 0
Honorary members - 0
Proposed - 0
Guests - 3 [Read More](#)