

Rotary



District 6110 Newsletter

District Governor's Message December 2022



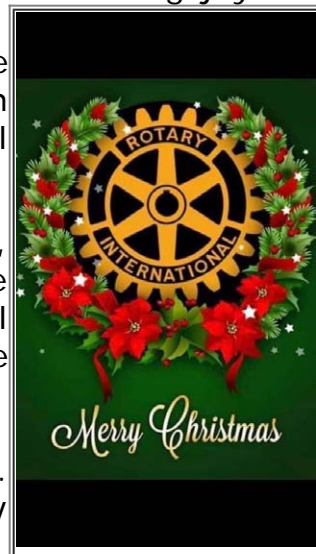
The Spirit of Christmas – the urge to show love, care, and concern for others reminds me of Rotary. True Rotarians have this spirit year-round and express it in their communities in a variety of ways. Projects helping those in need, providing coats, hats, and gloves, books, food, shelter – all are especially wonderful at this time of year. Rotary lights in parades and community parks bring joy and happiness for all to enjoy.

As a child, I would spend hours watching the Christmas tree. I felt it was magical. Now, each

time I look at our Christmas tree, I am magically transported back to all the years of Christmas memories and gatherings with family and friends.

In Rotary, we also have magic! Through our club activities of service, fun, and fellowship and through our Rotary Foundation, we provide care and concern all over the world with our donations. Our international partners help maximize the impact of Rotary service and the gift of the Rotary Peace Scholars shines a light of hope for a better future for all.

Rotary has been a gift to me, and I love sharing this gift with others. And for all of you and your families, I wish for you a very Merry Christmas, a Wonderful Holiday Season, and an Exceptional New Year!

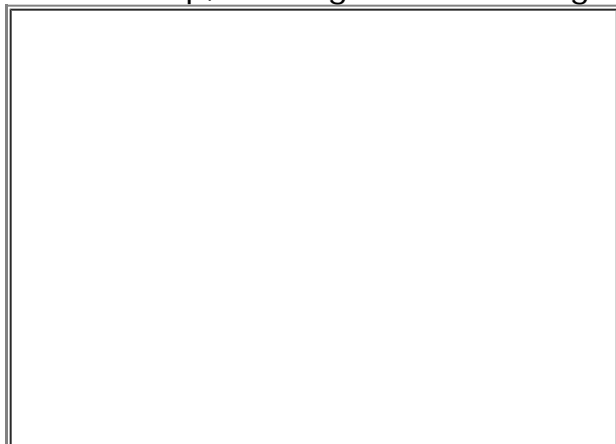


DG Cathy Webster

Muskogee Rotary Club includes District 6110's longest-serving members

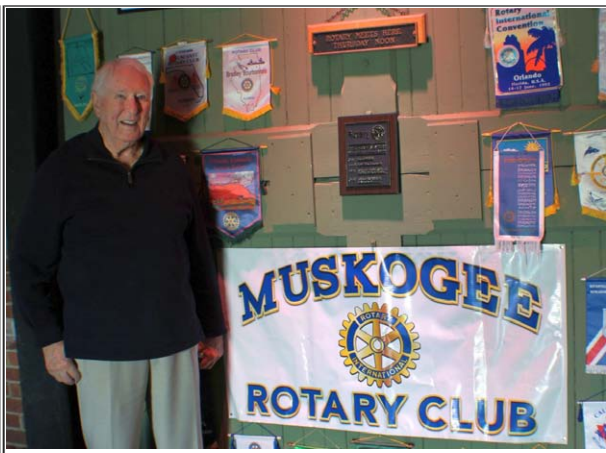
By Gena Parsons

The best way to live a long, fulfilling life may be joining the Rotary Club of Muskogee. The 109-year-old club is honored to have three nonagenarians, each with seven decades of membership, making them the longest-serving Rotarians in District 6110.



Jack L. Farr, 95, practically grew up in Rotary. His father served as District Governor (District 124, 1938-39) and a Rotary International Director. He recalls his father returning from a meeting in 1943 and announcing that Rotary was adopting The Four-Way Test as a guide for how members should conduct themselves in business and in life.

Farr joined Rotary right out of college in 1950 in his hometown of Clinton, Oklahoma. He has been a member in Muskogee twice – 1955-65 and 1975-present – and also Drumright, Ada and El Reno,



Jack Farr

the Tahlequah, Oklahoma, club.

"I've tried to be in a position to help," he said. "The Rotary clubs have changed so much. When I started, there was a very restricted membership process. Only the executives of businesses could be in it. No women." He was in club leadership following Rotary International's watershed decision in 1989 to allow female members.

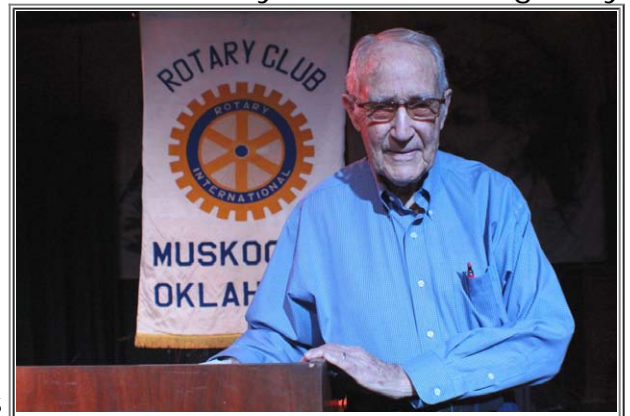
Fellow Muskogee Rotarians consider **Ted Hine, 96**, a living legend in the club and the community. Until a hip replacement at age 88, Hine ran five miles daily and he still regularly walks two to three miles. With his energy, dedication, and membership status, Hine remains the club's de facto historian, more than half a century after being president in 1957-58.

"I've enjoyed being in Rotary and have gotten to do a lot of things through Rotary," Hine said. "There's a lot of good things about Rotary, but one of the best things is the people you meet."

During World War II, Hine served as a U.S. Navy hospital corpsman in San Diego, California, caring for those wounded in the Pacific theater. Following studies at the University of Oklahoma and dental school in Kansas City, he returned to his hometown and was invited to join the Muskogee Rotary Club in January 1953.

As a young professional, Hine was in awe that he could stand shoulder-to-shoulder with local leaders in finding ways to improve their community. His advice to younger Rotarians and potential members is to get involved and build relationships.

"Stay right with it and become as big a part of it as they have time. It pays off in so many ways," he said.



Ted Hine

Ken Meyer, 96, followed Hine into Muskogee Rotary one month later in February 1953. The Woodward, Oklahoma, native switched from criminal law to financial law when he moved to Muskogee to work in the trust department in at First National Bank.

"I was told by the leaders in my bank that there's one club to join and that is the Rotary Club, and they were right," he said. "You get to know the people who do business for the town." Being in the banking industry, he naturally became the club's treasurer, a position he held for an astounding 40 years. He also wielded the presidential gavel 1968-69. Meyer is also a U.S. Navy veteran, having served as a Radioman 3rd class



Ken Meyer

during World War II 1943-46 and Korea 1950-53.

All three elder Rotarians take pride in the work their club does for the community, from sponsoring a park to donating to charity and ringing the Salvation Army bell during the holidays.

"Don't go to Rotary just as a luncheon," Meyer said. "They've got all these projects going and when you get in those projects, you'll find that they really are meaningful to the future of Muskogee, to your own personal future, and to your fellow Rotarians."

Farr, Hine, and Meyer proudly represent the rapidly dwindling Greatest Generation, those individuals who survived the Great Depression and the Second World War to witness remarkable advances in areas such as medicine, technology, and civil rights.

All three long-time Rotarians have taken a step back from participating in the more labor-intensive club activities. They are satisfied gathering with friends at the weekly club lunches at the Oklahoma Music Hall of Fame and imparting wisdom gained from their Rotary experience and long lives well lived.

"It's been a very fun influence on my life," Farr said. "I've tried to live The Four-Way Test. If somebody will do that, they'll be in pretty good shape."

Gena Parsons is the President-elect of the Rotary Club of Wagoner.

WHAT'S THIS ALL ABOUT? A few months back, the Tulsa Will Rogers Rotary Club noted their member Phil Keeter joined Rotary in 1961 and may be the longest serving Rotarian in the District. The Muskogee Rotary Club quickly countered with two members who joined their club in 1953. Gena Parson, a District Public Image committee member, was dispatched to Muskogee to get the scoop, and found another member who became a Rotarian in 1950!

District Office Holiday Hours

By Cole Adamson on Tuesday, December 13, 2022

The District 6110 Office in Tulsa will be closed Dec 22-26 for Christmas and Dec 29-Jan 2 for New Years. Have a great holiday!





Rotarians in Service - December, 2022

6110 ROTARIANS IN SERVICE

Here are just a few clubs providing service to their communities. Let us know what your club is doing to provide Service Above Self!

The Tulsa Sunrise Rotary Club Feeds the Hungry



Martha Lowe, Club President, and Janet Cheek, with students who helped unload the instant potatoes

The Tulsa Sunrise Rotary Club donated 150 boxes of instant potatoes to add to the Thanksgiving bags being sent home with each student at Street School in Tulsa, so the students can enjoy Thanksgiving dinners. The Street School is Oklahoma's longest and most successful alternative education program. The alternative education and therapeutic counseling program serves students grades 9-12. Street School provides students with the academic and emotional skills they need to achieve their potential and become responsible and productive citizens.

Coffeyville Rotary Club Parades

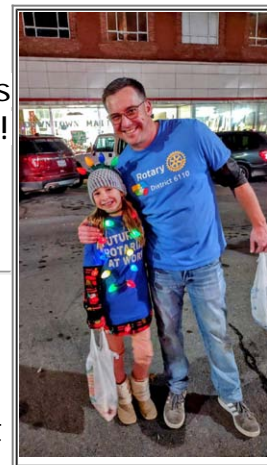
The Coffeyville Rotary Club took part in their Downtown Association's parade. This is just another way to let the community know that Rotary is active in the community. And



they used the correct

logo in their promotions!

On the right, Scott Tatman, District Leadership Academy Dean, shows his daughter Halle how much fun volunteering can be!



MSNI Article in Tulsa World Showcases International Service



The Tulsa World carried a great article about MSNI, Rotarians, and other volunteers sending yet another container to Ukraine. [Click thru HERE](#)

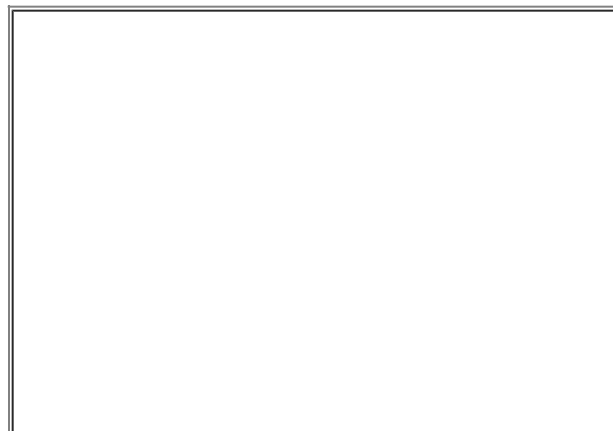
In the Tulsa World photo at left, Olga Randolph, originally from Russia, helps load the truck with Rotarian and MSNI board chair, Clay Langley.

Cathy Webster, Rotary district governor, (not pictured), thanked the volunteers for their efforts. "This is going exactly where it's going to be used," she said.

Webster added: "This is the expression of being a Rotarian. You can care for others, but you have to show it. And sometimes it takes a little bit of work."

Rotary Youth Exchange Student Makes Thanksgiving Dinner - in France

Savannah Rickman is a Rotary Youth Exchange student having the time of her life in Laval, France. Sponsored by the Bentonville Rotary Club, she decided to show her French host parents how a traditional American Thanksgiving meal is done. She was featured in the local newspaper and on local radio, according to her mother, Monica Ledbetter. Translated from the French newspaper: "If Savannah is far from her parents, she does not forget her traditions; turkey, mashed potatoes, corn and pumpkin pie!"





Rogers Rotary Clubs Sponsor Christmas Parade



Grand Marshals: Chad and Wendy Kumpe

The Rogers community parade, sponsored by the two Rotary Clubs in Rogers in partnership with the City of Rogers, was a great success. Over 100 volunteers helped line up the 90 floats, 2 high school bands, and a choir, and the clubs also provides crowd control along the route. The crowd was estimated at 5,000. The Rogers New Technology High School Interact Club assisted with 25 volunteers. Chad and Wendy Kumpe were the Grand Marshals for the parade. These Arkansas natives have lived in the Rogers area since 1995 and have been active in service to the community for many years. Chad joined Rotary in 1965 and served as president of the Rogers Rotary club. In his time there, he received the Service Above Self Award and the Avenues of Service Award. He is a charter member of the Downtown Rogers Rotary Club and served on the board for several years. Wendy joined Rotary in 2000. She has served as president of Rogers Rotary and Assistant Governor.

Jenks Rotary Club Hosts Open House to Attract Prospects

The Jenks Rotary Club hosted an open house in November, and will do so again on January 12, 2023. Their desire is to help the community get to know the programs and projects they provide.

They will provide some light refreshments at noon at The Hive, 115 S 1st Street in Jenks with a presentation on the club. Per their info, "The Hive is a place for artists, dreamers, and makers," so Rotarians should fit right in!



Come meet Jenks Rotarians

Tulsa Rotary Club Celebrates Twenty Years of "Shop With A Cop"

Twenty years ago, John Rains of the Rotary Club of Tulsa (remember that name - you'll hear more soon) started a new project: providing at-risk children an opportunity to "shop with a cop," and see the softer side of law



enforcement.

While the officer and child are shopping for the family, Rotarians are secretly shopping for the children. This year's event was chaired by Bryant Bynum.

They put together a great [video here](#) and shared it on social media. Give it a look!

Southeast Tulsa Rotary Club Honors Students

The Rotary Club of Southeast Tulsa enjoyed hosting Union Seniors of the Month recently. Pictured: Pres. Bryan Osborne, Tony Tempest, 10th Grade Principal for Union HS, Grayson Tempest and Lamonte Jackson (Seniors) and Scott Long.



Muskogee Rotary Club Supports Dental/Vision Clinic

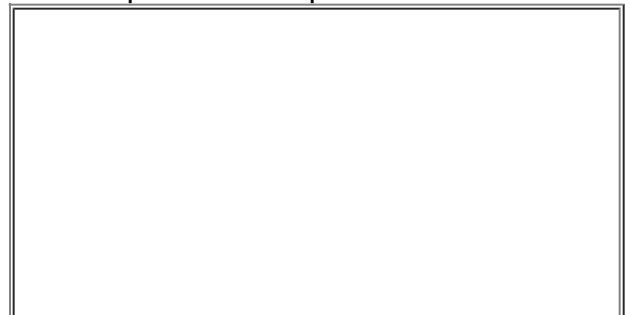


The Muskogee Rotary Club donated \$5,000.00 to Bridges Out of Poverty to help them with start-up costs for their new dental and vision clinic. Funds from their "Name That Tune" fundraiser helped make the clinic a reality.

Carthage Rotary Club Provides Warm Clothes

The Carthage Rotary club was pleased to partner with [Bright Futures - Carthage](#) to provide 50 hoodies to Carthage High School students needing some additional warm clothes.

Pictured delivering: Laney Wilson, Emmy Wilson, club President Wayne Wilson, Debbie Hensley & club Board Member Keith Lancaster.



Aurora Rotary Club's Christmas Tree



Look at the awesome Aurora Rotary Club tree at Aurora City Hall.

Thanks Kate & President Wes Coatney for doing such a great job!!

Alma Rotary Club Hosts "Meet The Candidates" Forum

The Alma Rotary Club was delighted to see a fantastic turn out for the Alma Mayoral Candidate

forum. Thanks to the candidates for an informative and enthusiastic luncheon.

Alma citizens heard the candidates against a backdrop of Rotary logos!

Thanks to the Alma Rotary Club members and Alma Area Chamber of Commerce for the event. Lastly, thanks to the Citizens Bank for providing lunch and support.

Mountain Home Rotary Club greets Santa

The Mountain Home Rotary Club recently conducted its Pancake Day with Santa at the Mountain Home High School. Over 30 of the club members helped make a very successful fundraiser, realizing at least \$12,000





Trevor Himschoot and Tobias Pugsley

with late proceeds still arriving. This will allow the club to give at least a dozen \$1,000 college scholarships to local students.

Santa was a "big hit!" and the club suggests finding a very sturdy chair to support Santa and those who end up on his lap! They solicited help from Interact and exchange students - a great idea to help them learn service!



Santa's in there somewhere!

Bristow Rotary Club Sells Poinsettias

The Rotary Club of Bristow continued their poinsettia sales for the fourth year, and sold out in just six days. They ordered 100 huge plants, selling them for \$30 each.



There were many pre-orders from satisfied supporters. Past President Kristin Weaver noted that about 5 club members were involved in the unloading process and were joined by high school volunteers who helped unload/unbox/unwrap the flowers for 4 hours of community service for National Honor Society. Many other members helped make calls and deliveries of the scarlet leaf favorite. Social media was the main way of getting the word out and keeping tabs on how many were left. The proceeds support their many projects, including free school supplies for students.



Will Rogers Rotary Club Rotates Monthly

The Will Rogers Rotary Club meets at a restaurant 3 times a month, but once a month they "rotate" meeting locations to the Will Rogers High School, which is the club's namesake. Here, Tenth Grader and debate team member Yobani Bustos accepts gift cards from club President, Stan Young. Stan was graduated from



that same high school back in 1977!

WHAT'S THIS ALL ABOUT? Is YOUR club doing service to its community? Is it telling its story? Are you "doing good in the world?" Let us know with "just the facts" to: Wally Bloss, District Public Image Chair: Wbloss@Gmail.com

South Central Rotary Youth Exchange (SCRYE) Conference, Tulsa, Jan 27-28, 2023



South Central Rotary Youth Exchange (SCRYE) consists of 37 member districts that cover 18 states in the south and central part of the country. Youth Exchange students from these districts will be meeting in Tulsa in January and **need our help.**

If you or any non-Rotarians you know who would love to host two or more Rotary Exchange Students on Friday, January 27th, contact DG Cathy Webster at cathywebsterd6110@gmail.com. Not only will this be a fantastic experience, but it can also count towards your club's International Service goals. Here are some details to know now and more information will be provided to those who respond:

- Since the conference is being held in Tulsa, all clubs in the Tulsa area are

invited to participate.

- Pick up students on Friday the 27th between 1 and 5 p.m.
- Return students on Saturday the 28th between 3:00 and 3:30 p.m.
- District 6110 Code of Conduct and the Youth Exchange Host Family Rules and Information documents will need to be signed and returned.
- Brief zoom training sessions will be provided and arranged a week before the event.
- In following the District 6110 Youth Protection policy, anyone 18 and over living in a host family home will need to have a background check done if one has not been completed in the last year. A link will be provided to complete this process.
- If you have any questions, contact Cathy Webster at the above email address or via text at 918-625-5720.

If you would like to host for the Friday night - read on!

Each host family must take at least two students. You can take more but be mindful of how many can fit in your vehicle. A clean carpeted floor/blankets and shared bathroom are perfectly



acceptable. In some cases, you might need to make a pallet for them as the kids who fly do not bring sleeping bags. Feed them dinner on Friday and breakfast & lunch on Saturday. A big pot of chili and games are fun, or you can take them to a local restaurant, enjoy movies at home, take them sightseeing in Tulsa, or team up with another host family and play games or do whatever you think the students will enjoy. The important thing is to welcome them and have fun!



You do not need to be a Rotarian to host students, but you do have to follow the rules and ensure a safe environment for the students. We are committed to providing a safe environment for all who are involved with youth. Some folks are not happy about the new Youth Protection Policy, but it is the Rotary International standard. It is important to understand that practicing due diligence and having complete records protects not only the youth but also all the volunteers.



WHAT'S THIS ALL ABOUT? Here's a simple opportunity to show some Rotary District 6110 hospitality. This is worth your time!

Rotary Youth Exchange Outbound Interviews

By Victoria-Sue Lombari



On December 3, 2022, District 6110 Youth Exchange Study Abroad Interviews took place at Haas Hall Academy in Fayetteville, Arkansas. Nineteen Rotarian and non-Rotarian interviewers came from across the district: Fayetteville, Springdale, Fort Smith, Miami, Tulsa, Harrison, and Coffeyville. Ten Rotex (former exchange students) also served as interviewers. The group interviewed 9 students and several parents, who came from Tulsa, Bentonville, Springdale, and Fayetteville.

At the lunch break, the D6110 participants watched an interview-style Zoom with 4 of our 6 outbound students currently overseas: Phoebe in Spain, Kelly in Germany, Savannah in France, and Joseph in Colombia.

Photo Credit: Rotarian K. Ross

WHAT'S THIS ALL ABOUT? Rotary Youth Exchange allows a student to spend a year in a foreign country, staying in the homes of Rotarians or friends of Rotarians. The exchange allows a foreign student to come to our area also. Most participants report the year to be life-changing.

Malnutrition Robs Children of their Futures

By Roy L Wood Jr.



Too many children and adults are malnourished simply because they don't understand

the nutritional value of readily available and local food sources. The Food Plant Solutions Rotary Action Group (FPSRAG) aims to help this by creating educational publications that help people understand the connection between plant selection and nutrition, and empower them to grow a range of highly nutritious plants with differing seasonal requirements and maturities. The FPS RAG identifies food plants that are potentially important for a country or region because they are suited to the environment, they are high in nutrients and they grow with minimal inputs. This is a sustainable solution that empowers people in need, not just for now, but into the future.

Currently, FPS RAG is headquartered in Australia, would like to supply educational resources to a number of countries, but lacks funding to do so. Below (click "more") is a list of their backlogged priorities. If you or your club have a passion for assisting with this, please visit <https://foodplantsolutions.org> for more information and to donate.

Contact Roy L. Wood, Ph.D. rwood7@gmail.com for additional International Service opportunities.

[Read More](#)

Plant-Rich Diets - a way you can help the world

By Ken Leonard

From your District Committee for the Environment -
Rotary's 7th Area of Focus

Sometimes it is difficult to know how to effect change that will benefit our environment without starting a major project. One simple solution is to adopt a [plant-rich diet](#), but I like my chicken with waffles.

We don't have to become vegan to adopt a plant-rich diet. Is your club a breakfast, lunch, or supper club? How about a once a month having a plant-rich meal? Just cut out the animal protein. It's simple and easy. Give this recipe a [try: Sweet Potato Chili](#). It's simple and easy.

Learn more about what other Rotarians are doing to support the environment at esrag.org.

Thank you for your service. Enjoy some veggies.






For more information, contact
Ken Leonard – kenleonard57@gmail.com
or Stan Grigsby – stan.grigsby@gmail.com

WHAT'S THIS ALL ABOUT? Some of us carnivores could consider a plant-rich meal - once a week! Take a look at



the [Environmental Sustainability Rotary Action Group website](#) for more ideas!

Welcome New Rotarians December, 2022

WELCOME	NEW ROTARIANS	
		
Jessica Washam (R) was selected as a "Vinita Rotary Senior High School Student" in 2013. Now she's a new attorney and a Rotarian!	The Nevada Rotary Club welcomed Dr. Stefanie Niles, Cottey College President (L), as their newest member.	The Wagoner Rotary Club welcomed Matt Baber to the club.

Have you welcomed a prospect to Rotary?
New members bring new ideas and additional support to Rotary.

You can ask a prospect to help deliver dictionaries, or pick up trash with you, or help with whichever action project your club does. Get their hands dirty and they'll be interested!

Please welcome these new Rotarians who were added since our last newsletter:

Rotary District 6110 New Membership Listing

New Members From: **Nov-12-2022** To: **Dec-13-2022**

25 Members Listed

Member Name	Start Date	Club	Sponsor
Swanson, Joi	11/14/22	Downtown Rogers	Joe Hines
Wright, Kathy	11/14/22	Downtown Rogers	Diana Lynn Eikenberry
Pommert, Jessica R	11/14/22	Joplin	Stephanie Brady Marj Boudreaux
Speak, Clarisa	11/14/22	Mid-Marion County	Whitney Doshier

Ruby (RUBY)

Dumas, Thomas R (TOM)	11/14/22	Mid-Marion County	Philip A. Thompson Alesia Owen
Weaver, Chance	11/16/22	Van Buren	Michelle J Robinson
Belt, Jennifer Martinez	11/16/22	Bentonville	
Wright, Christopher L (CHRIS)	11/17/22	Carthage	Michael A. Robertson Jr.
McDonald, Archie D	11/17/22	Carthage	Michael A. Robertson Jr.
Carson, Brad	11/20/22	Tulsa	
Johnson, James O (JAY)	11/28/22	Mid-Marion County	Alesia Owen
Lott, Toni	11/28/22	Bentonville	
Willard, Mike W	11/30/22	Rogers	Greg Stanfill
Washam, Jessica	11/30/22	Vinita	Steven Tamplen
Rahlf, Randall	12/01/22	Holiday Island	Al Selleck Kenneth E. Mills
Frederick, Leigh Ann	12/01/22	Paris	
Niles, Stefanie Davis	12/01/22	Nevada	Dr. Angela Glosser
Stephens, Kelly	12/02/22	Fredonia	Meredith Relph
Castillo, Apolo A Jr.	12/05/22	Broken Arrow	Steve Barnes
Johnson, Sabrina	12/09/22	Nevada	Sheree Gayman
Bell, Clinton	12/12/22	Springdale	Clinton Bell
Baber, Matt	12/05/22	Wagoner	
Hage, Chris	12/06/22	Aurora	
Mudd, Dallas	12/12/22	Springdale	Dina Wood
Wright, Libby	12/09/22	Grove	Pete Norwood

Note: For members to appear on this list, their start date must be entered.

Melbourne, Australia Convention

By Warren C. Lovinger Jr.

I encourage our D6110 Rotarians to visit RI's website regarding Melbourne, Australia and our convention there (convention.rotary.org). This site has a large amount of information about dates (Saturday, May 27 through Wednesday, May 31, 2023), registration cost (\$475 each until 12/15, then \$575 each thru March 31, 2023), the Program, hotel availability, transportation, and general information about Melbourne.

Because we are crossing the International Dateline, we will need to leave the U.S. on Thursday, May 25th in order to arrive in Australia on May 27th. United and American are U.S. airlines that fly directly to



Melbourne, as does Qantas and Air New Zealand (by way of Auckland NZ). Roundtrip airfare will likely be about \$3500 per person. Many of us who attend will add a few days before or after the meeting to visit other parts of Australia and/or New Zealand. To date, 18 District 6110 members and guests have registered to attend, including 16 Oklahomans and two Missourians. We certainly hope that other D6110 Rotarians and guests will choose to attend this very special event! Our District's attendees should plan to get together there at least once, perhaps for a meal. If specific questions arise, I would be happy to address them, and can be contacted at: 417-667-7250 or wclovinger@gmail.com



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