



Photos courtesy of Andy's Fine Portraits

# The Funriser

July 18, 2022

Meetings 6:45 a.m. Wednesdays – Marriott Southern Hills, 71<sup>st</sup>/Lewis

## "Imagine Rotary"

### Weekly meetings at 7A, Tulsa Southern Hills Marriott, 71<sup>st</sup>/Lewis, & Zoom

Zoom Meeting Specs:

<https://us02web.zoom.us/j/89035476180?pwd=MI RGZFZ1RDZTUzR3VjBrcU42cC9Ddz09>

Or Phone in: (346) 248-7799

Either way, Meeting ID: 890 3547 6180

Passcode: 359431

### This Week's Program & RoD

Doug and Helen Shepherd – **Crisis in Ukraine Update** RoD: Gifty Benson

### Future Programs

**Jul 27:** Nancy Belzley – **The Pencil Box**, Tulsa RoD: Riley O' Hara

**Aug 3:** **Club Assembly**. RoD: Pres Martha Lowe

**Aug 11:** **A4A final exam** RoD: Megan Korn

### Program Preview

Doug & Helen Shepherd were Tulsa residents from 1988-2016. After Doug's retirement from Dresser-Rand (formerly Worthington Service), they retired back to their native Texas. After almost 58 years of marriage, they enjoy their 3 children, 9 grandchildren and 5, almost 6 great grandchildren, & marvel at the technology that lets them stay close to all of them, scattered from the Pacific to Texas and Oklahoma to Ukraine.

Their only Son, Doug Jr., first went to Ukraine in 1994, upon graduation from Texas Tech, to serve in the lay ministry. He earned an M.Div. & Th.M. Degrees, ordination in the Presbyterian Church in America, and a wonderful Ukrainian wife, Masha. He has served as a Church Planter and Team Leader in Lviv, Ukraine since taking the field in 2006.

He and Masha have 3 children, Chas 17, Nika 15, and Sophia 10. Doug has run a most successful two-month internship in Lviv for 16 years, and in Odessa before that, for cross-cultural missions for college and graduate level

students. The success of the program is evidenced in Doug's Lviv t from former interns.

Doug & Helen are founding Board Members of the African Hospitals Foundation and have been their biggest donor and sponsor.

### Rotarian of the Day



Gifty Benson is a retired Pediatric Dentist and teaches college courses part time on Human Anatomy, Human Physiology and Biology in Oklahoma. Gifty is current founder and head the

nonprofit group "Hospitals Foundation" which mission is to build and refurbish clinics in the rural areas of Ghana, West Africa to reduce morbidity and mortality. Gifty became a Rotarian because she wanted to be relevant by serving local and international communities. She has a black belt in karate and enjoys going to the gym. Gifty attends Christ Presbyterian in Tulsa.

### Appetizers for Autism – So, why autism?

*By Barney Tonquest*

As a result of COVID 19, we've had fundraising for almost three years. Throughout this period, our Sunrise Foundation has continued to fund worthy organizations out of our savings and investment accounts. Over time, this is not a sustainable way to fund our support for local and international education, health, food and housing needs.

Newer members of Sunrise emphasize Sunrise adopted autism as a cause worthy of our wholehearted support more than ten years ago. Here are a few of the reasons.

**FACT!** Children diagnosed with autism incur higher medical costs. Recent studies indicate that they require:

40% more visits to a pediatrician than children not diagnosed with autism

7 times more psychiatric visits for children over 4 years old

40% higher medication costs than children not diagnosed with autism

**FACT!** Autism's Impact on parents of life are substantial:

50% report the need to reduce or stop work

33% report experiencing financial burdens related to autism spectrum disorder health care costs

46% of parents need more help or information managing emotional and physical stress

So, while it is more than what the average citizen, our knowing its impact on individuals and families should make each of us want to do all we can to support those who live with this condition.

**Appetizers for Autism** is our attempt to help parents and families manage these challenges.

*If you have a sponsorship question, suggestion or a prospect you think our sponsor team should contact, please contact Barney Tonquest at 918-740-8885 or [bgt.rotary@gmail.com](mailto:bgt.rotary@gmail.com)*

### Visible Results from Rotary and Power of a Nickel from Sunriser alumnus Stan Grogg

Below you will find educational classes for teachers and villagers concerning animal husbandry. The last picture is testing the water from the 200 ft drilled well. Things are moving forward:). Stan



### Happy Bucks

James Eldridge expressed thanks for his wife. He wouldn't know where he's strong partner in business and in life – keenly feeling that with construction of their practice well under way and the hiring of support staff recently begun.

Jeff Roberts was glad to announce his son made it safely to London and will study WWI history at Oxford.

Mike Bibby made a journey to Texarkana to see his wife's memorial installed in place.

Martha Lowe was excited to see the house close to livable now and her church meanwhile welcoming her to use common space to host a puzzle piece paint-a-thon.

Jim Blackburn is now a published storyteller – after writing a piece about East Berlin circa 1954 for a story class he is in, Jim got the piece published in the Manhattan (KS) Mercury.

### **NEEDED: TREASURER IN TRAINING**

#### **Still Looking....**

Mike Bibby has been a superb Treasurer for Sunrise for many years. It is a time consuming job that needs a dedicated club member, quick learner, and accuracy freak to step up and allow Mike to show you the ropes. Know that if you take the position of Treasurer in Training you will immediately receive a gold crown!

Thank You! - *Martha Lowe, Pres.*

### **Family of Rotary**

**Linda Ortega** is on more pins than needles these days as surgery to repair a toe injury went well and she is resting while the hardware in her foot does its thing.

#### **Medical Update by Don Wasson**

You all have probably noticed my "absence" from meetings the last three months. Reason being I cannot walk without falling.

Long story that has been developing over the last seven years. I have a cancer called "smoldering myeloma". The body produces cells to fight that cancer but the extra cells have also attacked my nervous system. CIDP is the acronym describing my loss of balance.

On July 11 my fourth doctor to look into the balance issue thinks he has a solution. Treatments involving four consecutive days of blood platelets, repeated monthly, are supposed to provide healing for my nerves.

Special thanks for those of you who have reached out during this time. And really special thanks to my wife Margaret.

### **What Else You Missed Last Week**

Jeff Roberts was recognized for his first Paul Harris +1. It's a special ongoing and terrific work of the club in this way. Thank you Jeff.

We heard an illuminating talk from founder of Lead Learn Live and now head of OK Inclusive Post-Secondary Education (OKIPSE) alliance. This included an update on the initial cohort of five that Sunrise helped to fund. All are doing well and showing the growth, maturity and flexibility that can best be learned when given an opportunity to choose their own path. Three of the five recently

graduated, with a fourth soon to do the same, though in a different program. The fifth member of the cohort is also on track to succeed, and navigating a transfer to a program out-of-state.

This person-centered plan illustrated in Lead Learn Live's initial cohort OKIPSE Alliance's program. fundamental parts to this new program: independent living; social skills; academics; career development. The cost of these programs run \$25,000 - \$30,000 per student and scholarship funding helps make this work sustainable and capable of expanding.

Clay Bartles' first-at-Arjnske featured hijinx by a parrot who spoke many languages and lived in the Vatican.

### **Pot-of-Gold**

Richard Orvis had the ticket, but not the winning card.

### **Birthdays & Anniversaries This Week**

**Rotary Anniversaries:** Barbara (7/23, 19 yrs)

### **Words to Live By**

Nothing is impossible. The word itself says, "I'm possible!" - *Audrey Hepburn*

### **Weekend Workers**



*Jenks Food Bank crew included Janet, Clay, Jim Blackburn, Jim Conner, and Mike.*



The President's Puzzle Piece Party for A4A table decorations. Sunrisers Martha, Megan, Ellie, Kit (& Sandy), and Kay, plus Mandy Bartels and two daughters,

**More?**



**Last One**

Paint Party for every one, line according to Casey Stengel.

**Laffs R Us**



**2022-23 Sunrise Foundation Board Members**

- President: David Francis
- Vice President: Don Wasson
- Secretary: Mark Welty
- Treasurer: Joy Ondracek
- Past President: Barney Tonquest
- Board Member: Rich Orvis
- Club Liaison: Megan Korn
- Board Meetings: (unless change notified)  
Virtual via ZOOM
- 3rd Thurs ea month, 6:30P
- Tulsa Sunrise Rotary Foundation, Inc.
- PO Box 701391
- Tulsa, OK 74170-1391

**Another**



**And...**

"As a child my family's menu consisted of take it or leave it." - Buddy Hackett

**2022-23 Sunrise Club Board Members**

- President: Martha Lowe
- Vice Pres: Megan Korn
- Past President: Bill Bowen
- Secretary: Bill Lawson
- Treasurer: Mike Bibby
- Sergeant-at-Arms: Clay Bartels
- Dir Club Svc: Maggie Brown & Alex London
- Dir, Community Service: Janet Cheek
- Dir, Vocational Service: Jeff Roberts
- Dir, Int'l Service: ( & Komi Folly
- Dir, Youth Service: Laura Garrett
- Other Club Appointees:
- RI Foundation Chair: Linda Ortega
- Webmaster Carolyn McGhay
- Secretary Engagement: Kit Sprague
- Membership: Jessy Poole & Reilly O'Har
- Funriser Editor: Jessy Poole
- Board Meetings: (unless chg notified)  
2nd Tue ea month, 6P, Marriott & virtual