



The Funriser

July 15, 2024

Meetings 6:45 a.m. Wednesdays – Tandy YMCA, 51st and Yale

“The Magic of Rotary”

Weekly meetings: Wed at 6:45 AM Tandy YMCA at 51st and Yale & Zoom

Zoom Meeting Specs:

<https://us02web.zoom.us/j/89035476180?pwd=MLRGZFZ1RDZTUzR3VjBrcU42cC9Ddz09>

Or phone in: (346) 248-7799. **Either way**, Meeting ID: 890 3547 6180 Passcode: 359431

This Week’s Program

Kwashie Klu-Duvor, **WASH Ghana** - RoD: Gifty Benson

Future Programs

Jul 24: Malayna Hasmanis, **Beyond the Spectrum OK**. RoD: Larry Babb

Jul 31: Jeff Roberts, **Club Assembly I**. RoD: Stacey Grimes

Aug 7: Jeff Roberts, **Club Assembly II**. RoD: tbd

This week’s program

WASH Rotary Action Group supports and ensures sustainable long-lasting clean water, sanitation, and hygiene programs to communities in need.

Our Speaker



Beginning his career as a public-school teacher, Kwashie ventured into the world of accounting, earning a Higher National Diploma in Accounting from Accra Technical University. His thirst for knowledge led him to further his education at Green Hill College (GIMPA), where he obtained a bachelor's degree in accounting, followed by a Master's in Business and Commerce / Human Resource Management (MCOM/HRM) from the University of Cape Coast, Ghana.

He established himself as an entrepreneur in Ghana, founding and managing his own successful event planning company. His leadership and organizational

skills shone through as his company became renowned for hosting numerous events across Ghana and Sub-Saharan West Africa.

In 2001, he joined Rotary, where his passion for community service and leadership found a new outlet. He played a crucial role as a founding member of both Rotary and Rotaract clubs in Ghana, progressively assuming various leadership positions within the organization. His roles included serving as Sergeant at Arms, Club Service Director, Community Service Director, Rotary Foundation Chair and Chair or Member of several committees and events.

Relocating to Tulsa, Oklahoma, USA, he transitioned his career into the healthcare sector, currently serving as a Case Manager for Eton Home Health, Inc. He is currently a member of Tulsa Southside Rotary. Despite the geographical move, his dedication to Rotary has remained steadfast, reflected in his attendance to different Tulsa Rotary Clubs, volunteering in many service avenues, his attendance in the last district conference and traveling out of state for district level activities.

He is married to Faustina, and they cherish their son, Xorlali Duvor, who is 13 years old.

This week’s RoD: Gifty Benson *by Gifty (Dacdb)*

I am a retired Pediatric Dentist and I teach college courses part time on Human Anatomy, Human Physiology and Biology in Oklahoma.

I am also the head and founder a nonprofit group “African Hospitals Foundation” which is 501c3 accredited. Our mission is to build and refurbish clinics in the rural areas of Ghana, West Africa to reduce morbidity and mortality.

I became a Rotarian because I want to be relevant and serve my local community and international communities.



I have a black belt in karate and enjoy going to the gym.

I attend Christ Presbyterian in Tulsa.

Ongoing Monthly Events

- 1st (CHANGE) Tuesday: Club Board Meeting
- 3rd Thursday: Foundation Board Meeting
- 3rd Saturday: Jenks Food Bank.

Other Upcoming Events

- Aug 10 – Sunrise Day at MSNI 8A-Noon

From the Podium

- Steve Care filled in as Sergeant while Andy is on a mission trip to Guatemala.
- Happy bucks given by Martha, Bill L, Kay, Linda, Joy, Jessy, Carolyn, Larry, and Tamara. Happy crew!
- Rich Orvis ran the elections process for the new Foundation Board Member. Competing were Bob A and Bill L, with Bill winning by just a skosh.
- Jeff announced two upcoming 6110 seminars. See separate pdf with a DG message for details.
- Martha reminded us about our monthly obligation at Jenks Food Bank, coming up on the 20th this time.
- Jeff said we will have two Club Assemblies: 7/31 and 8/7. We'll hear about '24-'25 plans from Jeff's crew.
- Bill Bowen and Linda Ortega, representing the RI Foundation, awarded several PHF's funded by "an anonymous donor". There were three brand new PHFs (Bob A, Gifty, and Jessy), and two multiples (Randy and Kit).



Last Week's Program

RoD Martha told us that she went to the largest high school in the state, with 5,000 students, feeling like a nobody. Then she went to a small college (Illinois College), with only 600 students, and said she knew *everybody*. It changed her life, and she even changed her name to Marti to suit the new environment.

Interesting!

Marti, woops, Martha introduced our speaker, Andy Craig of Toastmasters. His bio and career stats are so lengthy that they'd take a whole page here, so we'll not repeat it all. Suffice to say he is a national speaker



(seminars in 40 states so far), ran for U.S Senate in 2014, and has written a book. His usual theme: inspiration leads to transformation. He refers to the Ziglers a lot (both Zig and Tom), noting that Tom said, "The best way to stop a bad habit is to replace it with a good one." And Zig, "Man was designed for accomplishment, engineered for success, and endowed with needs for greatness." Andy gave us all a handout for an exercise, helping us establish our goals in life and where we are with those priorities. Closing quote from Tom Zigler: "What you feed your mind

determines your appetite."

Andy is available for free counseling to help you with your priorities at www.TheAndyCraig.com .

Pot of Gold

Our brand new President (the guy with the BIG GAVEL) got the winner ticket, but it did him no good. The proverbial pot proliferateth: \$397

Birthdays & Anniversaries this week

Quiet week – nothing to report here.

Meeting Cost Reminder

\$7 if you attend, regardless of whether you partake. Exact change will help Randy, unless you also want to buy 3 tickets. Then a ten or two fives will be fine.

Words to Live By



To succeed in life, you need three things: a wishbone, a backbone, and a funny bone.

REBA MCINTIRE

Southern Living

Comic Corner

My goal for this year was to lose 10 pounds. Only have 14 to go.

I think I'll just put an "Out of Order" sticker on my forehead and call it a day.

Marriage Counselor: Your wife says you never buy her flowers. Is that true?
Me: To be honest, I never knew she sold flowers.

2024-25 Sunrise Club Board Members

President: Jeff Roberts
Vice Pres: Bobby Schultz
Past President: Megan Korn
Secretary: Linda Ortega
Treasurer: Randy Coffman & Kit Sprague
Sergeant-at-Arms: Andy Leithner
Dir, Club Svc: Reilly O'Hara
Dir, Community Service: Martha Lowe
Dir, Vocational Service: Tim Holder
Dir, Int'l Service: Gifty Benson
Dir, Youth Service: Jessie Poole
Board Meetings:
1st Tues ea month
Watch for location(s)

2024-25 Sunrise Committee Chairs

Membership: Barbara Smallwood
Website: Carolyn McGhay
Newsletter: Mike Bibby & Kit Sprague
Family of Rotary: Kay Hays
Programs & RoDs: Maggie Brown
Engagement: Bill Lawson
Membership: Barbara Smallwood
RI Foundation: Bill Bowen
Roster: Kit Sprague
Meeting A/V: Tim Holder
Parliamentarian: Kit Sprague
Historian: (vacant)
MSNI: Gifty Benson
PMails (Blasts): Kit Sprague

2024-25 Sunrise Foundation Board Members

President: Rich Orvis
Vice Pres: Scott Cyrus
Secretary: Carolyn McGhay
Treasurer: Joy Ondracek
Past President: Mark Welty
Board Member: TBA
Club Liaison: Bobby Schultz
Board Meetings:
(unless change notified)
Virtual via ZOOM
3rd Thurs ea month, 6:30P
<https://us02web.zoom.us/j/88427808006?pwd=VytNVUh6Q3QwU3cwWS9QaFprdW5kUT09>
Meeting ID: 884 2780 8006
Passcode: 441273

Funriser Publisher's Statement

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