

Rotary



Club of Jefferson City Breakfast

Programs

September 4th

Hancock

Symposium/Westminster College

Speaker: Dr. Carolyn Perry
Subject: Carolyn Perry will speak about how the community can participate in Westminster's most important teaching tool. Former Secretary of State Madeline Albright is keynote speaker on Sept. 19.

September 11th

Jefferson City Fire Chief

Matt Schoffield

September 14th

Camp Wonderland Open

House

September 18th

Noemie Update and Building Community Bridges Update

September 25th

MO State Technical College

Speaker: Dr. S. Strong,
President

Birthdays

Jo Lynn Moore
September 2nd

Cathy Carlson
September 22nd

Lance Stegeman
September 30th

Years of Service

No Years Of Service Found

Dr. Matthew Ragsdell Speaks to the Club about Shoulder Pain

By Carolyn J Perry on Monday, September 2, 2019



Dr. Matthew Ragsdell visited the Breakfast Club last week to talk about his work with shoulder pain, types of surgeries, and the latest technology in shoulder replacement. Dr. Ragsdell completed a fellowship with the Detroit Lions and is currently working at JCMG Orthopedics. We got to hear a lot about keeping our shoulders healthy, but also what to do if we run into problems. The pictures of surgery and replacements were fascinating, and it was good to hear that there's a lot of hope for difficult shoulders. To read more about Dr. Ragsdell's work, check out this link:

<https://www.jcmg.org/providers/ragsdell-matthew-d-o/>.

Send-Off for Olivia Taylor

By Carolyn J Perry on Monday, September 2, 2019

Our out-bound student, Olivia Taylor, visited the Breakfast Club last week with her mother. Olivia left for Italy this week, eager to get started on her year-long adventure. And we look forward to hearing her reports this year.



Send-Off for Dave Silvester

By Carolyn J Perry on Monday, September 2, 2019



Congratulations are in order to Dave on his new job in Kansas City. Our Send-Off Party will be held on Friday, September 13th, at 5:30 p.m. at Ecco Lounge. Be sure to stop by and wish Dave the best.

Walk to End Alzheimer's

By Carolyn J Perry on Monday, September 2, 2019

The Breakfast Club will participate in this year's Walk to End Alzheimer's, and we need at least five participants. The walk begins at **11:00 a.m. on Saturday, October 6, at Ellis-Porter Riverside Park Pavilion** (1425 Riverside Drive). See Julia for more information, to sign up, or to support our walkers.



Building Community Bridges \$10,000 Dinner

By Carolyn J Perry on Monday, September 2, 2019



Our friends at Building Community Bridges are hosting their \$10,000 Dinner to raise funds for the Center. The event isn't until October 10th, but you can purchase tickets any time. See the attached flyer, and call 573-301-9205 for more information.

Welcome Party for One World Delegation

By Carolyn J Perry on Monday, September 2, 2019

Mark your calendars for Friday, November 1, when we will welcome our group of One World delegates from Azerbaijan. We still need a few host families for this group; please see Julia if you can help. And look for party details soon.

Opportunities to Serve

By Carolyn J Perry on Monday, September 2, 2019

For a few additional service opportunities: Camp Wonderland Open House/Fundraiser, 11:00am-4:00pm on Saturday, September 14; Rotary Trash Pick-Up on Saturday, October 19.