



Club Meeting

Spirit of St. Louis County
 Meets at Higher Groundz Coffee & Tea
 12075 Dorsett Road
 Maryland Heights, MO 63043
 Time: Wednesday at 07:00 AM

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Club Leaders



Daniel Flynn
 President



Mary B. Robinette
 Club Programs Chair
 President-Elect
 Youth Services Chair



David C. Mohler
 Past President
 Vice President



David Lawrence Robinette
 Club Executive Secretary
 Secretary
 Webmaster



Ruth Randle
 Treasurer



Jerry Nolen
 Club Director
 Past President



Mitchell A. Wilson
 Past President
 Webmaster
 Public Image Chair



Al Beinke
 Membership Chair



Josh Michael
 Louis Gross Brainerd Service Projects Chair



Robert E. Courtney
 Rotary Foundation Chair



E. Thomas Drennan
 Sergeant-at-Arms

Announcements

Upcoming Meetings and Events:

September 8 - PGA Tournament Fundraiser. **Josh Brainerd** and **Dan Flynn** are working on this project. We will be joining Josh's co-workers in staffing a food booth (no cooking required!) at the PGA Tournament at Norwood Hills Golf Course on Sunday, Sept. 8th. **See Article later in this Newsletter for details.**

Sept. 10th - Board Meeting (note change of date) - Thompson Supply (Dave Mohler's business); 7am

Sept. 10th - first official meeting of the proposed Companion Club at Noon, American Legion Hall, Creve Coeur

Sept. 28 - Autumn in the Park 3-9pm More info later

Oct. 11th - Ritenour Co-Care Food Pantry Trivia Night

Oct. 29th - 5th week Social - note new day - Millwoods on Dorsett

Ritenour Co-Care Food Pantry Service Project

This week, our meeting will be our **Monthly Service Project at the Ritenour Co-Care Food Pantry.** We will NOT be at Higher Groundz and there will be no Zoom link.

Please plan to arrive at the Food Pantry about 7am for a fun-filled hour of, well, we really don't know what we will be doing, but it will be fun!

PGA Tournament Fundraiser

September 8 - PGA Tournament Fundraiser. **Josh Brainerd** and **Dan Flynn** are working on this project. We will be joining Josh's co-workers in staffing a food booth (no cooking required!) at the PGA Tournament at Norwood Hills Golf Course on Sunday, Sept. 8th. **We need people to assist with the 7:00am to 12:30pm shift.** The afternoon shift is covered. If you can't work all of it, please come for part of it.

Items to note:

* Parking will be on the UMSL Parking Garage, across from the Main Admin building and will be shuttled over to the Golf Course.

* We will receive a portion of any sales proceeds. We will NOT be cooking the food, but rather taking orders and getting the food to the correct people.

Morning Shift - 7am to 12:30pm

- Dan Flynn
- Brenda Dobsch
- Josh Brainerd
- Andy Rimmell
- **ROOM FOR 5 OTHERS TO HELP**

Afternoon Shift - 12:30-5:30 (FULL)

- David Robinette
- Mary Robinette
- Carolyne Simpson
- Tom Drennan
- Ann Kallemeier
- Bob Kallemeier
- John (friend of Dan's from American Legion)
- Dan Flynn
- Brenda Dobsch

Happy Bucks and Fines

Happy Bucks:

- **Todd Lindley** had a melancholy dollar - he is off next week, but is looking for a new dental assistant AND has to have his regular colonoscopy.
- **Bill Strohmeyer** is happy that he and his wife are celebrating their 60th Wedding Anniversary
- **Andy Rimmell** had an enjoyable River Cruise in Portugal
- **Brian Hercules** was happy he was on time
- **Jerry Nolen** is happy to be back; his Official Visits are going well

Fines:

- **No fines this week.**

Last Week's Program

Program Speaker and Recap:

We were very pleased to welcome **Angela Gabel** to our meeting. Angela is the (relatively) new Director of the **Ritenour Co-Care Food Pantry.** She told a bit about herself and about the services offered by the Food Pantry.

She started by offering her heart-felt thanks for our willingness to be flexible. She said that of all the volunteer groups they have at the Pantry, we are the ones who step up and do what is needed with no grumbling and a 'can-do' attitude.

Angela is a lawyer by education and training. She still has a law office in the area (off Olive) and does primarily Election Law.

She started at the Pantry as a volunteer in 2017, became Board President shortly thereafter and in May, 2024 became the first paid Executive Director of the Pantry. She oversees all the operations but is looking to hire an Operations Manager to oversee the day-to-day operations.

Facts about Ritenour Co-Care Food Pantry:

- Open Mondays, Wednesdays and Fridays from 9am to 1pm and on Wednesday evenings from 5-7pm.
- Anyone living within the Ritenour School District boundaries is eligible; they do not have to have any students in Ritenour. The families have to earn less than 150% of the Federal Poverty Level and are required to attest to that, but don't have to prove it with income statements.
- In the period of July 2023 through July 2024, they served 59,217 individuals. They are the largest FREE CHOICE pantry in the area. It is similar to a grocery store where people can pick what they want, although some items are limited in quantity per person. By comparison, most food pantries simply provide patrons with a pre-selected box of food, with no choice by the patrons.
- Their demographics are: 37.7% White; 26.4% Black; 32.3% Hispanic and 3.6% other, which fairly well approximates the demographics of the area in general.
- The ages of those served are: 31.9% Under 18; 51.4% ages 19-59; and 16.7% over 60 years old.
- They need a total of 23 volunteer workers each day doing things as sorting/stocking, register clients, helping clients shop and other duties. They also need skilled volunteers to repair items, etc.

At the end of Angela's presentation, the Club presented her with a toolbox containing new tools that their supply did not contain. This should make their work (and ours!) just a bit easier.

Ponderables....

A bicycle can't stand on its own; it is 'two' tired.

A will is a 'dead' giveaway.

When a clock is hungry, it goes back 'four' seconds.

The guy who fell onto an upholstery machine was fully recovered.

You are stuck with your debt if you can't 'budge it.'

He broke into song because he couldn't find the key.

A calendar's days are numbered.

A boiled egg is hard to 'beat.'

Upcoming Meetings

Meeting Dates and Program:

You will see the Weekly Program individuals below. Please notify [Mary Robinette](#), our new Program Chair, of your program, so the calendar and newsletter are current. Also, if there are any specific 'technical' needs the speaker requires, please let Mary know.

Program Assignments, Rotary Year 2024-25, July through December 2024 (Rev June 22 2024)

Date	Meeting Chair	Revised Meeting Chair	Speaker & Topic
September 4 2024	SERVICE PROJECT		SERVICE PROJECT
September 11 2024	Todd Lindley	Dave Mohler	Tracy Bono, Field Development Executive - Scouting: Changing our World by Connecting Youth wth Nature
September 18 2024	Ruth Randell		Rhonda Hamm-Niebruegge, Lambert Internation Airport Director - Lambert Airport updates
September 25 2024	Andy Rimmel	Jerry Nolen	RYLA Students' Experiences
October 2 2024	SERVICE PROJECT		SERVICE PROJECT
October 9 2024	Josh Brainerd		
October 16 2024	Dave Robinette		District Governor visit - Jerry Nolen
October 23 2024	QUARTERLY CLUB ASSEMBLY		n/a
October 29 2024	EVENING SOCIAL		NOTE: TUESDAY instead of Wed.
November 6 2024	SERVICE PROJECT		SERVICE PROJECT
November 13 2024	Bill Strohmeyer		Tom Evers, Asst. Engineer - MODOT updates
November 20 2024	Mitch Wilson		David Marks, Board Chair Maryland Heights Chamber of Commerce
November 27 2024			Day before Thanksgiving - no meeting
December 4 2024	SERVICE PROJECT		SERVICE PROJECT
December 11 2024	Howard Abrams	Dan Flynn	District 6060 Disaster Response
December 18 2024	Al Beinke	Bryan Hercules	
December 25 2024			Holiday - no meeting