



Club Meeting

Spirit of St. Louis County
 Meets at Higher Groundz Coffee & Tea
 12075 Dorsett Road
 Maryland Heights, MO 63043
 Time: Wednesday at 07:00 AM

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Club Leaders

 [Daniel Flynn](#)
 President

 [Mary B. Robinette](#)
 Club Programs Chair
 President-Elect
 Youth Services Chair


 [David C. Mohler](#)
 Past President
 Vice President


 [David Lawrence Robinette](#)
 Club Executive Secretary
 Secretary
 Webmaster


 [Ruth Randell](#)
 Treasurer

 [Jerry Nolen](#)
 Club Director
 Past President

 [Mitchell A. Wilson](#)
 Past President
 Webmaster
 Public Image Chair

 [Al Beinke](#)
 Membership Chair

 [Josh Michael Louis Gross Brainerd](#)
 Service Projects Chair

 [Robert E. Courtney](#)
 Rotary Foundation Chair

 [E. Thomas Drennan](#)
 Sergeant-at-Arms

Announcements

There is one VERY IMPORTANT announcement for the Club this week:

September 8 - PGA Tournament Fundraiser. **Josh Brainerd** and **Dan Flynn** are working on this project. We will be joining Josh's co-workers in staffing a food booth (no cooking required!) at the PGA Tournament at Norwood Hills Golf Course on Sunday, Sept. 8th. **We need people to assist with the 7:00am to 12:30pm shift.** The afternoon shift is covered. If you can't work all of it, please come for part of it.

Items to note:

- * Parking will be on the UMSL Parking Garage, across from the Main Admin building and will be shuttled over to the Golf Course.
- * We will receive a portion of any sales proceeds. We will NOT be cooking the food, but rather taking orders and getting the food to the correct people.

Morning Shift - 7am to 12:30pm

- Dan Flynn
- Brenda Dobsch
- Josh Brainerd
- Andy Rimmell
- **ROOM FOR 5 OTHERS TO HELP**

Afternoon Shift - 12:30-5:30 (FULL)

- David Robinette
- Mary Robinette
- Carolyne Simpson
- Tom Drennan
- Ann Kallemeier
- Bob Kallemeier
- John (friend of Dan's from American Legion)
- Dan Flynn
- Brenda Dobsch

Happy Bucks and Fines

Happy Bucks:

- **Tom Drennan** was happy that Joy's ankle surgery went well and she is on the road to recovery
- **Brian Hercules** went to Chicago for the only Cub-Cards game that the Cards won; good trip
- **Dave Mohler** was not so happy that his 'check engine light' came on, AFTER he got the car back from an oil change
- **Carolyne Simpson** was happy to be with us
- **Bob Courtney** is happy to be going to Southaven, Michigan with his family

Fines:

- **No fines this week.**

Last Week's Program

Program Speaker and Recap:

Jonathan Davis, of HomeWell Services, was our speaker last week. Jonathan spoke about his firm and how it can help the aging-in-place circumstances of many in the community.

HomeWell is a 25 year old service firm; Jonathan and his wife have been franchisee owners for 3 years. He became interested in this service when his grandmother needed assistance later in her life.

Home Care is one of the more cost effective ways of aging-in-place. It provides a more comfortable way of care and can provide comforts of Home Health, Hospice and Palliative care. It can be less costly than assisted living, memory care or skilled care options.

While there are many reasons for home care, some of the major ones are:

- assistance with personal things like bathing, dressing, etc.
- housekeeping, laundry, cleaning, etc. services
- companionship - sometimes all someone wants is another person around
- assistance for fall-risk patients in getting in/out of bed, wheelchairs, etc.
- assistance with shopping, running errands, etc.
- assistance with pet care - walking dogs for example

Jonathan covered a lot of information. For your convenience, his presentation has been attached to this bulletin. In it, you will also find his contact information.

This week's meeting Program

Please join us as we welcome back **KEVIN AMSTUTZ**, with **UCP Heartland**. Kevin was with us a while back, and will give an update as to the service UCP Heartland provides in their support of people with disabilities.

Upcoming Meetings

Meeting Dates and Program:

You will see the Weekly Program individuals below. Please notify [Mary Robinette](#), our new Program Chair, of your program, so the calendar and newsletter are current. Also, if there are any specific 'technical' needs the speaker requires, please let Mary know.

Program Assignments, Rotary Year 2024-25, July through December 2024 (Rev June 22 2024)

Date	Meeting Chair	Revised Meeting Chair	Speaker & Topic
August 21 2024	Bryan Hercules	Al Beinke	Kevin Amstutz, Major Gifts officer - UCP Heartland supporting people with disabilities
August 28 2024	Jim Law		Angela Gabel, Executive Director - An Introduction to the Ritenour Co-Care Food Pantry
September 4 2024	SERVICE PROJECT		SERVICE PROJECT
September 11 2024	Todd Lindley	Dave Mohler	Tracy Bono, Field Development Executive - Scouting: Changing our World by Connecting Youth with Nature
September 18 2024	Ruth Randell		Rhonda Hamm-Niebruegge, Lambert International Airport Director - Lambert Airport updates

September 25 2024	Andy Rimmel	Jerry Nolen	RYLA Students' Experiences
October 2 2024	SERVICE PROJECT		SERVICE PROJECT
October 9 2024	Josh Brainerd		
October 16 2024	Dave Robinette		District Governor visit - Jerry Nolen
October 23 2024	QUARTERLY CLUB ASSEMBLY		
October 30 2024	EVENING SOCIAL		
November 6 2024	SERVICE PROJECT		SERVICE PROJECT
November 13 2024	Bill Strohmeyer		
November 20 2024	Mitch Wilson		
November 27 2024			Day before Thanksgiving - no meeting
December 4 2024	SERVICE PROJECT		SERVICE PROJECT
December 11 2024	Howard Abrams	Dan Flynn	District 6060 Disaster Response
December 18 2024	Al Beinke	Bryan Hercules	
December 25 2024			Holiday - no meeting

Ponderables....

When you are bored just think about a few things that don't make sense, like.....

1. If poison expires, is it more poisonous or is it no longer poisonous?
2. Which letter is silent in the word "Scent," the S or the C?
3. Do twins ever realize that one of them is unplanned?
4. Why is the letter W, in English, called double U? Shouldn't it be called double V?
5. Maybe oxygen is slowly killing you and it just takes 75-100 years to fully work.
6. Every time you clean something, you just make something else dirty.
7. The word "swims" upside-down is still "swims"
8. 100 years ago everyone owned a horse and only the rich had cars. Today everyone has cars and only the rich own horses.
9. If you replace "W" with "T" in "What, Where and When", you get the answer to each of them.

Four great confusions still unresolved.....

1. At a movie theatre, which arm rest is yours?
2. If people evolve from monkeys, why are monkeys still around?
3. Why is there a 'D' in fridge, but not in refrigerator?
4. Who knew what time it was when the first clock was made?