

# Birthdays & Anniversaries

## Upcoming Events

## Announcements

A **Celebration of Life for Past District Governor Chuck Pretto** will be held Wednesday, January 24 from 1PM—4PM at the Liberty Station Conference Center, 2600 Lanin Rd in San Diego. Lunch will be served.

Thank you to **Robert Trimm** for writing the bulletin this week!

**Holtville Rotary** announces their fourth annual **Pulled Pork Cook-Off**. It will be held on Holt Ave in Holtville on Saturday, April 20 from 4PM –9PM. There will be a Cornhole Tournament starting at 1PM, sign-ups begin at 12PM. There will be live music! For more information, contact Ross Daniels at 760-455-6988.

January 24th: Regular Meeting

January 31st: Alma Silva, Program Director, Imperial Valley Business Resource Center

February 7th: Regular meeting, Mary Miller, program chair

February 14th: Four Way Speech Contest

**January Birthdays:**

28th: Bob Shank

**Member Anniversaries:**

1st: Robert Trimm, 26 years

1st: Jeff Jones, 26 years

24th: Greg Smith, 34 years

**Wedding Anniversaries:**

7th: Sam and Wanda Couchman, 12 years

11th: Sal and Diane Ortiz, 38 years

20th: Robert and Betty Trimm, 34 years

# This Week's Meeting

**Visiting Rotarians:** Tim Kelley, Calipatria Club

**Guests:** Roque Barros

**Recognitions:** **Jeff Jones** paid \$10 for almost getting into a traffic accident at the Stockmen's Club. **Bill Gates** paid \$10 for almost running over **Jeff Jones** at the Stockmen's Club. **Sam Couchman** paid \$10 for his koala bear joke and **Sal Ortiz** paid \$10 for laughing at **Sam Couchman's** joke.

**Program:** Roque Barros, Executive Director of the I.V. Wellness Foundation was introduced by Tim Kelley. Rogue is a local man. He was born and raised in Calipatria and fondly remembers having fun with Tim Kelley's older siblings while growing up. He left the Valley and then returned after earning his degree. This was something that he always wanted to do. The IV Wellness Foundation was formed in 2019 after a decision was made to split from the original Foundation that was partnered with San Diego. The Foundation has basically 2 tasks and they are: Grant Maker where their efforts go towards health and wellness in the Valley, supporting the citizens in the Valley and other non-profits. The second task is they serve as a rural resident hub. They serve as a voice for the residents, they engage the residents to assist in making health issues better. Our Valley is relatively small as compared to our neighbors (San Diego County, Riverside County). Being a small rural and underserved county with little resources designed to improve health issues, the IV Wellness Foundation finds itself being the catalyst in organizing help from within. An example would be the Emergency Response Team that was set up in Bombay Beach. This team responds to health emergencies as best it can prior to the arrival of health care professionals. Stacie Chandler of "Lifted Up", Northend 111 which serves Niland and Calipatria, and the Ocotillo Optimist Club are other examples of agencies designed to assist those that need help in different areas which are scattered throughout the Valley. Roque works with a Board of Directors, which our very own Tim Kelley serves as a Director on that Board. We are very thankful of the work that Roque does for his Foundation as well as the Citizens of the Valley.

**Joke of the week:** Two crows were in a field when they noticed a figure that looked like a man in the distance. "See that over there? What is that?" asks the first crow. The second crows takes a long look and then says, "That's a scarecrow. Looks authentic, doesn't it?" "How can you tell it's a scarecrow and not a person?" asks the first crow. "Look at its hands," says the second crow. "It's not holding a cell phone."