

Rotary Club of Indio



Bulletin Aug 13, 2024

By Sue F. Steding



Club Meeting

Indio
Meets at Fantasy Springs
Resort Special Events
Center 84-245 Indio
Springs Dr. Indio, CA
92203
Fantasy Springs Resort
Casino/Special Events Ctr
84-245 Indio Springs
Parkway
Indio, CA 92203
Time: Tuesday at 12:10
PM

Events

No Events found

Club Leaders



[Dennis J. Sheehan](#)
President



[Avisinia Rodriguez](#)
President-Elect
Secretary



[Jennifer Schultz](#)
Treasurer



[Dr. Mark Zacicov](#)
President-
Nominee



[Stacy Fifield](#)
Rotary
Foundation
Chair



[Bruce Latta](#)
Membership
Chair



[Chris Pickering](#)
Webmaster



[Merlina Tate](#)
Webmaster

The Rotary Club of Indio meeting August 13, 2024

Members present: Jenn Schultz, Dennis Sheehan, Bruce Latta, Bob Firing, Steve Welsh, Sue Steding, Howard Hoffenberg, Bryan Montgomery, Stacy Fifield, John Patrick Dolan, Chris Pickering Kim Maguire-Hardee.

Guests present: Irene Dolan, Belle Megalis, Miguel Ramirez and Daphne Ramirez both assistants to Michelle Sylvia Salado, presenting on Alzheimer's Association.

Opening: Flag Salute led by Stacy Fifield, Four-Way Test led by Bob Firing, Gaboon collected by Steve Welsh.

Rotary Moment: Dennis reminded us that our club is a member of the CV Historical Society and Museum with certain benefits. Stacy reminded us of our almost 2 decades of commitment to the Indio Elementary School third graders in supporting their tours of the museum as we pay for the cost of their bus ride.

Announcements:

- Howard Hoffenberg led us through our first big project volunteer work with Third Grade Book distribution to the third graders at the Indio sited elementary schools. A sign-up sheet was sent around to have two manage the distribution of the books to one (or more) schools in Indio by coordinating with the site principal and site librarian for the distribution to be done prior to September 27. ALSO, all labelling will be done at the district offices by volunteers committing to go to the media center for blocks of time and labelling 1100 books. That will be done this next Monday and Tuesday August 19 and 20. For school distribution sign-ups contact Dennis and Howard; for labeling volunteering, contact Dennis and Howard. Click on the following icons for Instructions & Sign Up:



[Instructions Sign Up](#)

Harold Hoffenberg
760-347-3470

office@ipcounselor.com

After reading the instructions & viewing the Sign Up Sheets, email or text Harold Hoffenberg listing your Sign Up for book distribution. Be sure to check the bottom of the sign up sheet to sign up for labeling books on Aug 19 & 20,

- We are joining with Indio Sunrise and an effort to send middle school



Benjamin Guitron IV
iPast President

District Leaders

Judy Arlene Zulfiqar
District Governor

Nyron H. McLean
DG-Elect

Douglas W. Baker
District Foundation Chair

Albert R. Rubio
District Membership Chair

Calvin B. Boothby
Assistant Governor

William R. Chase
Assistant Governor

Stacy Fifield
Assistant Governor

Richard F. Lemire
Assistant Governor

Bill Orr
Assistant Governor

Chris Schultz
Assistant Governor

Mary Towne
Assistant Governor

- We are joining with other clubs and an effort to send middle school students to PRYDE. There is a mandated meeting Saturday August 24 in Banning. See Dennis to offer to attend the training.
- Palm Springs Sunup Club is having a blood drive this Saturday, August 17.
- Palm Desert Rotary's Golf Cart Parade is Sunday October 27, do we want to participate?
- The Rotary Foundation Dinner (Districtwide) is Saturday November 2, at March AFB.

Speaker: Michelle Sylvia Salado gave a thorough talk about many aspects of Alzheimer's curiously spelled with an apostrophe s. Alzheimer's is defined as "Memory loss that disrupts daily life."

Diagnosis is done via an MRI and a Cat Scan and a cognitive chat that begins with being asked to draw the face of a clock. Medicare will pay for ONE diagnostic test so it is best to have it done by a Neurologist. It can be distinguished from dementia, vascular, Frontotemporal, Lobe loss, next stage Huntington's, Mixed Dementia, et al.

Monies raised in fundraising goes to medical research which is focused on medications to treat. The latest effort is coming out of Japan, an injection that is cheaper than the current \$27,000 annual medication. Medicare does NOT pay for medicines.

There are stages of Alzheimer's beginning with short term memory loss. Memories of music last the longest. Each stage is impactful including loss of language, loss of special skills (running into walls), loss of financial skills combined with the joy of considering the thief to be their friend, personality change (more violent, more sexual).

Am I OK when I forget why I came into the room? Yes, if you can rethink and remember. Am I OK when I lose my keys, yes, if you can find them by retracing your steps. Am I OK if I cannot remember what day it is? Yes, if you remember it within a short time. Self-care to stave off onset: At 65 and older, keep up with healthy sleep (are you dreaming?), good diet, moving and exercising, social interaction, cognitive activities (books, puzzles) . The brain needs oxygen and glucose. 2/3 of those diagnosed are women. 1/3 of those diagnosed will die of the disease. Stress on families can also be assisted by the Alzheimer's Association. There 24/7 help line is staffed by professionals, 1-800-272-3900.

Opportunity Drawing: \$33 to Irene Dolan who answered the history question, "What US President's home was in Monticello, VA? President Thomas Jefferson.

Board meeting: in person at IHOP (North Indio) at 7 AM on August 15, 2024.

Business Memberships

Groups:



Thank you to our Business Memberships:



Jesus & Tania DelToro Chris & Jennifer Schultz Mike Colby



IP and Business Law Offices of
HOWARD L. HOFFENBERG, ESQ.

74-710 Highway 111, Suite 102
Palm Desert, California 92260
760-347-3470

office@ipcounselor.com * www.ipscounselor.com

Speakers

August 13th
[Alzheimer's Socio](#)

August 27th
[John Dolan](#)

September 10th
[Ralph Olson](#)
Palm Springs Air Museum

August 20th
[Larry Boyd. USO](#)
USO

September 3rd
[Ray Trejo](#)
Indio Water Authority

Birthdays

No Birthdays Found

Wedding Anniversaries



[Carla Jean
McNamara](#)
August 16th

Club Anniversaries

[Palm Springs Sunup](#)
August 22nd