



**IMAGINE
ROTARY**

Club Meeting

Long Beach
Meets at THE GRAND
4101 E Willow Street
Long Beach, CA 90815
Time: Wednesday at 12:00 PM

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This Week's Program

Wednesday, August 10

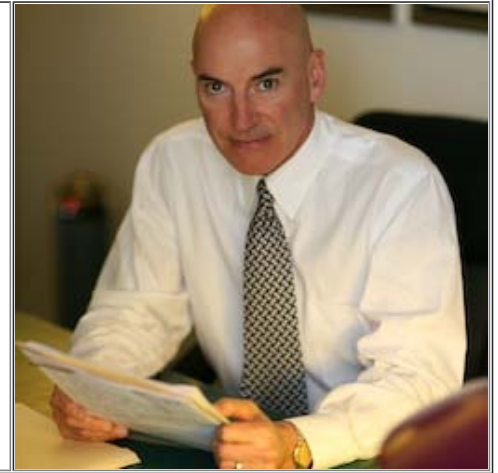
**"Life, Energy and Metabolism.
The Story of You"**

Robert A. Nagourney, MD

Medical and Laboratory Director
The Nagourney Cancer Institute

12:00 Noon - LUNCH

12:30 - 1:30 p.m. - Program
The Grand - Catalina Room



Robert A. Nagourney, MD, is Medical and Laboratory Director of The Nagourney Cancer Institute in Long Beach, CA and an Associate Clinical Professor, at University of California Irvine. He is board certified in Internal Medicine, Medical Oncology, Hematology and the author of a book "Outliving Cancer."

A native of Bridgeport, CT., Dr. Nagourney completed undergraduate education at Boston University, earning a BA in Chemistry, Summa Cum Laude, and Phi Beta Kappa with Distinction in Biochemistry. He received his MD at McGill University in Montreal, Canada, where he was a University Scholar. After completing his residency in Internal Medicine at the UC Irvine, Dr. Nagourney received fellowship training in Medical Oncology at Georgetown University in Washington, DC and went on to complete a second fellowship in Hematology at the Scripps Institute in La Jolla where he was the recipient of the Scripps Institute Young Investigator Award.

After serving as the Medical Director of the Todd Cancer Institute, Dr. Nagourney later went on to create The Nagourney Cancer Institute, a cancer research center located in Long Beach, that has pioneered the development of "functional profiling" in human tumors. This platform uses human tumor biopsies in tissue culture to measure the effect of chemotherapy drugs and combinations to select treatments for cancer patients. His research was the topic of Dr. Nagourney's highly acclaimed TEDx talk.

With over 20 years experience in human tumor primary culture analyses, Dr. Nagourney has authored more than 100 published manuscripts, book chapters and abstracts. In 2015, he was the recipient of the NAACP "Trailblazer In Medicine" Award. Dr. Nagourney is a frequently invited lecturer for numerous professional organizations and universities.

Message from our Membership Service Director

By Judy Ross



Your Club's Membership Committee is **RED HOT** and we invite you to join us!!! As members of the Rotary Club of Long Beach, we are all partners in creating a welcoming culture for our Club. We need your help in not only bringing in new members, but also making sure our newest and newer members become involved, make new friends and find their 'niche' in the Club. To that end, these are some of the ways we're asking you to join us as we continue our Club's great tradition of service, friendship and learning:

- Invite guests to a Wednesday meeting! Look through your Rolodex (*contact list!*) for someone who you think might be interested in Rotary and INVITE. We're looking to every member to invite at least one guest to a Rotary meeting!
- Invite a potential Rotary candidate to a Rotary Connection meeting (*formerly called Rotary Revealed*). These will be held bi-monthly at the home of a Rotarian. The purpose of these evenings will be to provide the candidates with an opportunity to meet other Rotarians in a relaxed, welcoming atmosphere. Although this will not be a formal informational session, there will be an opportunity for each guest to introduce themselves and through individual conversations, get a sense who is in the Club and why they joined. Our first Rotary Connections event (*in conjunction with 5 O'Clock Somewhere*) is tomorrow night, August 9th! Look for our future Rotary Connections throughout the year.
- Become a SPONSOR!! As in the past, each new member will need two sponsors to usher them into the Club. As sponsors, you will have the honor to introduce your new member at a Club meeting, and encourage/engage with them as they learn more about Rotary in their effort to achieve their Blue Badge and beyond.

We have also revised some membership documents including:

- New Member Proposal Form
- Is Rotary for Me? (*formerly 'Is Rotary a Good Fit'*)
- Criteria for Membership
- Brief Overview of Rotary International (*RI*) and the Rotary Club of Long Beach (*RCLB*)
- The Path from Red Badge to Blue Badge

These all will be available to you on the website.

Special thanks to an amazing committee of thoughtful, creative and committed Rotarians, including Greg Haeseler, Gail Schwandner, Leslie Wiberg, Mike Rivard, Nancy Zwiers, Tanya Adolph, Veronica Garcia Davalos, Diane Donaldson, Tina Barry, Mollie Beck, Matt Kinley, Jeanne Perales, Sarah Soriano, and Joyoti Banerj.

Ask any one of us about Membership...as there's more to come...stay tuned!!

Write a Caption !



WHAT - Submit a caption for this photo

WHEN - by EOD Thursday August 11

Send caption to -
Wayne Slavitt - wayneslavitt@gmail.com

Top Winners will be announced at the August 17 lunch meeting

Welcome New Rotarian...

By Laura Knapp



Warmest of welcomes to new member **Alejandrina "Alex" Basquez!** Alex is a Long Beach native, and very much a "people person" having dedicated her career as a human resources professional working in the public sector.

Growing up in Long Beach, Alex attended Wilson High School, and went on to UC Irvine and then to graduate school at the University of Chicago. Although she loved the Midwest, she returned home to Southern California for a position with the City of Los Angeles, where she worked over a span of 26 years, growing over the years into the role of Assistant General Manager of Personnel.

A desire to work a bit closer to home and serve her local community brought her to the City of Long Beach, where she served as Director of Human Resources for five years before retiring in 2020. Alex's passion over the years was working to find ways to create more diversity, equity and inclusivity in the workplace, by identifying and eliminating the large and small barriers that can lead to exclusion.

Alex is delighted to have more time to spend with her daughter, Lupita, who'll be attending St. Joseph High School in the Fall. In addition to the service hours she'll invariably put in at St. Joseph, she's excited to find new avenues of service in her beloved Long Beach and beyond. Because as much as Alex is "a local", she loves to travel, and her destinations have included Europe (Italy is her favorite), Dubai, and everywhere from Valle de Guadalupe, Teotihuacán, and Chiapas in Mexico.

Congratulations, Alex! We welcome you to the Rotary Club of Long Beach!

Honoring Paul Harris Fellows

By Judy Ross

Congratulations and Thank You to our New Paul Harris Fellows!

Click on [Paul Harris Fellows](#) for more info!



PHF Diane Donaldson

- PHF+1 Brett Lewis & Glen Patrick
- PHF+2 Lance Kenyon
- PHF+3 Rhiannon Acree & John Romundstad
- PHF+4 Dennis Smith
- PHF+5 George Bell



Rotary at the Movies

By Kristian Gragson

Long Beach Rotary Moonlight Movies on the Beach

The Rotary Club Long Beach is joining together for a fun outdoor movie event. The Moonlight Movies on the Beach is an excellent opportunity for the Rotarians to get together and have some fun!



Join us Thursday, August 18th, at Long Beach City College LAC Campus for Moonlight Movies on the Beach special showing of The Wizard of Oz.

What Are Moonlight Movies on the Beach?

This great summertime activity is entirely free for moviegoers, and there is always ample parking, so that is never a worry. At the event, dinner, snacks, and popcorn will be made available for purchase. All movies start at dusk, at approximately 8:00 pm, and will take place at Granada Beach, LBCC PCC Campus, or LBCC LAC Campus.

The Long Beach Rotary Moonlight Movies on the Beach event on August 18th will be at the Long Beach City College LAC Campus.

Learn More about Moonlight Movies on the Beach

If you want to learn more about [Moonlight Movies on the Beach](#), check out the website for more information.

[Click this link to view an LBCC Parking Map](#)

An Invite from our Club Service Director

By Richard Gibson



I am looking for Rotarians to help me set up (*pre-lunch*) the support system for our Rotary meeting.

WHO: 4 or 5 individuals to help set up the sound system, video system and the stage.

HOW: You will be trained on how to set up. Once the room is set up, the crew can enjoy lunch with other Rotarians. After the meeting, you will be needed to help strike and put away the equipment.

EXTRA OPPORTUNITY: Looking for a few Rotarians to share running the sound board during the meeting. With two or three volunteers, we can rotate serving as Audio Tech each week.

HOW: Let me know if you would like to join our great **TEAM** by calling me at **562-879-9743**; emailing me at richgibson49@gmail.com; or come up to me at the meeting and let me know you want to join this important crew!

I look forward to talking with you about this great opportunity to serve and work with fellow Rotarians!

New Member Proposal

The following is being proposed as a member of the Rotary Club of Long Beach. Her name is hereby submitted to the membership for a 10-day period as required by the By-laws. Any comments can be addressed to the President or the Executive Director of the Club during this 10-day period.

Debbie Thorpe - Realtor, Coldwell Banker Realty
 Proposed Classification: Real Estate - Residential
 Proposed by: Gail Schwandner and Olivia Maiser

Upcoming Events - Click Title for More Info and for Meeting RSVP

August 9th
[Rotary Connections](#)
 Rotary Connections
 for Prospective Members

August 9th
[5 O'Clock Somewhere](#)
 Monthly mixer
 This month hosted by Vali De Vries
 Invitation by EVITE

August 10th
[Long Beach Weekly Club Meeting](#)
 Speaker: Dr. Robert Nagourney
 Subject: Life, Energy and Metabolism: The Story of You

August 13th
[Centennial Park Clean-up](#)

August 16th
[RCLB Board of Directors Meeting](#)

August 17th
[Long Beach Weekly Club Meeting](#)
 Speaker: caryn desai, ICT Artistic Director,
 Producer
 Subject: Drama - Creating an Avenue for Young People

August 18th
[Rotary Night at the Movies](#)
 Moonlight Movies on the Beach - LBCC LAC Campus
Wizard of Oz - join other Rotarians in the special section

August 24th
[Long Beach Weekly Club Meeting](#)
 Speaker: Brent Dennis, Director, LB Parks Rec & Marine
 Subject: Expanding Park Space

Birthdays This Week - Click Name to Send a Greeting



[Tina Barry](#)
 August 10th



[Donald N. Serafino](#)
 August 11th



[Michael C. Jensen](#)
 August 13th



[Ian Patton](#)
 August 15th



[Desmond D'Sa](#)
 August 16th

July Rotary-versaries - Click Name to Send Congrats!



[Robert W. Latimer](#)
 65 Years



[John W. H. Hinrichs](#)
 40 Years



[Patrick T. Madden](#)
 36 Years



[Donald E. Cochran](#)
 35 Years



[David F. Woody](#)
 29 Years



[LaVerne Davis](#)
 26 Years



[Robert A. Steuber](#)
 25 Years



[Shell W. Grossman](#)
 23 Years



[Marnee Brooks](#)
 23 Years



[Mark Gray](#)
 22 Years



[Cloy \(Mike\) J. Walter](#)
 22 Years



[John J. Gilligan](#)
 20 Years



[Jerry G. Maize](#)
 19 Years



[Jan P. Maize](#)
 19 Years



[Michele A. Dobson](#)
 13 Years



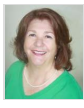
[Steven M. Keesal](#)
 12 Years



[Karen K. Widerynski](#)
 10 Years



[Walter W. Larkins](#)
 10 Years



[Virginia Baxter](#)
 9 Years



[Stacy Rose Mungo](#)
 8 Years



[Daniel Eufrazio Tapia](#)
 5 Years



[Ahmet Atahan](#)
 5 Years



[Laura Knapp](#)
 5 Years



[Lisa Hain](#)
 4 Years



[James F. Bunnell](#)
 9 Years



[Sarah Soriano](#)
 2 Years



[Mike Munoz](#)
 1 Year



[Christy Westphal](#)
 New Rotarian



[Theresa Cornwell](#)
 New Rotarian



[Goran Reil](#)
 New Rotarian



[Woody Sides](#)
 New Rotarian

*LB Skyline Photo Credit
Long Beach Convention & Visitors Bureau*

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[Long Beach Rotary](#)

[District 5320](#)

[Rotary International](#)

