



**'SPARKS' OFF THE ROTARY WHEEL**  
*An Award-Winning Newsletter*



**The Rotary Club of Altadena meets Thursdays at noon  
at the Altadena Town and Country Club**

**Rotary Club of Altadena - #772**  
Chartered: February 14, 1949, P.O. Box 414, Altadena, CA 91003  
RI Pres: Stephanie Urchick, Dist. 5300 Gov: Michael Driebe



**THIS WEEK: PHILIP G. PEARSON, M.D.,  
UROLOGIST, CITY OF HOPE**

**Altadena Town and Country Club, Thursday at noon**  
Speaker Chair: Brad Roeber

Rotary Clubs in LA, Riverside and San Bernadino have all had opportunities to have a speaker every few years from the City of Hope. Altadena Rotary Club has been very fortunate since 2021 to have had 2 or 3 doctors or administrators come each year to make presentations to our small (but MIGHTY) club. This Thursday is no exception! This is partly due to the friendship our club has built with Cristal and Douglas (Physician Relations Liaisons) who have both attended many of our events. We have another very talented professional speaking this week.



**Philip G. Pearson, M.D.**, is a board certified urologist who has practiced medicine in Pasadena, California, since 2007. Prior to practicing in Pasadena, Dr. Pearson was in private practice in urology in Seattle.

Dr. Pearson earned his medical doctorate from George Washington University School of Medicine in Washington, D.C. He began his higher education journey at the University of Virginia in Charlottesville where he earned a bachelor's degree in psychology. After medical school, he completed internship and residency training in general surgery at the Swedish Medical Center in Seattle. Following this, he returned to his alma mater, the University of Virginia, to complete his urology residency training.

**SEPTEMBER 12, 2024**  
**SEPTEMBER IS: Basic Education  
and Literacy Month**

**Officers**

President: Maricela Viramontes  
Vice President: Dawn Digrius Smith  
President Elect: Brad Roeber

Treasurer: Mike Noll  
Bus: 626-657-2287  
Secretary: James Gorton  
Bus: 626-793-6215

**Directors**

Craig Cox  
Maria Perez-Arton  
Mark Mariscal  
Sarah O'Brien  
Lisa Rickard  
Doug Colliflower  
Brad Roeber

**Chairs**

Executive Club Secretary: Mark Mariscal  
Membership: Maria Perez-Arton  
& Brad Roeber  
Foundation: Steve Kerekes  
Service Projects: Mike Zoeller

**Subcommittees**

Community Service: Craig Cox  
Vocational Service: Steve Kerekes  
Youth Contests, Scholarships, Awards: Mike Zoeller  
Youth Activities: Tony Hill  
International Service: Sarah O'Brien

Dr. Pearson is a frequent presenter, researcher and lecturer. He has authored and co-authored several articles in urological literature.

City of Hope's mission is to make hope a reality for all touched by cancer and diabetes. Founded in 1913, City of Hope has grown into one of the largest and most advanced cancer research and treatment organizations in the U.S., and one of the leading research centers for diabetes and other life-threatening illnesses.

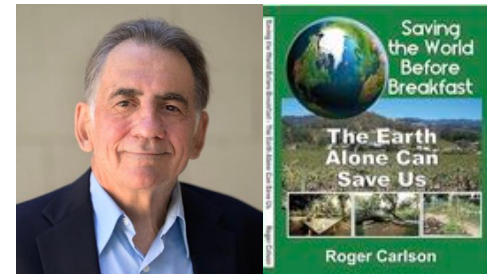


<https://www.ecsforseniors.org/montecedro/>

## LAST WEEK: ROGER CARLSON

### Saving the World Before Breakfast

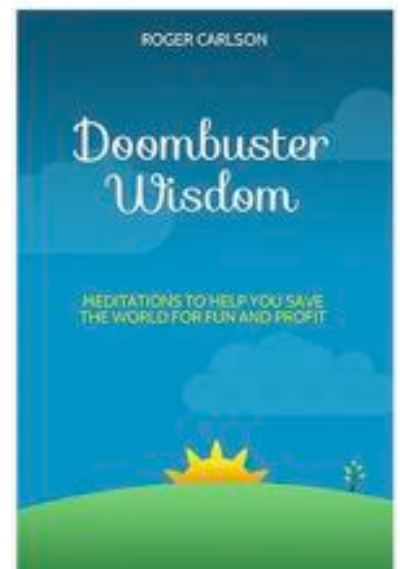
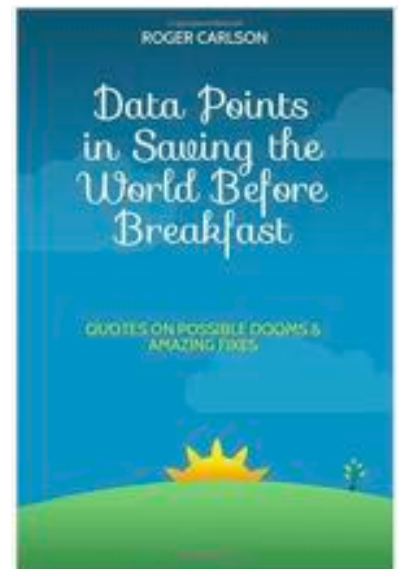
Speaker Chair: Brad Roeber      Review: Mike Zoeller



Our speaker last week, Roger Carlson, is familiar to the members of the Altadena Rotary Club as a reciprocating guest from Toastmasters International. Rotary and Toastmasters have formed an alliance to provide opportunities to grow networks, leadership and communication skills and our impact within the community.

Roger presented a condensed version of several books that he has written with the unifying theme of “Saving the World Before Breakfast”, which document his views on the best solutions to combat global warming. He published **Saving the World Before Breakfast: A Better Green New Deal** in 2020. That book used the proposed Green New Deal as a starting point and suggested a better program **focusing on three areas of agriculture, nuclear fission, and ocean aquaculture-industry** to mitigate the dangers of global warming and resulting potential for famine. He has also just released **Saving the World Before Breakfast: The Earth Alone Can Save Us**. That book argues that agriculture alone can stop global warming.

Roger proposes that water is the key issue to be addressed in global warming and that agriculture and its use or misuse is critical to mitigating our water issues. As a NASA employee at Johnson Space Center and JPL in Pasadena, Roger has documented his thoughts on our misuse of water and how we can begin to correct our water management. He detailed the mistakes we have made in managing naturally occurring fires by concentrating on fighting forest fires at all costs rather than the utilizing centuries-old philosophy of prescribed burns which results smaller, more easily controlled fires that can benefit



the environment. Other mistakes include the draining of wetlands and developing housing further and further into the forested areas.

Roger proposes that we must create a new agriculture plan that makes changes to the way we conduct the use of water through agriculture. He acknowledges that these changes are not easy but they are critical to success. He then identified a series of changes that include the use of water plants to produce feed for farm animals, the changing of levies used to control water flow, the use of solar power to pump water and a number of other strategies.

Roger presented four critical concepts to consider when approaching the subject of global warming:

1. **Don't Panic** – Roger's premise here is that there is much to be lost by over-reacting to the problems of global warming. A thought-out global approach is the preferred route.
2. **Do the Right Thing** – Approach the issues of global warming with the attitude that whatever paths are selected to mitigate, that they are motivated by the desire to materially reduce the effects of global warming.
3. **Technology** – technology will prove to be the critical tool to implement solutions to solving warming problems.
4. **Follow the profits** – significant progress in reducing emissions will come only when entrepreneurs innovate technical mitigation solutions because they see that they will be rewarded for their efforts.

You can see all of Roger's publications (and perhaps buy a few to get all the details), his mission and his favorite articles at his website at:

<https://savingtheworldbeforebreakfast.com/>

**Editor's apology: last week's speaker review was by Tony Hill, not by Steve Kerekes, whose review was featured the previous week.**



**Dancing on stage at the final summer concert with Culture Shock Los Angeles!**

## Altadena Rotary Projects, Volunteer Opportunities and Events Calendar

Craig Cox

Please save the date for the next Rotary Community Pancake Breakfast - October 5, 2024 8 -10.30 am.

September 14th: 12-4 pm  
Altadena Community Garden Annual Event

September 28th: 5-9 pm  
Altadena Library Foundation  
Taste of Dena Event

To register for any event go to DacDB, Login, elect the My Club, tab, go the the Calendar icon, and go to the date.

### Altadena Grocery Outlet is Proud to Host

**Semi-Annual Pancake Breakfast**  
Benefits Altadena Mountain Rescue Team (AMRT), Christmas Tree Lane Association (CTLA), and Altadena Heritage

**GROCERY OUTLET**  
Bargain Market

**Saturday, Oct. 5, 2024 • 8:00-10:30 am**

Here or To-Go Tickets \$5.00  
Tickets available at Sheriff Station, El Patron Restaurant, Grocery Outlet or altadenarotary.org  
Sheriff Station (626) 798-1131

Donate through PayPal or Venmo, note it is for Pancake Breakfast, and tickets will be held at door.

Proceeds benefit AMRT, CTLA, and Altadena Heritage | Sponsored By -



**Join us for food, friends & festivities at Taste of Dena Saturday, Sept. 28 • 6-9pm**