



**CREATE HOPE
in the WORLD**

'SPARKS' OFF THE ROTARY WHEEL

An Award-Winning Newsletter

**The Rotary Club of Altadena meets Thursdays at noon
at the Altadena Town and Country Club**

Rotary Club of Altadena - #772

Chartered: February 14, 1949, P.O. Box 414, Altadena, CA 91003

RI Pres: Gordon R. McNally, Dist. 5300 Gov: Michael L. Soden



D. Vance Graphics

THIS WEEK: PATTI LA MARR

Altadena Town and Country Club, at noon

Speaker Chair: Mark Mariscal

**SAVE THE DATE: District Governor Michael Soden's visit is
scheduled for Sept. 21**



Patti is a native of the San Gabriel Valley. She grew up in Temple City, where her dad owned the Orange Julius for many years. She graduated from the University of Redlands and had a long and successful career at AT&T before retiring. Patti enjoys volunteering and giving back to the community. She is an Alumna of Delta

Sigma Pi, a member of P.E.O (philanthropic Educational Organization) supporting Women's Education and a member of the Southern California Genealogy Society. As a Member of The Friends of The Pasadena Playhouse Patti has filled many roles ranging from ushering to preparing meals for cast members. For the past 10 years she has enjoyed working in The Playhouse Archives. This ongoing work has

AUGUST 24, 2023

**AUGUST IS MEMBERSHIP & NEW
CLUB DEVELOPMENT MONTH**

Officers

**President: Dr Dawn Digrius Smith
Vice President: Doug Colliflower
President Elect: Maricela Viramontes**

**Treasurer: Mike Noll
Bus: 626-657-2287
Secretary: James Gorton
Bus: 626-793-6215**

Directors

**Craig Cox
Maria Perez-Arton
Mark Mariscal
Sarah O'Brien
Maricela Viramontes
Doug Colliflower
Dawn Digrius Smith**

Chairs

**Club Executive Secretary: Mark Mariscal
Membership: Maria Perez-Arton
& Brad Roeber
Foundation: Steve Kerekes
Projects: Mike Zoeller**

Subcommittees

**Community Service: Craig Cox
Vocational Service: Steve Kerekes
Youth Contests, Scholarships, Awards: Mike
Zoeller
Youth Activities: Tony Hill
International Service: Sarah O'Brien**

given her a better understanding of the importance of preserving both our past and present history. In her role as a FOREVER Ambassador, she enjoys helping others preserve their photos, videos, audio file and document heritage for generations to come. In her free time, Patti enjoys cooking, reading murder mysteries and looks forward to returning to traveling one day.



<https://www.ecsforseniors.org/montecedro/>

Altadena Rotary Events

August 26 - Summer Concert at Farnsworth Park

September 2 - Melodia Mariposa Concert in the Davies Building

Farnsworth Park

September 9 - Final Summer Concert

October 7 - Community Pancake Breakfast at Grocery Outlet

November 4 - Put up flags for Veterans Day & Thanksgiving

November 11 - Pack Boxes for

Santa's Pantry Event (details coming)

November 18 - Santa's Pantry Food Giveaway (details coming)

December 2 - Take down flags for Veterans Day & Thanksgiving

Community Service Opportunities

September 23 - Book Sale by Friends of the Altadena Library (8 - 11 AM; 2 - 5 PM)

September 30 - Celebration: Altadena Community Garden (12 - 5 PM)

December 8 - Community Holiday Party /Toy Distribution at Farnsworth Park (4 - 7 PM)

December 9 - Christmas Tree Lane Association Lighting Ceremony

LAST WEEK: ROGER CARLSON SAVING THE WORLD BEFORE BREAKFAST

Speaker Chair: Mark Mariscal

Program Review: Mike Zoeller



Our speaker for last week, Roger Carlson, is familiar to the members of the Altadena Rotary Club as a reciprocating guest from Toastmasters International. Rotary and Toastmasters have formed an alliance to provide opportunities to grow networks, leadership and communication skills and our impact within the community.

Roger presented a condensed version of several books that he has written with the unifying theme of "Saving the World Before Breakfast", which document his views on the

best solutions to combat global warming. He published **Saving the World Before Breakfast: A Better Green New Deal** in 2020. That book used the proposed Green New Deal as a starting point and suggested a better program **focusing on three areas of agriculture, nuclear fission, and ocean aquaculture-industry** to mitigate the dangers of global warming and resulting potential for famine. He has also just released **Saving the World Before Breakfast: The Earth Alone Can Save Us**. That book argues that agriculture alone can stop global warming.

Roger presented four critical areas to consider when approaching the subject of global warming:

1. **Don't Panic** – Roger's premise here is that there is much to be lost by over-reacting to the problems of global warming. A thought-out global approach is the preferred route.
2. **Do the Right Thing** – Approach the issues of global warming with the attitude that whatever paths are selected to mitigate, that they are motivated by the desire to materially reduce the effects of global warming.
3. **Technology** – technology will prove to be the critical tool to implementing solutions to solving warming problems.
4. **Follow the profits** – significant progress in reducing emissions will come only when entrepreneurs innovate technical mitigation solutions because they see that they will be rewarded for their efforts.

You can see all of Roger's publications (and perhaps buy a few to get all the details), his mission and his favorite articles at his website at

<https://savingtheworldbeforebreakfast.com/>



MESSAGE FROM DAWN

One of the things I LOVE about Rotary International, but especially about the Altadena Rotary Club, is the commitment to service above self. Our members take time out of their busy lives to help others in meaningful ways! Roger Carlson, our speaker for the 8/17 meeting, shared his passion for awareness of climate change and how to stay informed without being freaked out! It was a great conversation about what we all can do

and how to know what information is out there to provide more research and guidance.

For me, as a former faculty member at an engineering university who taught courses on sustainability, agriculture, and economics, Roger's talk aligned with practices I saw in higher education: awareness, education, and action. Thank you again to Roger Carlson for bringing to light how we should approach the subject and learn more about it.

A request from the President:

As you know, each week we meet at the ATCC and they provide lunch. They do their best to make us happy...it is IMPERATIVE that if you plan to attend the meeting, **PLEASE RSVP**. We need your RSVP to total how many lunches need to be prepared and what type. We have broadened our offerings to include BOTH a vegetarian option and a hummus quinoa chicken option. If you plan to select anything OTHER than Chef's Choice, please let us know when you RSVP so we can be sure to have your lunch choice available. We know that at times our lunches can be similar, my suggestion is to change it up, order something different and be adventurous. We are definitely considering instituting a policy that if you have NOT RSVP'd and still attend, you will have no options for lunch so be a TEAM PLAYER and RSVP if you PLAN TO ATTEND. You can always let us know up until Tuesday afternoon if your plans change and you are unable to attend. We would rather be safe and account for a more accurate headcount to ensure there are enough place settings for attendees as well as lunches. Sorry to have to do this, but in recent weeks we have had many more folks attend than RSVP'd and it puts the ATCC at a disadvantage.

Hurricane Hilary (well, by the time it reached us it was Tropical Storm Hilary), did less damage in our neighborhood than some other storms in the recent past. Lots of rain for sure, but the winds did not take their toll on our roof nor did they knock down trees onto our power lines. I hope that everyone had the same experience; that little to no damage occurred as a result of this historic storm. The set up was certainly dire- with news outlets broadcasting the worst case scenarios! Thank goodness for most of us, the worst case scenarios did not occur. Palm Springs, as well as some mountain communities, were not as lucky as Altadena...we send our heartfelt concern for those communities hit hard by the storm! I lived through Hurricane Sandy, with 11 days of no heat, no water, no electricity. We had to drive to Pennsylvania (over an hour away) to get gasoline (pumps do not work without electricity), food, water, and charge our cell phones. Luckily, we had a neighbor with a lot of cut wood and we had a fireplace, so for 11 days+ we kept warm by the constant fire we had to keep. Kinda felt like pioneering, a bit.

Well, this past week and the beginning of this week were certainly interesting!

Until next week...

A Visit to Tri-Counties

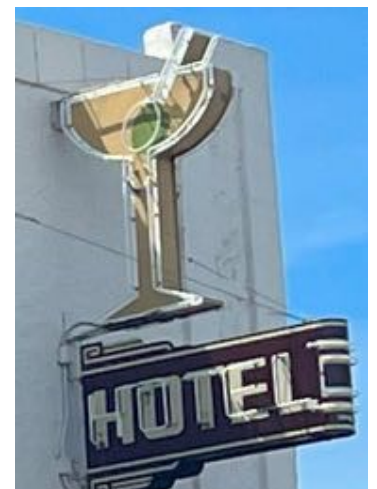
By Mike Noll

Recently, I flew to Redding, CA where I was picked up by my cousin Susie Lorenzen. Back in the early 70's when Susie was about 12 years old, she and her family moved from Newport Beach to Fall River Mills because, on a whim, my aunt and uncle (my mom's brother) had purchased the Fall River Hotel. Talk about culture shock! From beach and surfing to cattle and cow dung.

At Fall River High School, Susie met her future husband Pete Lorenzen whose family ties to Fall River Valley date back to the 1800's. Pete's great-grandfather purchased acreage from Mr. Day, one of the original homesteaders in the area, where he ranched sheep and cattle, and grew potatoes, hay, and alfalfa. A schoolhouse was built in Day (Modoc County) and the schoolteacher always lived in the nearby Lorenzen residence. Conveniently, Pete's grandfather in his 30's married one of the schoolteachers. Pete's father attended the same school that went through 8th grade, and because he lived closest to the school, he always had to arrive an hour early to light the heating stove. It was also never fun to live in the same house and share the bathroom with his teacher. I guess it wasn't so bad when you're 30.



SAVE THE DATE:
District Governor Michael Soden's visit is scheduled for Sept. 21
PLEASE PLAN TO ATTEND THE MEETING!



After spending most of their teens partying crazy (nothing else to do), Pete and Suzie were married in 1979 soon after graduating high school. They couldn't get out of Fall River Valley quick enough and headed south to Belize because... that just made sense, right? Until it didn't, and they found themselves back home. Fast forward 12 years and 2 kids later with continued drinking and partying, Pete and Susie had had enough, gave themselves over to God and Jesus, and never looked back.

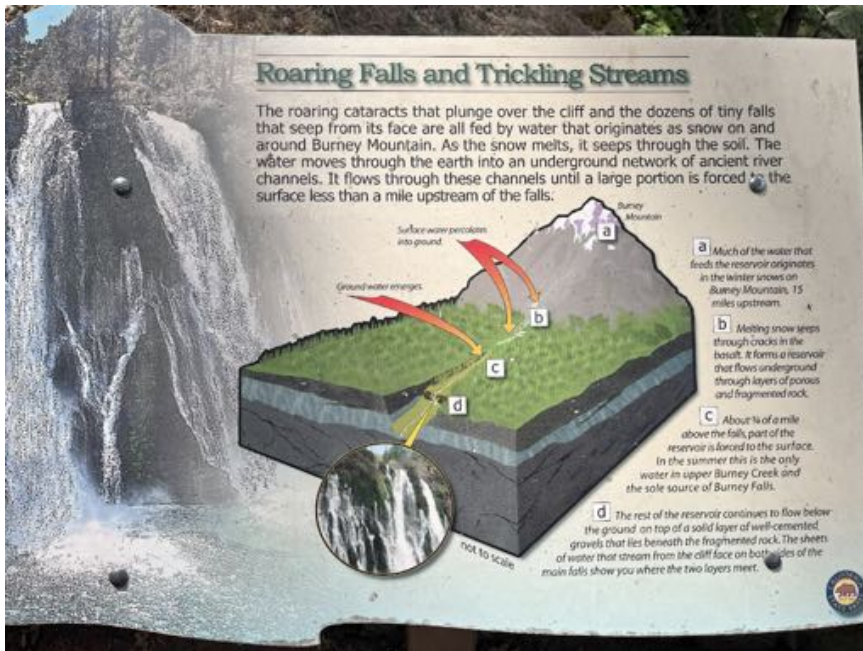
While Susie was a nurse in the local hospital, Pete became a minister within the Calvary Church organization and founded Little Country Bible Church in McArthur, just 4 miles east of Fall River Mills (Shasta County) (Side note: McArthur was established in 1869 by land owner John McArthur because he wasn't happy with the way things were being run in Fall River Mills). The congregation meets Sunday mornings in a local pizza parlor, where Pete's sermons or rather, bible teachings (my Sunday visit was near the end of the Book of Job) are broadcast on Facebook. The church office is next door and houses kids' Sunday school, men's and women's bible studies during the week, occasional potlucks, and other church business. Pete's ministry also extends to missionary work in Tanzania, Nepal, and Central America.



Burney Falls

Back at the ranch (and in Modoc County) we enjoyed a lovely daytime view and sunset over Mt Shasta looking east-northeast (in Siskiyou County).

See pictures below



During my stay, my wonderful hosts showed me around the beautiful area. We visited Burney Falls, which is stunningly gorgeous, at 129 feet falling into a 22 ft deep pool that's a crystal clear 42° - 48° temperature. The falls are even more astounding by the fact that the water appears out of rock just 3/4 mile upstream. Another surprise is that the Pacific Crest Trail passes right above the falls at mile 1,418 from the Mexico border.

The following day, I was taken fly fishing on Ash Creek by veteran fishing guide Dominic "Dom" Traverso. He gave me several dry flies that he had tied himself (humpies and ants) and some caddis droppers. We walked and waded the meandering stream, and he showed me where to place my line, and to both our delight, I caught several nice-sized rainbow trout, which we gently returned to the water. We had worked our way upstream to one of Dom's



favorite holes, and sure enough, a huge brown trout slammed my fly, boiled the water furiously, and just as quickly managed to break off the line and disappear. It was a thrill to be sure, but the story got better as we enjoyed lunch with Susie, Pete, and Dom's wife Francine at Adin's Supply, an old fashioned mercantile (Lassen County).

On my last day we went kayaking on a 1.5 section of Hat Creek, located on the ancestral lands of the Illmawi Band of the Pit River Tribe. Resting atop an immense lava field known as the Modoc Plateau, this legendary fishery is a unique spring-fed system with constant flows, stable temperatures, and abundant nutrients that allow fish, bugs, and aquatic plants to grow at extraordinary rates. However, this incredible area also suffers from a sedimentation problem resulting from a volcanic eruption of nearby Mount Lassen at the beginning of the 20th century, compounded by bank erosion due to historical grazing and ranching practices throughout the area. In 2017, CalTrout completed an extensive restoration project throughout this Carbon Reach of the Hat Creek Wild Trout Area. To our delight, as we floated down this section, we observed schools of trout, including immense browns lazily swimming upstream. Alas, I left my fly rod back at the house, so I will have to return to harass them once more!



Mike Noll

Club Treasurer and more!

Additional Volunteers Needed for the August 26 Concert

It's hard to believe that our last Rotary sponsored concert of the 2023 season is this weekend - August 26th.

We are in need of additional volunteers.

This week we need:

Security (5 - 9 PM) - ***we are in need of 4 additional volunteers***

Pass the Pitchers/Audience Donations (7:45 - 8:15 PM) - ***we are in need of 3 additional volunteers***

Rotary Table/Lost & Found (6:30 - 8:30 PM) - ***we are in need of 1 volunteer***

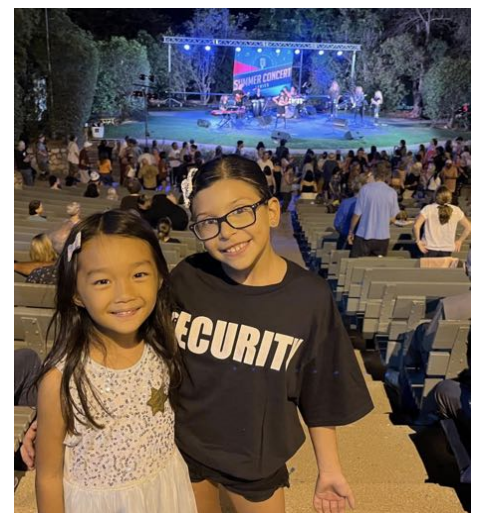
If you are able to serve please login to DacDB, go to the My Club tab, select the Calendar icon, go to August 26 and register; or let me know and I will register you for the event.

Thank you for your support of our service to the community.

Craig Cox
craigcox@charter.net

SUMMER CONCERTS

26 August	The Gerry Rothschild Band
9 September	The Who Experience



Security, by Isabel and Daniela, was tight at the Las Chikas concert last Sat!