

'SPARKS' OFF THE ROTARY WHEEL

An Award-Winning Newsletter

The Rotary Club of Altadena meets Thursdays at noon at the Altadena Town and Country Club

Rotary Club of Altadena - **#772** Chartered: February 14, 1949, P.O. Box 414, Altadena, CA 91003 RI Pres: Stephanie Urchick, Dist. 5300 Gov: Michael Driebe

THIS WEEK: EMOTIONALLY HEALTHY LEADERS Dr. Cliff and Mrs. Joyce Penner

Altadena Town and Country Club, Thursday at noon Speaker Chair: Dr. David Campbell



In 1975, Cliff was in private clinical psychology practice and Joyce was in charge of the curriculum development for the nursing program at Azusa Pacific University when Cliff was asked to teach 60 women about sexual adjustment. Cliff prevailed upon Joyce to teach the class with him. It was that course, together with additional training which professionally launched the Penners

into working as Sexual Therapists as well as leading sexual enhancement seminars weekends for preteens and parents, and professional training

workshops. Their teaching has taken them not only throughout the US and Canada, but also to Mexico, Switzerland, Germany, France, Austria, Singapore, Indonesia, Bali, Jamaica, Philippines, Australia, and Kenya. Their first book, The Gift of Sex (revised 2003), has become one of the classic sexual manuals in the Christian world. The protocol they developed for sexual therapy/sexual retraining is published in Counseling for Sexual Disorders (2005, currently being updated) for therapists and in Restoring the Pleasure





Rotary International (Rotary.org) JULY 18, 2024 JULY IS: MATERNAL AND CHILD HEALTH MONTH

Officers President: Maricela Viramontes Vice President: Dawn Digrius Smith President Elect: Brad Roeber

> Treasurer: Mike Noll Bus: 626-657-2287 Secretary: James Gorton Bus: 626-793-6215

> > Directors Craig Cox Maria Perez-Arton Mark Mariscal Sarah O'Brien Lisa Rickard Doug Colliflower Brad Roeber

Chairs Executive Club Secretary: Mark Mariscal Membership: Maria Perez-Arton & Brad Roeber Foundation: Steve Kerekes Service Projects: Mike Zoeller

Subcommittees Community Service: Craig Cox Vocationa Servicel: Steve Kerekes Youth Contests, Scholarships, Awards: Mike Zoeller Youth Activities: Tony Hill International Service: Sarah O'Brien (March 2016) for couples. Their books, The Married Guy's Guide to Great Sex and Enjoy! The Gift of Sexual Pleasure for Women were published by Focus on the Family and Tyndale in 2017.

The Penners have appeared on TV talk shows from the 700 Club to Sally Jesse Raphael and hundreds of radio shows. Their group of therapists work together in Pasadena, California. Learn more about them and their associates through their website: <u>www.passionatecommitment.com</u>.

Cliff and his wife, Joyce, met at Grace University in Omaha, Nebraska in 1959. After a year, Joyce went on to nurses' training (RN) in St. Paul, Minnesota. Two years later, Cliff joined her in St Paul to receive his BA from Bethel College. The Penners were married in 1963 and moved to Seattle, Washington, the following year where Joyce earned her B.Sc. in Nursing from the University of Washington. From Seattle, they moved to Pasadena, California, for Cliff to get an MA in theology and his PhD in clinical psychology in 1971 at Fuller Theological Seminary. Meanwhile, Joyce earned her MN from UCLA and began teaching nursing students at Cal State University in Los Angeles.

In the process of their 50 years of marital therapy, the Penner's have also developed a passion for dealing with emotional wounds BEFORE community professionals assume their leadership roles amidst our community.

As a result of this passion and their generous gift given to Fuller Seminary by their family, The Cliff and Joyce Penner Chair for Emotionally Healthy Leaders led by Dr. David Wang has been established at Fuller. They will share with us their story of the evolution of this initiative and the four focal points that reflect this significant work.

1. A comprehensive, multi-modality approach to integrating emotional health training and resources into the seminary curriculum

2. Global engagement in the areas of emotional health and resilience among global Christian leaders

3. A large-scale, long-term program of resource-development and research into the nature and

prevalence of emotional wounds in the ministry context

4. Engagement in ongoing teaching, ministry, scholarship, and service in the area of the emotional

health and resilience of spiritual leader.



https://www.ecsforseniors.org/montecedro/

Altadena Rotary Projects and Events Calendar Craig Cox

July 20, 27, August 3, 10, 17, 24 -Summer Concerts August 31 - Melodia Mariposa Concert September 7 - SSGA Concert

To register for any event go to DacDB, Login, elect the My Club, tab, go the the Calendar icon, and go to the date.

* VOLUNTEERS NEEDED FOR SUMMER CONCERT SERIES - check emails from Craig Cox

WE ARE: PEOPLE OF ACTION... ABOUT TO TAKE DOWN THE FLAGS!





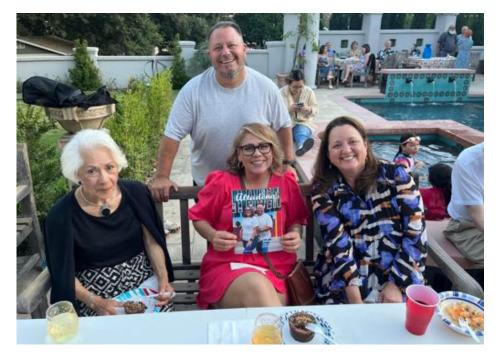
Top: Mike N, Mike Z, Craig, Doug, Steve, Tony, Mark (photographer) Below: The 2 Mikes!

DEMOTION PARTY PHOTOS!

(Below and opposite)



Above: Ashley, Nikki, Captain Williams, Dawn, Heather, Catalina









Dawn D Smith June 28 at 2:18 PM ·

Last night was my last official duty as 2023-2024 Rotary Club of Altadena President. Thank you to all who attended, I truly appreciated ALL of your hard work and contributions during my term. Special thanks to Lisa Rickard, Mark Mariscal, and Doug Colliflower for your help!! And to Robert F. Smith, I could not have done it without your support!

I wish Maricela Viramontes all the best as the incoming President!







THE MARICELA REPORT

By President Maricela

It was a pleasure ringing the bell with the gavel last Thursday. We have had 75 former Club Presidents ring the exact same bell since our club received it as a gift from the Pasadena Rotary Club in March of 1949 at our Charter Dinner event.

I have to admit, I was nervous during our Club Assembly. I had my sheet of paper to serve as a reminder of the order of the meeting, and I have to say, I only deviated from it 3 times at least that is all I will admit to! Thank you to all of the club members who spoke about the areas of programs that they help deliver. These include Mike Zoeller, Dawn Smith, Steve Kerekes, Tony Hill, Ed Jasnow, Jim Gorton, and of course, Mark Mariscal. Others stepped in to update the club members about what the Community Service Project (Craig) and International Committees (Sarah) are planning for this year. I was also grateful to all of you that stood up and shared personal stories during "Happy Bucks". As was reported, we raised almost \$5,000 from club members and guests from the "Happy Bucks" program this past Rotary year. The funds were allocated to local non-profit organizations to help their programs.

In addition to our Club Assembly last week, I also completed my second Saturday working the Concession Booth at the Rotary Summer Concert Series at Farnsworth Park. Committee Chair PP Doug Colliflower sure has things running smoothly (of course we do not see all of the chaos, if any, behind the scenes). Alll members are reminded to sign up as volunteers on DacDb, to help in some capacity during the concert series - if at all possible. There are many slots still open for the next



PAST-PRESIDENT PIN PRESENTATIONS (Try saying that fast...) To Doug and Dawn







JCL Sound and Lighting Staff

seven concerts. Or please speak with Craig Cox directly. This is a CLUB project, not one that only 15 or so of us focus on. If taking a shift isn't possible, just attend the concert, enjoy the music and say hello and "good work" to our volunteers!

Please feel free to reach out with questions or concerns going forward. Our club goals of service belong to each of us. I invite you all to embrace this Rotary year, themed "The Magic of Rotary"- and help make everything we do shine brightly throughout the communities of Altadena and beyond!