

March 28, 2024



# La Rueda

SERVICE ABOVE SELF  
THE ROTARY CLUB OF MONTEREY, RI DISTRICT 5230  
[www.montereyrotary.org](http://www.montereyrotary.org)



CREATE HOPE  
in the WORLD



## Dr. Susan Swick Ohana Center For Child And Adolescent Behavioral Health

Susan Swick, MD, MPH is the Executive Director of Ohana and VP/Chief Mental Health Officer for Montage Health. Ohana is a center for child and adolescent behavioral health at the Community Hospital of the Monterey Peninsula. Dr. Swick is designing and building the clinical programs at Ohana, which include the crisis stabilization and outpatient treatment as well as education and wellness programming in partnership with community institutions. This center is being created with the support of a landmark \$100 million gift from a single donor in the hospital's community. Before moving to the Monterey Peninsula in 2018, Dr. Swick served

as the Chief of child and adolescent psychiatry at Newton Wellesley Hospital for five years. While there, she created a community health initiative called "The Resilience Project," to promote the mental health and well-being of youth and their families. She was an instructor in psychiatry at Harvard Medical School and at Massachusetts General Hospital, where she created and ran a course on parent guidance for the child psychiatry fellows. Dr. Swick graduated from medical school at Columbia University in New York, where she also completed an internship and residency. She completed fellowships at Harvard Medical School and New York University. She is board-certified in psychiatry, child and adolescent psychiatry, and forensic psychiatry.

**About Ohana:** A first-of-its-kind program, Ohana was created by nationally renowned youth mental health leaders, and is staffed by experienced and compassionate mental health professionals. Ohana is built on a breakthrough idea: mental illness is always treatable and can often be prevented. Mental fitness — like physical fitness — can be developed and sustained. <https://vimeo.com/894652568>



CREATE HOPE  
in the WORLD

# The Next "Over The Hill" Classic



**Saturday, April 20 • Dampierre Park**

**37 Paso Hondo, Carmel Valley • 1-4pm**

**A picnic BBQ (coordinated by Mike Buffo) will follow the game.**

Practice: Wednesday, April 10 4-5:30pm Jacks Park, 451 Adams St., Monterey

Practice: Monday, April 15 4-5:30pm Jacks Park, 451 Adams St., Monterey

Practice: Wednesday, April 17 4-5:30pm Jacks Park, 451 Adams St., Monterey



Rotary  
District 5230



# 2023-24 District Conference Monterey Marriott



# Come Play by the Bay!

May 10, 11, & 12,  
2024



## REGISTRATION INFORMATION

Adults (18): \$150.00  
Youth (8-19) : \$40.00  
Children (0-8): FREE

Adult registration fee will increase to \$175 after April 1st.  
Registration closes  
Wednesday, May 1st

## CLUB EVENTS

**Thursday, April 18**  
Board Meeting  
10:30 am  
Hilton Garden Inn

**Saturday, April 20**  
"Over The Hill" Classic  
1:00 pm  
Dampierre Park

**Tuesday, April 23**  
COG Meeting  
5:30 pm  
TBD

**May 10, 11, & 12**  
Come Play by the Bay  
Monterey Marriott



Registrations.DACdb.com/  
Register/index.cfm?  
EventID=77675075&No-  
Captcha

Rotary  
Club of Monterey



## APRIL 2024

<b>Thursday</b>	<b>- 04/04</b>	<b>Dr. Eduardo Ochoa</b> – Argentina – Travel, Government & Economy (Soccer Forecast?)
<b>Thursday</b>	<b>- 04/11</b>	<b>Calvin Nemeth</b> – Camp Royal
<b>Thursday</b>	<b>- 04/18</b>	<b>Board Meeting</b> – 10:30 AM – Hilton Garden Inn
<b>Thursday</b>	<b>- 04/18</b>	<b>Rick Fitzgerald</b> – Trinity High School Student Success
<b>Tuesday</b>	<b>- 04/23</b>	<b>COG Meeting</b> – 5:30 PM – TBD
<b>Thursday</b>	<b>- 04/25</b>	<b>Monica &amp; Gary Johnson</b> – Art, The Creative Process And Celestial Bodies

# THANKS TO THESE ADVERTISERS, WE CAN PRODUCE OUR NEWSLETTER WITHOUT COST. THANK YOU!!



**South King Fire & Rescue**

David A. Berger  
Commissioner

31617 1st Avenue South  
Federal Way, WA 98003  
www.southkingfire.org

206-592-2233 Home  
831-915-1901 Call  
david.berger@southkingfire.org



Respecting People. Impacting Business.

paul.weyant@expresspros.com

45 W. Alisal St. | O: 831.920.1857  
Salinas, CA 93901 | C: 831.242.0645

**BERT ARONSON**

BROKER ASSOCIATE | DRE# 00760050



m: 831-521-9059 | f: 831-625-3535  
bertaronson@gmail.com | AronsonTeam.com  
26135 Carmel Rancho Blvd., Ste F200, Carmel, CA 93923  
Each Office is Independently Owned and Operated.



**CUSTOM  
HOUSE  
REALTY**  
& PROPERTY MANAGEMENT

**Terry L. Wecker**  
Realtor®/Manager

457 Webster Street  
Monterey, CA 93940  
831-649-0102  
tweck@pacbell.net

BRE #00548546

customhoureality.com

**Adam Hughes**  
Sr. Account Manager

adam@mbsworks.com  
831.320.8847  
325 Victor Street, Ste. A  
Salinas, CA 93907  
www.mbsworks.com



**Robert Russell**  
robertr@tpohr.com  
831.647.7292

30 Ragsdale Drive, Suite 100 • Monterey, CA 93940  
www.tpohr.com • Fax 831.658.0201  
PI-25638



**YELLOW BRICK ROAD**  
BENEFIT SHOP  
est. 1989

**GEISLER**  
MARKETING



**Yutaka Uyeda, S.E.**  
principal

1010 Cass St., Suite # D-9  
Monterey, CA 93940  
tel: 831-373-3181  
e-mail: uyaase@gmail.com



Angie Machado  
Director of Community Relations  
831-626-4867 • 800-544-5546  
amachado@cvmanor.com  
Fax 831-622-4543 • cvmanor.com  
8545 Carmel Valley Road  
Carmel, CA 93923  
Licence #270700110 · COA #082

**PRINTING  
DONATED  
BY**



**Naval  
Postgraduate  
School  
Foundation**

## March Membership Anniversaries

Clay Larson	03/15/79	45 Years
Eric Johnsen	03/19/98	26 Years
Ralph Thompson	03/16/00	24 Years
Walt Prowell	03/16/06	18 Years
Mark Peake	03/19/12	12 Years
Robert Freiri	03/25/21	3 Years
Monica Lal	03/24/22	2 Years
Mary Ann Leffel	03/30/23	1 Year
Mitchel Sawhney	03/30/23	1 Year



Happy Birthday

Terry Wecker - March 25