

June 1, 2023



# La Rueda

SERVICE ABOVE SELF  
THE ROTARY CLUB OF MONTEREY, RI DISTRICT 5230  
[www.montereyrotary.org](http://www.montereyrotary.org)



## COG's Bios

*Paul Weyant & Mitchell Friedman*

**Paul Weyant** is a dedicated professional with a diverse range of experiences and a passion for community service. He currently serves as the Deputy Public Works Officer at the NSA Monterey, home of the Naval Postgraduate School. In this role, Paul oversees the team of professionals who manage construction and maintenance activities on base.

Paul's wife Mary works as the children's librarian at the Pacific Grove Public Library. Together, they have two

wonderful children—a daughter, Claire, who is currently pursuing a nursing degree at the University of Northern Colorado, and a son, Jack, who recently graduated from Pacific Grove High School and will be attending Monterey Peninsula College this fall.

In addition to his role at NSA Monterey, Paul is the owner of Express Employment Professionals of Monterey County, a staffing agency known locally for its exceptional customer care and successful employee placements. He also hosts a weekly radio show and podcast called 'What's the Plan,' where he explores the future of business and development in Monterey County.



**Mitchell Friedman, EdD, APR** is a native New Yorker, and proud of it! He currently serves as a Senior Lecturer at the Naval Postgraduate School, where he has taught courses on communications, leadership, and organizational behavior since 2016. In addition, Mitchell facilitates the Leadership Monterey County program and advises organizations on how to develop the communication and leadership skills of their employees. He's also serving as Vice President of the Board of Directors of the Riverwood Community Association in Carmel, CA.

After earning a B.A. in History at Brandeis

University, Mitchell moved to California to continue his education. He attended Stanford University, where he earned an M.A. degree in Modern European History. Within a few years of completing his degree, Mitchell began a career in public relations, which spanned three decades and included agency, in-house, and independent consulting work with high technology, real estate, finance, non-profit, and other organizations. Starting in 1998, Mitchell concurrently taught university-level courses at several institutions located throughout the greater San Francisco Bay Area.

In 2007 Mitchell returned to school to earn an EdD (Doctorate in Education) in Organization and Leadership at University of San Francisco, as he aspired to transition from public relations into full-time employment in higher education. That same year he landed his first higher education administrative position as Director of Career Services for the MBA program at University of San Francisco, which was followed by a position as Associate Dean of Student Affairs and Career Development at Presidio Graduate School.



Mitchell also founded Bay Area Street Hockey (1998), the first street hockey league in the San Francisco Bay Area. It continues to thrive. As a Toastmaster for thirteen years (1986-1999), he earned numerous public speaking and leadership awards.

Mitchell and his wife, Arete Nicholas, live with their cat, “King” Silas, in San Francisco and Carmel.



## CLUB EVENTS

**Tuesday, June 13**

COG Meeting

5:30 PM

1135 Alta Mesa, Monterey

**Thursday, June 15**

Board Meeting

10:30 AM

Hilton Garden Inn

Peninsula Room

Rotary  
Club of Monterey



## JUNE 2023

<b>Thursday</b>	<b>- 06/08</b>	<b>Colonel Joey Hickox</b>	<b>- Ukraine: My Time In Kiev</b>
<b>Tuesday</b>	<b>- 06/13</b>	<b>COG Meeting</b>	<b>- 5:30 PM - 1135 Alta Mesa, Monterey</b>
<b>Thursday</b>	<b>- 06/15</b>	<b>Board Meeting</b>	<b>- 10:30 AM - Hilton Garden Inn, Peninsula Room</b>
<b>Thursday</b>	<b>- 06/15</b>	<b>Pete Delgado</b>	<b>- Healthcare</b>
<b>Thursday</b>	<b>- 06/22</b>	<b>Steve Bruemmer</b>	<b>- Community Response To A Shark Attack</b>
<b>Thursday</b>	<b>- 06/29</b>	<b>Dino's Kick Out</b>	

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**UYEDA and ASSOCIATES**  
structural engineers

**Yutaka Uyeda, S.E.**  
principal

1010 Cass St., Suite # D-9  
Monterey, CA 93940  
tel: 831-373-3181  
e-mail: uyaase@gmail.com

CARMEL VALLEY  
MANOR

A Life Plan Retirement  
Community

JAY A. ZIMMER

President and CEO  
831-626-4707 (D)  
609-405.0798 (M)  
jzimmer@cvmanor.com  
cvmanor.com  
8545 Carmel Valley Road  
Carmel, California 93923



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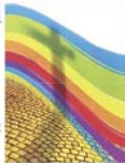
**Terry L. Wecker**  
Realtor®/Manager

457 Webster Street  
Monterey, CA 93940  
831-649-0102  
tweck@pacbell.net

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**South King Fire & Rescue**

David A. Berger  
Commissioner

31617 1st Avenue South  
Federal Way, WA 98003  
[www.southkingfire.org](http://www.southkingfire.org)

206-592-2233 Home  
831-915-1901 Cell  
[david.berger@southkingfire.org](mailto:david.berger@southkingfire.org)



**Robert Russell**  
robert@tpohr.com  
831.647.7292

30 Ragsdale Drive, Suite 100 • Monterey, CA 93940  
[www.tpohr.com](http://www.tpohr.com) • Fax 831.658.0201  
PI-25638

**GEISLER  
MARKETING**

[Jonathan@GEISLER3.com](mailto:Jonathan@GEISLER3.com)  
831.917.2810

**BERT ARONSON**

BROKER ASSOCIATE | DRE# 00780050

**kw** COASTAL  
ESTATES  
KELLERWILLIAMS.

m: 831-521-9059 | f: 831-625-3535  
bertaronson@gmail.com | AronsonTeam.com  
26135 Carmel Rancho Blvd., Ste F200, Carmel, CA 93923  
Each Office is Independently Owned and Operated.

**Adam Hughes**  
Sr. Account Manager

[adam@mbsworks.com](mailto:adam@mbsworks.com)  
831.320.8847

325 Victor Street, Ste. A  
Salinas, CA 93907  
[www.mbsworks.com](http://www.mbsworks.com)



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J Fagan - June 2

Denis Horn - June 4

## June Membership Anniversaries

Gilbert Neill	06/11/64	59 Years
John Mahoney	06/23/77	46 Years
Jonathan Geisler	06/18/14	9 Years
Katy Castagna	06/21/18	5 Years
Mark Zacovic	06/02/22	1 Year