



# North Stockton Rotary



**Karen Rea**  
NSR 20-21 President

Virtual Meeting 02/02/21

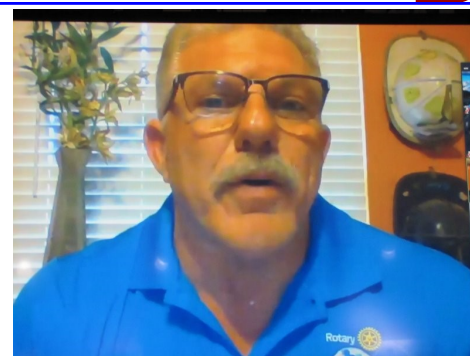
Approximately 12:03 Past President Ray Call, subbing for President Karen, rang the Bell.

There was one guest, Martin Ross of Ready To Work and no visiting Rotarians. At the peak we had 22 people online!

Mansoor did the pledge, 4 Way Test and Thought for the Day.

Here is the Thought: "Last week I informed you that my brother in Stockton has Covid-19. Now he is fighting in the hospital with Covid-19 and Pneumonia. His wife and daughter also got COVID-19 and are at home. Please pray for their survival. I cannot leave you with these negativity news. I believe we have to end the day with a positive thought. No matter how hard things are, tomorrow is a fresh opportunity to make it better. Thank you", Mansoor.

Ray let us know that the Rotary Theme of the Month is – Peacebuilding and Conflict Prevention and this year's Rotary Theme is "Rotary Connects the World".



Past Pres Ray Call answered the call when Karen couldn't make the meeting!



Early screen shot, we had 22 members by the end!

## NSR in Action –

**Wayne – Membership/scholarships:** Wayne announced that Martin Ross will be joining the club and he has two others he will wine and dine. Regarding Scholarship distribution to the Delta students, bureaucratic problems are holding that up. But they will be solved.

**Lorie – Fundraising:** She announced the new date for our major fundraiser, Books, Bands and BBQ. It will be June 26th, at the Waterloo Gun and Bocci Club.

**Jay – Grants/PHF:** 2 grants for Covid Treatment and Prevention are in the reporting phase. St. Joe's has begun treating patients with the new equipment our grant provided. Covid masks and hand washing stations are being made and distributed in Africa. He said the Rotary Foundation has a huge demand and it is slowing the funding process.

Rotary Question of the Week – Was the Rotary emblem was chosen because it symbolized the fact that Rotarians in the early years were "big wheels" in their communities. True or false

False – The early emblem illustrated "civilization and movement."

## 2020-2021 CLUB OFFICERS AND DIRECTORS

<b>President:</b>	Karen Rea	<b>Scholarship:</b>	Wayne	<b>Fundraising:</b>	Lorie Liddicoat	<b>UOP Rotaract:</b>	Jim Dugoni
<b>President Elect :</b>	Evan Stone	<b>Sunshine Committee:</b>	Tod Anton	<b>Fellowship/Socials:</b>	Tiffany Manning	<b>Camp Ryla:</b>	Ray Call
<b>Immediate Past President:</b>	Ray Call	<b>Youth Programs &amp; Services:</b>	Ray Call	<b>Special Projects:</b>	Wayne Hose	<b>Dir. At Large:</b>	Jay Hislop
<b>Secretary:</b>	Sami Khoury	<b>Lincoln Interact:</b>	Ray Call	<b>NSR Facebook:</b>	Lorie Liddicoat	<b>Dir. At Large:</b>	Mansoor Soleimani
<b>Treasurer:</b>	Angel Maldonado	<b>Stagg Interact:</b>	Justin Redman	<b>NSR Website:</b>	Lorie Liddicoat	<b>Dir. At Large:</b>	Jill Faso Antonini
<b>C.O.G.s:</b>	Evan Stone	<b>Speakers / Programs:</b>	Evan Stone	<b>Public R elations:</b>	Lorie Liddicoat	<b>Wheelbarrow:</b>	Chris Hunefeld
<b>RI Foundation:</b>	Judy Lovett	<b>Membership:</b>	Wayne Hose	<b>NSR Endowment:</b>	Bill McDonald	<b>NSR Facebook:</b>	Chris Hunefeld
<b>Community Service:</b>	Justin Redman	<b>Speech Contest:</b>	Ray Call	<b>Seeds of Hope:</b>	Paul Hansen		

## Upcoming Speakers

02/09/21	Edward Figueroa	CEO, St. Mary's Dining Hall	RingCentral/Great Call
02/16/21	Brian Gladden	Presentation on Human Trafficking in Northern California	RingCentral/Great Call
02/23/21	Martin Ross	Club Site Visit to Ready to Work, San Joaquin	Offsite visit

### Announcements –

#### Foundation Dinner Fundraiser

Held March 20<sup>th</sup>. NSR has agreed to be a part of this fundraiser. All proceeds collected come back to NSR. Crab, Tri-tip or surf and turf. We need 5 people to volunteer to help with set up and handing off meals to vehicles the night of the event.

**Bylaws** - Bylaws have been distributed to all NSR members for review. Please let Karen know if you have any concerns. We review for 30 days, so we will vote on them in early March.

**Speech Contest** – Ray, Aggie, Andy and Jay will be judging Lincoln High's Speech Contest this afternoon. The Area 2 competition will be held on a NSR meeting day on March 2.

Evan Stone then introduced our speaker, James Nance.



James Nance spoke to us today.

James Nance is a lifelong Stockton resident who has served the City of Stockton as a dedicated law enforcement officer with the Stockton Police Department since 1999. Prior to that, he enjoyed years of service as a deputy with the Amador County Sheriff's Office. After an on-duty injury in 2018, James is preparing for his upcoming retirement. (2 ½ years in the making)

James is a loving and dedicated husband, father of four children, and Pops to a three-year-old grandson. Truly committed to the City of Stockton,

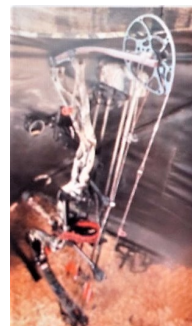
James also serves as a member of the Rotary Club of Stockton and is on the Board of Directors for the Community Foundation of San Joaquin. He has always loved the outdoors and is an avid fisherman and hunter. Always looking for a new hobby, he has reengaged in his love of archery and is working on developing his wheelchair archery skills, with a U.S. Paralympic coach. This has led him to Operation Enduring Warriors, who have a camp in Arizona. The following article and video are about James visit to the camp.



TV coverage of James trip tp AZ!



Jim with Dave Padilla on their way to AZ.



Believe it or not, that is a bow and arrow! It shoots at 284 ft/sec, and he has hit targets at 105 feet!





# The Wheelbarrow

The Bulletin of the North Stockton Rotary Club  
Meeting Tuesdays at Noon at the Brookside Country Club

2020-2021



[Wounded veterans use archery as a means to therapy \(kold.com\)](http://kold.com) Hold the Control button and Click here to see the video!

## Wounded veterans use archery as a means to therapy

Operation Enduring Warrior

Naranja Park in Oro Valley hosted a very special archery camp event today in support of wounded veterans and law enforcement officers.



James during TV interview

Operation Enduring Warriors believes archery can really make a difference when it comes to finding mental clarity.

"It's almost a form of active mindfulness because when you pull back and you're trying to shoot, your mind can think of nothing else other than the execution of shooting the arrow," said local organizer Caleb Brewer.

Brewer says the sport can help people discard stress and daily worries away.

The Tucson group had its very first meet on Saturday, Nov. 21st and consisted of wounded veterans and former law enforcement officers learning to shoot adaptive archery.

The goal: to honor, empower and motivate wounded servicemen through physical, mental and emotional rehabilitation.

We need a new Club Secretary! Please let Karen know if you're interested!



Action Track Chair and crew



"Sometimes the folks that are coming to these events don't realize it's a form of therapy until they actually get there and participate," said Brewer.

James Nance, who formerly served in law enforcement, participated in the event and says it's a discipline.

"It's definitely a strengthener of the different body systems, and it is fantastic for the mind," said Nance. "It quiets it right down."

And it's no different for veteran Kara Behrend. She says the sport allows her to tune things out, and simply decompress.

"It helps with my spasms," she said. "I find that when I'm really focused on my breathing, and kind of tuning everything else out, I don't have as violent of spasms."

OEW helps participants overcome adversity and hardship through innovation, teamwork and perseverance- ultimately enabling the lives of wounded military and public service veterans.

Thanks for your service James, and the archery is awesome!

With that Ray rang the bell!

### 2021-2022 Board Members

President - Evan Stone

President Elect - Andy Chesley

Past President - Karen Rea

Community Service - Lorie Liddicoat

Membership - Wayne Hose

Endowment - Bill McDonald

Socials - Aggie Alba

Secretary - ??????????????????????

Treasurer - Angel Maldonado

Fundraising - Kendra Clark

Rotary International - Jay Hislop

Rotary Foundation - Judy Lovett

Member at Large - Mansoor Soleimani

Member at Large - Jill Faso Antonini

Member at Large - Ray Call



# The Wheelbarrow



North Stockton Rotary Club

Chartered: March 11, 1957

District 5220

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Stockton, CA 95267-0184

[www.northstocktonrotary.org](http://www.northstocktonrotary.org)

[facebook.com/northstocktonrotary](https://facebook.com/northstocktonrotary)