

Rotary



Club of Livermore

Spur Report Jan 27, 2021

Spur Editor Don Wentz on Thursday, January 28, 2021

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Joel Swanson Spur Reporter

Today's Speaker: Tracy Heins, Livermore Pleasanton Fire Department Emergency Preparedness

Pre-Meeting Conversations:

Irv talked about writing genealogy, and our resident Punster Alan said he was a Gene-eous. We talked about butterflies and milkweed. Beth Wilson is the point of contact if you're interested in growing seedlings for these native non-invasive weeds, that are the sole source of food for the monarch butterflies. The butterfly population has been dropping precipitously, in part due to loss of land that has these narrow-leafed milkweed plants as part of its flora.

Stu Gary talked about his virtual job, with a cloudy Sacramento skyline in his background.

Glenn Kubiak had ridden up to Del Valle yesterday, and saw the snow showers on the hills around four pm. Conversations ensued about bike riding up and down Mines Road.

Dennis O'Brien talked about his Zoom about his background, showing quantum entanglement.

Pat Coyle talked with Nile and the rest of us about Crossroads Church's small houses for the homeless. Carolyn mentioned that similar habitations were in San Leandro and another community. Pat said it's not just housing, but other services are being provided as well. Nile wondered what square footage was. Pat C thought it might be 160 sq ft. Nile asked if building one might be a project. Pat talked about some alternatives (funding, other groups service projects, etc.).

Sblend talked about the Alameda Health system, the health safety net for the East Bay. Due to a nurse's strike, they blamed the trustee management, consequently all the trustees were fired. At the behest of Scott Haggerty, Sblend is now on the board of trustees and was tossed into this medical melee and is on a steep learning curve.

The Meeting was kicked off by President Carolyn at 12:28. Welcome to another meeting of the RCL!

The pledge today was led by Chuck Hartwig.

Passing of John Gordon was observed. John passed away last week and will be missed by all. John was a great Rotarian, former Past President, popular Livermore businessman and a friend to all. A brief overview of his

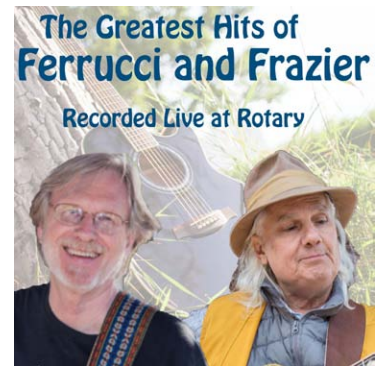


moving to Texas and subsequent passing was given by President Carolyn. Check your email from our club for details. John's family has requested donations to the Rotary Foundation of Livermore, in his memory. For those of you that want to send condolences, you can send them to his children. Barbie and Patrick Gordon, 10860 Cougar Chase, San Antonio, TX 78251 and Holly Gordon, 16385 East 14th Street #4107, San Leandro, CA 94578.



Song:

Michael Ferrucci mentioned that he has been married to a Girl Scout for many years, so the song was Teach your children. Performed with multiple instruments and harmonies by Michael and Stu Frazier.



Thought for the Day:



Jay Davis thought for the day is about Hope. After a year of plague, fires, and smoke, we could use a little hope. So, Jay showed us several great quotes, one of which was from Tom Bodett, who said They say a person needs just three things to be happy in this world: someone to love, something to do, and something to hope for.

Rotarians & Guests:

There were no visiting Rotarians today. We had one guest: Dale Chorney is joining us again today. President Carolyn welcomed him back.

Walking Livermore Photo:

With a nod to our member talk and program of the day, President Carolyn showed a picture of LPFD Truck #97, taken during one of her walks.



Member Talk:

Stu Gary showed us slides that started with the question Which Stu is he? He's been many things over many years in and



around our community. He started young, born in Coronado (San Diego), a son of navy parents in. He became a Volunteer Fire Fighter in high school. He was a part time and full-time firefighter, starting in high school, and enjoyed the work enough that in lieu of college, he chose to become a career fire fighter. He has been married to his wife Cindy for 45 years, and they have two children. He showed us a picture of his early service in SD county, and explained that three of the folks in his picture became chiefs. In 1986 was on a Rotary sponsored group study exchange team and went to Germany on this trip. He saw the DDR (East Germany), and through Check Point Charlie. He paid back Rotary for exchange by becoming a Rotarian in Carlsbad, CA, and showed a picture of a GSE team visiting the USA that he took to Disney land. He recalled that one of his guests in that picture said it was all about becoming international. January 1994, Stu became fire chief of the Livermore Fire Department. He is proud to have hired the 1st 3 women fire fighters to the department and added paramedics to the department. Our own Barry Schrader talked him into doing the lightbulb 100 birthday celebration. He helped form the Livermore Pleasanton Fire Department (LPFD). Stu retired in 2005 at age 50 (remember, he started at age 18). He was a principal mover behind having downtown fireworks. He saw the roof of the parking garage, and convinced city it was a feasible event that could be run safely. He served on the city council and helped hire Kelly Bowers. Showed nice picture of family when his daughter got married about 2 years ago. Stu showed us a picture of his Pontiac GTO, for which he thanked Ed Coates for all his assistance. His dogs go along on rides. Talked about Bill Halverson, who really helped with formation of LPFD, and passed away prematurely about 2 years ago, and was buried at Arlington National Cemetery.

January Birthday and Anniversary Recognition:

Alan Frank led us through the birthdays and anniversaries. Birthday Rotarians included Tim Berry, Lance Cavalieri, Carol Howell, Loretta Kaskey, Marty Plone, JR Romero, and Beth Wilson, Anniversaries in January are being celebrated by the Poulsons, Coyles, and Shays.

The Rotary Foundation Recognitions:



Pat McMenemy recognized nine of our club members for their Paul Harris Fellow contributions. The generous supporters of the Rotary Foundation were Norm Bregman PHF+1, Jeff Youngsma PHF+2, Carol Gerich PHF+2, Beth Wilson PHF+3, Vern Green PHF+5, Susan Mayall PHF+5, Joel Swanson PHF+6, Mark Roberts PHF+7, and Pat Coyle PHF+8.

Announcements:

Rotary foundation: 40 Club members have made donations of \$25 or more this Rotary year. Our Club has accepted the challenge of Every Rotarian, Every Year. To meet this challenge, a donation or a pledge to rotary foundation of \$25 or more from all our club members is the target. Four club members signed up for donations on the meeting Chat: Debbie Peck, Lynn Seppala, Evonne Hopkins, and President Carolyn.

The Rotary Club of Livermore Valley (the **◆Morning Club◆**) is having a Home Delivery Crab Feed. IT **◆s** called the **◆Crab Dash◆**, and orders are due by 2/6/2021. Crab Feast meals will be delivered on Saturday, February 13th, and proceeds will go towards several local community programs. More information is available at www.livermorevalleyrotary.org, and you can order at <http://www.promoplace.com/spp/stores/crabdash>.

Next Week **◆s** Program

Monica Moya, PhD (Group Leader, Bioengineering & Advanced Fabrication, Materials Engineering Division and Research Engineer, Center for Micro and Nanotechnology, LLNL) will be talking about 3D BioPrinting.



This Week **◆s** Program



Tracy Hein, LPFD - Disaster Preparedness; Introduced by Jennifer Thaete:

Tracy has been with LPFD for the past 6 years as emergency response. Tracy said that her goal was to share info that would help us all get ready for a disaster. Take steps now or become a victim later. She said she **◆d** focus on things to do to be prepared.

Be prepared to be on your own following a disaster for 5 **◆** 7 days following a disaster. Have a go bag. Include in it your pictures, documents, food, thumb drives, etc. Keep 2 thumb drives, one to take with you, and one to send to someone outside your area. Have cash (small bills). During outages, ATMs won't work. A map of your area where you **◆ve** identified different routes out **◆** your usual route may not be available. Include routes on foot. Have a list of your meds. Have a checklist with locations for items that aren't in your go bag, that you need to take. Include some non-perishable foods. Ensure there **◆s** food in your go bag and each car that you could evac with.

When you have to evacuate:

- Make sure you have a wallet, phone (and charger), computer (and charger), flashlight, radio (hand crank or solar or rechargeable battery powered.)
- Should be able to find lists of what should be in your kit all over the internet, but here are some specifics she stressed.
 - Medication **◆** Pharmaceutical insurance companies might not give a refill until you **◆re** within 7 day of last dose. So request renewals 7 days early, and squirrel away extra. Do this for a few months and you **◆ll** build up an inventory for go bag.
 - Glasses **◆** have another pair.
 - Non electronic entertainment **◆** don't drain cellphone and iPad playing games. Take board games, paper books, Crosswords, puzzles, etc.
 - Take care of pets: ensure you take food, toys, leashes, etc.
- Personalize your go kit: babies? Grand kids, any other specialties.

Keep informed. Get information during a disaster by

- Signing up for info on ACalert: acgov.org/emergencysite
- Getting news from mainstream news media. Social networking sites may give bad information and advice.
- Using the Telephone: Don't call 911 unless you have an EMERGENCY, not a general question. Familiarize yourself with 211, which helps you explore resources for the current situation during non-emergencies, and during emergencies, 211 will tell you where shelters

are, where food is available, where to donate, etc. You can google 211 Alameda County to find out more.

Know the difference between and evacuation warning versus evacuation order. A warning gives you time to pack and get ready to go in event of an order to evacuate. Remember, one can leave early even without an evacuation order. Livestock owners, if there is a warning, get your stock ready to go. An Evacuation order means go now.

Be ready to be without power if you have critical medical equipment that requires power, be prepared to be able to power it when the power is cut.

Get yourself trained.

Get 1st Aid, & CPR trained. Look at getting CERT (Community Emergency Response Team) qualified. CERT-trained people were deployed to the call center at the Alameda County Fair Grounds during SCU lightning complex fire. More information on CERT is available at <https://www.ready.gov/cert>.

Be Prepared

- Keep your gas tank more than half full.
- Put a pair of shoes and a flashlight next to each bed.
- Make an appointment with your family. (Where will you meet if there is an emergency, and you can't meet at home, etc.).
- Have a call list (hardcopy) for when your phone loses battery power.

Other ways to ensure preparedness.

For more information Tracy showed several web and email addresses, including Listocalifornia.org, Ready.gov, cert@lpfire.org, and disasterprep@lpfire.org. Tracy Hein's contact phone number is (925) 454-2317. Additional information can be found by going to the LPFD YouTube channel.

Q&A

Evonne for people in newer 3-story, shared wall townhouses, how do you get out if you can't get down the steps? Tracy answered that building codes were significantly strengthened before those homes were built. Might want to consider a fire ladder at upper floor windows. If you can't get down, open window and make a lot of noise. Drop things out the window to get people's attention and announce that you're trapped inside.

Gordon are you working on any projects to use drones for high rise fires? Tracy said she will forward this question to the operations personnel at LPFD.

Steve in Florida, their main disasters are hurricanes, so the approach is to hunker down. Preparation includes having generators, a month's worth of food, etc. Tracy responded, that with CA, Earthquakes and fires can come upon you suddenly.

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Are you an aspiring reporter? If so, then please consider writing up our weekly newsletter from time to time. We are always looking for new writers, even though the regulars have a great time reporting them. Please contact Bob Jacobs @ bob@attorney-mediator.law

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Check out our Flickr site for all of today's photos and more!

<https://www.flickr.com/photos/62794352@N07/albums/with/72157709710922731>

Today's video will be available on our web site: <https://livermore-rotary.org/2020-21>



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Club Meeting

Livermore
Meets at We are meeting via Zoom for the foreseeable future.
Zoom
Livermore, CA 94551
Time: Wednesday at 12:00 PM