



## MEETING NOTES: January 16, 2019



**Guests and Visiting Rotarians:** Rotarians Rita Corbinook, Jesse Smeyers and John Swearingen joined us, as did soon-to-be Rossmoor Rotarian Walker Lundy. Other guests were Tank Agius, Ali Keyhan, Zari Lofti, and Andrew Parrott.



**January Birthdays:** We celebrated and sang to **Darla Brezac, Dave Cutter, John King and Ed Spencer.**

**Happy Dollars:** **Bob Selinger** was happy about returning from an enjoyable trip to Bali and showed us a flag he got there. **Joy** was grateful to **Fumi** for helping her round up and deliver one last, large batch of coats brought in through the One Warm Coat collection drive.



**Thought for the Day:** **Bob Sutherland** told us two of the somewhat long, involved and "clean" jokes he had screened from his collection. Both focused on men of advanced age and their marital problems and prospects.

**Raffle:** **John King** won a free lunch, and **Bob Sutherland** won the pot, which he immediately donated to club projects.



## ANNOUNCEMENTS

**Fab Five Meeting:** **John King** reminded us that our meeting on February 6 will be the annual Fab Five event and will take place at the Event Center. Cost is \$35 per person to be sent to **Irv Ford** or paid at our next meeting.

**St. Patrick's Day Meeting:** **John** plans to invite the Alamo club to join us at our March 13th meeting, which will be a St. Patrick's Day lunch at our regular Hillside location.

**Camp Fire Relief:** **John** reported that we had raised more than \$18,000 to be presented to the Paradise Rotary Foundation for Camp Fire relief efforts.

## PROGRAM

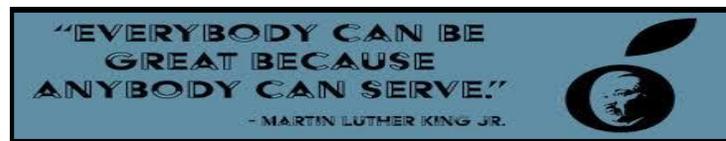
Chester Santos presented a very entertaining and informative program entitled "Memory Fun 101." He is a nationally-known expert on memory and how it works and now teaches workshops that help politicians, actors, and anyone else who signs up to improve their memories. He demonstrated at least some of his abilities and techniques by interacting with all of us.



To start off, Chester asked all of us in the room, including visitors, to stand up. He then requested that we cover our name tags and then, as he went around the room addressing each of us by the name, he remembered for us, to sit down if he got our name right. He went from table to table naming each of us until, sure enough, every single one of us was sitting down. That, indeed, got our attention, as most of us hadn't met him and hadn't been aware he was even noticing us before and during the meeting.

Finally, Chester taught us a technique for improving our memories and interacted with us to see if it had worked, and for many of us, it had. He verbally gave us a list of 15 unrelated words, then asked us how many of them we could repeat. At that point, most of us could come up with just a few. He then linked them all together for us in a bizarre but continuous scenario and asked again. Surprisingly, most or all of us could come up with them all. As your scribe types this two days later, those fifteen words are still in my head: monkey, iron, rope, kite, house, paper, shoe, worm, envelope, pencil, river, rock, tree, cheese, dollar.

## CALENDAR



Today	Paul Remack, Fiduciary – Playing the Game
Next Week	Jeff Matheson – GRF Resident Services
Feb. 6	Fab Five Meeting – Event Center