



Events

7-14-23 Concord Rotary Club Newsletter

No Events found

By Inge Z Yarborough on Saturday, July 15, 2023

Before we launch into our lively last meeting, I need to address my omission from the previous week:

Birthdays

There was a picture that was supposed to accompany the following text:

*"Our board had previously approved awarding \$1,500 for student backpacks during a year when other funding had fallen through. Rotary to the rescue!! **Memory Woodard** and **Rick Ernst** journeyed out to The Salvation Army Community Center to ensure that our contribution was received in time for buying those packs. How appreciative **Major Gwyn Jones** is!"*

As it was missing, I am drawing your attention to it here:

GUESTS:

President **Wanda** started with the introduction of guests, and besides our speaker, Dr. Jeff Clark, **David Litty** had brought several other guests: his High School Friend, Matt Fantin, who had visited last year also, and Layton Hanson for the Walnut Creek Rotary Club. Way to go, David!

HAPPY BUCKS:

There was dead silence until **Scott Singly** rescued the moment and started a line-up. Apparently, we need time to jog our memories of the happy events in our lives! Scott is looking forward to his upcoming 2nd cataract surgery, after which he expects to be eagle-eyed again.

Major Gwyn is happy to have his two daughters back from camp and expecting his son back from Korea in two weeks. His son got to experience "Dog Stew" over there and reported that it tasted like "brown chicken." **Jim Kohl** celebrated his son Stephen's 32 birthday with 32 Happy Bucks and

Michael Barrington shared that he had 2 stories accepted for publication, which is huge in the publishing market.

But I think **Rick Ernst** won the jackpot: after wrestling for 3 weeks with insurance/distribution companies, Dianne's medical providers were able to get her a year's worth of free - hopefully bone-saving - infusions that were initially going to cost \$1,000 per month! Congratulations and prayers for perfect results!

BIRTHDAYS:

Memory Woodard, **David Litty**, **Susan Grossman** and **Ron Melvin** all had birthdays this month, with David's and Susan's being "big ones". Whereas David readily admitted to 60 years now, Susan played coy and didn't volunteer a number. Ron Melvin was absent.

ANNIVERSARIES:

There were 5 club anniversaries: **Leslie Chapman** (2021), **Stephanie Prescott** (2020), **Michael Thomas** (2009), **John Kaminski** (2008), **Sil Garaventa** (1974). Sil has certainly seen a lot of history in this club!

EVENTS IN REVIEW AND ANNOUNCEMENTS:



Ronald Melvin July 15th
 Silvio Garaventa July 18th
 Rich E. Timmons July 21st
 Sean Duffey July 27th
 Michael Joseph Barrington July 28th
 David Miller August 1st
 John B. Kaminski August 2nd



The big event was, of course, the Academy Awards and Installation Banquet at the Elk's Lodge in Sacramento, which past and current presidents **Memory** and **Wanda** and several others attended. It was quite the gala and Memory was elated to be able to accept a trophy for our expansive international wash-project in Honduras. We also had submitted the Ladybug project in the community service category, which – being closer to home - faced very stiff competition from other clubs and didn't make it this year.

Memory took it upon herself to honor **Michael Barrington**, who had spearheaded and nursed that project for 5+ years (interrupted by COVID), with his own lovely memento: the world in a crystal block!



Then Michael gave us a recap of that project: with **Susan Grossmann** assisting and **Susan Wood** as photographer recording the events, he had also solicited the financial help of 16 other clubs and coordinated with the local Rotary Club in Tocoa when the 1 international foundation grant went to another club that first year. In the end we built bathroom facilities to serve 14,000 students and also offered sanitation training to teachers and parents.

UPCOMING EVENTS:

7/15 - a film to support the Ukraine this Saturday (7/15) morning, which you will have missed unless you were at the meeting for the announcement.

7/18 – Rotary Means Business – upstairs at “Bourbon Highway” at 1577 N. Main St in Walnut Creek

7/22 – Rotary Night at the Ballpark, benefitting RotaCare: Joe Di Maggio field at the Waterfront Park in Martinez, 6:00pm. Cost is \$25 for entrance, a meal & your donation

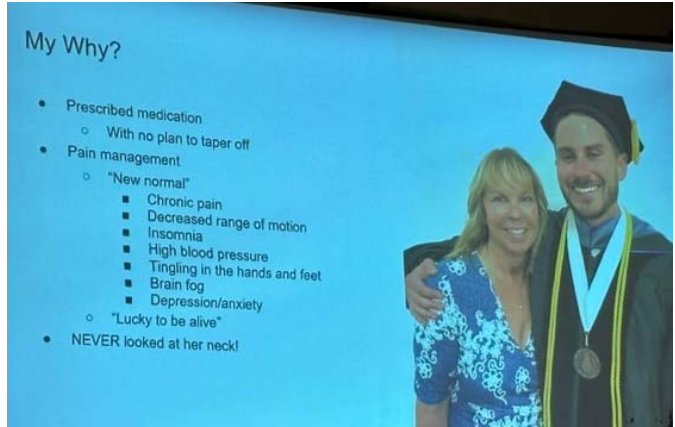
OUR SPEAKER

This brings us to our very likable and interesting speaker, DR. Jeff Clark, who specializes in cervical Chiropractic care.

His introductory story of how his mom's decades-long struggle with the aftermath of a broken neck prompted him to embark on this specialized career was not only moving but very illustrative: though pain management can be a God-sent and is an important tool, too often modern medicine only treats symptoms not root causes and it leads down a spiral of medications that invariably have side effects in the long run.

The importance of correcting cervical misalignment lies in the restoration of proper flow of blood, nerve signals and spinal fluids throughout the body, which feeds the brain, all the organs and often leads to the alignment of lower vertebrae due to improved posture.





He distinguished between pain due to physical damage such as a herniated disc, which needs local treatment, and pain due to neural damage caused by a compression in the cervical area. The gentle, expert manipulation of his mother's neck – based on special 3-D X-rays - returned her quality of life and our lively discussion afterwards brought forth several other testimonials. As there might be a lot of interest in this type of pain alleviation in our age group, I'm including Dr. Clark's contact information: 925-357-3080 or Jeffcc553@gmail.com. His office is located at 1756 Lacassie Ave, Ste 102, in Walnut Creek and his website is www.advancedUC.com.

The meeting ended with **Nick Virgalito** drawing a white marble and receiving a Starbucks card. Our speaker next week will be Erik Johnson, owner of ALIVE Book Publishing.

Upcoming Speakers

Club Leaders



[Wanda D. Waltman](#)
President



[James Kohl](#)
President-Elect



[Sandra J. Newman](#)
Secretary



[Nickolas Peterson](#)
Treasurer Club



[Gregory M. Grassi](#)
Treasurer Endowment (T)



[Anthony A. Akins](#)
Rotary Foundation



[Sean Duffey](#)
Membership Chair



[Rick Ernst](#)
Membership Service



[Bryan E. Keding](#)
Community Service



[Michael Joseph Barrington](#)
International Service



[Dave Litty](#)
Vocational Service



[Leslie Chapman](#)
Youth Service - Interact



[Memory A. Woodard](#)
iPast President



[Cathy Durfee](#)
Assistant Governor